

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabina-parish.org •
www.facebook.com/stsabina-parish • 816-331-4713



Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday



Nancy Meiron, Jerry Wilburn, and Leonard Meiron came in to stuff bulletins on Friday, January 27th.

Mass Times

Saturday: 4:00pm in English

Sunday: 8:00am and 10:30am
in English, 12:30pm in Spanish

Confessions: Saturdays, 3:00-3:30pm

**Visit our website for Holy Day and
special Mass times**

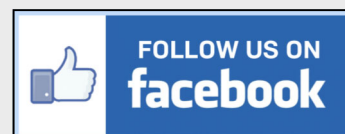
Over 55

February Gathering—February 23rd

Our Over 55 group will gather on Thursday, February 23 at noon for a Mardi Gras Meal. Our menu includes red beans and rice, filet gumbo, cornbread, beignet and a King's Cake. Please RSVP to the parish office at 816-331-4713 if you would like to come.

Parish Staff/Mass Intentions

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
Deacon Mike Gates		mikeg@stsabinaparish.org
Bridget Hernandez , Stewardship and Communications/Corresponsabilidad y Comunicaciones	816-979-3159 X59	bridget@stsabinaparish.org
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Marta Roper , Pastoral Care Coordinator/Coordinadora Pastoral	816-979-3154 X54	marta@stsabinaparish.org
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Berenice Zayas , Family Life & Hispanic Ministry/Vida de la Familia Parroquial y Ministerio Hispano	816-979-3150 X50	berenice@stsabinaparish.org
Kathleen Chastain , Diocesan Victim Advocate	816-392-0011	chastain@diocesekcsj.org
Jenifer Valenti , Diocesan Ombudsman	816-812-2500	jeniferValenti@att.net
Wellness Center/Centro de Bienestar	816-979-3090	
Jeannine Midgett	816-979-3093	
Patricia Moreno	816-979-3092	



Mass Intentions FOR THE WEEK

Intentions for February 6-10, 2017

Mon.	8am	COMMUNION SERVICE
Tues.	6pm	†Doug McDonald
Wed.	10am	†Dorothy Seidle (Rehab Ctr. of Raymore)
Thurs.	8am	†Tom Sullivan
Fri.	8am	†Mary Flynn Fields

Saturday, February 11, 2017

4:00pm Intentions of Ed Fenske

Sunday, February 12, 2017

8:00am	Intentions of the Parish Family
10:30am	†Joe and Mary Jo Falco & Family
12:30pm Spanish	†Julia Rodriguez Carrera

From Death to New Life De la Muerte a la Nueva Vida

†Tom Sullivan, brother-in-law of Jim Agnew

†Mary Flynn Fields, sister of Jim Flynn

†Doug McDonald, son of Linda & Richard McDonald, nephew of Judy McDonald

†Dorothy Seidle, mother of Mark Avery, Kirk Avery, Erik Avery, and Michele Avery



Calendar/Parish Information

Sunday, February 5 - Domingo, 5 de Febrero

Receptions after Masses for Scholarship Student, Heydi

- 9:00am PSR/Parents Lounge
- 11:00am Escuela de Religión
- 11:00am Ensayo del Coro Hispano
- 1:00pm Search Team Meeting
- 1:30pm Reunión del Comité Romero
- 2:00pm Reunión del Ministerio Hispano
- 6:00pm High School and Confirmation

Monday, February 6 - Lunes, 6 de Febrero

- 7:00pm Boy Scouts/Cub Scouts
- 7:00pm Talleres de Oración y Vida

Tuesday, February 7 - Martes, 7 de Febrero

- 7:00am Youth Prayer Group
- 6:00pm Healthy Lifestyle Class
- 7:00pm ESL/Ingles Como la Segunda Lengua

Wednesday, February 8 - Miércoles, 8 de Febrero

- 9:00am Legion of Mary
- 10:00am Mass at Rehabilitation Center of Raymore
- 3:00pm Larkey Open House Fundraiser
- 7:00pm Choir Practice (4:00 and 10:30 groups)
- 7:00pm Confirmation Sponsor Night
- 7:00pm Love Thy Neighbor Meeting

Thursday, February 9 - Jueves, 9 de Febrero

- 9:30am Quilters
- 7:00pm RCIA/RICA

Friday, February 10 - Viernes, 10 de Febrero

Search Retreat

Saturday, February 11 - Sábado, 11 de Febrero

- Search Retreat
- 10:00am Platicas Pre-bautismales
- 3:00pm Confessions
- 6:00pm Valentine's Dinner/Dance

Sunday, February 12 - Domingo, 12 de Febrero

- Search Retreat
- 9:00am PSR/Parents Lounge
- 11:00am Escuela de Religión
- 11:00am Ensayo del Coro Hispano

Valentine Dinner and Dance—February 11

The Knights of Columbus and Ladies Auxiliary are sponsoring a Valentine Dinner and Dance again this year on Saturday, February 11th. Dinner will be catered by Affordable Elegance. Entertainment will include Number 3 in the Nation Ladies Barber Shop Quartet and singer D.J. Matt. There will also be door prizes, a contest and dancing. Come have fun and dance the night away. More information call Nancy at 816-820-6109.

Where: St. Sabina Gym

Time: 6:00pm happy hour, 6:30pm dinner, open until 10:30pm

Price: \$60/couple

Welcome Heydi and Evelyn from El Salvador



One of our scholarship students, Heydi Gomez, and the delegation coordinator from the Center of Exchange and Solidarity, Evelyn Portillo, will be visiting St. Sabina in February. Please feel free to attend any of the following events to meet Heydi

and to learn about her experiences in the scholarship program in El Salvador:

Sat, Feb 4: Salvadoran Dinner in the Parish Hall

Heydi and Evelyn will be speaking at our 4pm Mass. After Mass you are invited to a meal in the parish hall to meet Heydi and Evelyn. We have invited members of other parishes that have scholarship students in El Salvador. Come to enjoy a wonderful meal prepared by our Romero Committee!

Sunday, February 5: Receptions after Masses

Heydi and Evelyn will be speaking at each of our Sunday Masses. After Masses there will be receptions in the gathering space of the church. Please plan on saying hello and visiting with Heydi and Evelyn after Mass.

Wed, Feb 8: Larkey Open House Fundraiser, 3-8pm

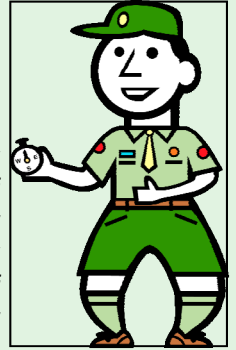
You are invited to an open house of the home of Mike and Kris Larkey, who recently remodeled an older home located at 210 Second Street in Belton. All donations received at the open house will benefit the scholarship program for our students in El Salvador.



Parish Happenings

Scout Sunday

Did you know St. Sabina's Parish serves as the chartered organization for Boy Scout Troop and Cub Scout Pack #1111? Scouts have been active at our parish since _____. You'll be able to identify many of the current Scouts today, Scout Sunday, as they will be in uniform at Mass. Some of the Scouts will continue to attend Mass in uniform for the next several weeks as they work on earning the St. John Bosco Youth Award. This award, sponsored by the Diocese of Kansas City-St. Joseph, encourages boys to integrate the basic principles of Scouting with their faith lives. As they pray with our Catholic community and reflect on specific tenants of the Boy Scout program, they wear their uniforms as a reminder of the relationship between the values of Scouting and our faith. Please pray for our Scouts as they continue to learn and grow in their faith.



Save the Date for our Parish Auction - Apr 21

Save the date of Friday, April 21st for our parish auction to raise funds for our parish!! More details to follow in the coming weeks.

Apostolic Blessing of the Holy Father

Couples celebrating anniversaries of a special nature (such as 25th, 50th, 60th) and individuals celebrating milestone birthdays (80th or 90th) may request an Apostolic Blessing from the Vatican for a cost of approximately \$45. The time required for receiving the papal blessing on parchment is approximately two months. For more information, please contact Kris in the parish office. kris@stsabinaparish.org



Thank you to all who participated in our January session of Getting to Know Your Faith, Dial Down the Heat, where participants discussed climate change and our faith. Visit our website to see an inspiring video about this program.

Area Information

Mass Celebrating Married Couples

You are Invited to Celebrate Valentine's Day and a Celebration of the Sacrament of Marriage on Monday, February 13, 2017 at 5pm at Orscheln Memorial Chapel, followed by a 6pm reception and 6:45pm dinner in Whitfield Center, Avila University, 11901 Wornall RD, K.C., MO. The Mass will be celebrated by Bishop James Johnston, who will also be speaking after the dinner. This event is hosted by the Serra Club of Southeast Kansas City. Dinner reservations with payment are due by February 7th. Please send reservations to Roger Tilling, 13023 Pratt Rd, Lee's Summit, MO 64086, 816-524-8572. Cost is \$40 per person.

Climate Change & U.S. Security

Date: February 6, 2017

Time: 7:00 pm - 9:00 pm

Where: Village Church, 6641 Mission Road, Prairie Village, KS in Rooms 126/127.

Details: Dr. Chris King, a retired brigadier general who represents the U.S. on military security and climate change, will speak on *Crisis without borders: The threat of climate change to social stability and global security* on Monday, February 6.

World Marriage Day Mass - Feb 12, 2pm

Bishop James Johnston will celebrate Mass at St. Thomas More Parish in Kansas City on February 12 at 2pm. Archbishop Joseph Naumann will be the homilist. After Mass there will be a reception with talks by Christina and Luis Salazar, Marriage Encounter, and Mike and Kristi Dennihan, School of Love Apostolate Founders.

Spiritual Retreat for U.S. Veterans

When: June 30-July 2, 5pm Friday - 2pm Sunday

Where: White House Jesuit Retreat Center, 7400 Christopher Dr., St Louis, MO 63129

What: A series of talks will be presented followed by small break-out sessions. Attendees will each receive private accommodations and all meals are provided.

Why: The retreat will help veterans focus on their military experience and how God was with them and continues to be with them. It requires participants be able to enter into quiet reflection and be able to listen to the experiences of others. It digs in to trauma created by PTSD and guilt and shame that can accompany military experience.

Who: Men and women of any denomination that have served in the U.S. Armed Forces

Cost: \$50 deposit plus a free-will offering

My House Workshop for Men - Feb 16-18

The Center for Healing is hosting a workshop for men struggling with sexual behavior problems. The workshop will be held Feb 16-18 at Savior Pastoral Center in Kansas City, KS. Experts Dr. Todd Bowman and Fr. Sean Kilcawley and others are featured to lead this 3-day workshop. To register visit www.myhousekansas.org or call 816-786-6063.

happy birthday

Kimberlin Alas	Angel Gamboa	Ruben Neri
Juan Alvarez	Brenda Garcia	Tita Palomares
Ana Amaya	Cristina Garcia	Manuel Perez
Avigail Arellano	Martha Garzon	Maria Perez
Salena Arenivas	Edward Gudenkauf	Maria Pino
Stephanie Argie	Victor Guerrero	Cesar Pulido
Lucas Barker	Sergio Guzman	Abraham Ramirez
Garason Barnes	Eric Hartenbower	Janett Ramirez
Alberto Barrera	Patricia Heffernan	Araceli Reyes
Nathan Benavides	Lisa Henry	Victor Reyes
Abigail Brown	Dana Hille	Edith Rocha
Matthew Budnik	Santa Ibarra	Emely Rocha
Amanda Carr	Elizabeth Jones	Michelle Rojo
Cindy Cartagena	Teresa Kelly	Tom Rolli
Noel Cartagena	Diane Kueck	Dana Samaniego
Maria Cervantes	Jasmine Lancaster	Molly Sell
Jessica Cheney	Darrell Littler	Anthony Smith
Darion Clemoens	Ana Lopez	Yulianna Soriano
Ana Contreras De La Cruz	Daniel Lopez	Maria Soto
Justina Cruz	Madilynn Mansur	Andrew Spiller
Irene Cullen	Rose Martinez	Carol Starforth
Michael Dailey	Dorothy Mazza	Donna Sullivan
Diego Diaz Suarez	John Messer	Carla VanHowten
Rodolfo Dominguez	Laura Monsees	Richard Vanzandt
Miriana Duarte	Laura Morales	Melesia Velasquez
Jesse Duncan	Rodrigo Morales	Bradfor Walker
Tara Fielder	Corey Mullin	Maria Xalanda
Jamie Fitzpatrick		

Happy Anniversary

Jerry and Colleen Dorrell	61 Years!	02-11-1956
Alfonso and Girolama Randazzo	59 Years!	02-08-1958
Vick and Gail Bland	56 Years!	02-11-1961
Thomas and Patricia Gitto	47 Years!	02-07-1970
James and Judith Curtis	46 Years!	02-06-1971
Steve and Cecilia Imming	42 Years!	02-07-1975
Eric and Lori Woodfine	25 Years!	02-08-1992
Rogelio and Guadalupe Ayala	20 Years!	02-08-1997
Darryl and Michelle Schoenberger	19 Years!	02-06-1998
James and Brandy Haddock	18 Years!	02-06-1999
Adan Hernandez and Maria Abarca	14 Years!	02-08-2003
Pablo and Berenice Zayas	13 Years!	02-12-2004
Ryan and Erin Heffley	10 Years!	02-09-2007



Pastoral Care

Nursing Home Mass Schedule

Feb 8 10:00am	Rehabilitation of Raymore
Feb 15 10:00am	Foxwood Springs
Feb 22 11:00am	Carnegie Village

If You Are Hospitalized And Want Us To Know...

If you are hospitalized and would like us to know, please call or have a family member call us. Due to privacy laws hospitals cannot contact us unless you ask that they call. Contact Marta Roper at 816-979-3154 or marta@stsabinaparish.org.

Anointing of the Sick

If you have an upcoming surgery scheduled and would like to receive the sacrament of Anointing of the Sick prior to your surgery, please contact Marta Roper at 816-979-3154 to schedule a time after a weekend Mass, or to make an appointment.

Bulletin Prayer Request List

Parishioners who are ill, or who have a loved one who is ill, may request to have the person remembered on the Prayer Request list published in our bulletin. Names will remain on the list for two months but may be resubmitted upon request. Please remember permission must be given by the individual before the name can be published. To add or remove a name from the list contact Marta Roper, in the parish office

Prayer Requests/Peticiones de Oración

Perry Allen	Dick Garnier	Bella Nouryeh
Marilyn Avalos	Cristian Garcia	Jane Nouryeh
Suzie Ashbaugh	Nicholas Geridano	Leon Palomares
Polleth Bautista	Karen Grantham	Gary Palmer
Nikki Barrett	Lucy Harlan	Thelma Palmer
John Bidondo	Devin Thomas Harley	Patricia Rellihan
Allie Biondo	Laverne Harlow	Yvonne Salmon
Joe Birkenbach	Jason Hart	Shelline Smoot
Kaye Birkenbach	Jeanette Hart	Leo Storm
David Bland	Amber Hartenbower	Jim Storm
Rick Castenada	Cherie Hatfield	Berta Alicia Talbora
Shirley Castor	Bob Heffernan	Jean Tate
Barbara Clark	Darlene Henderson	Ruth Tayler
Kristen Conner	Essie Humbird	Angel Thomas
Joseph Coots	Jerry Keating	Nancy Torres
Donna Dailey	Bertha Kramer	Senny Vigil
Paul DeMar	Kelsey Krum	Rose Wall
Doris Deschenes	Debbie Locke	Mary Westfall
Richard Deschenes	Jo Locke	Marie Wilburn
Nolan Dickerson	Dick Martin	Ben Winter
Frances DiGeorge	Dodie Maurer	Brenda Winter
Patrick Dull	Denise Mehlo	Merle Woolworth
Terry Eppert	Alice Miller	Truly Wright
Butch Ford	Joan Muench	Carmitia Yust
Fr. Paul Frank	Mona Neighbors	Pablo Zayas
Emily Frezza	Sherril Nevins	

Wellness Center

The Secret to a Healthy Heart

It's got everything to do with the lifestyle decisions we make daily. Too many of us aren't taking the right steps to protect ourselves: Every year more women will die from cardiovascular disease than from all types of cancer combined.

True or False:

The essential part of a heart-healthy diet is avoiding saturated fat?

False. Saturated fat has long been considered the enemy, but a 2010 report that reviewed the finding of 21 studies found no conclusive evidence that consuming saturated fat increases a person's risk of heart disease. What is the culprit? Refined carbohydrates. "The high levels of sugar raise insulin levels and after a few hours cause blood sugar to crash, which can make many people crave more processed carbs," reports David Ludwig, MD, PhD, director of the New Balance Foundation Obesity Prevention Center at Boston Children's Hospital. This doesn't mean you can go crazy with butter and bacon; instead focus on replacing refined starches with vegetables, fruits, and beans—all foods that happen to be low in fat.

Wellness Center Class Schedule

Monday:	Intermediate Yoga 1-2pm Gentle Yoga 2-3pm Yoga 6-7pm
Tuesday:	Stretch & Strength 1-2pm Gentle Stretch & Strength 2-3pm
Wednesday:	Intermediate Yoga 1-2pm Gentle Yoga 2-3pm Strength & Restore 6-7pm
Thursday:	Stretch & Strength 1-2pm Gentle Stretch & Strength 2-3pm Circuit Training 6-7pm
Friday:	Intermediate Yoga 1-2pm Gentle Yoga 2-3pm

Schedule your screening today!



School of Religion/Youth Ministry

Volunteer Opportunities



Uplift Org. If you would like to bring meals to the homeless on the 4th or 5th Monday of any month, please contact Kirstie Roberts! This ministry

is open to all parishioners age 14 and older. Volunteers must report to the Uplift Warehouse by 5pm and will be finished around 9:30pm.

Uplift Cooks! Anyone who would like to help prepare a meal for the homeless is welcome to join our team on the 4th Monday of each month at 10am in the gym. We recommend that you bring a good cutting knife, vegetable peeler and can opener. Our next cooking date is February 27th



Harvesters! This local food bank provides food to needy families around the KC area. Volunteers are needed to help sort food

donations and pack weekend food bags for kids in our community. We will be taking a group of 5 people on the third Thursday of each month. Our next date is February 16th, 6-8pm. If you would like to volunteer, call or email Kirstie in the Youth Office.

Community Meals Lord of Love Lutheran Church offers a free meal to the community each Wednesday. Every third Wednesday of the month St. Sabina volunteers help prepare, serve and clean up in an effort to work together with other Christians to carry out Christ's work. Our next volunteer date is February 15th. Contact Berenice Zayas in the parish office for more information or to sign up. Phone: 816-979-3150 or email: berenice@stsabinaparish.org.

Search Retreat Grocery Shoppers!

A complete list of groceries is available for your shopping pleasure on SignUpGenius.com. Click "Find a Signup" then type in "Kirstie Roberts" for the user and finally click on "Groceries for Search." Please watch your email for a link or visit the parish website for a link to the sign up. If you would rather make a donation to our retreat to help kids pay their fees or help with the groceries, you may do so by writing SEARCH in the memo box of your check or by purchasing a Walmart or HyVee gift card. Any assistance you can offer to make this retreat affordable for our youth is greatly appreciated!

Search Team Meetings

All Peer Ministers serving on the Search retreat team are required to attend our last meeting on February 5th.

Pictured right: Congratulations to all the children who received their first reconciliation on January 24th!

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

1. **Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and**
2. **Contact your local law enforcement agency or call 911, and**
3. **After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.**

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate, Kathleen Chastain, at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsj catholic.org/the-office-of-child-and-youth-protection/>

Confirmation Search Retreat!

ALL confirmation candidates are required to attend this retreat which will be on February 10th, 11th and 12th. We will leave St. Sabina on the 10th at 6:45pm. The retreat will end on Sunday around 2:30pm.

More information about the retreat will be mailed to the parents along with permission slips.

High School and Confirmation Youth!

Your next meetings will be February 5th and 19th at 7pm. Confirmation Sponsor Night will be Feb 8th at 7pm.

Junior High Youth!

Your next meetings will be February 15th and March 8th at 7pm.



Stewardship

"Jesus said to his disciples: 'You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.'"

Matthew 5: 13-16

In today's Gospel reading from the Book of Matthew Jesus calls us salt and then light. He tells us, for example, that we are the light of the world, reflecting His light. Specifically He says to those who choose to be His disciple, "Nor do they light a lamp and then put it under a bushel basket; it is set on a lamp stand." St. Teresa of Calcutta once said, "To keep a lamp burning you have to keep putting oil in it." If we see ourselves as lamps as Jesus told us we should be, we need to keep the oil in it and that requires action on our part. — See more at www.catholicsteward.com/blog/

Green Team Tip of the Week

VolunTeen is a yearlong internship at the KC ZOO for grades 8-11. March 15 is the application deadline. Contact KC ZOO for info and application.

January 29th Contributions

Envelopes/Sobres:	\$10,339.29
Plate/Canasta:	\$ 997.99
Maintenance-Upkeep:	\$ 1,617.41

Online Giving

St. Sabina offers an online giving option for



parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: go to our parish website at www.stsabinaparish.org, click the "Online Giving" button in the top right section and fill out the online contribution form.



Donating Securities and Mutual Funds

Are some of your shares of stock or mutual funds higher than when you bought them? This provides you a wise method of giving to St. Sabina Parish.

Donating appreciated stock or mutual fund shares is a strategic gift-planning method. In most cases, the donor receives an itemized deduction in the full amount of the fair market value (FMV) of the shares donated as of the date of the gift. This value is deductible up to 30% of the donor's adjusted gross income and can be carried over for up to five years after the year of the gift. Please consult your financial or legal adviser.

Encounter Lent

Join are faith community—and nearly 14,000 Catholic communities across the United States—in a life-changing Lenten journey of encounter with CRS



Rice Bowl. Pick up your family's CRS Rice Bowl from the gathering space on February 18th/19th, and don't forget to download the CRS Rice Bowl app! May these 40 days better prepare us to encounter ourselves, our neighbors and our God.

Are you looking for ways to share your time and talents with our parish?

Exploring some of the ways you can share with our parish family is as easy as clicking "like" on our Facebook page: www.facebook.com/StSabinaParish. Each week we have been highlighting different parish ministries with a short video. In these videos, parishioners share their stories about being involved in that particular ministry. You can also find a full list of ministry opportunities at St. Sabina by visiting www.stsabinaparish.org/stewardship-of-time-and-talent/.



Like us on
Facebook



Reflection on the Readings



The readings for the Fifth Sunday in Ordinary Time contain strong images that highlight the demands of discipleship.

They capture well the saying attributed to both Augustine and Francis of Assisi that disciples are called to “preach at all times; if necessary, use words.” The readings specify the connection between what a disciple is and what a disciple does. The image of “light” runs through the readings. It becomes a metaphor for what Israel, Paul, Jesus and the disciples are and should be about.

The first reading from Isaiah comes from a discourse in which the Lord distinguishes between genuine and false piety. Isaiah asserts that genuine piety involves specific actions that manifest a life of care and concern for others, a life of justice and righteousness. The image of light focuses this lifestyle, in contrast to a life of darkness typified by hypocrisy, maliciousness and oppression.

Only by bestowing “bread on the hungry” and satisfying “the afflicted” will light be manifested and gloom and darkness driven out. God is our model in this way of living and our commitment to this lifestyle draws us closer to one another and to God, while also drawing God closer to us. Genuine piety is manifested in relationship to others and to God.

Responsorial Psalm 112 plays with the image of light as well

by inviting us to affirm that “The just man is a light in darkness to the upright.” The psalm verses link the actions of a just person with the very qualities of God by describing such persons as “gracious and merciful and just.” They become source of light, right relationship and genuine piety for all to see. Because of this, such persons “shall not fear” for their “heart is firm, trusting in the Lord,” while their actions endure forever. They are indeed “light in darkness” to the upright, all those who struggle to live lives of justice.

The second reading from the first letter to the Corinthians has Paul state that God’s power is brought to light and made manifest in the crucified and risen Christ. By knowing “nothing...except Jesus Christ and him crucified” Paul is able to tap into the Spirit, power and wisdom of God made manifest in Jesus. In this manner, Paul models a life of righteousness, light and wisdom based not on his own merits but on the power and wisdom of God.

The gospel continues Matthew’s Sermon on the Mount by having Jesus challenge his disciples to be “salt of the earth...light of the world.” In a world without refrigerators and electricity, salt and light are essential for maintaining a good quality of life.

The qualities of salt and light become manifest only in what they do. They are noticed when they do that for which they were intended, namely to give food taste and to enable one to see clearly. Disciples are called to be salt and light in their relationship with others. By being just in all our relationships and by living the way God intended for us, we shine forth for all to see. The “righteous” are clearly recognized when they do justice towards all. In this manner, they become salt and light to all, dispelling darkness and enhancing everyone.

As we continue our ongoing reflection on Matthew’s Sermon on the Mount, consider your daily response to Jesus’ challenge that all disciples be “salt of the earth” and “light of the world.” How are you “salt” and “light” to all you encounter and relate to on a daily basis? How do you strive to dispel gloom and darkness in the lives of others by the way you live and act?

In baptism we commit ourselves to lives of righteousness. How are you living out your communal baptismal call and challenge? Ask God for courage, wisdom and power to practice justice at all times.

Biagio Mazza,
Pastoral Associate

Readings



Sunday, February 5

1st Reading: Isaiah 58:7-10

Psalm: Psalm 112:4-5, 6-7, 8-9 (4a)

2nd Reading: 1 Corinthians 2:1-5

Gospel: Matthew 5:13-16

Sunday, February 12

1st Reading: Sirach 15:15-20

Psalm: Psalm 119:1-2, 4-5, 17-18, 33-34 (1b)

2nd Reading: 1 Corinthians 2:6-10

Gospel: Matthew 5:17-37

Bible Study

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering study sessions that will provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. **We will gather on February 12th and 26th at 10:30am.** All are welcome. Bring a Bible and a friend. To register for these sessions, please call Biagio at 816-979-3153.



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 Brian or Sally, coordinators
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www.CatholicCruisesAndTours.com

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Reflexión Sobre las Lecturas



Las lecturas del Quinto Domingo del Tiempo Ordinario contienen imágenes fuertes que resaltan las exigencias del discipulado. Capturan bien el dicho atribuido tanto a Agustín como a Francisco de Asís de que los discípulos están llamados a "predicar en todo momento; Si es necesario, usan palabras ". Las lecturas especifican la conexión entre lo que un discípulo es y lo que hace un discípulo. La imagen de "luz" recorre las lecturas. Se convierte en una metáfora de lo que Israel, Pablo, Jesús y los discípulos son y deben ser. La primera lectura de Isaías viene de un discurso en el cual el Señor distingue entre la piedad genuina y la falsa. Isaías afirma que la piedad genuina involucra acciones específicas que manifiestan una vida de cuidado y preocupación por los demás, una vida de justicia y rectitud. La imagen de la luz enfoca este estilo de vida, en contraste con una vida de oscuridad tipificada por la hipocresía, la malicia y la opresión.

Sólo al compartir "pan con el hambriento" y al satisfacer "a los afligidos" la luz se manifestará y la oscuridad será expulsada. Dios es nuestro modelo en esta forma de vivir y nuestro compromiso con este estilo de vida nos acerca a los demás y a Dios. La piedad genuina se manifiesta en la relación con los demás y con Dios.

El salmo responsorial 111 juega con la imagen de la luz al invitarnos a afirmar que "el justo brilla en las tinieblas como una luz". Los versos del salmo enlazan las acciones de un justo con las mismas cualidades de Dios al describir tales personas como "justos, clementes y compasivos". Se convierten en fuente de luz, la relación correcta y la piedad genuina para que todos puedan ver. Debido a esto, tales personas "no temerán" porque sus "corazones están firmes en el Señor", mientras que sus acciones duran para siempre. De verdad, son la luz en las tinieblas para los rectos, todos aquellos que luchan por vivir vidas de justicia.

La segunda lectura de la primera carta a los Corintios ha declarado Pablo que el poder de Dios es sacado a la luz y manifestado en Cristo crucificado y resucitado. Al no saber nada excepto Jesucristo y El crucificado, Pablo es capaz de aprovechar el Espíritu, el poder y la sabiduría de Dios manifestados en Jesús. De esta manera, Pablo modela una vida de justicia, luz y sabiduría basada no en sus propios méritos, sino en el poder y la sabiduría de Dios.

El Evangelio continúa el Sermón del Monte de Mateo al hacer que Jesús desafíe a sus discípulos a ser "la sal de la tierra ... la luz del mundo". En un mundo sin refrigeradores y electricidad, la sal y la luz son esenciales para mantener una buena calidad de vida . Las cualidades de sal y luz se manifiestan sólo en lo que hacen. Se perciben cuando hacen que estaban destinados a hacer, es decir, dar sabor a los alimentos y permitir que uno vea claramente. Los discípulos están llamados a ser sal y luz en su relación con los demás. Al ser justos en todas nuestras relaciones y vivir de la manera en que Dios quiso para nosotros, brillamos para que todos lo vean. Los "justos" son claramente reconocidos cuando hacen justicia hacia todos. De esta manera, se convierten en la sal y luz para todos, disipando la oscuridad y mejorando a todos.

Mientras continuamos nuestra reflexión continuo sobre el Sermón del Monte de Mateo, considere su respuesta diaria al desafío de Jesús de que todos los discípulos sean "sal de la tierra" y "luz del mundo". ¿Como es "la sal" y "la luz" a todos los que encuentra al diario? ¿Cómo se esfuerza por disipar la oscuridad en la vida de otros por la forma en que vive y actúa?

En el bautismo nos comprometemos a vivir en justicia. ¿Cómo está viviendo su llamado y desafío bautismal comunal? Pídale a Dios por el valor, la sabiduría y el poder para practicar la justicia en todo momento.

Biagio Mazza
Asciado Pastoral

Lecturas



Lecturas del Domingo, 5 de Febrero

Primera Lectura: Isaías 58:7-10

Salmo: Salmo 111:4-5, 6-7, 8a y 9

Segunda Lectura: 1 Corintios 2:1-5

Evangelio: Mateo 5:13-16

Lecturas del Domingo, 12 de Febrero

Primera Lectura: Eclesiástico 15:16-21

Salmo: Salmo 118:1-2, 4-5, 17-18, 33-34

Segunda Lectura: 1 Corintios 2:6-10

Evangelio: Mateo 5:20-22a, 27-28, 33-37





Seguridad Infantil

La Diócesis de Kansas City-St. Joseph esta comprometida a luchar contra el abuso sexual en la Iglesia. Si usted es víctima de abuso sexual, o si usted observa o sospecha de abuso sexual, por favor:

- 1) Llame a línea directa de Abuso Infantil en Missouri al 1.800.392.3738 (si la víctima tiene menos de 18 años de edad), y
- 2) Póngase en contacto con su departamento de policía local o llame al 911, y
- 3) Después de informarle a las autoridades de la orden civil y de leyes, reporte el abuso sexual del menor o del adulto vulnerable al Defensor del Pueblo Diocesano, Jennifer Valenti, al 816.812.2500 o a su correo electrónico, jennifer.valenti@att.net, si el abuso implica a un sacerdote, diácono, empleado o voluntario de la Diócesis de Kansas City-St. Joseph

La Diócesis tiene un sincero compromiso con los recursos del cuidado y la curación para las víctimas de abuso sexual y a sus familias. Por favor póngase en contacto con la Defensora de Víctimas, Kathleen Chastain al 816.392.0011 o chastain@diocesekcsj.org para mas información.

Todas las personas que son voluntarios con los jóvenes o niños de nuestra parroquia deben atender a un taller llamado "Protegiendo a los Niños de Dios, también necesitaran firmar la póliza sobre Éticas e Integridad en el Ministerio (EIM). Mas información en <https://kcsjcathtolic.org/the-office-of-child-and-youth-protection/>

Oportunidades para Voluntarios

Uplift Org. Si le gustaría traer comidas a las personas sin hogar en el 4º o 5º Lunes de cada mes, por favor, póngase en contacto con Kirstie Roberts! Este ministerio está abierto a todos los feligreses mayores de 14 años. Los voluntarios deben reportarse a la bodega de Uplift a las 5pm y se terminan a las 9:30pm.

Cocineros de Uplift!

Cualquier persona que le gustaría ayudar a preparar una comida para las personas sin hogar está bienvenido a unirse a nuestro equipo en el 4º Lunes de cada mes a las 10am en el gimnasio. Le recomendamos que traiga un cuchillo y pelador de verduras buenos. El próximo día de cocinar es el 27 de febrero.

Harvesters!

Este banco de alimentos local proporciona alimentos a las familias necesitadas de todo el área de KC. Se necesitan voluntarios para ayudar a organizar las donaciones de alimentos y para preparar bolsas de comida para fines de semana para niños en nuestra comunidad. Vamos a llevar un grupo de 5 personas en el tercer jueves de cada mes. Nuestra próxima fecha es el 16 de febrero de 6-8 pm. Si desea ser voluntario, llame o mande un correo electrónico a Kirstie en la Oficina de los jóvenes.

Comidas Comunitarias

La Iglesia Luterana Lord of Love ofrece una comida gratis a la comunidad cada miércoles a la cual usted está invitado. Cada tercer miércoles del mes voluntarios de Sta. Sabina ayudan a preparar, servir y limpiar en un esfuerzo de trabajar junto con otros cristianos para llevar a cabo la obra de Cristo. Nuestra próxima fecha como voluntarios es el 15 de febrero. Contacte a Berenice Zayas en la oficina parroquial para más información. 816-979-3150

Se Necesitan Donaciones para el Retiro Search

Hay una lista de comida que necesitamos en SignUpGenius.com. Haga clic en "Find a Signup", luego escriba "Kirstie Roberts" para el usuario y (user), finalmente, haga clic en "Groceries for Search". Por favor vea su correo electrónico para un enlace o visite el sitio web de la parroquia para un enlace a la inscripción. Si prefiere hacer una donación a nuestro retiro para ayudar a los jóvenes a pagar sus inscripción o ayudar con las compras, puede hacerlo escribiendo SEARCH en la caja de notas de su cheque o comprando una tarjeta de regalo de Walmart o HyVee. !Cualquier ayuda que usted pueda ofrecer para hacer este retiro accesible para nuestros jóvenes es muy apreciada!

Jóvenes de Junior High! Sus próximas reuniones serán los días 15 de febrero y 8 de Marzo a las 7pm.



Retiro de Confirmación "Search"

Todos los ministros jóvenes que sirven en el equipo del retiro Search deben asistir la última reunión el 5 de febrero.

Jóvenes de High School y Confirmación! Sus próximas reuniones serán los días 5 y 19 de febrero a las 7pm. La Noche de Padrinos para la Confirmación será el 8 de febrero a las 7pm.

Reuniones del Equipo Search

Todos los ministros jóvenes que sirven en el equipo del retiro Search deben asistir la última reunión el 5 de febrero.

Retiro de Confirmación "Search"

TODOS los candidatos de la confirmación están obligados a asistir a este retiro que será el 10, 11 y 12 de febrero. Saliremos de St. Sabina el día 10 a las 6:45pm. El retiro terminará el domingo alrededor de las 2:30pm. Mas información sobre el retiro será enviada por correo a los padres junto con hojas de permiso.

!Felicidades a Moisés y todos los niños quienes recibieron su primera reconciliación el 24 de enero!



Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: visite nuestro sitio web de la parroquia en www.stsabinaaparish.org, haga clic en el botón "Online Giving" en la parte superior derecha y llene el formulario de contribución en línea.

Un Momento de Corresponsabilidad

En las lecturas y en el salmo de este fin de semana, el tema que prevalece es el tema de la luz, nosotros somos la luz del mundo; nuestra luz ilumina como el amanecer; nuestra luz brilla en la oscuridad; nuestra luz refleja generosidad y justicia. Los buenos corresponsables saben que ellos son la lámpara, y que cristo es la flama, la cual a través de ellos, ilumina la

Reserve la Fecha para Nuestra Subasta Parroquial - 21 de Abril

!!Reserve la fecha para el viernes, 21 de abril y participe de nuestra subasta parroquial!!
A través de la subasta estaremos recaudando fondos para nuestra iglesia. Más detalles en las próximas semanas.

Demos la Bienvenida a Heydi y Evelyn de El Salvador

Una de nuestras becasas, Heydi Gómez, y la coordinadora de delegaciones del Centro de Intercambio y Solidaridad, Evelyn Portillo, visitarán Santa Sabina en febrero. Por favor, siéntase libre de asistir a cualquiera de los siguientes eventos para conocer a Heydi y conocer sus experiencias en el programa de becas en El Salvador.

Salvadoreña en el Salón Parroquial

Heydi y Evelyn estarán hablando en nuestra Misa de las 4pm. Después de la Misa, se les invita a una comida en el salón parroquial para conocer a Heydi y Evelyn. Hemos invitado a miembros de otras parroquias que tienen becasas en El Salvador. ¡Venga a disfrutar de una maravillosa comida preparada por nuestro Comité Romero!

Domingo 5 de febrero:

- Actividad Orante paso a paso y experimental
- Carácter totalmente práctico y Apostólicas
- Servicio excesivamente Laical
- Fuente de Vocaciones
- Basado en la Biblia
- Con Cristo como centro

10 Puntos Clave

Heydi y Evelyn estarán hablando en aprendenderán 14 diferentes maneras Salón Parroquial. Participantes 2017, de 7 a 9 de la noche en el

Talleres de Oración y Vida

Comienza el lunes, 6 de Febrero del mundo de hoy. El Taller es gratuito, solamente es el costo del material de \$12. No se requiere pre-registración, pero esto ayudara a saber la cantidad de material necesaria para todos los participantes. Favor de comunicarse con Arturo González al teléfono 817-807-0494 o al arturotovusa@hotmail.com, o Raúl Félix a 816-309-1919. Para mas información acerca de los TOV, visite www.tovpil.org.

Miércoles 8 de febrero:

Esta invitado a una "casa abierta" de la casa de Mike y Kris Larkey, quienes recientemente remodelaron una casa antigua ubicada en 210 Second Street en Belton. Todas las donaciones recibidas en la "casa abierta" beneficiarán el programa de becas para nuestros estudiantes en El Salvador.

Recepciones después de las Misas

Heydi y Evelyn estarán hablando en cada una de nuestras Misas dominicales. Después de las Misas habrán recepciones en el espacio de reunión de la iglesia. Por favor planee compartir con ellas y a conocerlas.

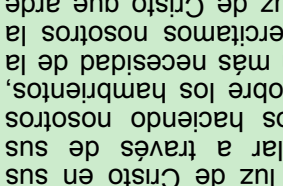
Los Talleres de Oración y Vida (TOV) son una nueva forma de Evangelización. Mas viva y con una visión mas positiva de lo que se ha mostrado siempre. Es una presentación mas vibrante y activa de Jesús que posee una mayor adaptación a las necesidades de la sociedad actual y a lo que las personas realmente necesitan. Esta basada en el amor y lo que este es capaz de realizar, no en el temor ni en el castigo.

Por eso decimos con pleno convencimiento que los Talleres de Oración y Vida son una respuesta al mundo de hoy. El Taller es gratuito, solamente es el costo del material de \$12. No se requiere pre-registración, pero esto ayudara a saber la cantidad de material necesaria para todos los participantes. Favor de comunicarse con Arturo González al teléfono 817-807-0494 o al arturotovusa@hotmail.com, o Raúl Félix a 816-309-1919. Para mas información acerca de los TOV, visite www.tovpil.org.

Un Encuentro con la Cuaresma Unase a nuestra comunidad de fe—y a casi 14,000 comunidades católicas en los EE.UU.—en una jornada Cuaresmal de encuentro que cambia vidas con Plato de Arroz de CRS. Consiga el Plato de Arroz de CRS de su familia en el espacio de reunión el 19 de febrero, ¡y no olvide descargar la aplicación CRS Plato de Arroz! Que estos 40 días nos preparen mejor para salir al encuentro de nosotros mismos, nuestro prójimo y nuestro Dios.

Un Encuentro con la Cuaresma

tierra. Ellos saben que llevan la luz de Cristo en sus corazones, y que la dejan brillar a través de sus palabras y obras. ¿Qué estamos haciendo nosotros para que la luz de Cristo brille sobre los hambrientos, los desamparados y aquellos con más necesidad de la misericordia de Dios? ¿Cómo ejercitamos nosotros la buena corresponsabilidad de la luz de Cristo que arde dentro de cada uno de nosotros?





Horarios de Misa

Santos
Visite nuestra página web para el
horario de Misas especiales y Días
Confesiones: Sábados, 3:00-3:30pm
12:30pm en Español
Domingo: 8:00am y 10:30am en Ingles,
Sábado: 4:00pm en Ingles

Pláticas Pre-Bautismales-11 de Febrero

Normalmente cada segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial. Infórmese PRÓXIMOS BAUTISMOS: llamar a Kris al 816-979-3151 Favor de llenar su aplicación para asistir a las pláticas con anterioridad. **No se ofrece cuidado de niños.**

5 de Febrero del 2017

Quinto Domingo del Tiempo Ordinario