

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabinaparish.org •
www.facebook.com/stsabinaparish • 816-331-4713



Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday



Mass Times

Saturday: 4:00pm in English
(Confessions at 3:00pm - 3:30pm)

Sunday: 8:00am and 10:30am in English,
12:30pm in Spanish

Visit our website for Holy Day and special
Mass times

Pictured are Beckee Hart, Sheila Birkner, and Donna Dailey with our new Lenten banners for the church.

Thank You for Sharing Your Time and Talent

Thank you to Sheila Birkner who designed our beautiful new banners for the church. Thank you also to Sherman and Leona Ragsdale, Beckee Hart, and Donna Dailey who crafted them.

Parish Staff/Personal Parroquial

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
Fr. Curt Vogel , Associate Pastor	816-979-3156 X56	frvogel@stsabinaparish.org
Deacon Mike Gates		mikeg@stsabinaparish.org
Bridget Hernandez , Stewardship and Communications/Corresponsabilidad y Comunicaciones	816-979-3159 X59	bridget@stsabinaparish.org
Kris Larkey , Business Manager/Gerente de Operaciones	816-979-3151 X51	kris@stsabinaparish.org
Biagio Mazza , Pastoral Associate/Asociado Pastoral	816-979-3153 X53	biagio@stsabinaparish.org
Susan Ratigan , Liturgist/Liturgista	816-979-3158 X58	susan@stsabinaparish.org
Kirstie Roberts , Dir. of Religious Ed. & Youth Ministry/Dir. de Educación Religiosa y Ministro de Jóvenes	816-979-3155 X55	kirstie@stsabinaparish.org
Marta Roper , Pastoral Care Coordinator/Coordinadora Pastoral	816-979-3154 X54	marta@stsabinaparish.org
Jeff Shields , Finance Coordinator/Coordinador de Finanzas	816-979-3152 X52	jeffshields@stsabinaparish.org
Tracy Wheeler , Maintenance/Mantenimiento		tracy@stsabinaparish.org
Berenice Zayas , Family Life & Hispanic Ministry/Vida de la Familia Parroquial y Ministerio Hispano	816-979-3150 X50	berenice@stsabinaparish.org
Kathleen Chastain , Diocesan Victim Advocate	816-392-0011	chastain@diocesekcsj.org
Jenifer Valenti , Diocesan Ombudsman	816-812-2500	jeniferValenti@att.net
Wellness Center/Centro de Salud	816-979-3090	
Jeannine Midgett	816-979-3093	
Patricia Moreno	816-979-3092	



Wellness Center

The Healing Power of Sleep

Sharper Memory: When you're awake, your brain naturally builds up beta-amyloid (proteins that are a strong biomarker for Alzheimer's disease), but while you sleep, the brain flushes out some of those toxins. According to a recent study, older adults who reported regularly getting adequate rest had fewer beta-amyloid deposits in their brains than those who got less sleep.

Stronger Heart: A study of more than 30,000 adults found that those who slept for roughly seven hours were far less likely to develop heart disease than those who average only five hours. Skimping on sleep may disrupt your hormones and metabolism, and increase blood pressure and inflammation.

Slimmer Waistline: Brain scans in healthy adults reveal that a good night's sleep impacts areas of the brain that regulate your desire for high-calorie foods, according to 2013 research in *Nature Communications*. When presented with food options, study subjects wanted treats containing an average of 600 fewer calories when they were well rested compared with when they were sleepy. WE OFFER ONE-ON-ONE COACHING TO HELP YOU MEET YOUR WELLNESS GOALS. COME ON IN!

Wellness Center Class Schedule

Monday:	Intermediate Yoga 1- 2pm Gentle Yoga 2 - 3pm Yoga 6 - 7pm
Tuesday:	Stretch & Strength1- 2pm Gentle Stretch & Strength 2 - 3pm
Wednesday:	Intermediate Yoga 1- 2pm Gentle Yoga 2 - 3pm Strength & Restore 6 - 7pm
Thursday:	Stretch & Strength 1- 2pm Gentle Stretch & Strength 2 - 3pm ReFit® 5 - 6pm
Friday:	Intermediate Yoga 1- 2pm Gentle Yoga 2 - 3pm Circuit Training 5 - 6pm
Saturday:	Open Workout 8:30 - 11:30am Health Screenings 8:30 - 11:30am Refit® 10 - 11am

Calendar

Sunday, February 14 - Domingo, 14 de Febrero

- 1:00pm Reflexión del Evangelio (RICA)
1:00pm Dave Ramsey FPU

Monday, February 15 - Lunes, 15 de Febrero

- 8:00am Mass
5:30pm Marian Prayer Group
6:00pm Cub Scouts
7:00pm Boy Scouts

Tuesday, February 16 - Martes, 16 de Febrero

- 4:30pm Confessions
6:00pm Mass
7:00pm Boy Scout Committee Meeting
7:00pm Foundations for Living Stones
7:00pm Talleres de Oración y Vida
7:00pm The Power of Praying for your Adult Children

Wednesday, February 17 - Miércoles, 17 de Febrero

- 8:00am Mass
9:00am Legion of Mary
10:00am Mass at Foxwood Springs
10:00am Sing a New Song: Psalms in the Lectionary
6:00pm Cantor Practice
7:00pm Choir Practice (10:30 Group)
7:00pm Finance Committee
7:00pm K of C Officers Meeting
7:00pm Junior High Youth Group
7:00pm Laudato Si: Care for Our Common Home

Thursday, February 18 - Jueves, 18 de Febrero

- 8:00am Mass
9:30am Quilters
10:00am Laudato Si: Care for Our Common Home
6:00pm Harvesters
7:00pm RCIA/RICA

Friday, February 19 - Viernes, 19 de Febrero

- 8:00am Mass
5:00pm Fish Fry
6:00pm Stations of the Cross
7:00pm Via Crucis

Saturday, February 20 - Sábado, 20 de Febrero

- Parish Mission
3:00pm Confessions

Sunday, February 21 - Domingo, 21 de Febrero

- Parish Mission
9:00am Parents Lounge
9:00am PSR
11:00am Escuela de Religión
1:00pm Reflexión del Evangelio (RICA)
1:00pm Dave Ramsey FPU
1:00pm Search Team Meeting
7:00pm High School and Confirmation

Fish Fries

Our Knights of Columbus are hosting their famous fish fries again this Lenten season. Menu includes fried fish, baked fish, hush puppies, French fries, corn on the cob, garlic potatoes, coleslaw and meatless spaghetti. Desserts will be provided by our Ladies Auxiliary.

Prices are:

Adults (12 and older)	\$10.00
Seniors (55 and older)	\$ 9.00
Children (ages 5-11)	\$ 6.00
Family	\$34.00

(immediate family living under the same roof)

The fish fries will continue on Fridays, February 19 - March 18th from 5-7pm in the gym.

The Power of Praying for Your Adult Children, Part II

Our concern for our children does not go away when they reach adulthood - especially as the world becomes more confusing and challenging for all of us. In "The Power of Praying for Your Adult Children, Part II", we will find new ways to confidently lift these concerns up to God and find the peace we desire. This class is for new or returning parents. Tuesdays during Lent at 7pm. Contact Deacon Mike at the parish office to sign up.

Romero Celebration - March 13th - 12:30pm

On Sunday, March 13th our Salvadoran Community will host our parish's annual celebration in honor of Blessed Bishop Oscar Romero. Mass will begin at 12:30pm and Bishop Gregorio Rosa Chavez will celebrate the Mass.

Bishop Gregorio Rosa Chávez is the Auxiliary Bishop from San Salvador. Bishop Rosa Chávez feels a deep personal connection to Blessed Romero. Many see him as the carrier of Romero's torch of justice and peace. Bishop Rosa Chávez is profoundly connected to the struggles of his people. Bishop Rosa Chávez has been the guest speaker at the Romero Celebrations in Kansas City in 2008, 2010 and 2013. We are humbled that he accepted the invitation once again to join us on this 36th anniversary.

Blessed Óscar Arnulfo Romero (August 15, 1917 - March 24, 1980) was a prominent Roman Catholic priest in El Salvador during the 1960s and 1970s, becoming Archbishop of San Salvador in 1977. After witnessing numerous violations of human rights, he began to speak out on behalf of the poor and the victims of repression. This led to numerous conflicts, both with the government in El Salvador and within the Catholic Church. After speaking out against U.S. military support for the government of El Salvador, and calling for soldiers to disobey orders to fire on innocent civilians, Archbishop Romero was shot dead while celebrating Mass at the small chapel of the cancer hospital where he lived.

Parish Happenings and Information

Guidelines for Fast and Abstinence During Lent

Abstinence: Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. **Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence.**

Fast and Abstinence: In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18-59 years (inclusive). On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition. **Ash Wednesday and Good Friday are days of Fasting.**

Stations of the Cross

Stations of the Cross will be prayed on Fridays during Lent, February 12 - March 18th. They will be prayed in English at 6pm each Friday and in Spanish at 7pm. All parishioners are invited to attend.

Bilingual Story Time

The Belton Library is coming to St. Sabina the second Thursday of every month to present story time in English and Spanish for pre-school age children. Please plan on joining us on **March 10th** at 10am in the Juan Diego Room in the Education Wing.



Over 55

New Theater Restaurant

Our next visit to the New Theatre Restaurant will be to see the show Moon Over Buffalo, starring Marion Ross and Hal Linden. The show is on Thursday, April 21 at 6pm.

Tickets are \$49 each. If you would like to go please contact Bridget Hernandez in the parish office with the number of people going with you by Tuesday, March 15.



Our First Communicants received their first reconciliation on February 2. Thank you to the priests who helped with this sacrament!

Mass Intentions FOR THE WEEK



Intentions for February 15-19, 2016

Mon. 8am †Robert J Lewis
 Tues. 6pm †Ed Fleetwood
 Wed. 8am †Regina Matthews
 10am †Janis Nelson (Foxwood Springs)
 Thurs. 8am †Robert Wasleski
 Friday 8am †Fr John Wandless

Saturday, February 20, 2016

4:00pm †Larry Schmidt

Sunday, February 21, 2016

8:00am †Rita Miller
 10:30am Intentions of the Parish Families
 12:30pm Spanish †Maria de la Luz Chavez

Nursing Home Mass Schedule

Feb 17 10:00am Foxwood Springs
 Feb 24 11:00am Carnegie Village
 Mar 2 10:30am Beautiful Savior

Parkinson's Support Group

Beginning Wednesday, February 17th Carnegie Village will host a support group for those living with Parkinson's Disease. The group will meet every 3rd Wednesday of the month from 6-7pm. Please RSVP to 816-331-7848. This is open to the public and will include hosts from the aging and healthcare professions.

Anointing of the Sick

If you suffer from a chronic illness, the affect of advanced years or have an upcoming surgery and wish to receive the sacrament of Anointing of the Sick, please let Fr. Jeff or Fr. Curt know at the Mass you attend and they will be happy to celebrate the sacrament with you. If you have questions or would like to schedule it ahead of time, please call Marta Roper in the parish office at 816-979-3154 or marta@stsabinaparish.org

Mental Health Resource Numbers

NAMI - National Alliance on Mental Illness

816-931-0030 - Support. Education. Advocacy.

National Suicide Prevention Lifeline

1-800-273-TALK (8255) Available 24/7

ACI Mental Health Crisis Hotline

1-888-279-8188 - 24/7 Access, Multilingual

Prayer Requests/Peticiones de Oración

Diana Avery	Vernita Linenberger
Beverly Bell	Beverly Little
Pauline Bellm	Jo Locke
Sherrill Bentley	Gloria McLaughlin
John Bidondo	Leonard Meiron
Allie Biondo	Alice Miller
Richard Borris	Nadine Monnig
Gretchen Butler	Helen Muenks
Mark Butler	Ramona Neighbors
Tom Butler	Gary Palmer
Chlorine Bunch	Thelma Palmer
Georgene Caoile	George Panebianco
Marvin Cohen	Melinda Pickens
Joseph Coots	Philip Pilcher
Tyler Corlew	Deborah Pilcher
Donna Dailey	Rosanna Pilcher
Paul DeMar	Jason Pilcher
Frances DiGeorge	Joe Pusateri
Richard Estes	Mary Renfro
Butch Ford	Marjorie Rhodes
Pat Ford	Austin Richards
Emily Frezza	Msgr. William Schultz
Dick Garnier	Kathy Shields
Antonio Garcia	Patricia Smith
Laverne Harlow	Joe Stanley
Jason Hart	Noah Stanley
Jeanette Hart	Teresa Starks
Cherie Hatfield	Bill Sullivan
Bob Heffernan	Jean Tate
Pat Heffernan	Ruth Tayler
Bart Henke	Kaley Wagner
Mary Ellen Hermann	Bob Westfall
Richard Hondl	Mary Westfall
Lisa January	Carmitia Yust
Frances Jeffries	Berenice Zayas
Kelly Jordon	Pablo Zayas
Kelsey Krum	

From Death to New Life

De la Muerte a la Nueva Vida

†Sem. Wesley McKellar, seminarian of our diocese

†Maria de la Luz Chaves, mother of Mauro Hernandez

†Larry Schmidt, son of Rudy and Mary Margaret Schmidt

†Janis Nelson, daughter of Dick Anthony

†Robert Wasleski, brother of Steve Wasleski

†Ed Fleetwood, husband of Louise Fleetwood

†Virginia Matthews, mother of Laurie Sigman

†Roy Sportsman, father of Marc Sportsman, Patricia Blair, and Michel Sportsman

Join us during Lent for our Wednesday Mass at area senior centers and nursing homes. Your kind presence brings great happiness to those in long term care. Have question? Contact Marta in the parish office at 816-979-3154.

Happy Anniversary

Rudy and Mary Margaret Schmidt	60 Years!	02-18-1956
Joe and Rosemary Malena	58 Years!	02-15-1958
Gary and Kathy Griggs	37 Years!	02-17-1979
Mary and Michael Madrigal	36 Years!	02-15-1980
Joyce and Bernie Abrams	27 Years!	02-17-1989
Herman and Irma Escobar	19 Years!	02-19-1997
Jose and Maria Rodriguez	18 Years!	02-19-1998
Emilita and Charles Proctor	17 Years!	02-18-1999
Steve and Penny Hammack	16 Years!	02-14-2000
Glen and Krisla Peterman	16 Years!	02-19-2000
Rodrigo Espejel and Neria Sanchez	12 Years!	02-14-2004
Rene and Rosa Ramos	12 Years!	02-14-2004
Gustavo and Alejandra Olivas	10 Years!	02-17-2006
Wally and Cleo Srader	7 Years!	02-14-2009
Melinda and Dale Pickens	4 Years!	02-17-2012
Joy Banks-Wilson and Damion Wilson	3 Years!	02-16-2013

Sacred Heart Enthronement

As we continue the Jubilee Year of Mercy, our diocese is offering a new initiative where parishioners can consecrate their homes to the Sacred Heart of Jesus through Enthronement. This simple liturgical ceremony is an action that renews and rededicates the family to prayer and the practice of the works of mercy. If you are interested in learning more about this, the diocese is having a session entitled, How to Bring Sacred Heart Devotion to your Home and Parish, on Monday, February 22nd at the Cardinal Baum Room at the Catholic Center. Appetizers will be served at 6pm with dinner at 6:45pm. The presentation will begin at 7:15pm. To RSVP, please email family@diocesekcsj.org or call Kristen at 816-714-2373.

Diocesan Healing Prayer Services

The diocese continues to reach out to those impacted by abuse by offering healing services. The next service will be held at **St. James Parish, 309 South Stewart Road, Liberty, 64068 on Thursday April 21st at 7:00 p.m.**



Year of Mercy at St. Sabina

'I have decided to announce an

Extraordinary Jubilee which has at its centre the mercy of God. It will be a Holy Year of Mercy. We want to live in the light of the word of the Lord: "Be merciful, even as your Father is merciful" (cf. Lk 6:36).'

-Pope Francis

For more information on the Year of Mercy in our parish and diocese visit: stsabinaparish.org/year-of-mercy/.

happy birthday

Teodulo Aguilar, Matthew Anderson, Claudia Arreola, Wyatt Avila, Emmanuel Ayala, Jayden Baker, Barry Ballenger, Crystal Becerril, Abraham Benavides, Brandon Canchola, Obdulia Cano, Luis Castro, Brandon Cates, Ken Cooper, Tom Coovert, Jaziel Cruz, Gavin Darby, Richard Deschenes, Jose Esparza, Sara Estrella, Alexis Finley, Lindsay Ford, Heriberto Fuentes, Angelica Garcia, Janice Glendening, Maria Gonzalez, Stephanie Gonzalez, Michael Goswell, Austin Goulding, Ricky Granados, David Guardado, Daisy Guevara, Monica Guillermo, Sommer Gulick, Matthew Haefele, Nolan Harshbarger, Kevin Hernandez, Tim Hoffmann, Reggie Kelch, Lucy Kelsey, Bill Locke, Lynn Logan, Juan Lopez, Ellen Lovelace, Javen Mackey, Grace Mackinnon, Zach Magill, Chad McDaniel, Teresa McDonald, Betty McNally, James Meckstroth, Rogelio Mendiola, Michael Mize, Josephine Moore, Patricia Moore, Ann Morales, Kerry Morgan, Megan Murphy, José Nunez, Henry Pointer, Joe Pusateri, Leona Ragsdale, Alexander Ramirez, Mason Ripley, Evelin Rivas-Ramirez, Ramon de Jesus Rivera, Susan Rogers, Alice Roth, Alvaro Santillanes, Noah Schertz, Norm Stoddard, Sharon Stoverink, Carli Thurman, Jess Tollie, Emilia Valle, Venessa Villanueva, Betty Villegas, Rajenyor Viveros, Maribel Ward, Jessica Wink, Lori Woodfine, Angelie Yanez

Vocation Rosary with the Little Sisters of the Poor

As with all religious orders, it is essential that we spread the word of God through the extension of vocations to the Little Sisters of the Poor. Weekly the Little Sisters, residents and friends pray the rosary in the Jeanne Jugan Center Chapel. It is our hope that more women consider a life of religious devotion, through a commitment to the Mission of the Little Sisters of the Poor.

Please join us in prayer:

Every Wednesday, 4:45PM
The Jeanne Jugan Center
8745 James A. Reed Road
Kansas City, MO



School of Religion

Tour of the Church Night! This special evening is for our families preparing kids for the sacrament of First Communion. We will meet in the gym at 6:30pm and finish around 8:30pm on Tuesday, March 1st. Parents, please plan to stay with your child during this fun night and don't forget to bring a 10"x12" piece of felt, any color, with you for your child to make their banner.

Form for Communication with Minors Parents and guardians must now sign a form giving permission for St. Sabina staff, specifically the Youth Director, Kirstie Roberts to respond to text messages, emails and phone calls from the youth of the parish. These forms are available in the back of the church with the PSR registrations and in the Youth Office.

Youth Ministry

Junior High Overnight Sports Lock In! On February 20th we are packing up and heading to Legacy Park in Lee's Summit for an overnight of fun! There will be swimming, basketball, volleyball, racket ball, a movie room, game room and room for pizza and snacks. We will leave St. Sabina at 8pm on the 16th and go to St. Margaret's church for Mass and then head next door to begin the Lock In. We will return to St. Sabina at 6:30am on Sunday morning. The cost is \$20 per person. Boys are to bring a 2 liter of pop to share and girls are to bring a snack (chips or cookies) to share. You are welcome to bring a friend and everyone must have permission slips which are available in the Youth Office and on the parish website. If any parents can help with driving or chaperoning, please contact Kirstie Roberts, 816-979-3155.

Team Meetings for Search All Peer Ministers and Adult Team members of the Search Retreat are required to attend the following meetings to prepare for the Search Retreat. Each meeting is from 1-4pm in the Parish Hall, February 14, 21 and 28. If you have a conflict that interferes with any of these meetings, please contact Kirstie Roberts.

High School & Confirmation Youth Group to Comedy City! On February 21st our group is heading downtown for some laughs with the VERY funny folks at Comedy City. Admission to the show is \$10. We will leave St. Sabina at 5pm and return around 8:30pm. You must have a permission slip for this event. This is for St. Sabina youth group members only. We will need parent drivers. Please contact Kirstie Roberts to sign up and if your parent can help drive. Yes, parents, this is a family friendly show!

No PSR or Youth Group on February 14th. Have a wonderful weekend!

Children's Liturgy Sunday Children from our parish are invited to be Lectors, Ushers, Greeters and Gift Bearers at a Mass each month. Our next Mass date is Sunday, March 13th at the 10:30am Mass. Please contact Kirstie Roberts if your child would like to sign up for this ministry.

First Communion News! If you did not attend the meeting last month, please contact Kirstie Roberts to get your parent handbook and to receive information about the preparation process.

Donut Sunday! Please join us for doughnuts and orange juice on March 6th after the 8 and 10:30 Masses which will be hosted by the 4th grade class!

Junior High Youth! Our next meetings will be on February 17th and March 2nd from 7-8:30pm in the Parish Hall. We're looking forward to seeing you!

Confirmation Retreat! It's coming up soon on the weekend of March 4th, 5th and 6th. Watch your mailbox for important information. This retreat is mandatory for all confirmation candidates.

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

*Call the Missouri Child Abuse Hotline at 1.800.392.3738(if the victim is currently under the age of 18), and

*Contact your local law enforcement agency or call 911, and

*After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Kathleen Chastain at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM).

Stewardship

"He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the firstfruits of the products of the soil which you, O LORD, have given me.' And having set them before the Lord, your God, you shall bow down in his presence."

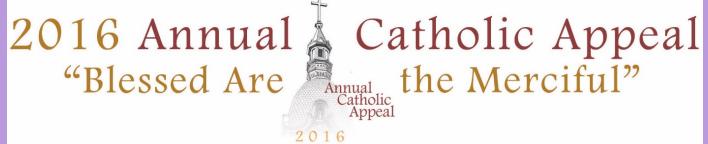
Deuteronomy 26: 8-10

Giving of first fruits is a way to acknowledge and honor God because it provides the Lord with His portion first, before any is used for one's self. That, of course, is an important aspect of stewardship, as challenging as that may be. Moses points out that it is more than giving first fruits, however. He recognizes that all comes from God, and we are called to return this first portion in thanksgiving for God's grace and love and blessings. Moses would also remind us that giving must come from the heart, with a true attitude of gratitude. It is part of the way we worship the Lord by being stewards of His gifts. — See more at www.catholicsteward.com/blog/

Stewardship of Treasure - February 14

Envelopes/Sobres:	\$13,989.22
Plate/Canasta:	\$ 894.43
Maintenance-Upkeep:	\$ 1,656.25

Pictured below are Elvira Melendez and Norberto Arellano who helped with the blessing of throats last weekend.



2016 Annual Catholic Appeal

Thanks to all who have contributed to the 2016 Annual Catholic Appeal. **As of January 25th 38 families from St. Sabina have contributed a total of \$5,745.00.** Please contribute generously to "Blessed Are the Merciful", the 2016 Annual Catholic Appeal (*in past years, the Bishop's Annual Appeal*) in support of parish and diocesan programs and ministries. Go on-line to www.kcsigives.org for more information or use the form available in the Catholic Key. To make a gift of appreciated stock, mutual fund shares or gifts of grain, call Greg Vranicar at 816.714.2363.

Hungering for Opportunity

Our journey with CRS Rice Bowl begins in Colombia, where coffee beans are changing lives! What actions can we take this Lent to change lives—at home and around the world? Visit crsricebowl.org for more.



Catholic Charities
Emergency Assistance Fund

Catholic Charities Emergency Assistance Fund

During this Jubilee Year, Catholics are called to remember and perform Corporal Works of Mercy. These include feeding the hungry, sheltering the homeless and giving alms to the poor. **The Catholic Charities Emergency Assistance Fund (CCEAF) special collection** is an opportunity to do so, by supporting our efforts to provide urgently needed food, rental and utility assistance to thousands of our brothers and sisters living in poverty throughout Northwest Missouri. CCEAF funds are distributed among nearly 40 parish-supported food pantries and emergency assistance sites in our diocese to help people with their most basic human needs.

Join us in showing others the mercy of God through this authentic act of love. **Please prayerfully consider making a gift to the CCEAF special collection on Saturday, February 20 or Sunday, February 21. Or, you can give a gift now at www.CatholicCharitiesGives.org.**

Reflection on the First Sunday in Lent, Year C

The season of Lent originally focused on immediate baptismal preparation of catechumens for full initiation at the Easter Vigil. When adult catechumens were few and infant baptisms became the norm, the Lenten focus shifted to the already baptized, and their need to deepen their conversion to Christ by means of penitential practices and devotions. Ashes, Stations of the Cross, fasting, abstinence, giving up things, doing without – were all intended to facilitate a deeper awareness of God and a continued conversion to Christ.

With Vatican II's restoration of the Rite of Christian Initiation of Adults, Lent's baptismal focus has resurfaced while the penitential focus has shifted towards doing things that manifest care and concern for others. The Lenten Sunday Lectionary readings help us pay attention to both aspects of this rich liturgical season.

The first Sunday of Lent always proclaims the temptation of Jesus according to the gospel for that particular liturgical year. This lectionary year C we proclaim the temptation narrative from Luke. It is appropriate that the first Sunday of Lent begin with the reality of temptation. Living out our baptismal call and promises is fraught with difficulties and temptations, posing significant challenges to living our faith lives properly or confessing our faith publically. Catechumens struggle with these same temptations as they seek to commit themselves completely to Christ.

The refrain from Responsorial Psalm 91 sets the Lenten theme by inviting us to call upon God to "Be with me Lord, when I am in trouble." If we are trying to be faithful to God's ways, we will encounter difficulty and temptations. Lent calls us to reaffirm who we are and what we are about in our baptismal journey of continual conversion into Christ. It challenges catechumens to focus on what is important on their pilgrimage to Christ. This Sunday's readings challenge us to affirm and confess what we believe, affirming our true identity as both baptized and soon to be baptized children of God.

The first reading from Deuteronomy invites the community to confess ritually all that the Lord has done, remembering and celebrating God's gracious actions, past and present. God has been with us in the past and continues to be our help and support in the present. The narrative creed proclaimed in this passage should be a model helping us remember and trust God's gracious love as we celebrate God's loving presence on our faith journey.

Paul's letter to the Romans affirms God's saving action in Christ, who breaks down boundaries between Greek and Jew and welcomes all to experience God's love and

salvation. We acknowledge God's love by drawing near to God's word, articulating it with our mouths as it dwells deeply in our hearts.

Luke's gospel proclaims that, like Jesus, being fully human means we are continually caught up in the temptation to use what we have for our own good and benefit, and not care for the good and benefit of others. It is the perennial temptation of the Garden of Eden, continually played out in our everyday lives. Jesus models our response to temptation by allowing the word of God to guide and direct his life, identity and mission. By affirming that only God can be trusted to give full meaning to our lives, Jesus relativizes the significance of goods, wealth and power. These things are to be used to help us draw closer to God and others, and not merely to satisfy our own desires.

Every day offers us another opportunity to counter the temptations that would lead us away from God. Lent focuses and highlights that struggle for us, inviting us to practice the spiritual disciplines of prayer, fasting and almsgiving as a way of managing that struggle, while drawing near to God's word and calling upon God for help and guidance. The Lenten season is the template for our continual conversion process of dying to self and rising to new life in Christ. This Lent, reflect on how you will make this process of conversion a reality in your life. What will you do to show care and concern for yourself and others? Happy Lenten Journeying to us all.



**Biagio Mazza,
Pastoral Associate**

Readings



Sunday, February 14, 2016

1st Reading: Deuteronomy 26:4-10
Psalm: Psalm 91:1-2, 10-11, 12-13, 14-15
(see 15b)

2nd Reading: Romans 10:8-13
Gospel: Luke 4:1-13

Sunday, February 21, 2016

1st Reading: Genesis 15:5-12, 17-18
Psalm: Psalm 27:1, 7-8, 8-9, 13-14 (1a)
2nd Reading: Philippians 3:17-4:1
Gospel: Luke 9:28b-36

Reflexión Sobre el Primer Domingo de la Cuaresma, Ciclo C

La Cuaresma se centró originalmente en la preparación inmediata del bautismo de los catecúmenos para la iniciación completa en la Vigilia de Pascua. Cuando los catecúmenos adultos fueron pocos y bautismos de niños se convirtieron en la norma, el foco de Cuaresma se cambió a los ya bautizados, y su necesidad de profundizar en su conversión a Cristo por medio de las prácticas penitenciales y devociones. Cenizas, El Vía Crucis, el ayuno, la abstinencia, el dejar algún vicio, el prescindir - todo eso fue con la intención de facilitar un conocimiento más profundo de Dios y una continua conversión a Cristo. Con la restauración del Rito de Iniciación Cristiana de Adultos del Vaticano II, el enfoque bautismal de la Cuaresma ha resurgido mientras que el enfoque penitencial se ha desplazado hacia hacer cosas que se manifiestan el cuidado y la preocupación por los demás. Las lecturas del Leccionario Cuaresmal nos ayudan a prestar atención a los dos aspectos de esta rica temporada litúrgica.

El primer Domingo de Cuaresma siempre proclama la tentación de Jesús según el Evangelio para ese año litúrgico particular. Este año del leccionario C proclamamos la narración de tentación de Lucas. Es adecuado que el primer Domingo de Cuaresma comienza con la realidad que es la tentación. Vivir nuestras llamadas y promesas bautismales está plagado de dificultades y tentaciones, lo que plantea desafíos significativos para vivir nuestra vida de fe correctamente o confesar nuestra fe públicamente.

Catecúmenos se debaten con esas mismas tentaciones en su intento de comprometerse por completo a Cristo.

El estribillo del Salmo responsorial 91 establece el tema de Cuaresma invitándonos a invocar a Dios "Está conmigo, Señor, en la tribulación." Si estamos tratando de ser fieles a

los costumbres de Dios, vamos a encontrar dificultades y tentaciones. La Cuaresma nos llama a reafirmar lo que somos y lo que somos en nuestro viaje bautismal de conversión continua a Cristo. Desafía a los catecúmenos para centrarse en lo que es importante en su peregrinación a Cristo. Las lecturas de este Domingo nos desafían a afirmar y a confesar lo que creemos, afirmando nuestra verdadera identidad como hijos de Dios tanto bautizados y próximamente de ser bautizados. La primera lectura del Deuteronomio invita a la comunidad a confesar ritualmente todo lo que el Señor ha hecho, recordando y celebrando sus acciones de gracia, pasado y presente. Dios ha estado con nosotros en el pasado y continúa ser nuestra ayuda y apoyo en el presente. El credo narrativo proclamado en este pasaje debe ser un modelo para ayudar a recordar y confiar en el amor misericordioso mientras celebramos la presencia amorosa de Dios en nuestro camino de fe.

La carta de Pablo a los Romanos afirma la acción salvadora de Dios en Cristo, que rompe las barreras entre el griego y Judío y da la bienvenida a todos a experimentar el amor y la salvación de Dios. Reconocemos el amor de Dios acercándonos a la palabra de Dios, articulándola con la boca, ya que habita profundamente en nuestros corazones.

El Evangelio de Lucas proclama que, como Jesús, el ser completamente humano significa que estamos atrapados continuamente en la tentación de utilizar lo que tenemos para nuestro propio bien y beneficio, sin preocuparnos por el bien y beneficio de los demás. Es la tentación perenne del Jardín del Edén, continuamente actuado en nuestra vida cotidiana. Jesús modela nuestra respuesta a la tentación al permitir que la

palabra de Dios le guie y dirige su vida, su identidad y su misión. Al afirmar que sólo se puede confiar en Dios para dar pleno sentido a nuestra vida, Jesús coloca a las posesiones, la riqueza y el poder en el punto de vista adecuado. Estas cosas se deben utilizar para ayudar a acercarnos más a Dios y a los demás, y no sólo para satisfacer nuestros propios deseos. Cada día nos ofrece una nueva oportunidad para contrarrestar las tentaciones que nos llevarían lejos de Dios. La Cuaresma enfoque en esa lucha, que nos invita a practicar las disciplinas espirituales de la oración, el ayuno y la limosna como una manera de manejar esa lucha, mientras nos acercamos a la palabra de Dios e invocamos a Dios para ayuda y orientación. La Cuaresma es la plantilla para nuestro proceso de conversión continua de morir a sí mismo y resucitarse a una nueva vida en Cristo. Esta Cuaresma, reflexione sobre cómo va a hacer este proceso de conversión una realidad en su vida. ¿Qué va a hacer para demostrar el cuidado y la



preocupación por uno mismo y por los demás?
Feliz Paso de Cuaresma a todos!

Biagio Mazza
Asociado
Pastoral

Lecturas



Lecturas del Domingo, 14 de Febrero

Primera Lectura: Deuteronomio 26:4-10

Salmo: Salmo 91:1-2, 10-11, 12-13, 14-15

Segunda Lectura: Romanos 10:8-13

Evangelio: Lucas 4:1-13

Lecturas del Domingo, 21 de Febrero

Primera Lectura: Génesis 15:5-12, 17-18

Salmo: Salmo 27:1, 7-8a, 8b-9abc, 13-14

Segunda Lectura: Filipenses 3:17-4:1

Evangelio: Lucas 9:28-36

Escuela de Religión

No habrán clases de Primer Comunión o de Jóvenes

El 14 de Febrero no tendremos clases de Primera Comunión, ni tendremos clases de jóvenes esa tarde.

Noticias de Primera Comunión!

Padres! Si usted no asistió a la reunión el mes pasado, por favor póngase en contacto con Kirstie Roberts para obtener su manual para los padres y para recibir información sobre el proceso de preparación.

Recorrido de la Iglesia! Esta noche especial es para nuestras familias quienes están preparando a sus niños para el sacramento de la Primera Comunión. Nos reuniremos en el gimnasio a las 6:30pm y terminaremos a las 8:30pm el Martes, 1 de Marzo. Padres, por favor planean quedarse con su hijo durante esta noche de diversión y no se olvide de traer un pedazo 10"x12" de fieltro, de cualquier color, para que su hijo pueda hacer su bandera.

Todas las personas que son voluntarios con los jóvenes o niños de nuestra parroquia deben atender a un taller llamado Protegiendo a los Niños de Dios, también necesitarán someterse a una verificación de antecedentes y deberán firmar la póliza sobre Éticas

Ministerio Juvenil

Noche de Padrinos de Confirmación Su siguiente noche de Padrinos de Confirmación será el Miércoles, 24 de Febrero de 7-8:30pm. Si tu padrino no puede asistir, todavía tienes que asistir. Esta junta es especial porque es parte de nuestra Misión Parroquial y asistiremos a la Misa juntos. También vamos a patrocinar una mesa de aperitivos calientes en el salón parroquial después de la Misa. Estoy pidiendo a todos en la clase que por favor traigan un aperitivo para compartir con nuestra familia parroquial después de la Misa. Dejenlos en el salón parroquial antes de la Misa. Por favor haga planes para quedar un poco más tarde de lo normal para ayudar a servir y limpiar. Si tienen alguna pregunta, por favor, comuníquese con Kirstie Roberts.

Noche de Deportes para los Jóvenes de Junior High! El 20 de Febrero haremos un viaje a Legacy Park en Lee's Summit para una noche de diversión! Habrá natación, baloncesto, voleibol, racket ball, una sala de cine, sala de juegos y sala de pizza y bocadillos. Saldremos de Santa Sabina a las 8pm el 20 de Febrero e iremos a la iglesia St. Margaret para la Misa esa noche y después iremos al parque Legacy que se encuentra al lado de la iglesia. Regresaremos a Santa Sabina el Domingo a las 6:30am. El costo por persona será \$20. Los muchachos deben traer dos litros de soda para compartir y las muchachas un bocadillo como chips o galletas para compartir.

Le invitamos a traer a un amigo, todas las personas que asistan deben tener una forma de permiso firmada por sus padres, estas formas se encuentran en la oficina y también en nuestra página web.

Grupo de Jóvenes de High School y Confirmación

Irá a Comedia City! El 21 de Febrero nuestro grupo se irá al centro de la ciudad para reír un poco con la gente MUY graciosa de Comedy City. La entrada al espectáculo es de \$10. Saldremos de Santa Sabina a las 5pm y regresaremos a las 8:30pm. Necesitas un permiso de tus padres para poder ir a este evento. Esto es sólo para los miembros del grupo de jóvenes de Sta. Sabina. Vamos a necesitar padres para manejar. Por favor, póngase en contacto con Kirstie Roberts para inscribirte o si tu padre puede manejar. Sí, padres, este es un espectáculo familiar!

Seguridad Infantil

La Diócesis de Kansas City-St. Joseph está comprometida a luchar contra el abuso sexual en la Iglesia. Si usted es víctima de abuso sexual, o si usted observa o sospecha de abuso sexual, por favor:

- 1) Llame a línea directa de Abuso Infantil en Missouri al 1.800.392.3738 (si la víctima tiene menos de 18 años de edad), y
- 2) Póngase en contacto con su departamento de policía local o llame al 911, y
- 3) Despues de informarle a las autoridades de la orden civil y de leyes, reporte el abuso sexual del menor o del adulto vulnerable al Defensor del Pueblo Diocesano, Jenifer Valenti, al 816.812.2500 o a su correo electrónico, jennifervalenti@att.net, si el abuso implica a un sacerdote, diácono, empleado o voluntario de la Diócesis de Kansas City-St. Joseph

La Diócesis tiene un sincero compromiso con los recursos del cuidado y la curación para las víctimas de abuso sexual y a sus familias. Por favor póngase en contacto con la Defensora de Victimas, Kathleen Chastain al 816.392.0011 o chastain@dioceskcsj.org para mas información.

permiso de tus padres para poder ir a este evento. Esto es sólo para los miembros del grupo de jóvenes de Sta. Sabina. Vamos a necesitar padres para manejar. Por favor, póngase en contacto con Kirstie Roberts para inscribirte o si tu padre puede manejar. Sí, padres, este es un espectáculo familiar!

Jóvenes de Junior High! Nuestras próximas reuniones serán el 17 de Febrero y el 2 de Marzo de las 7-8:30pm en el Salón Parroquial. Aquí los esperamos!

Retiro de Confirmación! Está llegando nuestro retiro el fin de semana del 4, 5, y 6 de Marzo. Chequen su buzón de correo para información importante. Este retiro es obligatorio para todos los candidatos de confirmación.

Información Parroquial

Talleres de Oración y Vida

Comienza el martes, 16 de febrero del 2016, de 7 a 9 de la noche en los cuartos de clases. Participantes aprenderán 14 diferentes maneras de orar.

10 Puntos Clave

- Basado en la Biblia
- Con Cristo como centro
- Fuente de Vocaciones Apostólicas
- Servicio excesivamente Laical
- Carácter totalmente práctico y experimental
- Actividad Orante paso a paso y adaptada a la persona
- Taller liberador y sanador a través del conocimiento de Dios y de uno mismo
- Transformación a la luz de la Palabra
- Compromiso con los pobres
- Promoción de los Valores del Evangelio

Los Talleres de Oración y Vida (TOV) son una nueva forma de Evangelización. Mas viva y con una visión mas positiva de lo que se ha

mostrado siempre. Es una cuento en Inglés y Español para presentación mas vibrante y activa niños en edad preescolar. Por favor de Jesús que posee una mayor adaptación a las necesidades de la sociedad actual y a lo que las personas realmente necesitan. Esta basada en el amor y lo que este es capaz de realizar, no en el temor ni en el castigo.

Por eso decimos con pleno convencimiento que los Talleres de Oración y Vida son una respuesta al mundo de hoy. El Taller es gratuito, solamente es el costo del material de \$12. No se requiere pre-registración, pero esto ayudara a saber la cantidad de material necesaria para todos los participantes. Favor de comunicarse con Arturo González al teléfono 817-807-0494 o al arturotovusa@hotmail.com. Para mas información acerca de los TOV, visite nuestro sitio de internet a www.tovpil.org

Cuentos Bilingües

La Biblioteca de Belton viene a Santa Sabina el segundo Jueves de cada mes para presentar la hora del

Marzo a las 10am en el Salón Juan Diego en el Área de Educación.

Después de la hora de cuentos bilingüe, se les invita a los padres y los niños a quedar por una hora de juegos, dando a los niños y a los padres una oportunidad para el compañerismo y la diversión.

Pueden traer un juguete para jugar se gusten. Tenga en cuenta que los padres deben permanecer con sus hijos, tanto para la hora del cuento y la hora del juego.

Comidas de Pescado

Ya viene la Cuaresma, lo que significa que empezarán las comidas de pescado los viernes.

Continuarán los Viernes de Cuaresma(19 de Feb-18 de Mar) desde las 5-7pm en el gimnasio.

Los precios son:

Adultos	\$ 10.00
Mayores	\$ 9.00
Niños	\$ 6.00
Familia	\$ 34.00

Información de la Zona

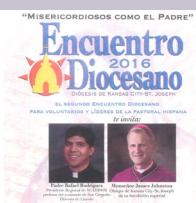
Alcohólicos Anónimos

El Grupo Fe y Decisión se reúne cada Lunes, Miércoles, y Viernes de 7:00pm-8:30pm en esta dirección: 708 Main St., Grandview, MO.

Para mas información, llame 816-721-0594 o 816-682-7210. Cree tener problemas con las bebidas alcohólicas? Venga, nosotros te podemos ayudar.

Encuentro Diocesano 2016

Le invitamos al Segundo Encuentro Diocesano para voluntarios y líderes del Ministerio Hispano el Sábado, 27 de Febrero del 2016, 8am-3pm en el Centro Católico. El día incluirá pláticas de liderazgo pastoral, almuerzo, materiales, convivio, oración y la Santa Misa. Padre Rafael Rodriguez, Presidente Regional de National Catholic Association of Diocesan Directors of Hispanic Ministry va a dar la presentación inaugural. Para registrarse, anote su nombre en el espacio de reunión o habla con Kris o Berenice, y favor de pagar \$20 antes del 17 de Febrero. Todos los miembros del coro, ministros de comunión, lectores, y los que ayudan en el Ministerio Hispano son bienvenidos a asistir.



Corresponsabilidad

Fondo de Asistencia de Emergencia de Caridades Católicas

Durante este año jubilar, los católicos estamos llamados a recordar y realizar Obras de Misericordia Corporales. Estos incluyen dar de comer al hambriento, dar techo y limosna a los pobres.

La colecta especial del Fondo de Asistencia de Emergencia de Caridades Católicas (CCEAF) es una oportunidad para hacer eso, apoyando a nuestros esfuerzos para proporcionar alimentos de urgencia, alquiler y asistencia de servicios públicos a miles de nuestros hermanos y hermanas que viven en la pobreza en todo el noroeste de Missouri. Fondos CCEAF se distribuyen cerca de 40 bancos de alimentos apoyados por parroquias y sitios de asistencia de emergencia en nuestra diócesis para ayudar a la gente con las necesidades humanas mas básicas.

Únase a nosotros en mostrar a otros la misericordia de Dios a través de este auténtico acto de amor. Por favor considere en oración hacer un regalo a la colecta especial CCEAF el Sábado 20 de Febrero o Domingo, 21 de Febrero. O, usted puede dar un regalo ahora en www.CatholicCharitiesGives.org.

Parroquia Católica de Santa Sabina

700 Trevis Ave. Belton, MO • www.stsabinaparish.org •
www.facebook.com/stsabinaparish • 816-331-4713



Horarios de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



En esta foto aparecen Iván Castillo, uno de nuestros Ministros Litúrgicos ayudando con la bendición de gargantas, y Florenci Trejo y Pastor Girón. recibiendo la bendición.

Horarios de Misa

Sábado: 4:00pm en Ingles
(Confesiones de 3:00pm - 3:30pm)

Domingo: 8:00am and 10:30am en Ingles,
12:30pm en Español

Visite nuestra página web para el horario de
Misas especiales y Días Santos

Pláticas

Pláticas Pre-bautismales - 12 de Marzo

Normalmente cada Segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial.

PRÓXIMOS BAUTISMOS: llamar Kris al 816-979-3151. Favor de llenar su aplicación antes de asistir a las pláticas. **No se ofrece cuidado de niños.**