

SAINT SABINA

Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday
Horario de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



700 Trevis Ave
Belton, MO 64012



816-331-4713



www.stsabina-parish.org



[/StSabinaParish](https://www.facebook.com/StSabinaParish)



[stsabina_belton](https://www.instagram.com/stsabina_belton)



Pictured Grand Knight, Larry Hart, accepts the Missouri Star Council Award from District Deputy Bill Remshak.

En la foto el Gran Caballero, Larry Hart, acepta el Premio del Consejo Estrella de Missouri de manos del Diputado de Distrito Bill Remshak.

Weekend Masses

Saturdays at 4:00pm (English)
Sundays at 8:00am and 10:30am (English)
Sundays at 12:30pm (Spanish)

Daily Masses (English)

Tuesdays at 11:00am
Wednesday-Friday at 8:00am

Confessions

Saturdays 3:00-3:30pm
Or by appointment

Eucharistic Adoration

First Fridays, 8:30am-8:00pm

Online Masses

Saturdays at 4pm & Sundays at 8am (Facebook-live)
Posted to website immediately after
Sundays at 12:30pm (Spanish-Facebook-live)
Posted to website immediately after

Misas Dominicales

Sábado a las 4:00pm (Inglés)
Domingo a las 8:00am y las 10:30am (Inglés)
Domingo a las 12:30pm (Español)

Misas Diarias (Inglés)

Martes a las 11:00am
Miércoles a Viernes a las 8:00am

Confesiones

Sábado de 3:00-3:30pm
O con cita

Adoración Eucarística

Primer Viernes del Mes, 8:30am-8:00pm

Misas en Línea

Sábado a las 4pm y Domingo a las 8am (inglés-Facebook)
Publicado en nuestro sitio web después
Domingo a las 12:30pm (español-Facebook)
Publicado en nuestro sitio web después

Fourth Sunday in Ordinary Time/Cuarto Domingo del Tiempo Ordinario

January 29, 2023



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Joe Crayon, Diocesan Ombudsman 816-812-2500
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Whitney True-Francis, Victim Advocate 816-392-0011
true.francis@diocesekcsj.org

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Ombudsman, Joe Crayon, at 816.812.2500 or crayon@ombudsmankcsj.org if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Whitney True-Francis, Victim Assistance Coordinator, at 816.392.0011 or true.francis@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsj catholic.org/the-office-of-child-and-youth-protection/>.

Mass Intentions for the Week Peticiones de la Semana

Intentions for January 31—February 3, 2023

Tues	No Mass	
Wed	8am	Open
Thur	8am	Open
Fri	8am	Open

Saturday, February 4, 2023

4:00pm †Doris Deschenes

Sunday, February 5, 2023

8:00am	†Efrain Pérez Peralta
10:30am	Intentions of Our Parish Family
12:30pm Spanish	†Ramona Jaimes García

Special Remembrances/Conmemoraciones Especiales:

†Rita Miller, †Joel Pérez, †Theo Suwito, †Griselda Gonzalez Sanchez, †Irene Varela, †Por todos los difuntos en la Familia Luna

From Death to New Life De la Muerte a la Nueva Vida

†Inocencia Morales, madre de Teresa Chavez

†Carmelo Martinez, abuelo de Marcial, Manuel, Marcos y Justina Trejo, y de José, Alfredo, Hugo y Jaime Martínez

†Martin Candia Hernandez, sobrino de Maria Candia

†Dan Litteken, nephew of Quin Henry

†Efrain Pérez Peralta, padre de Maribel Ward

†Juanita Oakley, mother of Jim Oakley

†Greg Kenyon, husband of Kathy Kenyon

†Joel Rodriguez Atemax, padre de Martina Arreola



Sunday, January 29 - Domingo, 29 de Enero

9:00am PSR/Parents Lounge
 9:00am RCIC Parent Meeting
 11:00am Escuela de Religión
 11:00am Ensayo del Coro Hispano

Monday, January 30 - Lunes, 30 de Enero

Church Closed for Repair—OFFICE OPEN
 Iglesia Cerrada para Reparaciones—OFICINA ABIERTA

4:00pm Uplift
 7:00pm Cub Scouts
 7:00pm Boy Scouts

Tuesday, January 31 - Martes, 31 de Enero

Church Closed for Repair—OFFICE OPEN
 Iglesia Cerrada para Reparaciones—OFICINA ABIERTA

1:30pm Blood Drive/Donación de Sangre

Wednesday, February 1 - Miércoles, 1 de Febrero

9:00am Legion of Mary
 6:30pm Parish Rosary
 7:00pm Choir Rehearsal (4:00 and 10:30 groups)
 7:00pm Junior High Youth Group
 7:00pm Knights Council Meeting

Thursday, February 2 - Jueves, 2 de Febrero

9:30am Piecemakers Quilt Group
 7:00pm RCIA/RICA

Friday, February 3 - Viernes, 3 de Febrero

8:30am Adoration/Adoración

Saturday, February 4 - Sábado, 4 de Febrero

3:00pm Confessions/Confesiones

Sunday, February 5 - Domingo, 5 de Febrero

9:00am Knights Exemplification
 9:00am PSR/Parents Lounge
 9:30am First Communion Parent Meeting
 11:00am Escuela de Religión
 11:00am Ensayo del Coro Hispano
 11:30am Reunión de Padres de Primeros Comulgantes

happy birthday

Heyden Bautista	Michel Michiels
Serena Bays	Alex Morataya
Beatriz Bravo	Jerry Morgan
Dixie Brewer	Courtney Morgan
Dave Campbell	Odalís Murcia
Constantino Cantú	Jerson Navarrete
Bayron Cedillo	Juana Negrete
Maricela Chavez	Jane Nouryeh
Barb Clary	Berenice Perez
Ariadne Coronado	Gabriel Pinon
Monte Crosby	Jakeline Pocasangre
Kimberly Cruz	Thelma Putnam
Margo Dellaguardia	Michelle Ragsdale
Paulo Fabian	Isidora Ramirez
Savannah Fuss	Joanna Ramirez
Carol Galant	Gerardo Reyes
Eduardo Galvez	Margarita Rocha
Luis Gomez	Margarita Rodelo
Kevin Gray	Teresa Rodriguez
Asbiel Gress	Manuel Rodriguez
Roman Harder	Edgar Rodriguez
Isabel Harshner	Brice Roseburrough
Guerrero Hinojos	Carlos Ruiz
Zulema Hinojos	Luz San German
Josh Hurtado	Daniel Schwarz
Melissa Kelch	Chuck Sellmeyer
Lillian Kopek	Jose Solis
Terri Krueger	Candelaria Soto Zubia
Joe Lewis	Jayden Sowers
Erika Lobo	Kayleigh Stoddard
Hugo Lopez	Juana Talamantes
Raul Lopez	Miguel Torres
Julio Madrid	Melody Valenzuela
Abril Madrid	Elena Valles
Tammy Madril	Dalilah Venzor
Brayan Mancia	Michael Vides
Adriel Martinez	Delia Villa
Emilio Mejia	Brad Votava
Jose Menjivar	Jose Zavala

Happy Anniversary

Marvin and Janice Glendening	52 Years!	1/30/1971
Mauro and Teresa Hernandez	39 Years!	1/29/1984
Myron and Diane Daldrup	31 Years!	2/1/1992
Jim and Shelly Porter	25 Years!	2/5/1998
Fabian and Yessenia Lopez	17 Years!	2/4/2006
Kurt and Bridget Lowther	16 Years!	2/3/2007
Felipe Cedillo and Doris Rodriguez	12 Years!	1/29/2011

Baptism Congratulations

Liian Afanyi Tawong, son of Victor Nforgwei and Lombe Ebong

Gianna Mae Van Brunt, daughter of Colin Van Brunt and Maegan Lambrecht



BLOOD DRIVE

Saint Sabina Catholic Church

Tuesday, January 31st

1:30 PM - 6:00 PM

Gym

700 Trevis Ave.

Book your appointment today at savealifenow.org/group, enter **Group Code: MA**. For additional details contact Michael Dailey at (816) 775-9480 or michaeldaily395@gmail.com.
Medical eligibility questions? Call 1.800.688.0900



877.468.6844 • savealifenow.org



Platicas Pre-Bautismales - 11 de Febrero

Normalmente cada segundo Sábado del mes de las 10am a la 1pm. (Sólo para niños de 0-6 años.) Salón Parroquial. Para niños mayores de 7 años requerirán una formación especial. **No se ofrece cuidado de niños.**

PRÓXIMOS BAUTISMOS: Llamar a Kris al 816-979-3151. Favor de llenar su aplicación para asistir a las platicas con anterioridad.



Thank you to Yennifer and Yocelin who helped translate for Homer Radford, of the Serra Club, at 12:30 Mass on January 15.

Gracias a Yennifer y Yocelin que ayudaron a traducir para Homer Radford, del Serra Club, en la Misa de las 12:30 el 15 de enero.

Wellness Center

Did You Know– Your brain is like a muscle and the best way to keep your brain sharp is to use it. When you don't challenge your brain, it can become less effective at remembering and recalling important information. Memory loss is a serious issue that becomes more common as you grow older. However, it doesn't need to control your life. In order to prevent, slow down, or even eliminate memory loss, you need to keep your brain alert and active. This is true for any age group. Here are some ways to keep your brain sharp.

1. **Learn new things**—One of the best ways to keep your brain sharp is to learn new things. Many memory related studies have indicated that learning and processing new information can actually be beneficial to overall memory function.
2. **Use your senses**—Don't shy away from using your senses. Touch, taste, smell, sight and hearing are all ways to keep your brain working well. Essentially, the more senses that your brain uses, the better. When you use a number of different senses at the same time, more parts of the brain are needed to retain the information.
3. **Eat well and exercise**—Diet and exercise can positively impact your body and mind and can improve your ability to retain information. A diet that is high in fish, beans, fruits and vegetables, and vitamin B is thought to reduce memory loss and even ward off serious degenerative brain diseases. Regular exercise is also important to your brain. Studies indicate that regular exercise three to four times a week can actually improve your memory due to increased oxygen and nutrient delivery throughout the body. Taking care of your body by walking, running, or another type of physical activity can keep your memory sharp and actually improve it.

It is important to keep your brain sharp, whatever age you are. Be sure to challenge your brain and focus on living a healthy lifestyle.



Nursing Home Mass Schedule

February 8	10:30am	Benton House
February 15	10:00am	Foxwood Springs
February 22	11:00am	Carnegie Village

The Sacrament of Anointing of the Sick

The Anointing of the Sick is the sacrament that is received by those who are ill or suffering. By the sacred anointing and the prayer of the priest, the whole Church commends those who are sick to Christ. The sick person receives the Holy Spirit's gifts of strength, faith, peace, and courage, and his or her suffering is united with the suffering of Christ for the building up of the Church (Catechism of the Catholic Church, CCC nos. 1520-23).

The Apostolic Constitution *Sacram unktionem infirmorum*, following upon the **Second Vatican Council**, established that henceforth, in the Roman Rite the following be observed: The sacrament of anointing of the Sick is given to those who are seriously ill by anointing them on the forehead and hands with duly blessed oil—pressed from olives or from other plants—saying, only once: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up. (CCC 1513).

Need to receive Anointing of the Sick?

If you suffer from a chronic illness, the affect of advanced years or have an upcoming surgery and wish to receive this sacrament, let Fr. Jeff know before the Mass you attend and he will be glad to anoint you after Mass. If you would like to schedule it in advance or make an appointment for a weekday, contact Kris Larkey at 816-979-3151.

Lista de Peticiones de Oración del Boletín

Los feligreses que están enfermos, o que tienen un ser querido que está enfermo, pueden solicitar que se recuerde a la persona en la lista de Peticiones de Oración publicada en nuestro boletín. Los nombres permanecerán en la lista durante dos meses, pero se pueden volver a agregar si se solicita. Recuerde que la persona debe dar permiso antes de que se pueda publicar el nombre. Para agregar o eliminar un nombre de la lista, comuníquese con la oficina parroquial al 816-331-4713.

El Sacramento de la Unción de los Enfermos

La Unción de los Enfermos es el sacramento que reciben los enfermos o los que sufren. Por la sagrada unción y la oración del sacerdote, toda la Iglesia encomienda a Cristo a los enfermos. El enfermo recibe los dones del Espíritu Santo de fuerza, fe, paz y valentía, y su sufrimiento se une al sufrimiento de Cristo para la edificación de la Iglesia (El Catecismo de la Iglesia Católica, 1520-23).

¿Necesita Recibir la Unción de los Enfermos?

Si padece una enfermedad crónica, los afectos de la edad avanzada o tiene una cirugía próxima y desea recibir este sacramento, déjele saber al P. Jeff antes de la Misa a la que asistirá y con gusto le ungirá después de la Misa. Si desea programarlo con anticipación o hacer una cita para un día entre semana, comuníquese con Kris Larkey en la oficina parroquial al 816-979-3151.



Prayer Requests/Peticiones de Oración

Tomas Alcantara
Dick Armstrong
Steve Ayers
Mary Bardwell
Bill Beaver
Emma Beaver
Beverly Bell
Dennis Berg
Jean Berg

Marion Biondo
Mary Pat Biondo
Betty Bremenkamp
John Bremenkamp
Veronica Burks
Leona Bybee
Joyce Callahan
Pat Carr
Par Castaneda
Jeremy Cikan
Steve Circo
Georgiana Cobb
Lena Collins
Bob Coomer
Marianne Crooks
Mike Curtis
Donna Dailey
Jack Davis
Harold Dawes
Jeannine Edmonds
Terry Eppert
Gracelyn Fenwick

Mary Jo Fischer
Larry Foster
John Frezza
Daniel Haake
Ginny Hainey
Keith Hall
Diane Hansen
Cherie Hatfield
Jack Henningsen
Marilyn Henningsen
Jennifer Henke
Rhonda Henke
Santa Ibarra
Bob Kottenbrock
Susan Lager
Winnie Mayerchack
Terry McDaniel
Gene McEwen
Luis Adolfo Medrano Garcia
Nancy Meiron
Jesús Miranda Félix
Norabel Molina

Jack Obermeier
Jennifer O'Reilly
Ron Parker
Lois Pusateri
Abigail Ragsdale
Larry Rhodes
Erika Rimmer
Agustin Rivera
Alfonso Rivera
Anna Ryan
Larry Scali
Mary Margaret Schmidt
Rudy Schmidt
Deryl Sellmeyer
Mary Spear
Dani Stinger
Rosario Angelica Valdez
Valerie Verhaalen
Helen Vonderohe
Donna West
Ron West
Mary Wickstrum



Beginning today and continuing for the next four Sundays, we proclaim select passages from Matthew's Sermon on the Mount. This year, the Seventh Sunday in Ordinary Time, the Sunday just before Ash Wednesday, concludes the Sermon readings with Jesus' expansion and intensification of the Torah regulations. Jesus concludes by challenging all his disciples to be "perfect just as your heavenly father is perfect." **Reading the entire Sermon on the Mount, Matthew chapters 5-7, as we go through these four Sundays would be an excellent way to immerse oneself into some of Jesus' most significant teachings.**

Today's gospel begins the Sermon with "The Beatitudes." Matthew, writing for a primarily Jewish audience, pictures Jesus as the new Moses who goes up a mountain, sits down in the style of a teacher, and begins to dispense God's wisdom to his disciples. **The Beatitudes are not new teachings for they flow completely out of the Wisdom tradition of Israel. Jesus knew his Jewish traditions and Scriptures well.** He was able to call upon them in guiding the life style and values of his own disciples.

**Blessed are the poor in spirit,
for theirs is the kingdom of heaven."**
— Matthew 5:3

The Beatitudes reflect the wisdom that comes from taking on the perspective of God. Jesus challenges his followers not to be fooled by the values and standards that the world sets, but rather to seek and learn God's values and standards. **The wisdom of the Beatitudes undermines and actually reverses all that the world considers honorable, blessed, or the source of happiness.** "Blessed," the word used in most translations can also be translated as "happy" or "honored." **The Beatitudes contain the attitudes, values and perspectives that will lead to true happiness, in contrast to the kind of happiness that the world envisions.**

The second reading from Paul's first letter to the Corinthians picks up on this reversal of values. Paul asserts that God purposely chooses the "foolish of the world to shame the wise...the weak of the world to shame the strong...those who count for nothing, to reduce to nothing those who are something, so that no human being might boast before God." **A strong, developed sense of humility is the key requirement for any disciple.** Why? So that we can focus not on ourselves but on the Lord. **Paul sums up by saying "Whoever boasts, should boast in the Lord," and not in themselves or what they possess.**

The heart of the Beatitudes lies in the refrain used for today's responsorial Psalm 146, "Blessed are the poor in spirit, the kingdom of heaven is theirs." The poor in spirit are those who, rich, poor or

otherwise, place their trust, confidence, reliance and hope on God and not on themselves or others. This perspective allows them to weather whatever trials and difficulties that come their way, for they know that God is their true wealth, shelter and shield. **The psalm verses powerfully proclaim that God is always attuned to the needs of the poor, the weak, the stranger, or anyone else who seek and place their trust in the Lord.** These are the humble of the world, whose attitude evokes a compassionate and loving response from God.

Zephaniah in the first reading counsels his people who have strayed from covenant justice and promises to turn to the Lord in humility, and not in arrogance. The Lord affirms Zephaniah's message by changing his "perhaps" God will relent, to a definite affirmation by God that humility will lead to a restoration of a remnant of the people who will learn what it means to be "poor in spirit."

As we begin this four-Sunday exploration of the Sermon on the Mount, reflect on how you cultivate a sense of humility, of being "poor in spirit," by placing all your trust, hope and confidence in the faithful Lord who never gives up on us. Strive to read and reflect on Jesus' Sermon in Matthew's gospel and recommit yourself to taking on God's values and perspective. If we all begin to do so, we can be certain that "the kingdom of heaven" will be ours.

Biagio Mazza
Pastoral Associate

Readings



Sunday, January 29

1st Reading: Zephaniah 2:3; 3:12-13
Psalm: Psalm 146:6-7, 8-9, 9-10 (Mt 5:3)
2nd Reading: 1 Corinthians 1:26-31
Gospel: Matthew 5:1-12a

Sunday, February 5

1st Reading: Isaiah 58:7-10
Psalm: Psalm 112:4-5, 6-7, 8-9 (4a)
2nd Reading: 1 Corinthians 2:1-5
Gospel: Matthew 5:13-16

Comenzando hoy, y continuando para los cuatro domingos siguientes, proclamamos pasajes selectos del Sermón del Monte de Mateo. Este año, el Séptimo Domingo del Tiempo Ordinario, el domingo justo antes del Miércoles de Ceniza, concluye las lecturas del Sermón con la expansión e intensificación de Jesús de las normas de la Torá. Jesús concluye desafiando a todos sus discípulos a ser "perfectos, como su Padre celestial es perfecto". **Leer todo el Sermón del Monte, Mateo capítulos 5-7, mientras pasamos por estos cinco domingos sería una excelente manera de sumergirse en algunas de las enseñanzas más significativas de Jesús.**



El evangelio de hoy comienza el Sermón con "Las Bienaventuranzas". Mateo, escribiendo para una audiencia principalmente judía, representa a Jesús como el nuevo Moisés que sube una montaña, se sienta al estilo de un maestro y comienza a dispensar la sabiduría de Dios a sus discípulos. **Las Bienaventuranzas no son nuevas enseñanzas porque fluyen completamente de la tradición de Sabiduría de Israel.** Jesús conocía bien sus tradiciones y escrituras judías. Él fue capaz de utilizarlos para guiar el estilo de vida y los valores de sus propios discípulos.

Las Bienaventuranzas reflejan la sabiduría que proviene de asumir la perspectiva de Dios. Jesús desafiaba a sus seguidores a no dejarse engañar por los valores y estándares que el mundo establece, sino más bien a buscar y aprender los valores y estándares de Dios. **La sabiduría de las bienaventuranzas socava y realmente revierte todo lo que el mundo considera honorable, bendito o la fuente de la felicidad.** "Bienaventurado", la palabra usada en la mayoría de las traducciones, se puede traducir también como "feliz", o "honrado". **Las bienaventuranzas contienen las actitudes, los valores y las perspectivas que resultarán a la verdadera felicidad, en contraste con la clase de felicidad que el mundo prevé.**

La segunda lectura de la primera carta de Pablo a los Corintios retoma esta inversión de valores. Pablo afirma que Dios elige deliberadamente a los "ignorantes de este mundo para humillar a los sabios ... a los débiles del mundo, para avergonzar a los fuertes ... a los que no valen nada, para reducir a la nada a los que vale; de manera que nadie pueda presumir delante de Dios". **Un fuerte sentido desarrollado de la humildad es el requisito clave para cualquier discípulo.** ¿Por qué? Para que no nos concentremos en nosotros mismos, sino en el Señor. **Pablo resume: "El que se gloria, que se gloríe en el Señor", y no en sí mismos ni en lo que poseen.**

El corazón de las Bienaventuranzas se encuentra en el refrán usado para el Salmo 146 de hoy: "Dichosos los pobres de espíritu, porque de ellos es el Reino de los cielos". Los pobres en espíritu son aquellos que, ricos, pobres o de otra manera, confíen y esperen en Dios y no en sí mismos o en los demás. Esta perspectiva les permite soportar las pruebas y dificultades que surgen, porque saben que Dios es su verdadera riqueza, refugio y escudo. **Los versos del salmo proclaman poderosamente que Dios siempre está en sintonía con las necesidades de los pobres, de los débiles, de los forasteros, o de cualquier otra persona que busque y deposite su confianza en el Señor.** Estos son los humildes del mundo, cuya actitud evoca una respuesta compasiva y amorosa de parte de Dios.

Sofonías en la primera lectura aconseja a su pueblo que se ha desviado de la justicia y las promesas del pacto, para volverse al Señor en humildad y no en arrogancia. El Señor afirma el mensaje de Sofonías al cambiar su "tal vez" Dios se arrepiente, a una afirmación definida por Dios que la humildad llevará a la restauración de un remanente de la gente quien aprenderá lo que significa ser "pobre de espíritu".

Lecturas



Domingo, 29 de Enero

Primera Lectura: Sofonías 2:3; 3:12-13
Salmo: Salmo 146 (145):7, 8-9a, 9bc-10
Segunda Lectura: 1 Corintios 1:26-31
Evangelio: Mateo 5:1-12a

Domingo, 5 de Febrero

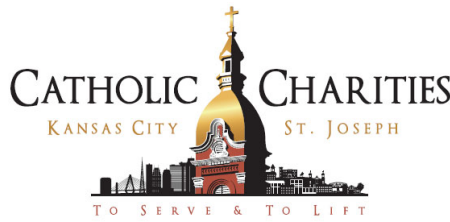
Primera Lectura: Isaías 58:7-10
Salmo: Salmo 111:4-5, 6-7, 8a y 9
Segunda Lectura: 1 Corintios 2:1-5
Evangelio: Mateo 5:13-16

Al comenzar esta extensa exploración del Sermón del Monte, reflexione sobre cómo cultiva un sentido de humildad, de ser "pobre de espíritu", poniendo toda su confianza y esperanza en el Señor fiel que nunca se rinde a nosotros. Esfuércese a leer y reflexionar sobre el Sermón de Jesús en el evangelio de Mateo y comprométase nuevamente a asumir los valores y la perspectiva de Dios. Si todos comenzamos a hacerlo, podemos estar seguros de que "el Reino de los cielos" será nuestro.

Biagio Mazza
Asociado Pastoral

In God's Image-A Respect Life Column On Protecting the Unborn

Adoption is a very loving option that gives hope to a birthmother and a life she dreams of for her child. For an adoptive couple, it is the opportunity to expand or create their forever family. Catholic Charities in Missouri has been caring for children and families for over 140 years. To learn more about their adoption services, check out their diocesan website: <https://catholiccharities-kcsj.org/adoption-services/> or call 816-659-8235.



Highlights from the article, "**8 Ways to Involve Young Children in Pro-Life Ministry**" by Clara at Holy Heroes:

- Spiritually adopt a baby using Venerable Fulton Sheen's beautiful prayer.
- Read books to your children or grandchildren that celebrate life!
- Send cards to a nursing home (or homebound parishioners).
- Donate clothes and toys to a crisis pregnancy center.
- Together pray for the protection of life.

Why is 15 weeks of gestation the focus of Dobbs?

Thanks to new technology, the humanity of a 15-week-old child in the womb is undeniable.

- Modern science has shown us that a 15-week child has fully formed noses, lips, eyelids and eyebrows, and can suck their thumb.
- An unborn child has a beating heart, can move around in the womb, can close his or her fingers, and senses stimulation from outside the womb.
- The Charlotte Lozier Institute found "a comprehensive review of the scientific literature including neural development, psychology of pain sensation, and moral implications of fetal pain, concludes that unborn babies may experience pain as early as 12 weeks."
- With proper care, extremely preterm infants are surviving at earlier ages than ever before. Ages of survival have dropped from 28 weeks to now less than 22 weeks.
- Abortion carries **significant physical and psychological risks to the mother**, and these risks increase with late abortions.

Today, the United States is **one of only seven** countries, including China and North Korea, that allows late term elective abortion. The Charlotte Lozier Institute found that 47 out of 50 European countries either do not allow elective abortion (8) or limit elective abortion to 15 weeks or earlier (39).

A Imagen de Dios-Una Columna de Respeto a la Vida Sobre Protegiendo a los No Nacidos

La adopción es una opción muy amorosa que da esperanza a una madre biológica y una vida que sueña para su hijo. Para una pareja adoptiva, es la oportunidad de expandir o crear su familia para siempre. Caridades Católicas en Missouri ha estado cuidando a niños y familias por más de 140 años. Para obtener más información sobre sus servicios de adopción, consulte su sitio web diocesano: <https://catholiccharities-kcsj.org/adoption-services/> o llame al 816-659-8235.

Aspectos destacados del artículo, "**8 Ways to Involve Young Children in Pro-Life Ministry**" por Clara de Holy Heroes:

- Adopte espiritualmente a un bebé usando la hermosa oración del Venerable Fulton Sheen.
- ¡Léales a tus hijos o nietos libros que celebren la vida!
- Envíe tarjetas a un asilo de ancianos (o feligreses confinados en sus hogares).
- Done ropa y juguetes a un centro de embarazo en crisis.
- Juntos recen por la protección de la vida.

¿Por qué las 15 semanas de gestación son el foco de Dobbs? Gracias a la nueva tecnología, la humanidad de un niño de 15 semanas en el útero es innegable.

- La ciencia moderna nos ha demostrado que un niño de 15 semanas tiene la nariz, los labios, los párpados y las cejas completamente formados, y puede chuparse el dedo.
- Un niño por nacer tiene un corazón que late, puede moverse en el útero, puede cerrar los dedos y siente la estimulación desde fuera del útero.
- El Instituto Charlotte Lozier encontró que "una revisión exhaustiva de la literatura científica que incluye el desarrollo neuronal, la psicología de la sensación de dolor y las implicaciones morales del dolor fetal, concluye que los bebés por nacer pueden experimentar dolor a partir de las 12 semanas".
- Con el cuidado adecuado, los bebés extremadamente prematuros sobreviven a edades más tempranas que nunca. Las edades de supervivencia se han reducido de 28 semanas a menos de 22 semanas.
- El aborto conlleva **grandes riesgos físicos y psicológicos para la madre**, y estos riesgos aumentan con los abortos tardíos.

Hoy, Estados Unidos es **uno de solo siete** países, incluidos China y Corea del Norte, que permite el aborto electivo tardío. El Instituto Charlotte Lozier descubrió que 47 de 50 países europeos no permiten el aborto electivo (8) o limitan el aborto electivo a 15 semanas o antes (39).

Driving Through our Parking Lots

Please remember to drive at a safe speed through our parish parking lots. We have parishioners of all ages and walking abilities, from the young to the elderly, that walk through our lots on their way to Masses, our Parish School of Religion, and other events.



Have You Considered a Vocation to the Priesthood?

Vocation Discernment Nights

Every second Tuesday of the month, January - May, at 6:30pm, the diocesan Vocations Office hosts a monthly Discernment Night at Our Lady of Good Counsel Parish. These nights have a standing open invite to men who wish to discern their vocation from the Lord and would like the fraternity and prayers of their brothers to help them do so. The nights begin with Eucharist Adoration and prayer, followed by dinner and fraternal community with those present. These nights are meant to build fraternity, faith, and aid in discernment. If you are interested in attending and discerning, or have other questions, please contact Fr. Nathan Rueb, Vocations Director, at rueb@diocesekcsj.org or the Vocations Office Manager, Katie Lucas, at lucas@diocesekcsj.org.

Vocation Come and See Dinners:

Throughout the year, the Vocations Office hosts Vocation Come-and-See Dinners at various parishes throughout the diocese. These informal, no-pressure evenings are meant to be an opportunity for men to prayerfully discern their vocation and receive resources and guidance to help in that discernment. The evenings typically begin with the celebration of the Mass, followed by dinner and fraternal community. Priests from nearby deaneries will be in attendance, and all those present will be able to ask the clergy questions on discernment, vocations, seminary, priesthood, faith, and relationship with our Lord. The schedule is as follows:

Time: 6 PM

Visitation Parish - February 15, 2023

Want to attend a dinner? Contact Katie Lucas lucas@diocesekcsj.org to RSVP.



Msgr. Adolfo Valdivia-Aguirre, of Unbound, speaks to the children at 12:30 Mass last Sunday.

Mons. Adolfo Valdivia-Aguirre, de Unbound, les habla a los niños en la misa de las 12:30 el domingo pasado.

Conduciendo en Nuestros Estacionamientos

Recuerde conducir a una velocidad segura a través de los estacionamientos de nuestra parroquia. Tenemos feligreses de todas las edades y habilidades, desde jóvenes hasta ancianos, que caminan por nuestros estacionamientos en su camino a Misa, nuestra Escuela Parroquial de Religión y otros eventos.

Comidas de Pescado

Durante la Cuaresma los Caballeros de Colón proveerán sus comidas de pescado de nuevo. Las comidas serán cada viernes a partir del 24 de febrero hasta el 31 de marzo, de 5-7pm. Por favor acompañennos después de la cena en la iglesia para rezar el Viacrucis. Los precios son los siguientes:



Adulto	\$16
Niño (5-11)	\$ 7
Mayores (65+)	\$15
Caja para Llevar	\$12

LENTEN FISH FRIES FRIDAYS*, 5-7PM

*FEBRUARY 24-MARCH 31

MENU: FRIED FISH, BAKED FISH, HUSH PUPPIES, FRENCH FRIES, GARLIC POTATOES, GREEN BEANS, SPAGHETTI, COLESLAW, BREAD, DESSERT AND BEVERAGE

ADULT.....	\$16
CHILD (5-11).....	\$ 7
SENIOR (65+).....	\$15
TO-GO BOX.....	\$12

PLEASE JOIN US FOR STATIONS OF THE CROSS IN THE CHURCH AT 6:30PM.



St. Sabina Parish Gym
700 Trevis Ave
Belton, MO 64012

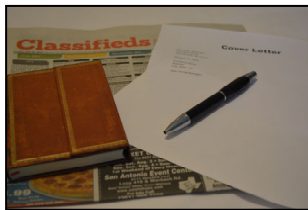
This Week's Do You Know Video:



On March 19, 2022, Pope Francis issued one of the most important documents of his pontificate, the Apostolic Constitution, *Predicate Evangelium*, Preach the Gospel. The document had been in process since Pope Francis took office in 2013, whose intent was to reform the Vatican structure so that it conforms to the expansive and inclusive Vatican II vision of church. Among the many reforms legislated in the document, the most important lies in the Pope severing the bond between ordination and governance. No longer are Vatican leadership, departments and decision making restricted only to the ordained. Rather Vatican church governance is open to any qualified person whom the pope chooses, regardless of status or gender, allowing lay men and women to play a significant role in Vatican church governance. Make time to view this week's DYK video and learn how this document is thoroughly in line with the Vatican II vision of church and with the synodal process of walking together as the whole people of God.

Career Roundtable Job Club

The Catholic Career Roundtable (CCR) job club hosts weekly workshops on Saturdays from 8:30 AM to 9:30 AM at Good Shepherd Catholic Church, 12800 W. 75th St. in Shawnee, Kansas. This is an informal meeting to help and support people in their searches for meaningful work. In these workshops, attendees discuss the fundamentals of transitioning to new careers and techniques to find new jobs in today's business climate. For more information, send an email to: catholiccareerroundtablekc@gmail.com, or call Sam Incorvia 913-669-7386. Our website, www.catholiccareerroundtable.com, will have updated information.



Rosary for Raheem Taylor

Despite new evidence that could prove his innocence, Raheem Taylor has been scheduled to be executed on Tuesday, February 7, 2023 at 6pm. Should the state follow through on this execution, we will pray a rosary for Raheem at the hour of his death beginning at 5:45 pm. The rosary will be repeated in Spanish at 7pm. All are invited in joining us.

In Pope Francis' 2020 encyclical, *Fratelli Tutti*, he states "Let us keep in mind that 'not even a murderer loses his personal dignity, and God himself pledges to guarantee this'. The firm rejection of the death penalty shows to what extent it is possible to recognize the inalienable dignity of every human being and to accept that he or she has a place in this universe. If I do not deny that dignity to the worst of criminals, I will not deny it to anyone. I will give everyone the



possibility of sharing this planet with me, despite all our differences." Please consider calling Governor Parson to ask him to grant Raheem clemency and protect his personal dignity.

Governor Parson Contact Information:

Phone: (573) 751-3222, Fax: (573) 751-1495

Email: <https://governor.mo.gov/contact-us>

Address: Office of Governor Michael L. Parson. P.O. Box 720.
Jefferson City, MO 65102

Learn more about Raheem's case and sign the petition for clemency at madpmo.org.

Rosario por Raheem Taylor

A pesar de nuevas pruebas que podrían probar su inocencia, la ejecución de Raheem Taylor está programada para el martes 7 de febrero de 2023 a las 6:00pm. Si el estado continúa con esta ejecución, rezaremos un rosario por Raheem a la hora de su muerte a partir de las 5:45pm. El rosario se repetirá en español a las 7pm. Todos están invitados a acompañarnos.

En la encíclica del Papa Francisco del 2020, *Fratelli Tutti*, afirma: "Recordemos que «ni siquiera el homicida pierde su dignidad personal y Dios mismo se compromete a garantizar esto». El firme rechazo de la pena de muerte muestra hasta qué punto es posible reconocer la inalienable dignidad de todo ser humano y aceptar que tenga un lugar en este universo. Ya que, si no se lo niego al peor de los criminales, no se lo negaré a nadie, daré a todos la posibilidad de compartir conmigo este planeta a pesar de lo que pueda separarnos". Considere llamar al gobernador Parson para pedirle que conceda clemencia a Raheem y proteja su dignidad personal.

Información de contacto del gobernador Parson:

Teléfono: (573) 751-3222, Fax: (573) 751-1495

Correo electrónico: <https://governor.mo.gov/contact-us>

Dirección: Office of Governor Michael L. Parson. P.O. Box 720.
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*Drink tickets available by donation
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Save the Date!
¡Guarda la Fecha!

Friday,
April 28, 2023

Spring Parish
Dinner and Auction



"He began to teach them, saying: 'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted."

Matthew 5:2-4

In His Sermon on the Mount Jesus gives a more accurate perspective of Who He is. He begins what we call the Beatitudes (the word means "blessings") with "Blessed are the poor in spirit, for theirs is the kingdom of heaven." In a sense we are all "poor in spirit." Without the guidance and strength provided us by the Lord there is no way we can escape this poverty of spirit, of spirituality, if you will. That is why we often say that living God-centered lives is at the very core of stewardship. Being a disciple of Christ translates into being a steward of our many gifts and blessings. Some scholars believe that Jesus may have given this sermon often during His ministry. Those who followed Jesus and became the earliest Christians, the first members of the Church, were fond of quoting and referring to what the Lord said on this occasion. As stated, Jesus provides us with the secret of living a good life. If we rely on Him and follow Him, we will be blessed.

— See more at www.catholicsteward.com/blog/.

"Enseguida comenzó a enseñarles, hablándoles así: 'Dichosos los pobres de espíritu, porque de ellos es el Reino de los cielos. Dichosos los que lloran, porque serán consolados'."

Mateo 5:2-4

En Su Sermón del Monte, Jesús da una perspectiva más precisa de Quién es Él. Comienza lo que llamamos las Bienaventuranzas (la palabra significa "bendiciones") con "Dichosos los pobres en espíritu, porque de ellos es el reino de los cielos". En cierto sentido, todos somos "pobres de espíritu". Sin la guía y la fuerza que nos da el Señor, no hay forma de que podamos escapar de esta pobreza de espíritu, de espiritualidad, por así decirlo. Es por eso que a menudo decimos que vivir vidas centradas en Dios es el mismo corazón de la corresponsabilidad. Ser un discípulo de Cristo se traduce en ser un corresponsable de nuestros muchos dones y bendiciones. Algunos eruditos creen que Jesús pudo haber dado este sermón a menudo durante su ministerio. A los que siguieron a Jesús y se convirtieron en los primeros cristianos, en los primeros miembros de la Iglesia, les gustaba citar y referirse a lo que dijo el Señor en esta ocasión. Como se dijo, Jesús nos proporciona el secreto para vivir una buena vida. Si confiamos en Él y lo seguimos, seremos bendecidos.

— Vea mas en www.catholicsteward.com/blog/.

Online Giving

St. Sabina offers an online giving option for parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: scan the QR Code or go to our parish website at www.stsabina.org and click the "Online Giving" button in the top right section. This will open a new window through our secure third party website.



Contributions for the Week of January 15

Envelopes/Sobres:	\$11,072.00
Weekly Plate:	\$ 1,098.00
Maintenance-Upkeep:	\$ 1,623.50
Catholic Home Mission:	\$ 1,342.00

Gifts of Securities, Art, Collections

You can avoid excess taxes by giving certain appreciated securities, art, coin/stamp collections to St. Sabina Parish. This is a very attractive and substantial way to make a memorial gift. Please contact Kris at kris@stsabinaparish.org for more information.

Green Team Tip of the Week

To help keep waterways clean and safe from pollutants, take steps such as using biodegradable detergents at home and in business and eliminating the use of disposable plastic whenever possible. Also, be aware that synthetic pesticides and herbicides can harm birds and insects that benefit agriculture.

Donaciones por Internet

Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: escanee el código QR o visite nuestro sitio web de la parroquia en www.stsabina.org, haga clic en el botón "Online Giving" en la parte superior derecha. Se abrirá una ventana nueva que lo llevará a otro sitio seguro.



Donaciones de Valores, Arte, Colecciones

Puede evitar el exceso de impuestos donando ciertos valores apreciados, arte, colecciones de monedas/sellos a la Parroquia de Sta. Sabina. Esta es una forma muy atractiva y sustancial de hacer un regalo conmemorativo. Póngase en contacto con Kris en kris@stsabinaparish.org para obtener más información.

Consejo de la Semana del Equipo de Ecología

Para ayudar a mantener las vías fluviales limpias y libres de contaminantes, tome medidas como usar detergentes biodegradables en el hogar y en los negocios y eliminar el uso de plástico desechable siempre que sea posible. Además, tenga en cuenta que los pesticidas y herbicidas sintéticos pueden dañar a las aves e insectos que benefician a la agricultura.

Quarterly Financial Report

Income	2nd Quarter (Oct-Dec2022)	Year to Date (Jul-Dec2022)
Weekly Env	\$187,060.29	\$341,920.58
Weekly Plate	\$ 14,292.68	\$ 26,502.67
Holy Days	\$ 2,038.00	\$ 2,038.00
Maint/Upkeep	\$ 19,223.50	\$ 31,078.00
Gifts	\$ 66,979.78	\$ 84,003.05
Fundraising/Misc.	\$ 1,218.47	\$ 1,508.21
Operational	\$ 13,416.52	\$ 22,009.68
Ministry/Program	\$ 1,018.00	\$ 1,159.00
Religious Ed	\$ 912.00	\$ 4,607.00
Miscellaneous	\$ 184.29	\$ 538.21
Total Income	\$306,343.53	\$515,364.40
Expenses	2nd Quarter	Year to Date
Salaries/Ben/FICA	\$147,450.18	\$288,479.51
Utilities	\$ 11,898.89	\$ 31,860.94
Facilities	\$ 7,936.37	\$ 21,430.07
Operational	\$ 11,268.69	\$ 18,653.10
Prayer & Worship	\$ 2,940.30	\$ 4,016.15
Monthly Diocese	\$ 47,775.00	\$ 95,550.00
Religious Ed	\$ 3,557.91	\$ 4,144.96
Youth Ministry	\$ 1,829.61	\$ 2,590.96
Pastoral Ministry	\$ 5,177.49	\$ 5,177.49
Extraordinary Exp	\$ 5,500.00	\$ 8,700.00
Total Expenses	\$245,334.44	\$480,603.18
Income Less Exp	\$ 61,009.09	\$ 34,761.22

Eucharistic Ministers Needed for Nursing Home Ministry

We are currently in need of more Eucharistic Ministers to visit our Catholic residents at Foxwood Springs. If you are interested in this ministry, please contact Kris at kris@stsabinaparish.org or 816-979-3151.

Parish Auction Needs

St. Sabina's parishioners and friends are invited to procure high-end, new items from any of the categories below. This is an abbreviated list; a more detailed list went out via email earlier this week. Every family is encouraged to participate—your support will guarantee the success of our auction, thus allowing us to continue to make necessary improvements to our facilities such as repaving our parking lots, replacing worn pews, etc.

Restaurants and Dining: gift cards, meal delivery subscriptions, private chef's dinner, cooking classes.

Entertainment and Family: Bowling or skating party, spa gift card, concert tickets, amusement park passes.

Travel and Getaways: Airline tickets, Great Wolf Lodge, weekend getaways, wine tasting weekend.

Home and Garden: Fire pit, kitchen appliances, handyman services.

Electronics: iPads/iPods/iPhones, home security.

Sports: Chiefs/Royals/Sporting KC tickets/Suite packages, lawn games, gym memberships.

Wine/Liquor: Premium bottle or collection, wine refrigerator.

Necesidades de la Subasta Parroquial

¡Guarde la Fecha! Nuestra subasta benéfica anual volverá con toda su fuerza este año, ¡y no querrá perdérsela! Asegúrese de marcar su calendario para la noche del Viernes 28 de abril.

Los feligreses y amigos de Sta. Sabina están invitados a adquirir artículos nuevos, de lujo, de cualquiera de las categorías a continuación. Esta es una lista abreviada; una lista más detallada se envió por correo electrónico a principios de esta semana. Se les anima a todas las familias a participar; su apoyo garantizará el éxito de nuestra subasta, lo que nos permitirá continuar realizando las mejoras necesarias en nuestras instalaciones, como la repavimentación de nuestros estacionamientos, el reemplazo de bancos desgastados, etc.

Restaurantes y Cenas: tarjetas de regalo, suscripciones de entrega de comidas, cena privada con chef, clases de cocina.

Entretenimiento y Familia: fiesta de bolos o patinaje, tarjeta de regalo de spa, entradas para conciertos, pases para parques de diversiones.

Viajes y Escapadas: Boletos de avión, Great Wolf Lodge, escapadas de fin de semana, fin de semana de degustación de vinos.

Hogar y Jardín: Pozo de fuego, electrodomésticos de cocina, servicios de personal de mantenimiento.

Electrónica: iPads/iPods/iPhones, seguridad en el hogar.

Deportes: Entradas/Paquetes de suite de los Chiefs/Royals/Sporting KC, juegos de patio, membresías de gimnasio.

Vino/Licor: Botella o colección premium, refrigerador de vinos.



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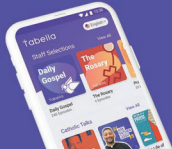
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