

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabina-parish.org •
www.facebook.com/stsabina-parish • 816-331-4713

Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday



High School Youth Group to Comedy City! On February 21st our youth group is heading downtown for some laughs with the VERY funny folks at Comedy City. Admission to the show is \$10. We will leave St. Sabina at 5pm and return around 8:30pm. You must have a permission slip for this event. This is for St. Sabina youth group members only. We will need parent drivers. Please contact Kirstie Roberts to sign up and if your parent can help drive. Yes, parents, this is a family friendly show!

Pastors from many different churches in the Belton/Raymore area participated in the Ecumenical Prayer Service held on Monday, January 18th.

Mass Times

Saturday: 4:00pm in English
(Confessions at 3:00pm - 3:30pm)

Sunday: 8:00am and 10:30am in English,
12:30pm in Spanish

Visit our website for Holy Day and special Mass times



PUBLIC LIBRARY

iBilingual Storytime!

Bring your preschooler to share songs & books in English & Spanish with Miss Lauren!

At 10am
every 2nd
Thursday of
the month,
at St.
Sabina.

The next
storytime
will be Feb.
11!



Fourth Sunday in Ordinary Time

January 31, 2016

Parish Happenings

Fish Fries

Our Knights of Columbus are hosting their famous fish fries again this Lenten season. Menu includes fried fish, baked fish, hush puppies, French fries, corn on the cob, garlic potatoes, coleslaw and meatless spaghetti. Desserts will be provided by our Ladies Auxiliary. Prices are:

Adults (12 and older) \$10.00
Seniors (55 and older) \$ 9.00
Children (ages 5-11) \$ 6.00
Family \$34.00

(immediate family living under the same roof)

The fish fries will be held on Fridays, February 12 - March 18th from 5-7pm in the gym.



Sing a New Song: The Psalms in the Sunday Lectionary of Lent/Easter, Year C

Monday Evenings - Feb 8, 15, 29, March 7, and 14, 2016, 7-9 PM

Repeated on Wednesday Mornings - Feb 10, 17, March 2, 9 and 16, 2016, 10am to Noon

Psalms play a special role in the Eucharistic celebration. The responsorial psalm enables the assembly to participate fully in a sung prayerful response to the first reading, while the psalm refrain alerts the community to the theme of that day's celebration. The psalm is one of four readings that make up the Sunday Liturgy of the Word, yet not much attention is given to the psalm itself and its message for

us today as the Lord's disciples. Rarely is there a homily that focuses on the Word of God as expressed in the psalm.

These sessions will focus on the psalms for the Lent/Easter season, along with a sampling of the common psalms recommended for the season. The complete psalm from which the responsorial psalm is selected will be analyzed for its original theological/prayerful message along with its cultural and religious context. The focus then will shift to the verses selected for the responsorial psalm, why those particular verses were chosen, how those verses interact with the other readings, and what theological/prayerful wisdom the psalm offers us on this particular Sunday in this particular liturgical season.

Come, bring a bible and a friend and let us together explore the unique and special role that the responsorial psalm plays in our Sunday liturgical celebrations. Such awareness will deepen our knowledge of God's word as well as enhance our full, conscious and active participation in the Sunday liturgy. These sessions would greatly benefit all liturgical ministers, especially lectors and cantors. All Christian denominations and faith traditions are most welcome.

Laudato Si – On Care for Our Common Home

Wednesday Evenings Feb 10, 17, March 2, 9, 16, 2016 from 7-9 PM

Repeated Thursday Mornings, Feb 11, 18, March 3, 10, 17, 2016 from 10am to Noon

Pope Francis has challenged all of us to examine our role as children of God created for intimacy and harmony with ourselves, others and all of creation. As integral participants in God's creation, we have a responsibility to care for all creation in the same manner that we feel called to care for ourselves and for those whom we love and cherish. Pope Francis calls us back to that basic human commission to carry out our mission as partners with God in caring for all created reality. How have we

carried out that mission? What needs to be done to ensure that creation not only is viable and hospitable for us today but for all those who will come after us.

These sessions will explore Pope Francis' assessment of how we are carrying out our responsibility to care for our common home, both for creation as well as for one another as members of God's family. The theology that undergirds our shared responsibility for God's creation as well as practical steps that help us carry out that responsibility better will be explored and examined.

The sessions will be facilitated by Biagio Mazza. All denominations and faith traditions are most welcomed to join us in our mutual learning and discussions.

The Power of Praying for Your Adult Children, Part II

Our concern for our children does not go away when they reach adulthood - especially as the world becomes more confusing and challenging for all of us. In "The Power of Praying for Your Adult Children, Part II", we will find new ways to confidently lift these concerns up to God and find the peace we desire. This class is for new or returning parents. Tuesdays during Lent at 7pm. Contact Deacon Mike at the parish office to sign up.

Valentine Dinner and Dance Feb 13 from 5-11pm

This event will be sponsored by the Knights of Columbus and the Ladies Auxiliary.

There will be a catered dinner by Affordable Elegance, adult beverages, entertainment (singing nuns, village people and a surprise singer), lots of door prizes and some special drawings.

Come have a great time with us!

Cost: \$50 per couple, \$25 single



Calendar

Sunday, January 31 - Domingo, 31 de Enero

9:00am Parents Lounge
 9:00am Parish School of Religion
 11:00am Escuela Parroquial de Religion
 1:30pm RICA
 1:00pm Budgeting Class
 1:00pm Search Team Meeting

Wednesday, February 3 - Miércoles, 3 de Febrero

8:00am Mass
 9:00am Legion of Mary
 10:30am Mass at Beautiful Savior
 7:00pm Choir Practice (10:30am Choir)
 7:00pm Junior High Youth Group
 7:00pm K of C Business Meeting

Monday, February 1 - Lunes, 1 de Febrero

8:00am Mass
 5:30pm Marian Prayer Group
 6:00pm Cub Scouts
 7:00pm Boy Scouts

Thursday, February 4 - Jueves, 4 de Febrero

8:00am Mass
 9:30am Quilters
 7:00pm RCIA/RICA
 7:00pm Baptism Prep

Tuesday, February 2 - Martes, 2 de Febrero

4:30pm Confessions
 6:00pm Mass
 7:00pm First Reconciliation Service
 7:00pm Foundations for Living Stones

Friday, February 5 - Viernes, 5 de Febrero

8:00am Mass
 8:30am First Friday Adoration

Saturday, February 6 - Sábado, 6 de Febrero

3:00pm Confessions

Sunday, February 7 - Domingo, 7 de Febrero

Donut Sunday
 9:00am Parents Lounge
 9:00am Parish School of Religion
 11:00am Escuela Parroquial de Religion
 1:00pm RICA
 1:00pm Search Team Meeting

Stewardship

“The word of the LORD came to me, saying: Before I formed you in the womb I knew you, before you were born I dedicated you, a prophet to the nations I appointed you.”
 Jeremiah 1: 4-5

As much as we may wish to ignore it, or perhaps just forget it, God knows us in ways we do not even know ourselves. Jeremiah understood that God had called him to be a prophet; he had no choice, and he fulfilled God’s wishes. Scripture speaks to us also nonetheless, as we are reminded in our reading from Jeremiah, the Lord does not just know who we are; He has plans for each of us. This, of course, is where “free will” comes in. Whether we seek to understand God’s plan for us and whether we choose to pursue it is totally up to us. To try to comprehend that vocation, that role, can be a humbling experience. It is not unrealistic for us to have thoughts of ourselves, which may not reach the level of God’s plans for us; nevertheless, our task as good stewards is to recognize our gifts and to respond to God’s call. — See more at www.catholicsteward.com/blog/

Stewardship of Treasure - January 17

Envelopes/Sobres:	\$10,101.00
Plate/Canasta:	\$ 866.94
Maintenance-Upkeep:	\$ 665.00
Catholic Home Missions:	\$ 830.00

Stewardship of Treasure - January 24

Envelopes/Sobres:	\$ 10,425.29
Plate/Canasta:	\$ 861.35
Maintenance-Upkeep:	\$ 352.00
Flood Collection:	\$ 1,048.00

Mass Intentions

FOR THE WEEK



Intentions for February 1-5, 2016

Mon. 8am †Barbara Riedel
 Tues. 6pm †Frances Andregg
 Wed. 8am †Fr John Wandless
 10:30am †Nova Brattin (Beautiful Savior)
 Thurs. 8am †Pat Simpson
 Friday 8am †Jim Ohnemus

Saturday, February 6, 2016

4:00pm †Stewart Lay and †Krystal Lay

Sunday, February 7, 2016

8:00am †Bob & Ginny Thomas
 †Rita Miller
 10:30am †Ella Hemmen
 Intentions of Bonita Mackendanz
 12:30pm Spanish Intenciones de las Familias
 Parroquiales

Make plans to attend our Parish Mission February 20-24, 2016

Are you so involved in scurrying around with business, children, family, social activities that you have little time for quiet contemplation with God? A Mission is a time of special grace when God calls us into a deeper relationship with Him, a time for personal growth, a time to listen to God, a time of spiritual refreshment and invigoration.

Fr Bill Rhinehart, C.M. will lead our Parish Mission. Fr. Bill will speak at weekend Masses on February 20-21. The evenings of February 22, 23, & 24, he will celebrate Mass at 7:00 PM. Each evening, his homily theme is designed to increase our spirituality & explore topics related to living our faith. A reception will follow Mass each evening to allow informal question and answer time and time for us to enhance our feeling of community. So that all may attend, other parish functions will be canceled during Mission Week.

In next week's bulletin: The themes of Fr. Bill's Mission talks. Visit our website, www.stsabinaparish.org for more details and the Mission Prayer.



Prayer Requests Peticiones de Oración

Diana Avery	Tom Gudenkauf	Melinda Pickens
Beverly Bell	Laverne Harlow	Philip Pilcher
Pauline Bellm	Jason Hart	Deborah Pilcher
Sheryll Bentley	Jeanette Hart	Rosanna Pilcher
John Bidondo	Cherie Hatfield	Jason Pilcher
Allie Biondo	Bart Henke	Joe Pusateri
Richard Borris	Mary Ellen Hermann	Mary Renfro
Gretchen Butler	Richard Hoedl	Marjorie Rhodes
Mark Butler	Kelly Jordon	Austin Richards
Tom Butler	Kelsey Krum	Msgr. William Schultz
Chlorine Bunch	Vernita Linenberger	Kathy Shields
Georgene Caoile	Beverly Little	Patricia Smith
Marvin Cohen	Jo Locke	Joe Stanley
Joseph Coots	Gloria McLaughlin	Noah Stanley
Tyler Corlew	Leonard Meiron	Teresa Starks
Donna Dailey	Alice Miller	Bill Sullivan
Margo Dellaguardia	Nadine Monnig	Jean Tate
Paul DeMar	Helen Muenks	Ruth Tayler
Frances DiGeorge	Ramona Neighbors	Kaley Wagner
Richard Estes	Gary Palmer	Bob Westfall
Butch Ford	Thelma Palmer	Mary Westfall
Pat Ford	George Panebianco	Carmitia Yust
Dick Garnier	Joni Peel	Pablo Zayas

Special Ministers to the Sick & Homebound -Ash Wed

Ash Wednesday is February 10 this year. Please plan on visiting your homebound with blessed ashes this year. If you have questions please contact Marta in the parish office at 979-3154 or marta@stsabinaparish.org.

In 2015 an estimated 5.3 million Americans

of all ages had Alzheimer's disease. Below are suggestions for being with a person with Alzheimer's.

Tips for being with a person with Alzheimer's

- ◆ I am not stupid, I am wounded. Please respect me.
- ◆ Come close, speak slowly and enunciate clearly.
- ◆ Repeat yourself.
- ◆ Be patient with me.
- ◆ Approach me with an open heart and slow down.
- ◆ Be aware that your body language and facial expressions are communicating to me.
- ◆ Make eye contact with me. I am in here--come find me.
- ◆ Encourage me.
- ◆ Trust that I am trying, just not with your skill level.
- ◆ Ask me questions with specific answers. Allow me time to hunt for an answer.
- ◆ Do not assess my cognitive ability by how fast I can think.
- ◆ Celebrate all of my little successes. They inspire me.
- ◆ Please don't finish my sentences for me or fill in the words I can't find. I need to work my brain.
- ◆ Love me for who I am today. Don't hold me to being the person I was before. I have a different brain now.

Nursing Home Mass Schedule

Feb 10 10:00am	Rehabilitation Center of Raymore
Feb 17 10:00am	Foxwood Springs
Feb 24 11:00am	Carnegie Village

School of Religion

Donut Sunday! Please join us for doughnuts and orange juice on February 7th after the 8 and 10:30 Masses which will be hosted by the 3rd grade class!

Form for Communication

with Minors Parents and guardians must now sign a form giving permission for St. Sabina staff, specifically the Youth Director, Kirstie Roberts to respond to text messages, emails and phone calls from the youth of the parish. These forms are available in the back of the church with the PSR registrations and in the Youth Office.

No PSR or Youth Group on February 14th. Have a wonderful weekend!

Children's Liturgy Sunday

Children from our parish are invited to be Lectors, Ushers, Greeters and Gift Bearers at a Mass each month. Our next Mass date is Sunday, March 13th at the 10:30am Mass. Please contact Kirstie Roberts if your child would like to sign up for this ministry.

First Reconciliation Service

for our PSR students will be on February 2nd at 7pm in the church.

Volunteer Opportunities

Uplift Org. If you would like to bring meals to the homeless on the 4th or 5th Monday of any month, please contact Kirstie Roberts! This ministry is open to all parishioners age 14 and older. Volunteers must report to the Uplift Warehouse by 5pm and will be finished around 9:30pm.

Uplift Cooks! Anyone who would like to help prepare a meal for the homeless is welcome to join our team on the 4th Monday of each month at 10am in the gym. We recommend that you bring a good cutting knife and vegetable peeler. Our next cooking day will be Feb 22.

Harvesters! This local food bank provides food to needy families around the KC area. Volunteers are needed to help sort food donations and pack weekend food bags for kids in our community. We will be taking a group of 5 people on the third Thursday of each month. If you would like to volunteer, call or email Kirstie in the Youth Office.

Youth Ministry

Confirmation Sponsor Night Our next meeting will be February 24th in the Parish Hall from 7-8:30pm. If your sponsor is unable to attend the meeting, you must still be present. This meeting is special because it is part of our Parish Mission and we will be attending Mass together. We will also be hosting a hot appetizer table in the parish hall after Mass. Please plan to stay a bit later than usual to help with serving and clean up. If you have any questions, please give Kirstie Roberts a call or send her an email.

Junior High Overnight Sports Lock In! On February 20th we are packing up and heading to Legacy Park in Lee's Summit for an overnight of fun! There will be swimming, basketball, volleyball, racket ball, a movie room, game room and room for pizza and snacks. We will leave St. Sabina at 8pm on the 16th and go to St. Margaret's church for Mass and then head next door to begin the Lock In. We will return to St. Sabina at 6:30am on Sunday morning. The cost is \$20 per person. Boys are to bring a 2 liter of pop to share and girls are to bring a snack (chips or cookies) to share. You are welcome to bring a friend and everyone must have permission slips which are available in the Youth Office and on the parish website. If any parents can help with driving or chaperoning, please contact Kirstie Roberts, 816-979-3155.

Team Meetings for Search

All Peer Ministers and Adult Team members of the Search Retreat are required to attend the following meetings to prepare for the Search Retreat. Each meeting is from 1-4pm in the Parish Hall, January 31, February 14, February 21 and February 28. If you have a conflict that interferes with any of these meetings, please contact Kirstie Roberts.

High School & Confirmation Youth

Our next meeting will be Sunday, February 21st from 7-8:30pm.

Junior High Youth!

Our next meetings will be February 3rd and 17th, from 7-8:30pm in the Parish Hall.

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

- 1) Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
- 2) Contact your local law enforcement agency or call 911, and
- 3) After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Jennifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Kathleen Chastain at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM).

Wellness Center

EAT SMART Shawn M. Talbott, PhD, nutritional biochemist recommends for sustainable weight loss you should concentrate your efforts on 75 percent diet and 25 percent exercise. An analysis of more than 700 weight loss studies found that people see the biggest results when they start eating smart. On average, people who dieted without exercising for 15 weeks lost 23 pounds; the exercise only participants lost only six pounds over about 21 weeks. It's much easier to cut calories than to burn them off. For example, if you eat a fast-food steak quesadilla, which can pack 500-plus calories, you need to run more than four miles to 'undo' eating it.

So what kind of diet? It's true that low-carb diets tend to be the most popular because they offer the fastest results, but they can be difficult to sustain. Dr. Talbott recommends striving for a more balanced plan that focuses on fruits and veggies, lean proteins, and whole grain carbs. He says to never cut calories too low (this causes your metabolism to slow, and you can start losing muscle mass). For a healthy daily calorie count that still supports weight loss, allow 10 calories per pound body weight—a 150 pound woman should shoot for a 1,500 daily calorie intake target.

Dr. Talbott concludes that while diet and exercise are both important for long-term weight loss, remember this: "You can't out-exercise a bad diet."

IT'S NEVER TOO LATE TO GET STARTED ON THE WELLNESS PATH. COME ON IN TO SEE US, WE CAN HELP!

Wellness Center Class Schedule

Monday:	Intermediate Yoga 1 - 2pm Gentle Yoga 2 - 3pm Yoga 6 - 7pm
Tuesday:	Stretch & Strength 1 - 2pm Gentle Stretch & Strength 2 - 3pm
Wednesday:	Intermediate Yoga 1 - 2pm Gentle Yoga 2 - 3pm Strength & Restore 6 - 7pm
Thursday:	Stretch & Strength 1 - 2pm Gentle Stretch & Strength 2 - 3pm ReFit® 5 - 6pm
Friday:	Intermediate Yoga 1 - 2pm Gentle Yoga 2 - 3pm Circuit Training 5 - 6pm
Saturday:	Open Workout 8:30 - 11:30am Health Screenings 8:30 - 11:30am ReFit® 10 - 11am

Area Information

Sacred Heart Enthronement

As we begin the Jubilee Year of Mercy, our diocese is offering a new initiative where parishioners can consecrate their homes to the Sacred Heart of Jesus through Enthronement. This simple liturgical ceremony is an action that renews and rededicates the family to prayer and the practice of the works of mercy. If you are interested in learning more about this, the diocese is having a session entitled, How to Bring Sacred Heart Devotion to your Home and Parish, on Monday, February 22nd at the Cardinal Baum Room at the Catholic Center. Appetizers will be served at 6pm with dinner at 6:45pm. The presentation will begin at 7:15pm. RSVP at family@diocesekcsj.org or call Kristen at 816-714-2373.

New Family Open House

St. John Francis Regis School, 8941 James A. Reed Rd, KCMO, will be hosting a New Family Open House/ Kindergarten Round Up on Thursday, February 4, 2016 from 6-7pm. The Open House is for any family that is interested in learning more about St. Regis School. We will have tours of the school, and enrollment information for the 2016/2017 school year will be available. Please come visit our school and discover our mission to "educate the whole person through a God-centered curriculum; creating a community in which students may grow in love of God, life, others and education". Would you like more information about St. Regis School? Please visit www.regischurch.org/school or call St. Regis School at 816-763-5837. We look forward to meeting you!

2016 Annual Catholic Appeal

Thanks to all who have contributed to the 2016 Annual Catholic Appeal. **As of January 20th 34 families from St. Sabina have contributed a total of \$5,645.00.** Please contribute generously to "Blessed Are the Merciful", the 2016 Annual Catholic Appeal (*in past years, the Bishop's Annual Appeal*) in support of parish and diocesan programs and ministries. Go on-line to www.kcsjgives.org for more information or use the form available in the Catholic Key. To make a gift of appreciated stock, mutual fund shares or gifts of grain, call Greg Vranicar at 816-714-2363.

Diocesan Healing Prayer Services

The diocese continues to reach out to those impacted by abuse by offering healing services. The next service will be held at **St. Margaret Parish on Thursday February 4th at 7:00 p.m.**, 777 NE Blackwell Road, Lee's Summit.



Year of Mercy at St. Sabina

'I have decided to announce an Extraordinary Jubilee which has at its centre the mercy of God. It will be a Holy Year of Mercy. We want to live in the light of the word of the Lord: "Be merciful, even as your Father is merciful" (cf. Lk 6:36).'

-Pope Francis

For more information on the Year of Mercy in our parish and diocese visit: stsabinaparish.org/year-of-mercy/.

Reflection on the Fourth Sunday in Ordinary Time, Year C

Speaking truth to power is always difficult. Sometimes, speaking the truth to those closest to you can prove to be even more challenging. The inevitable consequence of speaking truth to power is often opposition, rejection, persecution and even violence against those who chose to speak truth to power. Our readings for this Sunday examine these issues in light of faith, trust and confidence in God.

Prophets, those who feel called to speak truth to power, play a key role in today's scripture readings. While common perception views prophets as predictors of the future, that is usually not the biblical notion of prophecy. Prophets in scripture are people who are called to address the justice needs and concerns of their day. Having cultivated a deep spirituality, they feel called to act and speak in the name of God, most especially when it concerns matters of justice and human dignity.

Prophets speak on behalf of others who have no voice, or have no power to speak for themselves. This makes prophets extremely unpopular, simply because they challenge the status quo, the perceived pattern of viewing reality, while definitely rocking the boat. Jeremiah in the first reading, the psalmist of responsorial Psalm 71, along with Jesus in the gospel find themselves rejected for speaking challenging words to their communities.

Jeremiah's prophetic call emphasizes the reality that his words will be rejected and he will be persecuted. However, today's reading affirms Jeremiah's conviction that no matter how difficult things get, God will be there to protect and sustain him. Jeremiah is confident in the Lord's care and support asserting that God will continue to protect him by making him a "fortified city, a pillar of iron, a wall of brass," against the onslaught of those who would reject him for speaking God's word.

Responsorial Psalm 71 has the psalmist readily affirm his trust and confidence in God, asking God to "be my rock of refuge, a stronghold to give me safety." The psalmist is so assured of his faith in God that with him, we are invited to sing "I will sing of your salvation" no matter the obstacles, the rejections or the consequences.

Jesus, modeling himself on prophets like Elijah and Elisha, offers God's gracious love and care to outsiders, to the marginalized and the immigrants, to those who have no power or cannot speak for themselves. Jesus' God welcomes all, because all are members of God's family. Yet the crowd finds it difficult to accept this and moves to do away with the prophet. His own native place, Nazareth, where Jesus grew up, rejects him. To be rejected by your own townspeople must have been difficult. Yet it does not stop Jesus from continuing to proclaim God's truth to all, whether they are willing to listen or not. Love of all motivates Jesus to speak the truth that needs to be heard.

Often, it is most difficult to hear, see or comprehend the presence of God in the midst of the ordinariness of life. This is most true when that presence challenges us to change our mind and heart toward those whom we consider outsiders, strangers or outcasts.

How accepting are you of those who think, look, act, or speak differently than you do? How open are you to loving others the same way that God loves us? God does not discriminate in God's love. Listen to Paul in the second reading. Do you discriminate in your love?

Reflect on how you can make Jesus' prophetic mission your own. How will you speak truth to power? Your baptismal promises call you to speak truth to power. How are you responding to that call?

**Biagio Mazza,
Pastoral Associate**

Readings

Sunday, January 31, 2016

1st Reading: Jeremiah 1:4-5, 17-19

Psalm: Psalm 71:1-2, 3-4, 5-6, 15-17

2nd Reading: 1 Corinthians 12:12-31-13:13

Gospel: Luke 4:21-30

Sunday, February 7, 2016

1st Reading: Isaiah 6:1-2a, 3-8

Psalm: Psalm 138:1-2, 2-3, 4-5, 7-8 (1c)

2nd Reading: 1 Corinthians 15:1-11

Gospel: Luke 5:1-11

Bible Study



Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering study sessions that will provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. **We will gather on February 7th at 10:30am.** All are welcome. Bring a Bible and a friend. To register for these sessions, please call Biagio at 816-979-3153.



Parish Staff/Personal Parroquial

Fr. Jeff Stephan, Pastor
816-979-3157 X57 frjeff@stsabinaparish.org

Fr. Curt Vogel, Associate Pastor
816-979-3156 X56 frvogel@stsabinaparish.org

Deacon Mike Gates mikeg@stsabinaparish.org

Bridget Hernandez, Stewardship and Social Justice/
Corresponsabilidad y Justicia Social
816-979-3159 X59 bridget@stsabinaparish.org

Kris Larkey, Business Manager/Gerente de Operaciones
816-979-3151 X51 kris@stsabinaparish.org

Biagio Mazza, Pastoral Associate/Asociado Pastoral
816-979-3153 X53 biagio@stsabinaparish.org

Susan Ratigan, Liturgist/Liturgista
816-979-3158 X58 susan@stsabinaparish.org

Kirstie Roberts, Dir. of Religious Ed. and Youth Ministry/
Directora De Educación Religiosa y Ministro de la Juventud
816-979-3155 X55 kirstie@stsabinaparish.org

Marta Roper, Pastoral Care Coordinator/Coordinadora
Pastoral
816-979-3154 X54 marta@stsabinaparish.org

Jeff Shields, Finance Coordinator/Coordinador de Finanzas
816-979-3152 X52 jeffshields@stsabinaparish.org

Tracy Wheeler, Maintenance/Mantenimiento
tracy@stsabinaparish.org

Berenice Zayas, Family Life & Hispanic Ministry/Vida de la
Familia Parroquial y Ministerio Hispano
816-979-3150 X50 berenice@stsabinaparish.org

Kathleen Chastain, Diocesan Victim Advocate
816-392-0011 chastain@diocesekcsj.org

Jenifer Valenti, Diocesan Ombudsman
816-812-2500 jeniferValenti@att.net

Wellness Center/Centro de Salud 816-979-3090

Jeannine Midgett 816-979-3093

Patricia Moreno 816-979-3092

Pastoral Care

**From Death to New Life † De la Muerte a la Nueva
Vida**

†Barbara Riedel, sister of Jim Ruffini

†Russ Thurman, father of Doug Thurman



Wedding Congratulations

Congratulations to Joe and Susan Lewis on the blessing of their marriage on February 6th!!

happy birthday

Diana Albor, Ana Amaya, Charlie Arnold, Don Bannerman, Lupe Barrera, Heyden Bautista, Serena Bays, Beatriz Bravo, Dixie Brewer, Abigail Brown, Ana Cedillo, Barb Clary, Ana Contreras, Ariadne Coronado, Monte Crosby, Annika Darby, Margo Dellaguardia, Rebecca Diaz, Diego Diaz Suarez, Doug Earhart, Cesar Fabian, Rebecca Fletcher, Carol Galant, Brenda Garcia, Matthew Gomez, Kevin Gray, Israel Gress, Raymond Grosko, Victor Guerrero, Sean Halloran, Isabel Harshner, Tanner Hassler, Zulema Hinojos, Josh Hurtado, Maria Juarez, Melissa Kelch, Lillian Kopek, Terri Krueger, Diane Kueck, Jasmine Lancaster, Olivia Lancaster, Joe Lewis, Ana Lopez, Hugo Lopez, Odalis Madrid, Tammy Madril, Brayan Mancia, Rose Martinez, Emilio Mejia, Michel Michiels, Oscar Mina, Courtney Morgan, Jerry Morgan, Corey Mullin, Mayra Peraza, Jakeline Pocasangre, Thelma Putnam, Ricardo Quinones, Michelle Ragsdale, Joanna Ramirez, Aracely Reyes, Milagros Rios, Edith Rocha, Margarita Rocha, Rocio Rodelo, Edgar Rodriguez, Brice Roseburrough, Carlos Ruiz, Veronica San German, Kristi Schumacher, Daniel Schwarz, Chuck Sellmeyer, Chariotte Simms, Candelaria Soto Zubia, Jayden Sowers, Kayleigh Stoddard, Theo Suwito, Juany Talamantes, Miguel Torres, Glenna Trevino, Dalilah Venzor, Michael Vides, Brad Votava, Mary Wehner, Zachary Werkowitch, Fernando Yopez, Jose Zavala

Happy Anniversary

Jim and Judy Curtis	45 Years!	02-06-1972
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Reflexión Sobre el Cuarto Domingo Del Tiempo Ordinario , Ciclo C



Hablando la verdad al poder siempre es difícil. A veces, decir la verdad a las personas más cercanas puede llegar a ser aún más difícil. La consecuencia inevitable de hablar la verdad al poder muchas veces es la oposición, el rechazo, la persecución e incluso la violencia en contra de aquellos que decidieron decir la verdad al poder. Nuestras lecturas de este Domingo examinan estas cuestiones a la luz de la fe, la confianza y la confianza en Dios.

Profetas, los que se sienten llamados a decir la verdad al poder, juegan un papel clave en las escrituras de hoy. Mientras que la percepción común ve profetas como predictores del futuro, por lo general no es la noción bíblica de la profecía. Profetas en las Escrituras son personas que son llamadas para atender las necesidades de justicia y preocupaciones de su día. Después de haber cultivado una espiritualidad profunda, se sienten llamados a actuar y hablar en nombre de Dios, sobre todo cuando se trata de asuntos de la justicia y la dignidad humana.

Los profetas hablan en nombre de los que no tienen voz, o que no tienen poder de hablar por sí mismos. Esto hace que los profetas sean extremadamente impopulares, simplemente porque desafían el statu quo, el patrón percibido de ver la realidad, mientras que sin duda agitan las aguas. Jeremías en la primera lectura, el salmista del Salmo responsorial 71, junto con Jesús en el evangelio se encuentran rechazados por hablar palabras desafiantes a sus comunidades.

La llamada profética de Jeremías deja bien claro la realidad de que serán rechazadas sus palabras y él será perseguido. Sin embargo, la lectura de hoy afirma la convicción de Jeremías que no importa que tan difíciles se ponen las cosas, Dios estará allí para proteger y sostenerlo. Jeremías confía en la atención y el apoyo de Dios que afirma que Dios continuará a protegerlo haciéndole una "ciudad fortificada, un pilar de hierro, un muro de bronce," contra el ataque de los que lo rechazarían por hablar la palabra de Dios.

El salmo responsorial 71 hace que el salmista fácilmente afirme su fe y confianza en Dios, pidiendo a Dios que "sea mi roca de refugio, una fortaleza para darme seguridad." El salmista está tan seguro de su fe en Dios que con él, se nos invita a cantar "Cantaré de tu salvación" sin importar los obstáculos, los rechazos o las consecuencias.

Jesús, modelándose a sí mismo como los profetas como Elías y Eliseo, ofrece el amor y la atención misericordioso de Dios a los marginados y extranjeros, a los que no tienen el poder o no pueden hablar por sí mismos. El Dios de Jesús acoge a todos, porque todos son miembros de la familia de Dios. Sin embargo, a la gente se le hace difícil aceptar esto y se mueve para acabar con el profeta. Su propio lugar natal, Nazaret, donde Jesús creció, lo rechaza. El ser rechazado por su propia gente del pueblo debe haber sido difícil. Sin embargo, no se detiene a Jesús de continuar a proclamar la verdad de Dios a todos, si están dispuestos a escuchar o no. El amor de todos motiva a Jesús a decir la verdad que necesita ser escuchado.

Muchas veces, es más difícil de oír, ver o comprender la presencia de Dios en medio de lo ordinario de la vida. Esto es más cierto cuando esa presencia nos reta a cambiar nuestra mente y corazón hacia a aquellos quienes consideramos extranjeros, extraños o marginados.

¿Que tan tolerante es usted de los que cree, aparecen, actúan o hablan de manera diferente de usted? ¿Qué tan abierta es usted a amar a los demás de la misma manera que Dios nos ama? Dios no discrimina en su amor. Escuche a Pablo en la segunda lectura. ¿Usted se discrimina en su amor?

Reflexione sobre cómo se puede hacer la misión profética de Jesús su propia misión. ¿Cómo va a decir la verdad al poder? Sus promesas bautismales le llaman a decir la verdad al poder. ¿Cómo está respondiendo a ese llamado?

Biagio Mazza
Asociado Pastoral

Lecturas



Lecturas del Domingo, 31 de Enero

Primera Lectura: Jeremías 1:4-5, 17-19

Salmo: Salmo 70:1-2, 3-4a, 5-6ab, 15ab-17

Segunda Lectura: 1 Corintios 12:31-13:13

Evangelio: Lucas 4:21-30

Lecturas del Domingo, 7 de Febrero

Primera Lectura: Isaías 6:1-2, 3-8

Salmo: Salmo 138:1-2a, 2bc-3, 4-5, 7c-8

Segunda Lectura: 1 Corintios 15:1-11

Evangelio: Lucas 5:1-11

Escuela de Religión

No habrá clases de Primer Comunión o de Jóvenes

El 14 de Febrero no tendremos clases de Primera Comunión, ni tendremos clases de jóvenes esa tarde.

Formas de Comunicación con Menores

Padres y guardianes deben de llenar una forma dándole permiso al personal de Santa Sabina, especialmente a la directora de los Jóvenes, Kirstie Roberts, para ella poder responder a cualquier mensaje de texto, correo electrónico o llamadas de teléfono de parte de los jóvenes de nuestra parroquia. Estas formas están disponibles en la Oficina.

Todas las personas que son voluntarios con los jóvenes o niños de nuestra parroquia deben atender a un taller llamado Protegiendo a los Niños de Dios, también necesitaran someterse a una verificación de antecedentes y deberán firmar la póliza sobre Éticas e Integridad en el Ministerio. (EIM)

Ministerio Juvenil

Noche de Padrinos de Confirmación

Su siguiente noche de Padrinos de Confirmación será el Miércoles, 24 de Febrero de 7-8:30pm. Un padrino de Confirmación es un adulto Confirmado en la fe Católica, que no sean los padres del joven y que estén en buenos términos con su Iglesia.

Noche de deportes para los Jóvenes de Junior High!

El 20 de Febrero tomaremos un viaje a Legacy Park en Lee's Summit para una noche de diversión! Habrá natación, baloncesto, voleibol, racket ball, una sala de cine, sala de juegos y sala de pizza y bocadillos. Saldremos de Santa Sabina a las 8pm el 20 de Febrero e iremos a la iglesia St. Margaret para la Misa esa noche y después iremos al parque Legacy que se encuentra al lado de la iglesia. Regresaremos a Santa Sabina el Domingo a las 6:30am. El costo por persona será \$20. Los muchachos deben traer un litro de soda para compartir y las muchachas un bocadillo como chips o galletas para compartir.

Le invitamos a traer a un amigo, todas la personas que asistirán deben tener una forma de permiso firmada por sus padres, estas formas se encuentran en la oficina y también en nuestra pagina web.

Jóvenes de High School o Confirmación

Sus juntas serán el 24 de Enero y el 21 de Febrero en el salón Parroquial 7-8:30pm.

Jóvenes de Junior High

Sus próximas juntas serán el Miércoles, 3 y el 17 de Febrero, de 7-8:30pm.

Seguridad Infantil

La Diócesis de Kansas City-St. Joseph esta comprometida a luchar contra el abuso sexual en la Iglesia. Si usted es victima de abuso sexual, o si usted observa o sospecha de abuso sexual, por favor:

- 1) Llame a línea directa de Abuso Infantil en Missouri al 1.800.392.3738 (si la victima tiene menos de 18 años de edad), y
- 2) Póngase en contacto con su departamento de policía local o llame al 911, y
- 3) Después de informarle a las autoridades de la orden civil y de leyes, reporte el abuso sexual del menor o del adulto vulnerable al Defensor del Pueblo Diocesano, Jenifer Valenti, al 816.812.2500 o a su correo electrónico, jennifervalenti@att.net, si el abuso implica a un sacerdote, diacono, empleado o voluntario de la Diócesis de Kansas City-St. Joseph

La Diócesis tiene un sincero compromiso con los recursos del cuidado y la curación para las victimas de abuso sexual y a sus familias. Por favor póngase en contacto con la Defensora de Victimias, Kathleen Chastain al 816.392.0011 o chastain@diocesekcsj.org para mas información.

Información de la Zona

Alcohólicos Anónimos

El Grupo Fe y Decisión se reúne cada Lunes, Miércoles, y Viernes de 7:00pm-8:30pm en esta dirección: 708 Main St., Grandview, MO.

Para mas información, llame 816-721-0594 o 816-682-7210. Cree tener problemas con las bebidas alcohólicas? Venga, nosotros te podemos ayudar.

Cena de Tacos en la Escuela St. Regis

Este evento es patrocinado por la clase de octavo grado en la Escuela St. Regis.

Cuando: 6 de Febrero, 5:30 - 8:30pm

Donde: Salón Parroquial, Iglesia St. John Francis Regis, 8941 James A. Reed, KCMO 64138

Entradas: Boletos de entrada estarán de venta después de las Misas durante el mes de Enero. Por favor haga planes para unirse a nosotros para una gran cena, mientras a la vez apoyando a nuestra clase de octavo grado.

Habra una rifa de 50/50 (\$2 por un boleto de rifa o \$5 por 3)

Tendremos un DJ en vivo toda la noche

Piñata para los niños a las 8:00pm

Si usted tiene alguna pregunta por favor comuníquese con Alisha Jiménez por mensaje de texto al 816-810-5795



Corresponsabilidad



Tiempo y Talento:

Gracias a Gerardo Arenivas y Raul Felix quienes donan su tiempo a nuestra programa de RICA

La Corresponsabilidad en el Nuevo Año:

Hacer Compromisos al Señor

La corresponsabilidad es un compromiso con el Señor, de pensamiento y de corazón; una forma de vida que necesita renovación constante y transformación. Esta época del año ha sido siempre un tiempo en el que nos proponemos avanzar hacia un nuevo año, reflexionando en los cambios que necesitamos hacer en nuestras vidas y resolviéndonos a avanzar a través de esos cambios. Tal vez quienes buscan hacer resoluciones para ser mejores corresponsables puedan encontrar una fuente de inspiración en uno o más de

los siguientes ejemplos:

La Corresponsabilidad del Pensamiento: Propóngase mantener su mente activa. Comprométase a estar más informado sobre los temas del día. Lea su Biblia. En este año de elección presidencial en los Estados Unidos, familiarícese aún más con la enseñanza social católica.

La Corresponsabilidad del Próximo: Propóngase ser una persona de hospitalidad y misericordia. Haga tiempo y espacio para aquellos que entren en su vida. Sea más consciente de los momentos en los que su vecino/a, su compañero/a de trabajo, su compañero feligrés o un extraño, necesite un momento de amabilidad, un poco de atención o un gesto de afirmación de su parte.

La Corresponsabilidad del Pobre: Propóngase vivir con más compasión y en solidaridad con aquellos menos afortunados. Recuerde al pobre en la oración, y comprométase a ayudar para aliviar en alguna manera las dificultades de quienes se encuentran en la pobreza y la marginación.

Información Parroquial

Bienvenida a Berenice Zayas

A partir del 1 de febrero Berenice Zayas va a trabajar con nuestro personal de la parroquia. Berenice será nuestra recepcionista, así como ayudar con el Ministerio Hispano, Ayuda de Emergencia, nuestra Escuela Parroquial de Religión y Eventos Especiales de la Parroquia. Para comunicarse con Berenice, le puede mandar un email al berenice@stsabinaparish.org o llamarla al 816-979-3150.



Haga Planes para Asistir a Nuestra Misión Parroquial

¿Está tan involucrado en correteo de negocios, niños, familia, actividades sociales que tiene tan poco tiempo para la contemplación tranquila con Dios? Una Misión es un tiempo de gracia especial cuando Dios nos llama a una relación más profunda con Él, un tiempo para el crecimiento personal, un tiempo para escuchar a Dios, un tiempo de renovación y fortalecimiento espiritual.



P. Bill Rhinehart, C.M. guiará a nuestra Misión Parroquial. Padre Bill hablará en las Misas el fin de semana del 20 y 21 de Febrero. En las tardes del 22, 23, y 24 de Febrero se celebrará la Misa a las 7:00 PM. Cada noche, el

tema de la homilía está diseñado para aumentar nuestra espiritualidad y explorar temas relacionados al vivir nuestra fe. Habrá una recepción después de la Misa cada noche para permitir tiempo para preguntas y tiempo para nosotros para mejorar nuestra sensación de comunidad. Para que todos puedan asistir, otras funciones parroquiales serán cancelados durante la semana de la Misión.

En el boletín de la próxima semana: Los temas de las homilías del P. Bill. Visite nuestro sitio web, www.stsabinaparish.org para más detalles y la Oración de la Misión.

Platicas

Platicas Pre-bautismales - 13 de Febrero

Normalmente cada Segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial.

PRÓXIMOS BAUTISMOS: Llamar Kris al 816-979-3151. Favor de llenar su aplicación antes de asistir a las platicas. **No se ofrece cuidado de niños.**



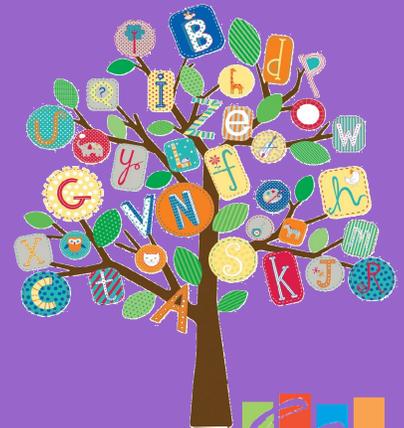
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Nuestro próximo evento será el Jueves, 11 de Febrero.



Felicitaciones de Boda

Felicidades a Joe y Susan Lewis en la bendición de su matrimonio el 6 de Febrero!!

Parroquia Católica de Santa Sabina

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Horarios de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



En esta foto aparecen los jovenes que fueron a la Noche de Deportes el Sábado, 16 de Enero.

Horarios de Misa

Sábado: 4:00pm en Ingles
(Confesiones de 3:00pm - 3:30pm)

Domingo: 8:00am and 10:30am en Ingles,
12:30pm en Español

Comidas de Pescado

Ya viene la Cuaresma, lo que significa que empezarán las comidas de pescado los viernes.

Todos los Viernes del Cuaresma (12 de Feb-18 de Mar) desde las 5-7pm en el gimnasio.

Los precios son:

Adultos	\$ 10.00
Mayores	\$ 9.00
Niños	\$ 6.00
Familia	\$ 34.00