

SAINT SABINA

Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday
Horario de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



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www.stsabina-parish.org



[/StSabinaParish](https://www.facebook.com/StSabinaParish)



[stsabina_belton](https://www.instagram.com/stsabina_belton)



Casey Morgan, Sharon Davis, Debbie Ranes and Louise McNelly provided music for our First Reconciliation liturgy on February 6.

Casey Morgan, Sharon Davis, Debbie Ranes y Louise McNelly proporcionaron música para nuestra liturgia de la Primera Reconciliación el 6 de febrero.

Weekend Masses

Saturdays at 4:00pm (English)
Sundays at 8:00am and 10:30am (English)
Sundays at 12:30pm (Spanish)

Daily Masses (English)

Tuesdays at 11:00am
Wednesday-Friday at 8:00am

Confessions

Saturdays 3:00-3:30pm
Or by appointment

Eucharistic Adoration

First Fridays, 8:30am-8:00pm

Online Masses

Saturdays at 4pm & Sundays at 8am (Facebook-live)
Posted to website immediately after
Sundays at 12:30pm (Spanish-Facebook-live)
Posted to website immediately after

Misas Dominicales

Sábado a las 4:00pm (Inglés)
Domingo a las 8:00am y las 10:30am (Inglés)
Domingo a las 12:30pm (Español)

Misas Diarias (Inglés)

Martes a las 11:00am
Miércoles a Viernes a las 8:00am

Confesiones

Sábado de 3:00-3:30pm
O con cita

Adoración Eucarística

Primer Viernes del Mes, 8:30am-8:00pm

Misas en Línea

Sábado a las 4pm y Domingo a las 8am (inglés-Facebook)
Publicado en nuestro sitio web después
Domingo a las 12:30pm (español-Facebook)
Publicado en nuestro sitio web después



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Joe Crayon, Diocesan Ombudsman 816-812-2500
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Whitney True-Francis, Victim Advocate 816-392-0011
true.francis@diocesekcsj.org

Mass Intentions for the Week Peticiónes de la Semana

Intentions for February 14-17, 2023

Tues	11am	Intentions of Jean Berg
Wed	8am	Open
	10am	†John Jongenelen (at Foxwood Springs)
Thur	8am	Open
Fri	8am	†Fr. Bill Caldwell

Saturday, February 18, 2023

4:00pm Intentions of Our Parish Family

Sunday, February 19, 2023

8:00am	†Matt Meiron
10:30am	†Efrain Perez Peralta
12:30pm Spanish	†Jacob Anderson

Special Remembrances/Conmemoraciones Especiales:

†Doris Deschenes, †Cecilia Imming, †Maria Elena Estrada, †Jose Sanjuan Ramirez, †Emilio Placencia Lopez, †Manuel del Puerto

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Ombudsman, Joe Crayon, at 816.812.2500 or crayon@ombudsmankcsj.org if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Whitney True-Francis, Victim Assistance Coordinator, at 816.392.0011 or true.francis@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsjatholic.org/the-office-of-child-and-youth-protection/>.

From Death to New Life De la Muerte a la Nueva Vida

†**Juanita Oakley**, mother of Jim Oakley
 †**Greg Kenyon**, husband of Kathy Kenyon
 †**Joel Rodriguez Atemax**, padre de Martina Arreola
 †**Larry Rhodes**, husband of Karen Rhodes
 †**Miguel González Herrera**, padre de Alma González
 †**Moises Escobar**, abuelo de Herman Escobar
 †**Rick Hoedl**, brother of Julie Lasher, Susan Albaugh, Ann Monig and Joseph Hoedl
 †**Gilberto Loera**, padre de Lourdes Loera
 †**Marilyn Ranes**, mother of John Ranes
 †**Donna Dailey**, wife of Michael Dailey
 †**Dennis Berg**, brother-in-law of Marie Stinger
 †**Par Castaneda**, sister of Dee Hernandez and Ory Chrane
 †**Hector Castaneda**, brother of Dee Hernandez and Ory Chrane
 †**Geneva Price**, mother of Jeannine Midgett
 †**Michelle Vargo**, daughter of Margaret Vargo

Sunday, February 12 - Domingo, 12 de Febrero

9:00am PSR/Parents Lounge

11:00am Escuela de Religión

11:00am Ensayo del Coro Hispano

Monday, February 13 - Lunes, 13 de Febrero

7:00pm Cub Scouts

7:00pm Boy Scouts

Tuesday, February 14 - Martes, 14 de Febrero

7:00pm Rosario Parroquial

7:00pm Ladies Auxiliary Meeting

Wednesday, February 15 - Miércoles, 15 de Febrero

9:00am Legion of Mary

10:00am Mass at Foxwood Springs

6:30pm Parish Rosary

7:00pm Choir Rehearsal (4:00 and 10:30 groups)

7:00pm Junior High Youth Group

7:00pm Knights Officers Meeting

Thursday, February 16 - Jueves, 16 de Febrero

9:30am Piecemakers Quilt Group

6:30pm Cantor Rehearsal

7:00pm RCIA/RICA

Friday, February 17 - Viernes, 17 de Febrero

11:00am Funeral for Par Castaneda

Saturday, February 18 - Sábado, 18 de Febrero

3:00pm Confessions/Confesiones

Sunday, February 19 - Domingo, 19 de Febrero

9:00am PSR/Parents Lounge

11:00am Escuela de Religión

11:00am Ensayo del Coro Hispano

happy birthday

Teodulo Aguilar
Adriana Alcantara
Matthew Anderson
Claudia Arreola
Emmanuel Ayala
Barry Ballenger
Veronica Burks
Obdulia Cano
Juan Cartagena
Alexis Castro
Elia Chavez
Steve Circo
Bridget Colombo
Austin Conrad
Ken Cooper
Thomas Coovert
Jaziel Cruz
Dick Danjou
Gwendolyn DeMay
Richard Deschenes
Jose Esparza
Africa Fabian
Melissa Garay
Angelica Garcia
Janice Glendening
Maria Gonzalez
Michael Goswell
Austin Goulding
Arsiel Granados
David Guardado
Daisy Guevara
Adrian Guillen
Nolan Harshbarger
Kevin Hernandez
Dylan Hinojos

Judy Honigman
Maricarmen Ibarra
Sullivan Jordan
Irving Juarez
Reggie Kelch
Stella Lilek
Emry Loar
Patricia Lock
Bill Locke
Juan Lopez
Ellen Lovelace
Javen Mackey
Grace Mackinnon
Aaron Marin
Betty McNally
Jose Mendoza
Ann Morales
Jessica Moreno
Kerry Morgan
Jim Mucke
Henry Pointer
Joe Pusateri
Gabriel Ramirez
Alexander Ramirez
Mason Ripley
Valeria Rocha
Jairo Rodriguez
Katia Sanchez
Maureen Sylvestri
Miguel Trejo
Gilberto Valenzuela
John Van De Vyvere
Maribel Ward
Jessica Wink
Lori Woodfine

Happy Anniversary

Rudy and Mary Margaret Schmidt	67 Years!	2/18/1956
Joe and Rosemary Malena	65 Years!	2/15/1958
Gary and Kathy Griggs	44 Years!	2/17/1979
Mike and Mary Ann Madrigal	43 Years!	2/15/1980
Ken and Aggie Cooper	35 Years!	2/13/1988
Bernie and Joyce Abrams	34 Years!	2/17/1989
Herman and Irma Escobar	26 Years!	2/19/1997
Jose and Maria Rodriguez	25 Years!	2/19/1998
Glen and Krisla Peterman	23 Years!	2/19/2000
Rene and Rosa Ramos	19 Years!	2/14/2004
Wally and Cleo Srader	14 Years!	2/14/2009

Baptism Congratulations

Liian Afanyi Tawong, son of Victor Nforgwei and Lombe Ebong

February Update from Manos Amigas

It has been very cold in Anapra, as we expected. The elderly we helped with heat are very grateful. One of our high school students went to the hospital with hypothermia because there was no heater in the house. Manos Amigas is buying a heater for that family. Baby Liam who was born 2 months premature and spent over a month in the hospital is doing well thanks to the power of prayer. Here he is at 3 months.



Keep up to date on the 'Manos Amigas' Facebook page or website: manosamigasc.org.

Platicas Pre-Bautismales - 11 de Marzo

Normalmente cada segundo Sábado del mes de las 10am a la 1pm. (Sólo para niños de 0-6 años.) Salón Parroquial. Para niños mayores de 7 años requerirán una formación especial. **No se ofrece cuidado de niños.**

PRÓXIMOS BAUTISMOS: Llamar a Kris al 816-979-3151. Favor de llenar su aplicación para asistir a las platicas con anterioridad.

Pictured below is Ramona Benitez, one of our new lectors, on Sunday, February 5.

En la foto abajo aparece Ramona Benitez, quien es una de nuestros nuevos lectores, el domingo 5 de febrero.



Blessing of Throats, February 5
Bendición de Gargantas—5 de febrero



Wellness Center

Did You Know—Sleep & relaxation offers us the chance to reset and restore our energy systems. Our physiology thrives when we have slept well as **sleep** impacts everything from hormones to emotions to energy levels. Research has shown that proper **sleep** can help us to regulate our emotions and reduces our tendency for reactivity. Good sleep habits (sometimes referred to as "sleep hygiene") can help you get a good night's sleep.

Here are some tips that can improve your sleep health:

- Be consistent. Go to bed at the same time each night and get up at the same time each morning.
- Make sure your bedroom is quiet, dark, relaxing, and at a comfortable temperature.
- Remove electronic devices, such as TVs, computers, and smart phones, from the bedroom if possible.
- Avoid large meals, caffeine, and alcohol before bedtime.
- Get some exercise. Being physically active during the day can help you fall asleep more easily at night.



Say your prayers and prepare for a good night's rest!

Nursing Home Mass Schedule

February 15	10:00am	Foxwood Springs
February 22	11:00am	Carnegie Village
March 8	10:30am	Benton House

The Sacrament of Anointing of the Sick

The Anointing of the Sick is the sacrament that is received by those who are ill or suffering. By the sacred anointing and the prayer of the priest, the whole Church commends those who are sick to Christ. The sick person receives the Holy Spirit's gifts of strength, faith, peace, and courage, and his or her suffering is united with the suffering of Christ for the building up of the Church (Catechism of the Catholic Church, CCC nos. 1520-23).

The Apostolic Constitution *Sacram unctionem infirmorum*, following upon the **Second Vatican Council**, established that henceforth, in the Roman Rite the following be observed: The sacrament of anointing of the Sick is given to those who are seriously ill by anointing them on the forehead and hands with duly blessed oil—pressed from olives or from other plants—saying, only once: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." (CCC 1513).

Anointing of the Sick offered after Weekend Masses – February 11-12

The Catholic Church celebrates World Day of the sick on February 11. In conjunction, we will offer this sacrament this weekend. If you suffer from a chronic illness, the effects of advanced years (those 70 or older), or have an upcoming surgery and wish to receive this sacrament, Fr. Jeff will offer the sacrament of the anointing of the sick after the 4pm, 8am, and 10:30 Masses on February 11-12 to those who wish to receive it. Fr. Jeff will offer this sacrament after the 12:30 Mass on Sunday, February 19.

El Sacramento de la Unción de los Enfermos

La Unción de los Enfermos es el sacramento que reciben los enfermos o los que sufren. Por la sagrada unción y la oración del sacerdote, toda la Iglesia encomienda a Cristo a los enfermos. El enfermo recibe los dones del Espíritu Santo de fuerza, fe, paz y valentía, y su sufrimiento se une al sufrimiento de Cristo para la edificación de la Iglesia (El Catecismo de la Iglesia Católica, 1520-23).

La Constitución Apostólica *Sacram unctionem infirmorum*, siguiendo el **Concilio Vaticano II**, estableció que en adelante, en el Rito Romano, se observará lo siguiente: El sacramento de la Unción de los enfermos se administra a los gravemente enfermos ungiéndolos en la frente y en las manos con aceite de oliva debidamente bendecido o, según las circunstancias, con otro aceite de plantas, y pronunciando una sola vez estas palabras: "Por esta santa Unción, y por su bondadosa misericordia te ayude el Señor con la gracia del Espíritu Santo, para que, libre de tus pecados, te conceda la salvación y te conforte en tu enfermedad" (CIC 1513).



Unción de los Enfermos ofrecida después de las Misas Dominicales – 11, 12 y 19 de febrero

La Iglesia Católica celebra la Jornada Mundial del Enfermo el 11 de febrero. En conjunto, ofreceremos este sacramento el próximo fin de semana. Si padece una enfermedad crónica, los efectos de la edad avanzada (los de 70 años o más), o tiene una cirugía próxima y desea recibir este sacramento, el P. Jeff ofrecerá el sacramento de la unción de los enfermos después de las Misas de las 4pm, 8am y 10:30am el 11 y 12 de febrero a quienes deseen recibirlo. **El P. Jeff ofrecerá este sacramento después de la Misa de las 12:30 el domingo 19 de febrero.**

Prayer Requests/Peticiones de Oración

Jim Agnew
Tomas Alcantara
Dick Armstrong
Steve Ayers
Mary Bardwell
Bill Beaver
Emma Beaver
Beverly Bell
Jean Berg
Marion Biondo
Mary Pat Biondo
Betty Bremenkamp
John Bremenkamp
Veronica Burks
Leona Bybee
Joyce Callahan
Pat Carr
Antonio Cedillo
Jeremy Cikan
Steve Circo

Georgiana Cobb
Lena Collins
Bob Coomer
Marianne Crooks
Mike Curtis
Jack Davis
Harold Dawes
Irene Down
Jeannine Edmonds
Terry Eppert
Gracelyn Fenwick
Mary Jo Fischer
Larry Foster
Jesus Flores
John Frezza
Daniel Haake
Ginny Hainey
Keith Hall
Diane Hansen
Cherie Hatfield

Jack Henningsen
Marilyn Henningsen
Jennifer Henke
Rhonda Henke
Santa Ibarra
Bob Kottenbrock
Susan Lager
Winnie Mayerchack
Terry McDaniel
Gene McEwen
Nancy Meiron
Jesús Miranda Félix
Norabel Molina
Ubertina Mora
Jack Obermeier
Jennifer O'Reilly
Ron Parker
Lois Pusateri
Abigail Ragsdale
Erika Rimmer

Agustin Rivera
Alfonso Rivera
Roberto Ruiz
Anna Ryan
Larry Scali
Mary Margaret Schmidt
Rudy Schmidt
Deryl Sellmeyer
Mary Spear
Dani Stinger
Stephen Stinger
Rosario Angelica Valdez
Valerie Verhaalen
Helen Vonderohe
Donna West
Ron West
Mary Wickstrum

As we continue our reflection on select passages from Matthew's Sermon on the Mount, the themes that surface in today's readings are beautifully captured in the refrain from Responsorial Psalm 119, "Blessed are they who follow the law of the Lord!" **With 176 verses, Psalm 119 is the longest psalm in the Psalter. The focus of the psalm is the Law of the Lord, understood not in legalistic terms but as the source of light, life, happiness, and wisdom.**

This week, it would be beneficial to read and reflect on the entire Psalm 119. Eight synonyms for the law are offered in the psalm: *teachings, decrees, precepts, laws, commands, edicts, words, promises*. When used together in the psalm they come to 174 references to God's law. **The Law, gifted to us by God, is ultimately the source of joy to the heart and peace to the mind, guiding and helping us to live life well and to the fullest.**

The psalm is structured as an elaborate expansive acrostic: each verse begins with a successive letter of the Hebrew alphabet. The acrostic structure is further expanded by having eight successive verses begin with the same Hebrew letter, thus resulting in 176 verses. The verses and stanzas are not linked together in any progressive thought pattern. **Each verse stands alone in its statement about God's law.** This makes the psalm ideal for meditation in that each and every verse can stand on its own, allowing us to tap into the rich understanding of God's wisdom expressed in the Law. **As Irene Nowell, Benedictine Scripture Scholar from Mount St. Scholastica in Atchison, KS, has expressed, Psalm 119 is a mantra prayer on the Law of the Lord.**

Take the entire psalm for your prayer this week as you continue your reflection on today's readings. The verses chosen for today's responsorial psalm communicate the message that keeping and observing God's law is a desirable and life-giving reality. **Because we might not be faithful in observing God's law, we ask God to help us in understanding and keeping the Law in our minds and hearts.**



The first reading from Sirach, one of the biblical Wisdom books, challenges us to take personal responsibility in the choices we make, and not blame God for things that go wrong in life. We can keep God's law if we choose to, and our choice determines whether we choose life or death. God's ways and law are always meant for life and not death. **Yet, aware of our own weakness and fragility in keeping the law, with the verses of the Responsorial Psalm, we ask God's help in choosing wisely and in being guided by the Law.**

Paul, in his first letter to the Corinthians, speaks again of the wisdom of God, no longer fully captured in the Law but thoroughly expressed in the crucified Christ. Jesus incarnates God's wisdom and law in ways we could not even have imagined or conceived. **The Spirit of God aids us in trying to grasp the depths of God's wisdom and ways, the wonders of God's plan for all humanity.**

In today's selection from Matthew's Sermon on the Mount, Jesus is the true teacher of wisdom and law. **Jesus is not doing away**

with the law. Rather, typical of Jewish teachers in the various schools of Torah interpretation, Jesus interprets the law in a fashion that reflects his understanding of God. Through his teachings and interpretations, we come to understand more fully the intent, direction and wisdom of the law. **Jesus comes to fulfill the law by deepening and expanding our awareness of God's intention and wisdom in revealing the Law to humanity.** Jesus shares and deepens our insight into God's rich wisdom so that we might have life and be more in line with what God's intention and wisdom was in creating us.

This week, reflect on Psalm 119, challenging yourself to understand the wisdom of God's Law, not in a legal or restrictive mode, but in a mode that gives life, peace of mind, and sure guidance.

Biagio Mazza
Pastoral Associate

Readings



Sunday, February 12

1st Reading: Sirach 15:15-20

Psalm: Psalm 119:1-2, 4-5, 17-18, 33-34 (1b)

2nd Reading: 1 Corinthians 2:6-10

Gospel: Matthew 5:17-37

Sunday, February 19

1st Reading: Leviticus 19:1-2, 17-18

Psalm: Psalm 103:1-2, 3-4, 8, 10, 12-13 (8a)

2nd Reading: 1 Corinthians 3:16-23

Gospel: Matthew 5:38-48

Mientras continuamos nuestra reflexión sobre pasajes selectos del Sermón del Monte de Mateo, los temas que emergen en las lecturas de hoy son bellamente capturados en el estribillo del Salmo responsorial 118: "Dichosos los que caminan en la voluntad del Señor". **Con 176 versos , el Salmo 118 es el salmo más largo en el Salterio. El foco del salmo es la voluntad del Señor, entendida no en términos legalistas, sino como fuente de luz, vida, felicidad y sabiduría.**

Esta semana, sería beneficioso leer y reflexionar sobre todo el Salmo 118. Ocho sinónimos de la voluntad se ofrecen en el salmo: *enseñanzas, decretos, preceptos, voluntad, mandamientos, edictos, palabras, promesas*. Cuando se usan juntos en el salmo, llegan a 174 referencias a la voluntad de Dios. **La voluntad, dotada a nosotros por Dios, básicamente es la fuente de la alegría al corazón, y la paz a la mente, guiándonos y ayudándonos a vivir la vida bien y al máximo.**

El salmo está estructurado como un acróstico expansivo y complicado: cada verso comienza con una letra sucesiva del alfabeto hebreo. La estructura acróstica se amplía aún más al tener ocho versos sucesivos que empiezan con la misma letra hebrea, resultando así 176 versos. Los versos y las estrofas no están unidos entre sí en ningún patrón de pensamiento progresivo. **Cada verso está solo en su declaración sobre la voluntad de Dios.** Esto hace que el salmo sea ideal para la meditación en que todos y cada uno de los versos pueden mantenerse por sí mismos, permitiéndonos aprovechar el rico entendimiento de la sabiduría de Dios expresada en la voluntad. **Como ha expresado Irene Nowell, erudito benedictina de Escrituras de Mt. Scholastica en Atchison, KS, el Salmo 118 es una oración del mantra sobre la voluntad del Señor.**

Tome el salmo entero para su oración esta semana mientras continúa su reflexión sobre las lecturas de hoy. Los versos escogidos para el salmo responsorial de hoy comunican el mensaje de que mantener y observar la voluntad de Dios es una realidad deseable y que da vida. **Debido a que quizás no somos fieles en la observación de la voluntad de Dios, pedimos a Dios que nos ayude a comprender y mantener su voluntad en nuestras mentes y corazones.**

La primera lectura del Eclesiástico, uno de los libros bíblicos de la Sabiduría, nos desafía a asumir responsabilidad personal en las decisiones que tomamos, y no culpar a Dios de las cosas que van mal en la vida. Podemos mantener la voluntad de Dios si elegimos y nuestra elección determina si elegimos la vida o la muerte. Los caminos y la voluntad de Dios siempre están destinados a la vida y no a la muerte. **Sin embargo, conscientes de nuestra debilidad y fragilidad en mantener la voluntad, con los versos del Salmo Responsorial, pedimos la ayuda de Dios para escoger sabiamente y guiarnos por su voluntad.**



Pablo, en su primera carta a los Corintios, habla nuevamente de la sabiduría de Dios, ya no capturado completamente en la Ley, sino expresado plenamente en Cristo crucificado. Jesús encarna la sabiduría y la voluntad de Dios en formas que ni siquiera podíamos haber imaginado o concebido. **El Espíritu de Dios nos ayuda a tratar de captar las profundidades de la sabiduría y los caminos de Dios, las maravillas del plan de Dios para toda la humanidad.**

En la selección de hoy del Sermón del Monte de Mateo, Jesús es el verdadero maestro de la sabiduría y la ley. **Jesús no está eliminando la ley. Más bien, típico de los maestros judíos en las diversas escuelas de interpretación de la Torá, Jesús interpreta la ley de una manera que refleja su comprensión de Dios.** A

Lecturas



Domingo, 12 de Febrero

Primera Lectura: Eclesiástico 15:16-21
Salmo: Salmo 118:1-2, 4-5, 17-18, 33-34
Segunda Lectura: 1 Corintios 2:6-10
Evangelio: Mateo 5:17-37

Domingo, 19 de Febrero

Primera Lectura: Levítico 19:1-2, 17-18
Salmo: Salmo 102:1-2, 3-4, 8 y 10, 12-13
Segunda Lectura: 1 Corintios 3:16-23
Evangelio: Mateo 5:38-48

través de sus enseñanzas e interpretaciones, llegamos a comprender mejor la intención, la dirección y la sabiduría de la ley. **Jesús viene a cumplir la ley profundizando y expandiendo nuestra conciencia de la intención y sabiduría de Dios al revelar la Ley a la humanidad.** Jesús comparte y profundiza nuestra visión de la rica sabiduría de Dios para que podamos tener vida y estar más en línea con la intención y sabiduría de Dios al crearnos.

Esta semana, reflexione sobre el Salmo 118, desafiándose a entender la sabiduría de la Ley o voluntad de Dios, no en un modo legal o restrictivo, sino en un modo que da vida, paz mental y guía segura.

Biagio Mazza
Asociado Pastoral

In God's Image-A Respect Life Column On the Death Penalty

Catholic teaching offers a unique perspective on crime and punishment. It begins with the recognition that the dignity of the human person applies to both victims and offenders. It affirms our commitment to seek justice, and to comfort and support victims and their families, while acknowledging the God-given dignity of every human life, even for those who do great harm. Catholic teaching on human life is rooted in the belief that all life has inherent dignity and is a gift from God that must be respected and defended from conception until natural death.

In his encyclical, *The Gospel of Life*, Pope John Paul II challenged followers of Christ to be "unconditionally pro life." He reminded us that "the dignity of human life must never be taken away, even in the case of someone who has done great evil. Modern society has the means of protecting itself, without definitively denying criminals the chance to reform" (*Gospel of Life*, 27).

The Catechism of the Catholic Church explains that "Recourse to the death penalty on the part of legitimate authority, following a fair trial, was long considered an appropriate response to the gravity of certain crimes and an acceptable, albeit extreme, means of safeguarding the common good. Today, however, there is an increasing awareness that the dignity of the person is not lost even after the commission of very serious crimes. In addition, a new understanding has emerged of the significance of penal sanctions imposed by the state. Lastly, more effective systems of detention have been developed, which ensure the due protection of citizens but, at the same time, do not definitively deprive the guilty of the possibility of redemption. Consequently, the Church teaches, in the light of the Gospel, that 'the death penalty is inadmissible because it is an attack on the inviolability and dignity of the person',^[1] and she works with determination for its abolition worldwide." (CCC, 2267)

Reasons To Abolish the Death Penalty:

- It is an affront to human dignity.
- It is racially and economically biased. Over 90 percent of those on death row across the country were too poor to afford their own attorney.
- It is often arbitrary based on location. Similar murders might get death in one county, but not in one nearby.
- According to the Death Penalty Information Center, since 1973, 190 people have been wrongfully convicted and sentenced to death only later to be exonerated
- The death penalty is more costly than alternative sentences. For example, the California death penalty system costs taxpayers \$114 million per year more than it would cost to keep the same convicted criminals in prison for life (*L.A. Times*, March 6, 2005).
- Much energy and resources go into carrying out executions. These resources can be redirected towards providing compassionate and professional assistance to the families of victims.

A Imagen de Dios-Una Columna de Respeto a la Vida Sobre la Pena de Muerte

La enseñanza católica ofrece una perspectiva única sobre el crimen y el castigo. Comienza con el reconocimiento de que la dignidad de la persona humana se aplica tanto a las víctimas como a los agresores. Afirma nuestro compromiso de buscar justicia y consolar y apoyar a las víctimas y sus familias, al tiempo que reconoce la dignidad otorgada por Dios a cada vida humana, incluso a aquellos que causan un gran daño. La enseñanza católica sobre la vida humana tiene sus raíces en la creencia de que toda vida tiene una dignidad inherente y es un regalo de Dios que debe ser respetado y defendido desde la concepción hasta la muerte natural.

En su encíclica *El Evangelio de la Vida*, el Papa Juan Pablo II desafió a los seguidores de Cristo a elegir "incondicionalmente pro-vida". Nos recordó que "la dignidad de la vida humana nunca debe ser arrebatada, ni siquiera en el caso de alguien que haya hecho un gran mal. La sociedad moderna tiene los medios para reprimir eficazmente el crimen de modo que, neutralizando a quien lo ha cometido, no se le prive definitivamente de la posibilidad de redimirse."

El Catecismo de la Iglesia Católica explica que "Durante mucho tiempo el recurso a la pena de muerte por parte de la autoridad legítima, después de un debido proceso, fue considerado una respuesta apropiada a la gravedad de algunos delitos y un medio admisible, aunque extremo, para la tutela del bien común. Hoy está cada vez más viva la conciencia de que la dignidad de la persona no se pierde ni siquiera después de haber cometido crímenes muy graves. Además, se ha extendido una nueva comprensión acerca del sentido de las sanciones penales por parte del Estado. En fin, se han implementado sistemas de detención más eficaces, que garantizan la necesaria defensa de los ciudadanos, pero que, al mismo tiempo, no le quitan al reo la posibilidad de redimirse definitivamente. Por tanto la Iglesia enseña, a la luz del Evangelio, que «la pena de muerte es inadmisibles, porque atenta contra la inviolabilidad y la dignidad de la persona»^[1], y se compromete con determinación a su abolición en todo el mundo". (2267)

Razones para Abolir la Pena de Muerte:

- Es una afrenta a la dignidad humana.
- Tiene prejuicios raciales y económicos. Más del 90% de los condenados a muerte en todo el país eran demasiado pobres para pagar su propio abogado.
- A menudo es arbitrario según la ubicación. Asesinatos similares pueden causar la muerte en un condado, pero no en uno cercano.
- Según el Centro de Información sobre la Pena de Muerte, desde 1973, 190 personas han sido injustamente condenadas y sentenciadas a muerte para luego ser exoneradas.
- La pena de muerte es más costosa que las sentencias alternativas. Por ejemplo, el sistema de pena de muerte de California cuesta a los contribuyentes \$114 millones por año más de lo que costaría mantener a los mismos delincuentes condenados en prisión de por vida (*L.A. Times*, 6 de marzo de 2005).
- Se dedica mucha energía y recursos a llevar a cabo las ejecuciones. Estos recursos pueden redirigirse para brindar asistencia compasiva y profesional a las familias de las víctimas.

LENTEN FISH FRIES

FRIDAYS*, 5-7PM

***FEBRUARY 24-MARCH 31**

MENU: FRIED FISH, BAKED FISH, HUSH PUPPIES,
FRENCH FRIES, GARLIC POTATOES, GREEN
BEANS, SPAGHETTI, COLESLAW, BREAD, DESSERT
AND BEVERAGE

ADULT.....	\$16
CHILD (5-11).....	\$ 7
SENIOR (65+).....	\$15
TO-GO BOX.....	\$12

PLEASE JOIN US FOR STATIONS OF THE CROSS IN
THE CHURCH AT 6:30PM.



St. Sabina Parish Gym
700 Trevis Ave
Belton, MO 64012

This Week's Do You Know Video:

February is designated as Black History Month with the aim of expanding our awareness and knowledge of the horrors of slavery and



racism, as well as the significant contributions that Blacks have made in building up this country. Culturally, February celebrates Groundhog Day on Feb 2 and Valentine's Day on Feb 14. February has also a great deal of religious significance as it celebrates numerous feast days of saints and other religious-oriented events. Some of the saints that February highlights are: Bridget of Kildare on Feb 1, Blaise and the blessing of throats on Feb 3, Josephine Bakhita who was abducted from her home in Sudan and sold into slavery, linked to the International Day of Prayer and Awareness Against Human Trafficking on Feb 8, Scholastica on Feb 10, Our Lady of Lourdes on Feb 11, Cyril and Methodius on Feb 14, two well-known Doctors of the Church, Peter Damian on Feb 21 and Gregory Narek on Feb 27, and Polycarp on Feb 23. Feb 2, while culturally celebrating Groundhog Day is also forty days after Christmas, which celebrates the Presentation of our Lord in the Temple and is also known as Candlemas, a day on which candles are blessed. Make time to view this week's DYK video and immerse yourself in the religious feasts and events of the month of February.

Blood Drive Thanks

Thank you so much for supporting our community by hosting the recent blood drive at Saint Sabina Catholic Church. Mobile blood drives such as yours are essential in providing the blood needed to keep our hospitals adequately supplied. Without your help, it would be difficult to collect the 580 pints needed each day for our family, friends, and neighbors. At your Tuesday, January 31 blood drive the Community Blood Center staff registered 34 volunteers and collected 27 units of blood. There was 1 first-time donor. Thank you for your commitment to the Community Blood Center and patients in need.

Gratefully, Lisa Nelson, Community Blood Center

Contribution Statements for 2022

Contribution statements for the year 2022 are available for download via our parish website. Click the "My Own Church" link under the "About Us" tab on our parish website. If you haven't logged in before, click "New User" and follow the prompts. You will be emailed a temporary password from the parish staff when your account is confirmed. Once logged in, click the "My Offering" tab and then "Giving History." Then click the green download button next to "Electronic Statement." If you have forgotten your password, click "Lost password" on the login screen. If you need assistance with creating your account or with logging in, or if you would prefer to receive your statement by mail or email instead, please contact Jeff Shields in the parish office at 816-979-3152 or jeffshields@stsabinaparish.org.

Comidas de Pescado

Durante la Cuaresma los Caballeros de Colón proveerán sus comidas de pescado de nuevo. Las comidas serán cada viernes a partir del 24 de febrero hasta el 31 de marzo, de 5-7pm. Por favor acompañennos después de la cena en la iglesia para rezar el Viacrucis. Los precios son los siguientes:

Adulto	\$16
Niño (5-11)	\$ 7
Mayores (65+)	\$15
Caja para Llevar	\$12



Agradecimiento por la Donación de Sangre

Muchas gracias por apoyar a nuestra comunidad organizando la reciente campaña de donación de sangre en Santa Sabina. Las campañas de donación de sangre móviles como la suya son esenciales para proporcionar la sangre necesaria para mantener el suministro adecuado de nuestros hospitales. Sin su ayuda, sería difícil recolectar las 580 pintas que se necesitan cada día para nuestras familias, amigos y vecinos. En su campaña de donación de sangre del martes 31 de enero, el personal del Community Blood Center inscribió a 34 voluntarios y recolectó 27 unidades de sangre. Hubo 1 donante por primera vez. Gracias por su compromiso con el Community Blood Center y los pacientes que lo necesitan.

Con Mucho Agradecimiento, Lisa Nelson, Community Blood Center



Featuring the cuisine of Chef Charles Mercier
Con la cocina del chef Charles Mercier

TUESDAY, FEBRUARY 21, 6PM
ST. SABINA GYMNASIUM
\$10/TICKET

MARTES, 21 DE FEBRERO, 6PM
GIMNASIO DE STA. SABINA
\$10/PERSONA

Mardi Gras

Fat Tuesday

Menu
Seafood Gumbo
Fried Chicken

Laissez le bon temps rouler!

*Drink tickets available by donation
*Boletos para bebidas alcohólicas por donación

Thank you to Francisco and Maximiliano, who have been helping to keep the church clean by mopping the floor of the sanctuary each week!

¡Gracias a Francisco y Maximiliano, quienes han estado ayudando a mantener limpia la iglesia, fregando el piso del santuario cada semana!



On Monday, February 6, our little ones preparing for First Communion this year received the Sacrament of Reconciliation. Congratulations to them!

El lunes 6 de febrero, nuestros pequeños que se preparan para la Primera Comunión este año recibieron el Sacramento de la Reconciliación. ¡Felicitaciones a ellos!

"Therefore, whoever breaks one of the least of these commandments and teaches others to do so will be called least in the kingdom of heaven. But whoever obeys and teaches these commandments will be called greatest in the kingdom of heaven."

Matthew 5:19

In our Gospel passage from Matthew, Jesus illustrates the difference between an external observance of the law and a true conversion of heart. Our Lord is asking us not only for exterior acts, but for a true change of heart. In stewardship terms, that means seeing everything as a gift from Him, to be used for His glory and the good of others. In the week ahead, let us examine the state of our hearts to ask ourselves if we have chosen to allow stewardship to become a way of life for us. Only then we will experience its true depth and heart-changing possibilities. The choice is ours.

— See more at www.catholicsteward.com/blog/.

"Por lo tanto, el que quebrante uno de estos preceptos menores y enseñe eso a los hombres, será el menor en el Reino de los cielos; pero el que los cumpla y los enseñe, será grande en el Reino de los cielos."

Mateo 5:19

En nuestro pasaje evangélico de Mateo, Jesús ilustra la diferencia entre una observancia externa de la ley y una verdadera conversión del corazón. Nuestro Señor nos pide no sólo actos exteriores, sino un verdadero cambio de corazón. En términos de corresponsabilidad, eso significa ver todo como un regalo de Él, para ser usado para Su gloria y el bien de los demás. En la próxima semana, examinemos el estado de nuestros corazones para preguntarnos si hemos elegido permitir que la corresponsabilidad se convierta en una forma de vida para nosotros. Solo entonces experimentaremos su verdadera profundidad y posibilidades de cambio de corazón. La elección es nuestra.

— Vea mas en www.catholicsteward.com/blog/.

Online Giving

St. Sabina offers an online giving option for parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: scan the QR Code or go to our parish website at www.stsabinaparish.org and click the "Online Giving" button in the top right section. This will open a new window through our secure third party website.



Contributions for the Week of January 29

Envelopes/Sobres:	\$10,613.00
Weekly Plate:	\$ 1,092.00
Maintenance-Upkeep:	\$ 855.50

Eucharistic Ministers Needed for Nursing Home Ministry

We are currently in need of more Eucharistic Ministers to visit our Catholic residents at Foxwood Springs. If you are interested in this ministry, please contact Kris at kris@stsabinaparish.org or 816-979-3151.

IRA Qualified Charitable Distributions

You can give an IRA Qualified Charitable Distribution up to \$100,000. You must be 70 1/2 years old or older and make a distribution directly from a traditional IRA to a qualified charity. If you are taking your Required Minimum Distribution (age 72 beginning in 2020), the QCD can satisfy the distribution requirement. Contact Kris at kris@stsabinaparish.org for more information.

Donaciones por Internet

Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: escanee el código QR o visite nuestro sitio web de la parroquia en www.stsabinaparish.org, haga clic en el botón "Online Giving" en la parte superior derecha. Se abrirá una ventana nueva que lo llevará a otro sitio seguro.



Declaraciones de Contribuciones 2022

Las declaraciones de contribución para el año 2022 están disponibles para descargar a través del sitio web de nuestra parroquia. Haga clic en el enlace "My Own Church" en la pestaña "About Us" en el sitio web de nuestra parroquia. Si no ha iniciado sesión antes, haga clic en "New User" y siga las indicaciones. El personal de la parroquia le enviará por correo electrónico una contraseña temporal cuando se confirme su cuenta. Una vez que haya iniciado sesión, haga clic en la pestaña "My Offering" y luego en "Giving History". Luego haga clic en el botón verde de descarga junto a "Electronic Statement". Si ha olvidado su contraseña, haga clic en "Lost Password" en la pantalla de inicio de sesión. Si necesita ayuda para crear su cuenta o iniciar sesión, o si prefiere recibir su declaración por correo postal o electrónico, comuníquese con Jeff Shields en la oficina parroquial al 816-979-3152 o jeffshields@stsabinaparish.org.

Green Team Tip of the Week

Whether alone or with family or friends, take some time for a leisurely walk in a park or along a waterfront and appreciate the great beauty God has given us in all aspects of creation.

Consejo de la Semana del Equipo de Ecología

Ya sea solo o con familiares o amigos, tómese un tiempo para dar un paseo tranquilo por un parque o por un paseo marítimo y aprecia la gran belleza que Dios nos ha dado en todos los aspectos de la creación.



Necesidades de la Subasta Parroquial

Los feligreses y amigos de Sta. Sabina están invitados a adquirir artículos nuevos, de cualquiera de las categorías a continuación. Esta es una lista abreviada, y se puede utilizar para inspirar otras ideas. Se les anima a todas las familias a participar; su apoyo garantizará el éxito de nuestra subasta, lo que nos permitirá continuar realizando las mejoras necesarias en nuestras instalaciones, como la reparación de nuestros estacionamientos, el reemplazo de bancos desgastados, etc.

Restaurantes y Cenas: tarjetas de regalo, suscripciones de entrega de comidas, cena privada con chef, clases de cocina.

Entretenimiento y Familia: fiesta de bolos o patinaje, tarjeta de regalo de spa, entradas para conciertos, pases para parques de diversiones.

Viajes y Escapadas: Boletos de avión, Great Wolf Lodge, escapadas de fin de semana, fin de semana de degustación de vinos.

Hogar y Jardín: Pozo de fuego, electrodomésticos de cocina, servicios de personal de mantenimiento.

Electrónica: iPads/iPods/iPhones, seguridad en el hogar.

Deportes: Entradas/Paquetes de suite de los Chiefs/Royals/Sporting KC, juegos de patio, membresías de gimnasio.

Vino/Licor: Botella o colección premium, refrigerador de vinos.

Parish Auction Needs



Auction website

St. Sabina's parishioners and friends are invited to procure high-end, new items from any of the categories below. This is an abbreviated list and can be used to inspire other ideas. Every family is encouraged to participate—your support will guarantee the success of our auction, thus allowing us to continue to make necessary improvements to

our facilities such as repairing our parking lots, replacing worn pews, etc.

Restaurants and Dining: Restaurant gift cards, Meal delivery subscriptions, Private Chef's dinner, Cooking classes

Entertainment and Family: Bowling or skating party, Spa gift card, A museum park season passes (Worlds of Fun, Silver Dollar City, etc), Concert tickets

Travel and Getaways: Airline tickets, Great Wolf Lodge, Weekend getaways, Wine tasting weekend

Home and Garden: Fire pit, Kitchen appliances, Handyman services

Electronics: iPads/iPods/iPhones, Home security

Sports: Chiefs tickets/Suite packages, Royals tickets/Suite packages, T-Bones tickets/Suite packages, KC Current tickets/Suite packages, Lawn games, Personal training sessions, Gym memberships

Wine/Liquor: Wine tasting experience, Brewery experience, Premium wine (single bottle or collection), Wine refrigerator, Bar accessories

Auction Questions?

Kris Larkey: 816-979-3151

kris@stsabinaparish.org

Shannon Gill: gill.shannonc@gmail.com

¿Preguntas sobre la subasta?

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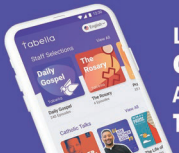
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