

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabinaparish.org •
www.facebook.com/stsabinaparish • 816-331-4713

Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday



Pictured above is Bishop Rosa Chavez, Kris Larkey, Father Jeff and Jeannine Midgett during the 2016 Delegation to El Salvador.

Valentine Dinner and Dance Feb 13 from 5-11pm

This event will be sponsored by the Knights of Columbus and the Ladies Auxiliary.

There will be a catered dinner by Affordable Elegance, adult beverages, entertainment (singing nuns, village people and a surprise singer), lots of door prizes and some special drawings.

Come have a great time with us!

Cost: \$50 per couple, \$25 single

Mass Times

Saturday: 4:00pm in English
(Confessions at 3:00pm - 3:30pm)

Sunday: 8:00am and 10:30am in English,
12:30pm in Spanish

Contents

Parish Happenings	2
Stewardship/Calendar	3
Pastoral Care/Mass Intentions	4
PSR/Youth Ministry	5
Wellness Center/Area Information	6
Adult Faith Formation	7
Staff Directory/Celebrations	8



FOLLOW US ON
facebook

Parish Happenings

Basic Budgeting Workshop

Do you think budget is a four letter word? It doesn't have to be! A monthly written budget is the key to managing your finances and growing wealth! There will be a free basic budgeting workshop on January 31 from 1- 4pm in room 3 of the education wing. For more information and to RSVP please contact Corey Pointer at 816-585-8013 or coreypointer@att.net.

Financial Peace University (FPU)

Would you like to learn to manage your money this year? Are you in debt, living paycheck to paycheck, wondering if you can make ends meet? Are you young and want to learn more about money management and the marketing of the banking industry? We can help. Financial Peace University (FPU) is a 9 week class on money taught by America's most trusted financial guru, Dave Ramsey. Dave and his teaching team will walk you through the basics of budgeting, dumping debt, planning for the future, and much more! There will be a class preview on January 31 at 4pm in classroom 3 of the education wing. The class starts on Sunday, February 14 from 1-3pm in room 3 of the education wing. The last class will be on April 17. There will be no class on Easter. Contact Corey or Kimberly Pointer at 816-585-8013 or coreypointer@att.net for more details.



Sing a New Song: The Psalms in the Sunday Lectionary of Lent/Easter, Year C

Monday Evenings - Feb 8, 15, 29, March 7, and 14, 2016, 7-9 PM

Repeated on Wednesday Mornings - Feb 10, 17, March 2, 9 and 16, 2016, 10am to Noon

Psalms play a special role in the Eucharistic celebration. The responsorial psalm enables the assembly to participate fully in a sung prayerful response to the first reading, while the psalm refrain alerts the community to the theme of that day's celebration. The psalm is one of four readings that make

up the Sunday Liturgy of the Word, yet not much attention is given to the psalm itself and its message for us today as the Lord's disciples. Rarely is there a homily that focuses on the Word of God as expressed in the psalm.

These sessions will focus on the psalms for the Lent/Easter season, along with a sampling of the common psalms recommended for the season. The complete psalm from which the responsorial psalm is selected will be analyzed for its original theological/prayerful message along with its cultural and religious context. The focus then will shift to the verses selected for the responsorial psalm, why those particular verses were chosen, how those verses interact with the other readings, and what theological/prayerful wisdom the psalm offers us on this particular Sunday in this particular liturgical season.

Come, bring a bible and a friend and let us together explore the unique and special role that the responsorial psalm plays in our Sunday liturgical celebrations. Such awareness will deepen our knowledge of God's word as well as enhance our full, conscious and active participation in the Sunday liturgy. These sessions would greatly benefit all liturgical ministers, especially lectors and cantors. All Christian denominations and faith traditions are most welcome.

Laudato Si – On Care for Our Common Home

Wednesday Evenings Feb 10, 17, March 2, 9, 16, 2016 from 7-9 PM

Repeated Thursday Mornings, Feb 11, 18, March 3, 10, 17, 2016 from 10am to Noon

Pope Francis has challenged all of us to examine our role as children of God created for intimacy and harmony with ourselves, others and all of creation. As integral participants in God's creation, we have a responsibility to care for all creation in the same manner that we feel called to care for ourselves and for those whom we love and cherish. Pope Francis calls us back to that basic human commission to carry out our mission as partners with God in caring for all created reality. How have we carried out that mission? What needs to be done to

ensure that creation not only is viable and hospitable for us today but for all those who will come after us.

These sessions will explore Pope Francis' assessment of how we are carrying out our responsibility to care for our common home, both for creation as well as for one another as members of God's family. The theology that undergirds our shared responsibility for God's creation as well as practical steps that help us carry out that responsibility better will be explored and examined.

The sessions will be facilitated by Biagio Mazza. All denominations and faith traditions are most welcomed to join us in our mutual learning and discussions.

The Power of Praying for Your Adult Children, Part II

Our concern for our children does not go away when they reach adulthood - especially as the world becomes more confusing and challenging for all of us. In "The Power of Praying for Your Adult Children, Part II", we will find new ways to confidently lift these concerns up to God and find the peace we desire. This class is for new or returning parents. Tuesdays during Lent at 7pm. Contact Deacon Mike at the parish office for sign up.

St. Regis Taco Dinner 2016

Sponsored by the 8th grade class at St. Regis School.

When: February 6th, 5:30 – 8:30pm

Where: Parish Hall, St. John Francis Regis Church, 8941 James A. Reed Road, KCMO 64138

Tickets: Will be available for purchase after Masses during the month of January.

Please plan to join us for a great dinner while supporting our 8th grade class.



- 50/50 raffle (\$2 single ticket or 3 tickets for \$5)
- Live DJ all evening
- Piñata for children at 8:00pm

If you have any questions, contact Alisha Jimenez by text at 816-810-5795.

Stewardship of Treasure - January 17

Due to early bulletin deadlines for the Martin Luther King Jr. Holiday, contribution information for January 17th will be printed in the January 31st bulletin.

Contribution statements for the year 2015 will be sent to parishioners by electronic mail no later than January 15. If you requested to receive by regular mail last year, you will again receive that way this year. If you would like to receive your statement by regular mail instead of electronic mail, or if you have any questions about contribution statements, please contact Jeff Shields in the office at 816-979-3152. If your email address has recently changed, please contact the office to update this information.

"As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit."

1 Corinthians 12: 12-13

Paul uses the illustration of a human body to prompt us as to what it means to be part of a Catholic community of faith. We may not look the same, and we may not even function the same, but that is the key to our lives of stewardship. We are truly one, united through Baptism and united in Jesus Christ. Pope Francis shares a story of a time he baptized the seven children of a single mother. After the baptisms, she said to the Pope (to be) "Father, you make me feel so important," to which the Pope replied, "Where do I come in? It is Jesus who makes you feel important." We are one, and each of us is important, united through the Father, the Son, and the Holy Spirit. - See more at www.catholicsteward.com/blog/

Stewardship of Treasure: This Weekend's Special Collection

The end of 2015 left Missouri in a state of emergency after days of continuous rain resulted in record-breaking floodwaters. In Missouri alone, 200 roads were closed due to flooding during the first week of the year, leaving many residents isolated and unable to reach safety. The damage to homes, buildings and lives goes beyond monetary value. Those affected have and will continue to undergo emotional stress in their struggle to rebuild their lives. Catholic organizations around the state, especially in the St. Louis area, are working to help those affected by giving them shelter and assistance in getting their lives back in order. Your donation to this weekend's special collection will help support those affected. Visit <https://www.cstl.org/floods/> for other ways to help.

-From the Missouri Catholic Conference (MCC)

Calendar

Sunday, January 24 - Domingo, 24 de Enero

- | | |
|---------|--------------------------------|
| 9:00am | Parent Support Group |
| 9:00am | Parish School of Religion |
| 11:00am | Escuela Parroquial de Religion |
| 7:00pm | High School & Confirmation |

Monday, January 25 - Lunes, 25 de Enero

- | | |
|---------|------------------------|
| 10:00am | Uplift Meal Prep - Gym |
| 4:00pm | Uplift |
| 5:30pm | Marian Prayer Group |
| 6:00pm | Cub Scouts |
| 7:00pm | Boy Scouts |

Tuesday, January 26 - Martes, 26 de Enero

- | | |
|--------|-------------------------------|
| 4:30pm | Confessions |
| 6:00pm | Mass |
| 6:00pm | Girl Scouts |
| 7:00pm | Foundations for Living Stones |

Wednesday, January 27 - Miércoles, 27 de Enero

- | | |
|---------|--------------------------------|
| 8:00am | Mass |
| 9:00am | Legion of Mary |
| 11:00am | Mass at Carnegie Village |
| 6:00pm | Adult Faith Formation Team |
| 7:00pm | Choir Practice (10:30am Choir) |

Thursday, January 28 - Jueves, 28 de Enero

- | | |
|--------|----------------------------|
| 8:00am | Mass |
| 9:30am | Quilters |
| 7:00pm | RCIA/RICA |
| 8:00pm | Choir practice (8am Group) |

Friday, January 29 - Viernes, 29 de Enero

- | | |
|--------|------|
| 8:00am | Mass |
|--------|------|

Saturday, January 30 - Sábado, 30 de Enero

- | | |
|--------|-------------|
| 3:00pm | Confessions |
| 4:00pm | Mass |

Sunday, January 31 - Domingo, 31 de Enero

- | | |
|---------|--|
| 9:00am | Parent Support Group |
| 9:00am | Parish School of Religion |
| 11:00am | Escuela Parroquial de Religion |
| 1:00pm | Budgeting Class & Preview of Dave Ramsey FPU |
| 1:00pm | Search Team Meeting |

Mass Intentions FOR THE WEEK



Intentions for January 25-29, 2016

Mon. 8am †Phil Whorton
 Tues. 6pm †Fred Jones
 Wed. 8am †Erlinda Perez
 11am †Frances & Louis Fenske and Family
 (Carnegie Village)
 Thurs. 8am †Ken Johnson
 Friday 8am †Phil Whorton

Saturday, January 30, 2016

4:00pm Intentions of the Parish Family

Sunday, January 31, 2016

8:00am †Phil Whorton
 10:30am †Ken Johnson
 12:30pm Spanish †Erlinda Perez

Prayer Requests Peticiones de Oración

Beverly Bell	Jason Hart	Deborah Pilcher
Pauline Bellm	Jeanette Hart	Rosanna Pilcher
Sheryll Bentley	Cherie Hatfield	Jason Pilcher
John Bidondo	Bart Henke	Joe Pusateri
Allie Biondo	Mary Ellen Hermann	Mary Renfro
Richard Borris	Richard Hoedl	Marjorie Rhodes
Gretchen Butler	Kelly Jordon	Austin Richards
Mark Butler	Kelsey Krum	Msgr. William Schultz
Tom Butler	Vernita Linenberger	Kathy Shields
Chlorine Bunch	Beverly Little	Patricia Smith
Georgene Caoile	Jo Locke	Joe Stanley
Marvin Cohen	Gloria McLaughlin	Noah Stanley
Joseph Coots	Leonard Meiron	Teresa Starks
Tyler Corlew	Nadine Monnig	Bill Sullivan
Donna Dailey	Helen Muenks	Jean Tate
Margo DellaGuardia	Ramona Neighbors	Ruth Tayler
Paul DeMar	Gary Palmer	Kaley Wagner
Frances DiGeorge	Thelma Palmer	Bob Westfall
Richard Estes	George Panebianco	Mary Westfall
Butch Ford	Joni Peel	Carmitia Yust
Dick Garnier	Melinda Pickens	Pablo Zayas
Laverne Harlow	Philip Pilcher	

Plan to attend our Parish Mission

February 20-24, 2016. Our mission leader will be Fr. Bill Rhinehart, C.M. of the Vincentian Parish Mission Center. The mission will take place during weekend Masses and the evenings of February 22, 23, 24 at 7:00pm.

What is a Parish Mission?

A Parish Mission is special time in a parish community when the community gathers together to gain further insight into a faith filled life. It is a time for grace and renewal of the parish through services and talks filled with stories, examples and meaning. During this Year of Mercy we gather as a parish, to invigorate our individual faith and our faith and identity as a community. Our hope is that this will strengthen us as a parish to do the work of Jesus, to reach out to those around us, both meeting their needs and bringing them to faith through our care and example.

Who is a Mission for?

The Mission is for all people, from inactive to very active. It is for all ages and for any stage in life - youth, adult, married, single, divorced, separated, widow, etc. We particularly invite those who want to know more about the church today and how it can take an active role in the everyday experiences of work, leisure, family and politics. You are encouraged to invite friends, neighbors, family members and co-workers to attend.

Please continue to watch the bulletin each week for more information about the Mission and visit the parish website for details and the Mission Prayer.

Anointing of the Sick

If you suffer from a chronic illness, the affect of advanced years or have an upcoming surgery and wish to receive the sacrament of Anointing of the Sick please let Fr. Jeff or Fr. Curt know at the Mass you attend and they will be happy to celebrate the sacrament with you. If you have questions or would like to schedule it ahead of time, please call Marta Roper in the parish office at 816-979-3154 or marta@stsabinaparish.org.

Ash Wednesday Special Ministers to the Sick and

Homebound Ash Wednesday is February 10 this year.

Please plan on visiting your homebound with blessed ashes this year. If you have questions please contact Marta in the parish office at 979-3154 or marta@stsabinaparish.org.

Mental Health Resource Numbers

NAMI - National Alliance on Mental Illness

816-931-0030-Support Education Advocacy

National Suicide Prevention Lifeline

1-800-273-TALK (8255) Available 24/7

ACI Mental Health Crisis Hotline

1-888-279-8188 24/7 Access, Multilingual

Nursing Home Mass Schedule

All are welcome at our nursing home and senior center Masses. For more information about where we gather each Wednesday contact Marta Roper at 816-979-3154 or marta@stsabinaparish.org.

Nursing Home Mass Schedule

Jan 27 11:00am Carnegie Village

Feb 3 10:30am Beautiful Savior

Feb 10 10:00am Rehabilitation Center of Raymore

School of Religion

No PSR or Youth Group on February 14th. Have a wonderful weekend!

Children's Liturgy Sunday

Children from our parish are invited to be Lectors, Ushers, Greeters and Gift Bearers at a Mass each month. Our next Mass date is Sunday, March 13th at the 10:30am Mass. Please contact Kirstie Roberts if your child would like to sign up for this ministry.

Donut Sunday! Please join us for doughnuts and orange juice on February 7th after the 8

Youth Ministry

Junior High Youth!

Our next meetings will be February 3rd and 17th, from 7-8:30pm in the Parish Hall.

Team Meetings for Search

All Peer Ministers and Adult Team members of the Search Retreat are required to attend the following meetings to prepare for the Search Retreat. Each meeting is from 1-4pm in the Parish Hall. January 31, February 14, February 21 and February 28. If you have a conflict that interferes with any of these meetings, please contact Kirstie Roberts.

Junior High Overnight Sports Lock In! On February 20th we are packing up and heading to Legacy Park in Lee's Summit for an overnight of fun! There will be swimming, basketball, volleyball, racket ball, a movie room, game room and room for pizza and snacks. We will leave St. Sabina at 8pm on the 16th and go to St. Margaret's church for Mass and then head next door to begin the Lock In. We will return to St. Sabina at 6:30am on Sunday morning. The cost is \$20 per person. Boys are to bring a 2 liter of pop to share and girls are to bring a snack (chips or cookies) to share. You are welcome to bring a friend and everyone must have permission slips which are available in the Youth Office and on the parish website. If any parents can help with driving or chaperoning, please contact Kirstie Roberts, 816-979-3155.

High School Youth and Peer Ministers to present

Stations of the Cross Please come to youth group early on January 24th at 5:30pm if you would like to help as a reader or cross bearer at this prayer service on February 12th at 6pm. We will need at least 4 readers and 3 servers.

Volunteer Opportunities

Uplift Org. If you would like to bring meals to the homeless on the 4th or 5th Monday of any month, please contact Kirstie Roberts! This ministry is open to all parishioners age 14 and older. Volunteers must report to the Uplift Warehouse by 5pm and will be finished around 9:30pm.

Uplift Cooks! Anyone who would like to help prepare a meal for the homeless is welcome to join our team on the 4th Monday of each month at 10am in the gym. We recommend that you bring a good cutting knife and vegetable peeler. Our next cooking day will be Jan 25.

Harvesters! This local food bank provides food to needy families around the KC area. Volunteers are needed to help sort food donations and pack weekend food bags for kids in our community. We will be taking a group of 5 people on the third Thursday of each month. If you would like to volunteer, call or email Kirstie in the Youth Office.

High School & Confirmation Youth

Our next meetings are Sunday, January 24th and February 21st from 7-8:30pm.

Confirmation Sponsor Night Our next meeting will be February 24th in the Parish Hall from 7-8:30pm. If your sponsor is unable to attend the meeting, you must still be present.

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

- 1) Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
- 2) Contact your local law enforcement agency or call 911, and
- 3) After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Diocesan Ombudsman, Jennifer Valenti, at 816.812.2500 or JenniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Kathleen Chastain at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM).

Wellness Center

Foods to cut back on or add for a healthy diet and weight

Cut back on Cheddar Cheese: While cheese has some nutritional benefits (it's high in protein and bone-building phosphorus), there's a case to be made for eating it sparingly. Aside from its high levels of saturated fat, Cheddar is a sneaky source of sodium: 2 slices contain roughly 350 milligrams-15% of your maximum recommended daily intake. Instead, try nutritional yeast. It's a surprisingly satisfying alternative with a cheesy flavor, little fat, high B vitamin content. It comes in flakes or powdered form (you can find both in most health food stores) and can be sprinkled on vegetables, pasta, or popcorn, guilt free.

Add Jicama: This sweet root vegetable is high in potassium and is a rich source of inulin, which acts as a prebiotic, promoting the growth of good gut bacteria that may help lower your risk of developing colon cancer. With an apple like texture, it adds a nice crunch to any salad, or you can slice it into sticks to use as dippers for hummus.

Wellness Center Class Schedule

Monday:	Intermediate Yoga 1 - 2pm Gentle Yoga 2 - 3pm Yoga 6 - 7pm
Tuesday:	Stretch & Strength 1 - 2pm Gentle Stretch & Strength 2 - 3pm
Wednesday:	Intermediate Yoga 1 - 2pm Gentle Yoga 2 - 3pm Strength & Restore 6 - 7pm
Thursday:	Stretch & Strength 1 - 2pm Gentle Stretch & Strength 2 - 3pm ReFit® 5 - 6pm
Friday:	Intermediate Yoga 1 - 2pm Gentle Yoga 2 - 3pm Stretch & Strength 5 - 6pm
Saturday:	Open Workout 8:30 - 11:30am Health Screenings 8:30 - 11:30am ReFit® 10 - 11am

Area Information

Sacred Heart Enthronement

During this Jubilee Year of Mercy, our diocese is offering a new initiative where parishioners can consecrate their homes to the Sacred Heart of Jesus through Enthronement. This simple liturgical ceremony is an action that renews and rededicates the family to prayer and the practice of the works of mercy. If you are interested in learning more about this, the diocese is having a session entitled, How to Bring Sacred Heart Devotion to your Home and Parish, on Monday, February 22nd at the Cardinal Baum Room at the Catholic Center. Appetizers will be served at 6pm with dinner at 6:45pm. The presentation will begin at 7:15pm. RSVP at family@diocesekcsj.org or call Kristen at 816-714-2373.

St. Regis School Open House

St. John Francis Regis School, 8941 James A. Reed Rd, KCMO, will be hosting a New Family Open House/ Kindergarten Round Up on Thursday, February 4, 2016 from 6-7pm. The Open House is for any family that is interested in learning more about St. Regis School. We will have tours of the school, and enrollment information for the 2016/2017 school year will be available. Please come visit our school and discover our mission to "educate the whole person through a God-centered curriculum; creating a community in which students may grow in love of God, life, others and education". Would you like

more information about St. Regis School? Please visit www.regischurch.org/ school or call St. Regis School at 816-763-5837. We look forward to meeting you!

2016 Annual Catholic Appeal

Thanks to all who have contributed to the 2016 Annual Catholic Appeal. As of January 11th 34 families from St. Sabina have contributed a total of \$5,645.00. Please contribute generously to "Blessed Are the Merciful", the 2016 Annual Catholic Appeal (*in past years, the Bishop's Annual Appeal*) in support of parish and diocesan programs and ministries. Go on-line to www.kcsjgives.org for more information or use the form available in the Catholic Key. To make a gift of appreciated stock, mutual fund shares or gifts of grain, call Greg Vranicar at 816-714-2363.

Employment Opportunity

St. Regis Early Childhood Center is looking for an afternoon preschool teacher. Hours are Monday-Friday, 2:30 -6:00 pm. Duties include supervision of and interaction with up to ten children from 3-5 years of age. Light housekeeping duties are also included. Applicant must be 18 years of age and have their own method of transportation. If interested, please contact Lori Long at 816-763-6566 or llong@regisecc.org.

Year of Mercy Places of Pilgrimage

'I have decided to announce an Extraordinary Jubilee which has at its centre the mercy of God. It will be a Holy Year of Mercy. We want to live in the light of the word of the Lord: "Be merciful, even as your Father is merciful" (cf. Lk 6:36).'
-Pope Francis

Our diocese has designated six pilgrimage sites so that pilgrims have the opportunity to pass through the Holy Doors to gain the indulgences and attend Holy Mass in the Jubilee Year. The designated Diocesan Places of Pilgrimage for the special Jubilee Year with a Holy Door are:

- ◆ **Cathedral Immaculate Conception**, 416 W. 12th Street, KCMO, 64105
- ◆ **Co-Cathedral of St. Joseph**, 519 N. 10th Street, St. Joseph, 64501
- ◆ **The Basilica of the Immaculate Conception at Conception Abbey**, 37174 State Hwy V V, Conception, 64433
- ◆ **Our Lady of Good Counsel Parish**, the diocesan shrine of Divine Mercy, 3934 Washington Street, KC, 64111
- ◆ **Sacred Heart/Guadalupe Parish**, 2544 Madison Avenue, KC, 64108
- ◆ **Sacred Heart Parish**, 300 South Ridgeview Dr., Warrensburg, 64093
- ◆ **Holy Rosary Parish**, 610 South 4th Street, Clinton, 64735

For more information on the Year of Mercy, visit our website at stsabinaparish.org/year-of-mercy/.

Reflection on the Third Sunday in Ordinary Time, Year C

After the epiphanies of the Lord in the accounts of the magi, the baptism of the Lord and the wedding feast of Cana, proclaimed this year on three successive Sundays, we begin in earnest our pilgrimage journey of faith. The season of ordinary time allows us the leisure to immerse ourselves in our faith journey by reflecting on the great mystery of the Incarnation, God-with-us.

Today's readings offer us a roadmap for our faith journey. They focus on the words of the Lord, which are for us "spirit and life," as the refrain from responsorial Psalm 19 invites us to affirm. Each of the readings provide guidance concerning what we should be about in our journey of faith.

The first reading from the book of Nehemiah has Ezra, the priest, assemble the people to proclaim God's word to them. Ezra not only "read plainly" the words of the Lord, but also interpreted the words "so that all could understand what was read." By proclaiming the law or teaching, Ezra provides the people with God's life-giving and spirit-filled words. By their attentiveness and response, the people appropriate God's word, allowing it to become the measure of their relationship to God and others.

Paul's letter to the Corinthians boldly affirms the reality that we are one body in Christ with many members. This key path on our faith journey is often forgotten as we allow our differences to divide and separate us. Paul reminds us that our unity stems from being baptized into Christ and being given to drink of the one Spirit.

It is fitting that we read Paul's exhortation soon after the Week of Prayer for Christian Unity which has been celebrated from January 18-25 for over one hundred years. Rather than allowing our differences to keep us apart and splinter the body of Christ, Paul invites us to revel in our uniqueness and be enriched by our differences. It is Christ who binds us together, in the very midst of our diversity. Forgetting this significant wisdom causes Christians to go astray. Appropriating this wisdom bonds us into people who model Christ's love and compassion.

Luke's gospel reading presents us with two significant paths on our journey. The first path presents a challenge that each Christian generation must accept. That challenge involves each generation's need to articulate for themselves the wisdom that has been handed down to them. Luke is doing this for his community so that they may realize "the certainty of the teaching you have received." We too are called to appropriate the wisdom we have received, making it living and active for ourselves and our present day and age. This generational process is precisely what Pope John XXIII meant by the Italian word "aggiornamento" when he convened the Second Vatican Council.

The second path has Jesus present the mission statement governing his faith journey and ours. Quoting Isaiah, Luke's Jesus sets forth his high road, namely "to bring glad tidings to the poor...to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free and to proclaim a year acceptable to the Lord." By stating that "today, this

Readings

Sunday, January 24, 2016

1st Reading: Nehemiah 8:2-4a, 5-6, 8-10
Psalm: Psalm 19:8, 9, 10, 15
2nd Reading: 1 Corinthians 12:12-30
Gospel: Luke 1:1-4; 4:14-21

Sunday, January 31, 2016

1st Reading: Jeremiah 1:4-5, 17-19
Psalm: Psalm 71:1-2, 3-4, 5-6, 15-17
2nd Reading: 1 Corinthians 12:31-13:13
Gospel: Luke 4:21-30



Bible Study

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering study sessions that will provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. **We will gather on January 24th at 10:30am.** All are welcome. Bring a Bible and a friend. To register for these sessions, please call Biagio at 816-979-3153.

scripture passage is fulfilled in your hearing, Jesus affirms that in his person, God's love and compassion, God's mercy and justice, are available to all. Jesus is willing not only to live these values but to put his life on the line so that God's love and compassion can be experienced by all.

This is Jesus' path and through our baptism we are called to tread the same path. How is your life a living-out of your baptismal commitment modeled on Jesus? Like Jesus, what mission statement motivates you as you travel on your journey with the Lord? As we travel our faith journey together this year, try to be attentive to the roadmap offered us in today's readings.

**Biagio Mazza,
Pastoral Associate**



Parish Staff/Personal Parroquial

Fr. Jeff Stephan, Pastor
816-979-3157 X57 frjeff@stsabinaparish.org

Fr. Curt Vogel, Associate Pastor
816-979-3156 X56 frvogel@stsabinaparish.org

Deacon Mike Gates mikeg@stsabinaparish.org

Bridget Hernandez, Stewardship and Communications/
Corresponsabilidad y Comunicaciones
816-979-3159 X59 bridget@stsabinaparish.org

Kris Larkey, Business Manager/Gerente de Operaciones
816-979-3151 X51 kris@stsabinaparish.org

Biagio Mazza, Pastoral Associate/Asociado Pastoral
816-979-3153 X53 biagio@stsabinaparish.org

Susan Ratigan, Liturgist/Liturgista
816-979-3158 X58 susan@stsabinaparish.org

Kirstie Roberts, Dir. of Religious Ed. and Youth Ministry/
Directora De Educación Religiosa y Ministro de la Juventud
816-979-3155 X55 kirstie@stsabinaparish.org

Marta Roper, Pastoral Care Coordinator/Coordinadora
Pastoral
816-979-3154 X54 marta@stsabinaparish.org

Jeff Shields, Finance Coordinator/Coordinador de Finanzas
816-979-3152 X52 jeffshields@stsabinaparish.org

Tracy Wheeler, Maintenance/Mantenimiento
tracy@stsabinaparish.org

Kathleen Chastain, Diocesan Victim Advocate
816-392-0011 chastain@diocesekcsj.org

Jenifer Valenti, Diocesan Ombudsman
816-812-2500 jeniferValenti@att.net

Wellness Center/Centro de Salud 816-979-3090

Jeannine Midgett 816-979-3093
Patricia Moreno 816-979-3092

Welcome, Berenice Zayas
Effective February 1 we welcome Berenice Zayas to our parish staff. Berenice will be our receptionist, as well as helping with Hispanic Ministry, Emergency Assistance, our Parish School of Religion and Family Life Parish Events. Beginning February 1, to contact Berenice you can email her at berenice@stsabinaparish.org or call her at 816-979-3150.



happy birthday

Doraida Aguirre, Lonnie Anthony, Salvador Arroyo, Barbara Atkinson, Katie Austin, John Berryman, Birydiana Bravo, Monica Burgin, Marco Cano, Rosa Cano, Melina Castillo, Maricela Chavez, Teresa Chavez, Sandra Flores, Estrella Garcia, Ashley Gonzalez, Don Grieb, Angelica Guardado, Frank Hansel, Beckee Hart, Michelle Helzer, Jose Hernandez, Angel Jaimes, Nancy Jaimes, Jesse Jakobe, Cort Lesmeister, Michael Logan, Kimberly Lopez, Lorena Lopez, Julio Madrid, Viridiana Molina, Guadalupe Negrete, Juanita Negrete, Amy Nelson, Jane Nouryeh, Deyaneira Orozco Ramirez, Hermes Osorio, Mirna Osorio, Brandon Palomares, Austin Pritchett, Raul Quinones, Beverly Renfro, Thomas Renfro, Evelyn Reyes, Juana Rivas, Daniel Rojo, Dixiana Segura, Alan Shields, Aubrey Skipton, Francisco Solis, Morgan Speer, Valerie Spencer, Jacob Stansbury, Dan Starforth, Nikki Strickland, Logan Sueltz, Shawn Sueltz, Shirley Tolbert, Jessica Toledo, Anthoni Torres, Elena Valles, Frank Vayo, Maricruz Villa Lagos, Grace Walt, Kaitlin Wathor, Doug Wink, Vicki Zamora

Happy Anniversary

Felipe Cedillo & Doriz Rodriguez	5 Years!	01/29/2011
Roberto Garcia & Mercedes Guzman	9 Years!	01/28/2007
James & Estelle Lewis	17 Years!	01/24/1999
Sergio & Carina Olivares	19 Years!	01/26/1997
Mauro & Teresa Hernandez	32 Years!	01/29/1984
Ron & Marta Roper	35 Years!	01/24/1981
Marvin & Janice Glendening	45 Years!	01/31/1971

Reflexión Sobre el Tercer Domingo Del Tiempo Ordinario , Ciclo C

Después de las Epifanías del Señor en las historias de los Reyes Magos, del Bautismo del Señor y de la fiesta de Bodas de Cana, proclamado este año en tres domingos sucesivos, empezamos nuestra trayectoria de peregrinación de la fe. La temporada del tiempo ordinario nos permite el tiempo libre para sumergirnos en nuestro camino de fe al reflexionar sobre el gran misterio de la Encarnación, Dios-nosotros.

Nuestras lecturas de hoy nos ofrecen un mapa de nuestro camino de fe. Se enfocan en las palabras del Señor, que son para nosotros “espíritu y vida”, como nos invita el estribillo del Salmo Responsorial 19 a afirmar. Cada una de las lecturas nos proporciona orientación sobre lo que debemos de ser en nuestro camino de fe.

La primera lectura, tomada del libro de Nehemías tiene a Esdras, el sacerdote, reuniendo al pueblo para proclamarles a ellos la palabra de Dios. Esdras no solo “leo claramente” las palabras del Señor, sino que también interpreto las palabras “para que todos pudieran comprender lo que se leía.” Al proclamar la ley y enseñar, Esdras proporciona a las personas con las palabras llenas de espíritu y vivificantes de Dios. Por su atención y su respuesta, las personas se apropiaron de la palabra de Dios, permitiéndole que se convierta en la medida de su relación con Dios y los demás.

La carta de Pablo a los Corintios afirma la realidad que somos uno solo cuerpo en Cristo con muchos miembros. Esta ruta es clave en nuestro camino de fe porque con frecuencia se nos olvida esto y permitimos que nuestras diferencias nos dividan y nos separen. Pablo nos recuerda que nuestra unidad se deriva de ser bautizado en Cristo y

beber del mismo Espíritu.

Es apropiado que leemos la exhortación de Pablo poco después de la Semana de Oración por la Unidad de los Cristianos que se celebra a partir de Enero 18-25 ya por más de cien años. En lugar de permitir que nuestras diferencias nos mantengan separados y astillen el cuerpo de Cristo, Pablo nos invita a deleitarnos en nuestra singularidad y que nos enriquezcamos con nuestras diferencias. Es Cristo quien nos une, en medio de nuestra diversidad. Al olvidar esta sabiduría significativa provoca que los cristianos se vayan por el mal camino. Apropiarnos de esta sabiduría nos moldea a ser personas que muestran el amor y la compasión de Cristo.

La lectura del Evangelio de Lucas nos ofrece dos caminos

importantes en nuestro trayecto. El primer camino presenta un reto que cada generación de cristianos debe aceptar. Ese desafío implica la necesidad de cada generación de articular por si mismos la sabiduría que se les ha transmitido a ellos. Lucas está haciendo esto para su comunidad para que puedan darse cuenta de “la certeza de la enseñanza que han recibido.” Nosotros también estamos llamados a apropiarnos de la sabiduría que hemos recibido, haciéndola viva y eficaz, para nosotros mismos y para el mundo de hoy en día. Este proceso generacional es precisamente lo que el Papa Juan Pablo XXIII quiso decir con la palabra italiana “aggiornamento” cuando convocó el Concilio Vaticano II.

El segundo camino tiene a Jesús presentando la declaración de la misión que rige su camino de fe y el nuestro. Citando a Isaías, el Jesús de Lucas establece su camino alto, “para traer buenas nuevas a los pobres...para

proclamar la libertad a los cautivos y la vista a los ciegos, para dar libertad a los oprimidos y para proclamar un año de gracia del Señor.” Al afirmar que “hoy en día, este pasaje de la escritura se cumple en su audición, Jesús afirma que en su persona, el amor y la compasión de Dios, la misericordia y la justicia de Dios, están disponibles para todos. Jesús está dispuesto no solo a vivir estos valores, sino también a dar su vida para que el amor y la compasión de Dios pueda ser experimentado por todos.

Este es el camino de Jesús y por medio de nuestro bautismo estamos llamados a caminar ese mismo camino. ¿Cómo es su vida, la vida de su compromiso bautismal inspirado en Jesús? Igual a Jesús, ¿Qué declaración de la misión lo motiva a medida que camina en su camino con el Señor? A medida que caminamos en nuestro camino de fe juntos este año, traten de estar atentos al mapa que se nos ofrece en las lecturas de hoy.

**Biagio Mazza
Asociado Pastoral**



Lecturas



Lecturas del Domingo, 24 de Enero

Primera Lectura: Nehemías 8:2-4a, 5-6, 8-10

Salmo: Salmo 18:8, 9, 10, 15

Segunda Lectura: 1 Corintios 12:12-30

Evangelio: Lucas 1:1-4; 4:14-21

Lecturas del Domingo, 31 de Enero

Primera Lectura: Jeremías 1:4-5, 17-19

Salmo: Salmo 70:1-2, 3-4a, 5-6ab, 15ab-17

Segunda Lectura: 1 Corintios 12:31-13:13

Evangelio: Lucas 4:21-30

Escuela de Religión

No habrán clases de Primer Comunión o de Jóvenes

El 14 de Febrero no tendremos clases de Primera Comunión, ni tendremos clases de jóvenes esa tarde.

Formas de Comunicación con Menores

Padres y guardianes deben de llenar una forma dándole permiso al personal de Santa Sabina, especialmente a la directora de los Jóvenes, Kirstie Roberts, para ella poder responder a cualquier mensaje de texto, correo electrónico o llamadas de teléfono de parte de los jóvenes de nuestra parroquia. Estas formas están disponibles en la Oficina.

Todas las personas que son voluntarios con los jóvenes o niños de nuestra parroquia deben atender a un taller llamado Protegiendo a los Niños de Dios, también necesitaran someterse a una verificación de antecedentes y deberán firmar la póliza sobre Éticas e Integridad en el Ministerio. (EIM)

Ministerio Juvenil

Noche de Padrinos de Confirmación

Su siguiente noche de Padrinos de Confirmación será el Miércoles, 24 de Febrero de 7-8:30pm. Un padrino de Confirmación es un adulto Confirmado en la fe Católica, que no sean los padres del joven y que estén en buenos términos con su Iglesia.

Noche de deportes para los Jóvenes de Junior High!

El 20 de Febrero tomaremos un viaje a Legacy Park en Lee's Summit para una noche de diversión!

Habrá natación, baloncesto, voleibol, racket ball, una sala de cine, sala de juegos y sala de pizza y bocadillos. Saldrá de Santa Sabina a las 8pm el 20 de Febrero e iremos a la iglesia St. Margaret para la Misa esa noche y después iremos al parque Legacy que se encuentra al lado de la iglesia.

Regresaremos a Santa Sabina el Domingo a las 6:30am. El costo por persona será \$20. Los muchachos deben traer un litro de soda para compartir y las muchachas un bocadillo como chips o galletas para compartir.

Le invitamos a traer a un amigo, todas las personas que asistirán deben tener una forma de permiso firmada por sus padres, estas formas se encuentran en la oficina y también en nuestra página web.

Jóvenes de High School o Confirmación

Sus juntas serán el 24 de Enero y el 21 de Febrero en el salón Parroquial 7-8:30pm.

Jóvenes de Junior High

Sus próximas juntas serán el Miércoles, 3 y el 17 de Febrero, de 7-8:30pm.

Seguridad Infantil

La Diócesis de Kansas City-St. Joseph está comprometida a luchar contra el abuso sexual en la Iglesia. Si usted es víctima de abuso sexual, o si usted observa o sospecha de abuso sexual, por favor:

- 1) Llame a línea directa de Abuso Infantil en Missouri al 1.800.392.3738 (si la víctima tiene menos de 18 años de edad), y
- 2) Póngase en contacto con su departamento de policía local o llame al 911, y
- 3) Despues de informarle a las autoridades de la orden civil y de leyes, reporte el abuso sexual del menor o del adulto vulnerable al Defensor del Pueblo Diocesano, Jenifer Valenti, al 816.812.2500 o a su correo electrónico, jennifervalenti@att.net, si el abuso implica a un sacerdote, diácono, empleado o voluntario de la Diócesis de Kansas City-St. Joseph

La Diócesis tiene un sincero compromiso con los recursos del cuidado y la curación para las víctimas de abuso sexual y a sus familias. Por favor póngase en contacto con la Defensora de Víctimas, Kathleen Chastain al 816.392.0011 o chastain@diocesekcsj.org para más información.

Información de la Zona

Alcohólicos Anónimos

El Grupo Fe y Decisión se reúne cada Lunes, Miércoles, y Viernes de 7:00pm-8:30pm en esta dirección: 708 Main St., Grandview, MO.

Para mas información, llame 816-721-0594 o 816-682-7210. Cree tener problemas con las bebidas alcohólicas? Venga, nosotros te podemos ayudar.

Cena de Tacos en la Escuela St. Regis

Este evento es patrocinado por la clase de octavo grado en la Escuela St. Regis.

Cuando: 6 de Febrero, 5:30 - 8:30pm

Donde: Salón Parroquial, Iglesia St. John Francis Regis, 8941 James A. Reed, KCMO 64138

Entradas: Boletos de entrada estarán de venta después de las Misas durante el mes de Enero. Por favor haga planes para unirse a nosotros para una gran cena, mientras a la vez apoyando a nuestra clase de octavo grado.

Habrá una rifa de 50/50 (\$2 por un boleto de rifa o \$5 por 3)

Tendremos un DJ en vivo toda la noche

Piñata para los niños a las 8:00pm

Si usted tiene alguna pregunta por favor comuníquese con Alisha Jiménez por mensaje de texto al 816-810-5795



Corresponsabilidad

Tesoro:

La Colecta Especial de este Fin de Semana

El final del 2015 dejó Missouri en un estado de emergencia después de que días de lluvia continua provocaron inundaciones récord. Sólo en Missouri, 200 calles fueron cerradas debido a las inundaciones durante la primera semana del año, dejando a muchos residentes aislados y sin poder ponerse a salvo. Los daños en casas, edificios y vidas va más allá de su valor monetario. Los afectados están y seguirán siendo sometidos al estrés emocional en su lucha por reconstruir sus vidas. Organizaciones católicas de todo el estado, especialmente en el área de St. Louis, están trabajando para ayudar a los afectados, dándoles refugio y ayuda para reordenar su vida. Su donación a la colecta especial de este fin de semana va a ayudar a apoyar a los afectados.

-Desde La Conferencia Católica de Missouri (MCC)

Bienvenidos a Berenice Zayas

A partir del 1 de febrero Berenice Zayas va a trabajar con nuestro personal de la parroquia. Berenice será nuestra recepcionista, así como ayudar con el Ministerio Hispano, Ayuda de Emergencia, nuestra Escuela Parroquial de Religión y Eventos Especiales de la Parroquia. Para comunicarse con Berenice, le puede mandar un email al berenice@stsabinaparish.org o llamarla al 816-979-3150.



Información Parroquial

Haga planes para atender a nuestra Misión Parroquial - Febrero 20-24

Nuestro líder de la Misión será el Padre Bill Rhinehart, C.M del Centro de Misión Vicenciana Parroquial. La Misión se llevará a cabo durante las Misas del fin de semana y por los tardes del 22, 23 y 24 de Febrero a las 7:00pm.

Que es una Misión parroquial?

Una Misión Parroquial es un tiempo especial en una comunidad parroquial cuando la comunidad se reúne para obtener una mayor comprensión de que es una vida llena de fe. Es un tiempo de gracia y de renovación de la parroquia a través de servicios y charlas llenas de historias, ejemplos y significado. Durante este Año de la Misericordia nos reunimos como una parroquia, para vigorizar nuestra fe individual y nuestra fe e identidad como comunidad. Nuestra esperanza es que esto nos fortalezca como parroquia para hacer la obra de Jesús, para llegar a los que nos rodean, tanto como satisfacer sus necesidades y a la vez llevarlos a la fe a través de nuestro cuidado y ejemplo.

Para quien es una Misión?

La Misión es para todas las personas, desde los miembros no tan activos hasta los muy activos en la parroquia. Es para todas las edades y para cualquier etapa de la vida - la juventud, adulto, casado, soltero, divorciado, separado, viudo, etc. En particular, invitamos a los que quieran saber más sobre la iglesia de hoy y cómo se puede tomar un papel activo en las experiencias cotidianas de trabajo, la familia y la política. Se le anima a invitar a sus amigos, vecinos, familiares y compañeros de trabajo a asistir.

La Misión Parroquial será en Ingles, pero todos están invitados a acompañarnos.

Para obtener más información acerca de la Misión y visite el sitio web de la parroquia.

Pláticas

Pláticas Pre-bautismales - 13 de Febrero

Normalmente cada Segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial.

PRÓXIMOS BAUTISMOS: llamar Kris al 816-979-3151. Favor de llenar su aplicación antes de asistir a las pláticas. **No se ofrece cuidado de niños.**



PUBLIC LIBRARY

¡Cuentos Bilingües!

Traiga a su preescolar a compartir canciones y libros en inglés y español con la Srta. Lauren

10 a.m. cada segundo Jueves de cada mes, en la Iglesia St. Sabina

Nuestro próximo evento será el Jueves, 11 de Febrero.



Parroquia Católica de Santa Sabina

700 Trevis Ave. Belton, MO • www.stsabinaparish.org •

www.facebook.com/stsabinaparish • 816-331-4713

Horarios de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



En esta foto aparecen las personas que atendieron a las Pláticas Pre-bautismales el Sábado, 9 de Enero.

Horarios de Misa

Sábado: 4:00pm en Ingles
(Confesiones de 3:00pm - 3:30pm)

Domingo: 8:00am and 10:30am en Ingles,
12:30pm en Español

Contenidos

Información Parroquial/ 2
Pláticas

Información de la Zona/ 3
Corresponsabilidad/Justicia Social

Escuela de Religión/Jóvenes 4

Formación de Fe para Adultos 5

