

October 11, 2015

Twenty-eighth Sunday in Ordinary Time



St. Sabina  
Catholic  
Church  
Belton, MO



**Pictured above are Josh and Kris at our High School/Confirmation class last Sunday, October 4.**

700 Trevis Avenue, Belton, MO 64012 Phone: 816-331-4713

[www.stsabinaparish.org](http://www.stsabinaparish.org)

[www.facebook.com/stsabinaparish](http://www.facebook.com/stsabinaparish)

Fax: 816-322-6196 Office Hours: 9:00am - 5:00pm, Monday-Thursday and 9:00am - 1:00pm, Friday

**Our Parish Staff**

Fr. Jeff Stephan, Pastor	816-979-3157	X57	frjeff@stsabinaparish.org
Fr. Curt Vogel, Associate Pastor	816-979-3156	X56	frvogel@stsabinaparish.org
Deacon Dwayne Katzer			dwayne@stsabinaparish.org
Deacon Mike Gates			mikeg@stsabinaparish.org
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Tracy Wheeler, Maintenance			tracy@stsabinaparish.org
Bonnie Kane, Diocesan Victim Advocate	816-392-0011		kane@diocesekcsj.org
Jenifer Valenti, Diocesan Ombudsman	816-812-2500		jeniferValenti@att.net

**Weekend Mass Schedule**

Saturday: 4:00pm (Confessions at 3:00pm - 3:30pm)  
Sunday: 8:00am and 10:30am in English, 12:30pm in Spanish

**Wellness Center 816-979-3090**

Jeannine Midgett 816-979-3093  
Patricia Moreno 816-979-3092

# MASS SCHEDULE

## INTENTIONS FOR OCTOBER 12-16, 2015

Mon. 8am †Bill Westbrook  
 Tues. 6pm †Mary Curtis  
 Wed. 8am †Loy Boardman  
 10am †Robert & Loretta Graskemper  
 (Rehabilitation Center of Raymore)  
 Thurs. 8am Intentions of Jeanne Patterson  
 Friday 8am †Teresa Link

## SATURDAY, OCTOBER 17, 2015

4:00pm †Mary Teresa Grosko  
 †Frances Andregg

## SUNDAY, OCTOBER 18, 2015

8:00am †Mary Curtis  
 10:30am Intentions of the Parish Family  
 12:30pm Spanish †Irene Calderon Lozada



# PARISH NEWS

## PUPUSA SALE - OCTOBER 11



This Sunday, October 11 our Salvadoran community will be selling pupusas after Masses. A pupusa is a traditional Salvadoran dish made of a thick, handmade corn tortilla that is usually

filled with variations of cheese, pork, and refried beans. There will be samples to try so you can purchase your favorite variety. The cost will be \$2 each and you can purchase them to go. All funds collected will be used for our annual celebration in honor of Blessed Oscar Romero.



Congratulations to Deacon Mike Gates and his wife Denise on becoming grandparents of Max and Alice!

# PARISH CALENDAR

## Sunday, October 11 - Domingo, 11 de Octubre

Donut Sunday - Kindergarten  
 Pupusa Sale after Masses/Venta de Pupusas  
 9:00am Parent Support Group  
 9:00am Parish School of Religion  
 9:30am Parent Meeting for First Reconciliation  
 11:00am Escuela Parroquial de Religión  
 11:30am Junta de Padres para la Primera Reconciliación

## Monday, October 12 - Lunes, 12 de Octubre

Columbus Day  
 8:00am Mass  
 5:30pm Marian Prayer Group  
 6:00pm Cub Scouts  
 7:00pm Boy Scouts - Gym  
 7:00pm Knights of Columbus Day Dinner  
 7:30pm Special Topics in Islam Class

## Tuesday, October 13 - Martes, 13 de Octubre

1:30pm Wellness Center "Getting Back to Better" Class  
 4:30pm Confessions  
 6:00pm Mass  
 7:00pm Foundations for Living Stones  
 7:00pm Taller de Oracion y Vida  
 7:00pm Green Team Meeting

## Wednesday, October 14 - Miércoles, 14 de Octubre

8:00am Mass  
 9:00am Legion of Mary  
 10:00am Mass at Rehabilitation Center of Raymore  
 10:00am Special Topics in Islam Class  
 7:00pm Confirmation Sponsor Night  
 7:00pm Choir Practice (10:30am Choir)  
 7:00pm Ignatian Walking with Christ

## Thursday, October 15 - Jueves, 15 de Octubre

8:00am Mass  
 9:30am Quilters  
 6:00pm Harvesters  
 7:00pm RCIA/RICA  
 7:00pm Ensayo de los Matachines - Gimnasio

## Friday, October 16 - Viernes, 16 de Octubre

8:00am Mass  
 7:00pm CINE Meeting  
 7:00pm Ensayo de los Matachines - Iglesia

## Saturday, October 17 - Sábado, 17 de Octubre

Mission Sunday Collection  
 Metal Recycling - North Parking Lot  
 3:00pm Confessions  
 4:00pm Mass

## Sunday, October 18 - Domingo, 18 de Octubre

Mission Sunday Collection  
 9:00am Parent Support Group  
 9:00am Parish School of Religion  
 11:00am Escuela Parroquial de Religión  
 6:00pm Trunk or Treat  
 7:00pm High School & Confirmation  
 7:00pm Ensayo de los Matachines - Gimnasio

## STEWARDSHIP

“Jesus looked around and said to his disciples, ‘How hard it is for those who have wealth to enter the kingdom of God!’ The disciples were amazed at his words. So Jesus again said to them in reply, ‘Children, how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for one who is rich to enter the kingdom of God. They were exceedingly astonished and said among themselves, ‘Then who can be saved?’ Jesus looked at them and said, ‘For human beings it is impossible, but not for God. All things are possible for God.’”

Mark 10: 23-27

We have received gifts, varied and different to be sure, but gifts nonetheless, from a beneficent God. What have we done with those gifts? Have we used them as Christ expects us - to further and build the Kingdom, to help those in need, and to show our love for others by sharing? That is the stewardship way. - See more at [www.catholicsteward.com/blog/](http://www.catholicsteward.com/blog/).

### STEWARDSHIP OF TREASURE - OCT 4

Envelopes/Sobres:	\$10,764.79
Plate/Canasta:	\$ 707.45
Maintenance-Upkeep:	\$ 1,869.75

### WORLD MISSION SUNDAY COLLECTION

Next weekend we will celebrate World Mission Sunday. This year we are invited to support the 1,150 of the youngest dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe. Please keep the Missions in your prayers and please be generous in next weekend's collection for the Society of the Propagation of the Faith.

### STEWARDSHIP OF TIME AND TALENT: THANK YOU TO OUR TEACHERS!

Thank you to all of the volunteers who teach our children on Sundays in the Parish School of Religion! We are grateful to have people like you to help our children grow in faith.



## PASTORAL CARE

### FROM DEATH TO NEW LIFE DE LA MUERTE A LA NUEVA VIDA

†Loy Boardman, brother of Darlene Henderson

MAY THEY REST IN PEACE. QUE DESCANSEN EN PAZ.

### PRAYER REQUESTS PETICIONES DE ORACIÓN

Peg Agnew	Frances DiGeorge	Thelma Palmer
Dick Anthony	Sheila Donner	Leanna Peachey
Kelly Anthony	Heather Dull	Brent Praiswater
Marilyn Avalos	Mary Lou Enos	Chuck Ramsey
Sheryll Bentley	Richard Estes	Mary Renfro
Allie Biondo	Butch Ford	Austin Richards
Nicky Biondo	Dick Garnier	Larry Schmidt
Joe Birkenbach	Laverne Harlow	Joe Stanley
Maxine Bremer	Cherie Hatfield	Noah Stanley
Gretchen Butler	Bart Henke	Teresa Starks
Pamela Castor	Ella Hemmen	Jean Tate
Georgene Caoile	Mary Ellen Hermann	Bob Westfall
Marvin Cohen	Richard Hoedl	Mary Westfall
Joseph Coots	Kelly Jordon	Sarah Wilburn
Tyler Corlew	Don Kueck	Carmitia Yust
Donna Dailey	Vernita Linenberger	Berenice Zayas
Cathy Davis	Gloria McLaughlin	Pablo Zayas
Margaret Dellaguardia	Helen Muenks	
Margo Dellaguardia	Jerry Nowak	
Paul DeMar	Gary Palmer	

### THROUGH THE SACRAMENT OF ANOINTING OF THE SICK,

the Church carries out Jesus' mission of compassion and healing for the sick. The one who is ill can also be a minister to others. By uniting their suffering to Christ, those who are sick can be signs of faith and witnesses of Christ's Resurrection to the entire community (Pope John Paul II, *Christifideles Laici* {The Vocation and the Mission of the Lay Faithful in the Church and in the World} no. 54).

### NURSING HOME MASS SCHEDULE

Oct	14	10:00am	Rehabilitation Center of Raymore
Oct	21	10:00am	Foxwood Springs

### REMEMBRANCE TABLE - ALL SOULS

This year in conjunction with All Souls Day and to honor those who have gone before us we will have an Area of Remembrance in the north alcove. **We invite you to bring a picture of your deceased loved one beginning the weekend of Oct. 24-25.** This display to honor all of our Faithfull Departed will remain up through the Feast of Christ the King, Sunday November 22nd.

### ALL SOULS RECEPTION FOR THOSE WHO HAVE LOST A LOVED ONE

#### MONDAY, NOV 2 AFTER THE 7PM MASS

All those who have lost a loved one are invited to join us for the 7pm **All Soul's Mass** on Monday, November 2, and for a reception after Mass in the gathering space of the church. We especially invite all who have lost a loved one over the past year. All widows and widowers are also invited to attend.

## AREA INFORMATION

### HEALING SERVICES

Our Diocese of Kansas City-St Joseph is reaching out to everyone who has been impacted by any sexual abuse by offering Healing Services. Services will be held:

- Oct 15 at Sacred Heart, Warrensburg at 7pm
- Nov 11 at Nativity of Mary, Independence at 7pm
- June 26 at the Cathedral of the Immaculate Conception in Kansas City at 2pm.

### OCTOBER MARKETPLACE CRAFT SALE AT HOLY SPIRIT PARISH IN LEE'S SUMMIT

The October Marketplace Craft Fair is returning to Holy Spirit Catholic Church, 1800 SW State Route 150 in Lee's Summit, on **Saturday, October 17** from 9:00 a.m. to 4:00 p.m. We're expecting 50 vendors, with products ranging from scrap booking to purses, cosmetics to home décor, jewelry to spices, and much more. There will also be tickets on sale for a fabulous hand-crafted quilt. The Ladies Auxiliary of Holy Spirit Catholic Church will serve lunch during the Marketplace, including homemade items such as chili, soup, quiche, baked potatoes, pies, and baked goods. This year's Marketplace promises to be another great event with the wide variety of things for sale and good food. The Ladies Auxiliary, along with the many businesses at the October Marketplace, looks forward to seeing you on October 17th.

### HEALING THE PAIN OF ABORTION...

One weekend at a time. Rachel's Vineyard Retreat is open to women and men, the retreat is a beautiful opportunity to experience healing. Retreat begins Friday evening, Oct 23 thru Sunday afternoon, Oct 25, 2015. Call 816-679-4973 or email [rvkcmo@gmail.com](mailto:rvkcmo@gmail.com) for confidential information and to start the healing, or visit [www.rachelsvineyard.org](http://www.rachelsvineyard.org) for more information.

### SUPPORT OUR SEMINARIANS DINNER

The 23<sup>rd</sup> annual "SUPPORT OUR SEMINARIANS" Benefit Dinner is dedicated to Our Lady of Kibeho, Rwanda, and the Rosary of the Seven Sorrows of Mary. It is scheduled for Friday, January 29, 2016. This event benefits seminarians from the Archdiocese of Kansas City, Kansas, the Diocese of Kansas City-St. Joseph and Conception Seminary College. It promises to be an evening filled with fun and laughter, celebrating our Catholic faith, dining on wonderful food, and socializing with our priests and seminarians! We have a wonderful speaker this year, Monsignor Stuart Swetland, who is President of Donnelly College in Kansas City, KS. S.O.S. will be held at the **Union Station**, 30 West Pershing Road, Kansas City, Missouri 64108. The reservation price is \$175.00 per person at tables of ten people. To reserve your place, or an entire table, or donate to the marketplace or VIP silent auction, contact Martha Hodes at 913.207.9893 or [ormmh66@sbcglobal.net](mailto:ormmh66@sbcglobal.net).

## PARISH HAPPENINGS

### HOLIDAY CRAFT SALE - VENDORS NEEDED

Our St. Joseph Table Committee is hosting a Holiday Craft Sale and Chili Supper on the weekend of November 14-15. This event will be open to the public and it will be held in the parish gym. Crafters may rent space for \$35 per 8' table or \$40 per 8' table with electricity. We only have 8 spots with electricity available. Craft sale hours will be November 14 from 10am-5:30pm and November 15 from 9am-2pm. If you would like to rent space, please contact Gabe Mitsdarffer at [gab212mits@gmail.com](mailto:gab212mits@gmail.com).

**ALTAR SOCIETY** The quarterly Altar Society meeting will be held on **Monday, October 19th**, at 7:30 PM in the Juan Diego Room of the Education Wing. This will be the last meeting of 2015. Don't miss it! New members are always welcome!

### FALL JEWELRY AND RELIGIOUS ARTICLE SALE

St. Sabina's Altar Society is offering a beautiful selection of medals, crucifixes, rosaries, bracelets, and necklaces after Masses on October 24/25 and Oct 31/Nov 1<sup>st</sup>. Orders can be also placed for Advent wreaths and candles. Stop by the table early for the best selection! All proceeds benefit St. Sabina parish. Cash, checks and credit cards will be accepted.

### "THE POWER OF PRAYING FOR YOUR ADULT

**CHILDREN"** Our concern for our children does not end when they reach adulthood. We see their challenges and struggles and feel the need to help. Prayer is a great way to provide that help. Come join other concerned parents as we unleash the power of prayer, learn how to pray more effectively and gain trust in God that our prayers are heard. Deacon Mike will lead this group Tuesday nights at 7pm starting Oct. 22 for five weeks. Signup sheet is in the vestibule.

### 2016 DELEGATION TO EL SALVADOR

Our parish will be taking its second delegation to El Salvador to learn more about the scholarship program there and to have the opportunity to meet and visit with our scholarship students and their families. We will travel to Cinquera and also to El Mozote. El Mozote was the site of one of many massacres that occurred in El Salvador during their Civil War. As of now we are planning to travel to El Salvador on January 5 and staying approximately 8 days. If you are interested or would like more information, please contact Kris at 816-979-3151 or by email at [kris@stsbainaparish.org](mailto:kris@stsbainaparish.org).

## SOCIAL JUSTICE

**GREEN TEAM METAL RECYCLING** Our fall metal recycling event is coming up, so start gathering up your scrap metal! All metal is accepted except mercury. This includes: car parts, appliances, furnaces, bicycles, wiring (doesn't need to be stripped), etc. The event will be Saturday, October 17, from 9am to 4pm. Members of the Green Team will be there to help unload your metal.

# ADULT FAITH FORMATION

## REFLECTION ON THE TWENTY-EIGHTH SUNDAY IN ORDINARY TIME , YEAR B



The refrain from responsorial Psalm 90 sums up well this Sunday's focus, "Fill us with your love, O Lord, and we will sing for joy." Psalm 90 expresses a song of joy, delighting in God's faithful love (*hesed*). Such faithful love is freely given without limits. Yet limitless love costs God a great deal. A steep price is asked of anyone who chooses to love so totally. Yet in loving so one begins to enter the very self of God. Today's readings touch on this search for wisdom: what it involves, the price demanded, and the consequent rewards.

**Psalm 90, a communal lament, contains many themes borrowed from wisdom literature.** The community seems to be experiencing distress and turns to God for help. Beginning with a meditation on life's fragility and brevity (verses 1-6), the psalmist seeks reconciliation with God over any sinfulness that might have led to this state of distress. The psalmist prays for wisdom in the midst of life's sorrows and fragility, (verses 7-12).

**The last portion of the psalm (verses 13-17) consists of a lament prayer.** The psalmist waits on daybreak, the traditional time for anticipating God's deliverance, after passing a long night in prayer and fasting, waiting upon the Lord. The psalm ends on a note of trust, calling upon the Lord to be faithful to covenant love. Trusting in God's faithful love is the wisdom that one hangs on to in the midst of everything that seems to contradict that love.

**The first reading comes from the book of Wisdom, attributed to Solomon by an unknown author.** In this passage, Solomon asks God not for riches or fame but for wisdom. In doing so, Solomon opens himself up to all that wisdom demands, as well as all the rewards that come with practicing wisdom. Such wisdom is to be prized above all else for it is the source of all other good things in life. Such is the reward of those whose faith and trust enables them to rely upon God's faithful love.

The rich young man in Mark's gospel is, like the disciples, on a search for the true wisdom, desiring to do what is required in order inherit eternal life. Jesus challenges him with the ethical life style of the commandments. Having adhered to them, the rich young desires more, seeking a path to greater intimacy with God. Jesus' response gets at that very wisdom of God: to be like God, one has to let go of all that one values and take on the wisdom of God.

**This challenge is just too much for the rich young man,** and he goes away sad, because he could not let go of what he valued. The disciples are dismayed and wonder what will happen to them who have let go of all for the sake of God. Jesus responds that those who have let go, choosing the path of God's wisdom, will have all good things, including persecutions, and eternal life. God's wisdom is the source of all good things that have true meaning in this life and beyond.

**The selection from Hebrews speaks of this search for wisdom by asserting that true wisdom requires attuning ourselves to the word of God.** To know God, to acquire the wisdom of God, one is to dwell in the word of God, confronting its challenge ("sharper than any two-edged sword"), and conforming to it, allowing it to penetrate "soul and spirit, joints and marrow." This will put one in touch with God's very self, bringing wisdom and its consequent joys.

**This week, take time to reflect on how you search for wisdom in your life,** and how that search is related to your relationship to God and others. Are you willing to accept the challenge that the search for wisdom requires? Will you respond like Solomon, or like the rich young man? In seeking wisdom, are you ready to pay the price demanded? Where will your reflection lead you as you confront the word of God, living and effective this Sunday in our community celebration? May your search and reflection lead you joyously to God's wisdom.

**Biagio Mazza, Pastoral Associate**

## SCC

### READINGS FOR SUNDAY, OCTOBER 11, 2015

**1st Reading:** Wisdom 7:7-11

**Psalm:** Psalm 90:12-13, 14-15, 16-17

**2nd Reading:** Hebrew 4:12-13

**Gospel:** Mark 10:17-30

### READINGS FOR SUNDAY, OCTOBER 18, 2015

**1st Reading:** Isaiah 53:10-11

**Psalm:** Psalm 33:4-5, 18-19, 20, 22

**2nd Reading:** Hebrew 4:14-16

**Gospel:** Mark 10:35-45



## BIBLE STUDY

### BIBLE STUDY AND SUNDAY READINGS

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering study sessions that will provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. **We will gather on October 11th and 25th at 10:30am.** All are welcome. Bring a Bible and a friend. To register for these sessions, please call Biagio at 816-979-3153.

# YOUTH MINISTRY

## JUNIOR HIGH YOUTH!

Welcome all 7th and 8th graders to a great year of applying your faith to your lives! Our next meetings will be October 21st and November 4th, from 7-8:30pm in the Parish Hall.

## HIGH SCHOOL & CONFIRMATION YOUTH

Your next meeting is October 18th from 7-8:30pm. Your first Confirmation Sponsor Night will be Wednesday, October 14th from 7-8:30pm.

## CONFIRMATION SPONSOR NIGHT

Each Confirmation candidate must have a sponsor. A sponsor is someone who is a confirmed Catholic adult, not the candidate's parent, and in good standing with the Catholic Church. Think of an aunt, uncle, grandparent, godparent or other awesome person in your life who you know well and with whom you would love to spend time. Each month we have a meeting for the candidate and their sponsor to attend which is the preparation class for the sacrament. Your first meeting will be October 14th in the Parish Hall from 7-8:30pm. If your sponsor is unable to attend the meeting, you must still be present. If you need help finding a sponsor, please call Kirstie in the Youth Office. She knows people.

## HIGH SCHOOL BONFIRE PARTY!

As part of our mission to get to know our youth better we gather each fall for a big bonfire at the Lewis family's house! This will take place on October 18th from 7 - 9pm. Permission slips will be handed out at our first couple meetings and will be available on the website. Come hungry and ready to have some fun getting to know each other! Parents are needed to help transport the youth to and from the bonfire. Please contact Kirstie Roberts if you would like to help out! You'll be paid in hotdogs, cocoa and s'mores!

## JUNIOR HIGH AND HIGH SCHOOL YOUTH TO WORLDS OF FUN!

Every year we load up a bus and head up to Worlds of Fun for a scary night of haunted houses and roller coasters! This year we are going on October 23rd. We will leave the parish at 5:30pm and return after the park closes, around 12:45am. Cost per person is around \$35. Everyone must have a permission form. They are available on the website and in the Youth Office.

## UPLIFT COOKS!

Anyone who would like to help prepare a meal for the homeless is welcome to join our team on the 4th Monday of each month at 10am in the gym. It's recommended that you bring a good cutting knife and vegetable peeler.

# SCHOOL OF RELIGION

**PSR HAS BEGUN!** Forms are still available in the back of church, online and in the Youth Office. If you have a child preparing for sacraments this year, please be sure to take a sacramental prep registration form as well as the PSR form. If you have any questions, please contact Kirstie Roberts in the Youth Office.

## FORM FOR COMMUNICATION WITH MINORS

Parents and guardians must now sign a form giving permission for St. Sabina staff, specifically the Youth Director, Kirstie Roberts to respond to text messages, emails and phone calls from the youth of the parish. These forms are available in the back of the church with the PSR registrations and in the Youth Office.

**All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM).**

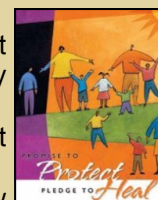
**HARVESTERS!** This local food bank provides food to needy families around the KC area. Volunteers are needed to help sort food donations and pack weekend food bags for kids to help fight hunger in our community. We will be taking a group of 5 people on the third Thursday of each month. If you would like to volunteer, call or email Kirstie in the Youth Office to sign up. This ministry is open to all ages! Our next date is October 15.

**UPLIFT ORG.** needs volunteers! If you would like to bring meals to the homeless on the 4th or 5th Monday of any month, please contact Kirstie Roberts to sign up! This ministry is open to all parishioners age 14 and older. Volunteers must report to the Uplift Warehouse by 5pm and will be finished around 9:30pm.

# CHILD SAFETY

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

- 1) Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
- 2) Contact your local law enforcement agency or call 911, and
- 3) After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or [JeniferValenti@att.net](mailto:JeniferValenti@att.net), if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.



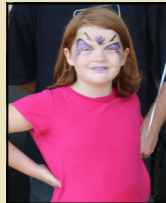
The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Bonnie Kane at 816.392.0011 or [kane@diocesekcsj.org](mailto:kane@diocesekcsj.org) for more information.

# PARISH HAPPENINGS

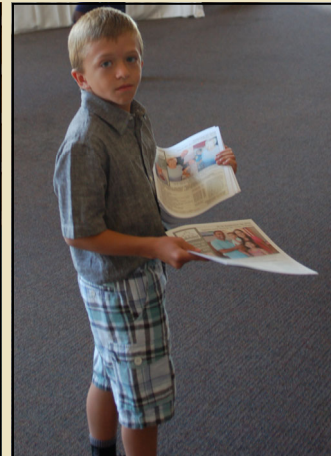
## PARISH PICNIC/PICNIC PARROQUIAL 2015

THANKS TO ALL WHO ATTENDED AND ALL WHO HELPED IN THIS YEAR'S PICNIC!

¡GRACIAS A TODOS LOS QUE AYUDARON Y ASISTIERON AL PICNIC PARROQUIAL ESTE AÑO!



## PARISH MINISTRIES



# PARISH HAPPENINGS

## HAPPY BIRTHDAY! ¡FELIZ CUMPLEAÑOS!

Dale Amfahr, Arturo Arenivas, Alex Arenivas, Amy Ayala, Jonathan Ayala, Martha Baez, Teresa Baldwin, Helen Barberis, Dan Barnes, Jaime Becerra, Jose Bencomo, Stephanie Blanchard, Bob Burns, Pablo Calles, Ale Campos, Sheryl Capper, Antonio Carpio, Holly Cartagena, Oscar Castillo, Margarito Chavez, Randy Davis, Odalis Duarte, Dania Espino, Shawn Fuss, Adriana Gastello, Amy Gates, Greg Gebauer, Carlos Gomez, Dayana Gomez, Eduardo Gonzalez, Judith Gudenkauf, Leonardo Guerrero, Samantha Guzman, Sarah Henkhaus, Taylor Hermsmeier, Elizabeth Hernandez, Kylie Hille, Brenda Hinojos, Maria Hinojos, Sophia Hirt, Mike Humke, Rita Jordon, Collin Kelch, Franklin Lopez, Jose Lopez, Gael Loreda, Steve Mackay, James Madril, Bill Maedge, Esmeralda Martinez, Sean McDonough, Molly McGuire, Louise McNelly, Allan Medina, Jacob Medrano, Teresa Medrano, Deysi Menjivar, Maria Menjivar, Ben Michiels, Grant Miller, Miriam Miranda, Jennifer Mitchell, Galilea Munoz, Rob Murtha, Caitlin Nachbar, Anne Neal, Bogumila Oczko, Lilia Ortega, Ponchi Perez, Jamie Perez, Priscilla Perez, Mary Putman, Rosa Ramos, Calixta Reyes, Austin Richards, Jocelynn Rivera, Maria Rocha, Jose Rodriguez, Yennifer Rojo, Marta Roper, Ron Roper, Cenaida Sanchez, Luis Santillanes, Tony Scola, Brandon Senda, Adam Silkwood, Billy Skeens, Brenda Smith, Jackson Smith, Wilibaldo Solares, John Solomon, Peyton Spiller, Chuck Stinger, Sonya Swenson, Jacie Tollie, Jorie Tollie, Graciela Torres, Sergio Valdez, Jovany Velasco, Trinity White, Mallory Wilmot, Ray Yust, Iginia Zurita



## HAPPY ANNIVERSARY! ¡FELIZ ANIVERSARIO!

Brett & Tricia Dreas	2 Years!	10/12/2013
Adam & Kristie Silkwood	11 Years!	10/16/2004
Cooper & Cristina Tracy	11 Years!	10/16/2004
Brandon & Jennifer Gracia	12 Years!	10/11/2003
Kari & Laura Monsees	14 Years!	10/12/2001
Tim & Denise Hoffman	30 Years!	10/11/1985
Donn & Kathy Mosman	33 Years!	10/16/1982
Peter & Marcia DiGeorge	37 Years!	10/14/1978
Darrell & Sandy Littler	45 Years!	10/17/1970



## BAPTISM CONGRATULATIONS

**Macie Marie Speer**, daughter of Austin and Megan Speer

**Kimberly Alexandra Mina Morales**, daughter of Oscar Mina and Maria Morales

**David Emmanuel Guardado**, son of Jose Luis Guardado and Ana Flores

**Yesenia Chavez Landa**, daughter of Jose Chavez Villa and Minerva Landa

**Alexander Declan Sytsma**, son of Kevin and Margaret-Anne Sytsma



# WELLNESS CENTER

## CHOCOLATE FOR YOUR HEALTH? YOU BET!

Harvard researchers found that when older adults with diabetes or hypertension and impaired blood flow to the brain drank two cups of hot cocoa daily for 30 days, 89 percent saw an improvement in blood flow during tests of memory and thinking skills, suggesting that cocoa may also reverse some of the cognitive changes that come with age or vascular disease.

A recent Swiss study found that dark chocolate may help suppress the production of stress hormones from the adrenal glands in anxiety-inducing situations. Consider this permission to keep a little dark chocolate around.

## Flu shot: Your best bet for avoiding influenza



St. Sabina is partnering with the Cass County Health Department to provide flu vaccination as a shot or a nasal spray. The

supply is limited so please call the Wellness Center to schedule your appointment.

Dates for the Flu Shot Clinic will be confirmed when the Cass County Health Department takes delivery of the vaccine. Tentative dates would be the second or third week in October.

Nasal spray vaccine will be available at no cost. Flu shots will be available at market rate. The Cass County Health Department will have the ability to bill your health insurance.

**St. Sabina Wellness Center 816-979-3090.**  
*Let's stay well and be well together!*

## WELLNESS CENTER CLASS SCHEDULE

- Monday:** Yoga Basics 1:00 - 2:00 pm  
Gentle Yoga 2:00 - 3:00 pm  
Yoga 6:00 - 7:00 pm
- Tuesday:** Strength & Stretch 1:00 - 2:00 pm  
CDSMP Class 2:15 - 4:00 pm  
Gentle Stretch & Strength 2:00 - 3:00pm
- Wednesday:** Yoga Basics 1:00 - 2:00 pm  
Gentle Yoga 2:00 - 3:00 pm  
Restorative Yoga 6:00 - 7:00 pm
- Thursday:** Stretch & Strength 1:00 - 2:00 pm  
Gentle Stretch & Strength 2:00 - 3:00pm  
Strength & Stretch 6:00 - 7:00 pm
- Friday:** Yoga Basics 1:00 - 2:00 pm  
Gentle Yoga 2:00 - 3:00 pm
- Saturday:** Open Workout 8:30 - 12:30 pm  
Health Screenings 8:30 - 11:30 am  
Refit Cardio Class 10:00 - 11:00 am





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## INFORMACION

### VENTA DE PUPUSAS - 11 DE OCTUBRE



El Domingo, 11 de Octubre nuestra comunidad Salvadoreña estará vendiendo pupusas después de las Misas. Las pupusas son un platillo tradicional de El Salvador, son echas de tortilla de maíz, y por lo general

están llenas de variaciones de queso, puerco, y frijoles refritos. Habrán muestras para que usted pueda comprar su variedad favorita.

El costo será de \$2 cada una y las puede comprar para llevar a casa. Todos los fondos recaudados serán para nuestra celebración anual en honor al Obispo Oscar Romero.

**SERVICIOS DE SANIDAD** Nuestra diócesis de Kansas City-St. Joseph esta haciendo un llamado a todos aquellos quienes han sido afectados por cualquier tipo de abuso sexual, ofreciendo servicios de sanidad. Los servicios se llevaran a cabo:

- 15 de Octubre en el Sagrado Corazón, Warrensburg, MO a las 7pm.
- 11 de Noviembre en la Natividad de María, en Independence, MO a las 7pm.
- 26 de Junio en la Catedral de la Inmaculada Concepción en Kansas City a las 2pm.

## JUSTICIA SOCIAL

### RECICLAJE DE METAL



Nuestro evento de reciclaje de metal para este otoño ya se está acercando, así que junten su metal! Se acepta todo tipo de metal menos el mercurio. Esto incluye: partes de coche, electrodomésticos, cualquier fierro viejo, etc.

El evento será el Sábado, 17 de Octubre de 9am-4pm. Estarán miembros del Green Team allí para ayudar a descargar su metal.

## LECTURAS

### LECTURAS DEL DOMINGO, 11 DE OCTUBRE

**Primera Lectura:** Sabiduría 7:7-11

**Salmo:** Salmo 89:12-13, 14-15, 16-17

**Segunda Lectura:** Hebreos 4:12-13

**Evangelio:** Marcos 10:17-30

### LECTURAS DEL DOMINGO, 18 DE OCTUBRE

**Primera Lectura:** Isaías 53:10-11

**Salmo:** Salmo 32:4-5, 18-19, 20, 22

**Segunda Lectura:** Hebreos 4:14-16

**Evangelio:** Marcos 10:35-45



## CORRESPONSABILIDAD

### TESORO: COLECTA DEL DOMINGO MUNDIAL DE LAS MISIONES

El próximo fin de semana celebraremos el Domingo Mundial de las Misiones. Este año estamos invitados a apoyar las 1,150 diócesis mas jóvenes en África, Asia, Islas de Pacífico, partes de Latinoamérica, y Europa.

Por favor, mantenga a las misiones en sus plegarias y por favor, sea generoso en la recolección del próximo fin de semana destinado a la Sociedad para la Propagación de la Fe.

### TIEMPO Y TALENTO: GRACIAS A NUESTROS MAESTROS!

Gracias a todos los voluntarios quienes enseñan a nuestros hijos los Domingos en la Escuela Parroquial de Religión! Estamos agradecidos de tener personas como ustedes quienes ayudan a nuestros niños a crecer en la fe.

## ESCUELA DE RELIGION

### JOVENES DE HIGH SCHOOL O CONFIRMACION

Sus próximas juntas serán el Domingo, 18 de Octubre y el 1 de Noviembre en el salón Parroquial de 7-8:30pm.

### NOCHE DE PADRINOS DE CONFIRMACION

Su primer noche de Padrinos de Confirmación será el Miércoles, 14 de Octubre de 7-8:30pm. Un padrino de Confirmación es un adulto Confirmado en la fe Católica, que no sean los padres del joven y que estén en buenos términos con su Iglesia.

### FIESTA CON FOGATA PARA JOVENES

Como parte de nuestra misión de conocer mejor a nuestros jóvenes, cada otoño nos reunimos en la casa de la Familia Lewis para una fiesta con fogata. Esto se llevara a cabo el 18 de octubre de las 7-9pm. Las formas de permiso serán entregadas durante nuestras primeras reuniones de High School y también estarán disponibles en nuestra pagina web. Necesitamos padres voluntarios para transportar a los jóvenes. Si a usted le gustaría ayudar o si tiene preguntas por favor comuníquese con Kirstie o con Zuiri en la oficina.

# INFORMACION

## CLASES DE RICA

RICA, El Rito de Iniciación Cristiana de Adultos, comienza en Septiembre. RICA es el proceso de formación para adultos que quieren ser Católicos y para adultos que han sido bautizados en la fe Católica, pero necesitan los sacramentos de Primera Comunión y/o Confirmación. Este año vamos a tener platicas los jueves de 7-9pm. Si esta interesado, comuníquese con Kris en la oficina, o llámele a Gerardo Arenivas al 816-719-7563 o a Raúl Félix al 816-309-1919.

## PLATICAS PRE-BAUTISMALES – 14 DE NOV

Normalmente cada Segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial.

**PRÓXIMOS BAUTISMOS:** llamar Kris al 816-979-3151. Favor de llenar su aplicación antes de asistir a las platicas. **No se ofrece cuidado de niños.**

## POR FAVOR TENGAN EN CUENTA:

Queremos que todos los feligreses tengan en cuenta que el Código de Ordenanzas de Belton dice que en ningún lugar dentro de la ciudad está autorizado pedir dinero (para comida, gasolina, etc.). Si alguien le pide dinero en el estacionamiento cuando viene a Misa, por favor dirígelo a cualquier miembro del personal que está en esa Misa, o a la oficina parroquial durante las horas de oficina, en lugar de darle dinero. Un miembro del personal está presente en cada Misa para cualquiera pregunta o duda nos puede encontrar en el lado sureño del Espacio de Reunión. Nosotros lo dirigiremos a los recursos adecuados.

## 2016 DELEGACION A EL SALVADOR

Nuestra parroquia llevara a su segunda delegación a El Salvador para aprender mas sobre el programa de becas allí y para tener la oportunidad de conocer a nuestro estudiantes becados y a sus familias. Viajaremos a Cinquera y a El Mozote. El pueblo de Mozote fue uno de los muchos donde ocurrieron masacres durante la Guerra Civil en El Salvador. Por ahora, planeamos viajar a El Salvador el 5 de Enero y quedarnos aproximadamente 8 días.

Si usted esta interesado o quiere mas información, por favor comuníquese con Kris al 816-979-3151 o por correo electrónico, kris@stsabinaparish.org.

## VACUNA CONTRA LA GRIPE

Santa Sabina se ha asociado con el Departamento de Salud del Condado de Cass para proporcionar la vacuna contra la gripe en forma de inyección o de spray nasal. El suministro de vacunas y spray serán limitadas así que por favor llame al Centro de Salud para programar su cita. Las fechas serán confirmadas cuando el Departamento de Salud del Condado Cass nos entregue las vacunas. Fechas tentativas serian la segunda o tercera semana de Octubre. La vacuna en forma de spray nasal será gratis. La vacuna contra la gripe estará al precio regular, el Departamento de Salud del Condado de Cass tendrá la posibilidad de enviarle la factura a su seguro de salud.

## ATADO A SU CASA DEBIDO A ENFERMEDAD O VEJEZ?

Si usted o un miembro de su familia esta atado a su casa debido a enfermedad crónica o vejez y le gustaría recibir la Sagrada Comunión por favor póngase en contacto con María Palomares al 816-838-1138 o con Kris Larkey en la oficina parroquial al 816-979-3151 o kris@stsabinaparish.org.

**HOSPITALIZADO** Si usted esta hospitalizado y le desea hacernos saber, por favor llame o que un miembro de su familia se comunique con nosotros. Llámeme a María Palomares al 816-838-1138 o con Kris Larkey en la oficina parroquial al 816-979-3151 o por correo electrónico: kris@stsabinaparish.org. Debido a las leyes de privacidad, los hospitales no pueden contactarnos.

## GUADALUPE MATACHINES

Los ensayos para los Matachines comenzaran el Jueves, 15 de Octubre a las 7pm en el gimnasio. Si a usted le gustaría unirse a nuestro grupo de Matachines este año, por favor comuníquese con Juan Lopez al 816-382-7005 o con Gerardo Arenivas al 816-719-7563.

## OBRA DE LA VIRGEN DE GUADALUPE



Si a usted le gustaría formar parte de nuestro elenco para la Obra de la Virgen de Guadalupe, por favor comuníquese con Raúl Félix al 816-309-1919. Los ensayos comienzan el Martes, 20 de Octubre a las 7pm en la Iglesia.



*La Parroquia  
Católica de  
Santa Sabina  
Belton, MO*



*11 de Octubre del 2015  
Vigésimo octavo Domingo del Tiempo Ordinario*



**Los ensayos para los Matachines comenzaran el Jueves, 15 de Octubre a las 7pm en el gimnasio. Para mas información por favor vea la pagina 2 en el boletín.**

**700 Trevis Avenue, Belton, MO 64012 Teléfono: 816-331-4713**

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**Fax: 816-322-6196**

**Horarios: 9:00am - 5:00pm, Lunes - Jueves y 9:00am - 1:00pm, Viernes**

**Personal de la Parroquia**

Rev. Jeff Stephan, Pastor	816-979-3157	X57	frjeff@stsabinaparish.org
Padre Curt Vogel, Pastor Adjunto	816-979-3156	X56	frvogel@stsabinaparish.org
Diácono Dwayne Katzer			dwayne@stsabinaparish.org
Diácono Mike Gates			mikeg@stsabinaparish.org
Bridget Hernandez, Corresponsabilidad y Justicia Social	816-979-3159	X59	bridget@stsabinaparish.org
Kris Larkey, Asociada Pastoral	816-979-3151	X51	kris@stsabinaparish.org
Biagio Mazza, Asociado Pastoral	816-979-3153	X53	biagio@stsabinaparish.org
Zuiri Pacheco, Recepcionista y Escuela de Religión	816-979-3150	X50	zuiri@stsabinaparish.org
Susan Ratigan, Liturgista	816-979-3158	X58	susan@stsabinaparish.org
Kirstie Roberts, Dir. de Religión y Pastoral Juvenil	816-979-3155	X55	kirstie@stsabinaparish.org
Marta Roper, Coordinadora Pastoral	816-979-3154	X54	marta@stsabinaparish.org
Jeff Shields, Coordinador de Finanzas	816-979-3152	X52	jeffshields@stsabinaparish.org
Tracy Wheeler, Mantenimiento			tracy@stsabinaparish.org
Bonnie Kane, Diocesan Victim Advocate	816-392-0011		kane@diocesekcsj.org
Jenifer Valenti, Diocesan Ombudsman	816-812-2500		jeniferValenti@att.net

**Horario de las Misas del fin de semana**

Sábado: 4:00pm (Confesiones de las 3:00pm - 3:30pm)

Domingo: 8:00am, 10:30am en Ingles, 12:30pm Misa en Español

**Centro de Salud - 816-979-3090**

Jeannine Midgett 816-979-3093

Patricia Moreno 816-979-3092