

# Eucharistic Adoration

Eucharistic Adoration is a time of quiet prayer with Our Lord for adoration, for reparation for the sins of our world, and for “basking in the Son” to re-connect and re-charge spiritually. Adoration can also be a time of lifting up others as well as our own needs and intentions in prayer. In our busy, noisy world, having a quiet time with God scheduled in each month is such a blessing.

Eucharistic Adoration is held in the Day Chapel/Cry Room on the First Friday of each month, which is traditionally a day of reparation to the Sacred Heart of Jesus. Adoration begins with the 8am Mass, goes all day long, then ends at 8pm after Benediction. Anyone may come and spend special time with Our Lord anytime during this Adoration time. You are encouraged to come in some time and try it. If you would like to sign up to cover a specific hour, we have times available.

The goal is to have three people signed up for each hour so that we can be sure that Jesus has visitors all day long. To sign up, please call Paulette Samson at 816-423-3295.