



St. Sabina Catholic Church Belton, MO



May 31, 2015
The Most Holy Trinity



Congratulations to Brantley, who was baptized Sunday, May 24th.

700 Trevis Avenue, Belton, MO 64012 Phone: 816-331-4713
www.stsabinaparish.org www.facebook.com/stsabinaparish

Fax: 816-322-6196 Office Hours: 9:00am - 5:00pm, Monday-Thursday and 9:00am - 1:00pm, Friday

Our Parish Staff

Rev. Jeff Stephan, Pastor	816-979-3157	X57	frjeff@stsabinaparish.org
Deacon Dwayne Katzer			dwayne@stsabinaparish.org
Deacon Mike Gates			mikeg@stsabinaparish.org
Bridget Hernandez, Stewardship and Social Justice	816-979-3159	X59	bridget@stsabinaparish.org
Kris Larkey, Pastoral Associate	816-979-3151	X51	kris@stsabinaparish.org
Biagio Mazza, Pastoral Associate	816-979-3153	X53	biagio@stsabinaparish.org
Susan Ratigan, Liturgist	816-979-3158	X58	susan@stsabinaparish.org
Kirstie Roberts, Dir. of Religious Ed. and Youth Ministry	816-979-3155	X55	kirstie@stsabinaparish.org
Marta Roper, Pastoral Care Coordinator	816-979-3154	X54	marta@stsabinaparish.org
Jeff Shields, Bookkeeper	816-979-3152	X52	jeffshields@stsabinaparish.org
Tracy Wheeler, Maintenance			tracy@stsabinaparish.org
Bonnie Kane, Diocesan Victim Advocate	816-392-0011		kane@diocesekcsj.org
Jenifer Valenti, Diocesan Ombudsman	816-812-2500		jeniferValenti@att.net

Weekend Mass Schedule

Saturday: 4:00pm (Confessions at 3:00pm - 3:30pm)
Sunday: 8:00am and 10:30am in English, 12:30pm in Spanish

Wellness Center 816-979-3090

Jeannine Midgett 816-979-3093
Patricia Moreno 816-979-3092

MASS SCHEDULE

INTENTIONS FOR JUNE 1-5, 2015

Mon. 8am Prayer Service
 Tues. 6pm †Brian Mulich
 Wed. 10:30am †Maria Moore (Beautiful Savior)
 Thurs. 8am †Jim & Vera Hamburg
 Friday 8am Intentions of Judy & Roger Backus
 8:30am Adoration

SATURDAY, JUNE 6, 2015

4:00pm Intentions of Jeanne Patterson
 Intentions of those diagnosed with cancer.

SUNDAY, JUNE 7, 2015

8:00am Intentions of Adam & Shenna Alt & Family
 10:30am †Harvey Joe Castaneda
 12:30pm Spanish Intenciones de las Familias Parroquiales



THIS WEEKEND

BABY BOTTLE CAMPAIGN - MAY 10 - MAY 31

The Knights of Columbus Baby Bottle Campaign is a drive to collect funds to support culture of life initiatives at the local level. Empty bottles will be distributed to you and your family so that you may deposit your loose change, checks or paper money, and the filled bottles will be returned.

Please return your filled bottle the week-end of May 30-31.



NEXT WEEKEND

PARISH GARAGE SALE - JUNE 5-7



It's time to clean out the closets, garages and basements to donate to the sale! Items for donation may be brought to the Youth office or Parish office now. Please drop off items to classroom #8. The garage sale will take place June 5-7. If you have any questions please call Kirstie at 816-979-3155.

PARISH CALENDAR

Sunday, May 31 - Domingo, 31 de Mayo

The Most Holy Trinity
 8:00am Knights of Columbus Corporate Mass & breakfast
 11:00am Ensayo del Coro Hispano
 2:00pm 50th Wedding Anniversary Mass at the Cathedral
 6:30pm Confirmation Rehearsal & Dinner

Monday, June 1 - Lunes, 1 de Junio

8:00am Prayer Service
 2:15pm Wellness Center Diabetes Class
 5:30pm Marian Prayer Group
 6:30pm Boy Scouts, Parish Hall
 7:00pm Confirmation Mass

Tuesday, June 2 - Martes, 2 de Junio

6:00pm Mass

Wednesday, June 3 - Miércoles, 3 de Junio

9:00am Legion of Mary
 10:30am Mass at Beautiful Savior
 7:00pm Confirmation of Adults at the Cathedral

Thursday, June 4 - Jueves, 4 de Junio

9:30am Quilters
 8:00pm Choir Practice (8am Choir)

Friday, June 5 - Viernes, 5 de Junio

Youth Garage Sale
 8:00am Mass
 8:30am First Friday Adoration
 6:30pm Wedding Rehearsal: Hernandez & Palomares

Saturday, June 6 - Sábado, 6 de Junio

Youth Garage Sale
 1:00pm Wedding: Pedro Hernandez & Sara Palomares
 3:00pm Confessions
 4:00pm Mass

Sunday, June 7 - Domingo, 7 de Junio

Youth Garage Sale
 Little Sisters of the Poor Appeal
 11:00am Ensayo del Coro Hispano
 1:30pm Comité Romero

STEWARDSHIP

"When they all saw him, they worshiped, but they doubted. Then Jesus approached and said to them, 'All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.' "

Matthew 28: 17-20

If we do not understand nor fully grasp something, we may have a tendency to doubt, to have reservations. One of the joys of stewardship is trusting completely in God, of accepting the fact that we may never have all the answers. Needing all the answers is a human failing. As professed Catholics we need to accept, and we need to follow and commit to the Lord's call to discipleship. - See more at www.catholicsteward.com/blog/.

STEWARDSHIP OF TREASURE - MAY 24

Envelopes/Sobres:	\$ 9,973.55
Plate/Canasta:	\$ 1,053.43
Maintenance-Upkeep:	\$ 204.00
Funds on deposit with the Diocese:	\$242,206.71

THANK YOU FOR YOUR DONATIONS

Thank you to all who are donating supplies to VBS in Anapra, Mexico this year. Every year about 200 children of all ages attend Vacation Bible School in Anapra and your donations make a difference in how much we are able to do with the children at VBS... Thank you!

Another thank you to everyone who has donated items for our youth garage sale this coming weekend. Your donations will help our high school youth raise money for their trip to the National Catholic Youth Conference in Indianapolis later this year.

STEWARDSHIP OF TIME AND TALENT: ST. SABINA HELPING HANDS

As a result of our "Love Thy Neighbor" project, we are beginning a program to meet some of the needs identified in our parish community through the survey on needs. This program is called St. Sabina Helping Hands and we are currently looking for volunteers to help with this. On Saturday, June 20th, volunteers will help other parishioners with minor home repairs and yard maintenance such as: some painting, gutter work, minor plumbing, etc. If you enjoy helping with Christmas in October, this is another ministry for you! Volunteer sign up sheets, and more information are available in the gathering space.

PASTORAL CARE

FROM DEATH TO NEW LIFE

DE LA MUERTE A LA NUEVA VIDA

†Maria Moore, sister of Biagio Mazza

†Cesar Regalado, brother of Jose Acosta

MAY THEY REST IN PEACE. QUE DESCANSEN EN PAZ.

PRAYER REQUESTS PETICIONES DE ORACIÓN

Berry Alexander	Dick Garnier	Chuck Ramsey
Marilyn Avalos	Mary Lou Haefele	Audrey Reichert
Jennie Baylor	Laverne Harlow	Bill Reichert
Sheryll Bentley	Cherie Hatfield	Joe Stanley
Allie Biondo	John Henry	Noah Stanley
Janet Bremer	Andy Huffman	Jean Tate
Ryann Burrows	Ella Hemmen	Bob Westfall
Gretchen Butler	Mary Ellen Hermann	Mary Westfall
Charles Bybee, Jr.	Richard Hoedl	Carmitia Yust
Rita Cain	Marilyn Keating	
Marvin Cohen	Teresa Kelly	
Joseph Coots	Bill Locke	
Tyler Corlew	Debbie Locke	
Mary Curtis	Jo Locke	
Nancy Dalton	Monica Lopez	
Margo Dellaguardia	Bonita Mackedanz	
Paul DeMar	Sarah Mercier	
Frances DiGeorge	Rita Miller	
	Gary Palmer	



ALL ARE WELCOME AT OUR AREA NURSING HOMES FOR MASS!

Questions contact Marta Roper at 816-979-3154 or marta@stsabinaparis.org.

NURSING HOME MASS SCHEDULE

June 3	10:30am	Beautiful Savior
June 10	10:00am	Rehabilitation Center of Raymore
June 17	10:00am	Foxwood Springs
June 24	11:00am	Carnegie Village

PROJECT RACHEL, IS THIS FOR ME?

If the memory of an abortion still hurts, Project Rachel offers a program to help you. Whether your abortion was recent or long ago, whether you are a woman or a man, we are here to help. No judging, just gentle guidance. For details, call 816-591-3804. Free and Confidential. Learn more at www.projectrachelkc.com.

MENTAL HEALTH RESOURCE NUMBERS

NAMI - National Alliance on Mental Illness

816-931-0030 - Support. Education. Advocacy.

National Suicide Prevention Lifeline

1-800-273-TALK (8255) Available 24/7

ACI Mental Health Crisis Hotline

1-888-279-8188 - 24/7 Access, Multilingual

PARISH HAPPENINGS

LITTLE SISTERS OF THE POOR

On the weekend of June 6th and 7th, the Little Sisters of the Poor will be visiting our Parish. The Sisters operate a home for the elderly poor in Kansas City, which is one of 195 Homes operated by the Little Sisters of the Poor in 30 countries throughout the world.



They have ministered to thousands of our own Greater Kansas City elderly for the past 130 years. Your support will enable them to continue their mission of caring for their Residents in a spirit of joy and dignity. Any assistance you are able to give is sincerely appreciated. Godbles you!

LIVING STONES

Foundations for Living Stones

A Faith Formation Program for interested Adults

"Come to him, a living stone...chosen and precious in the sight of God, and, like living stones, let yourself be built into a spiritual house..." (1 Peter 2:4-5)

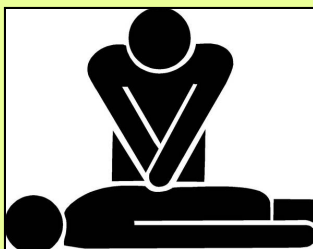
St. Sabina, a Catholic faith community committed to total and lifelong faith formation, is offering an adult faith formation program titled, Foundations for Living Stones. The program explores in greater depth and knowledge the basics of our faith. All the sessions focus on the ministry that we are called to in and through our baptism. Communication skills, group development, leadership skills, bible study, church history, prayer and sacraments are some of the many areas explored and examined in depth. Adult methods of learning and reflection are employed throughout.

The sessions are scheduled on Tuesday evenings, from 7-9:30 PM, beginning in late August and ending in late May. This is a 9-month commitment to deepen one's skills and knowledge so as to become a more effective and engaging minister. We hope to work collaboratively with our neighboring parishes, inviting them to be part of this mutual learning process. For a brochure or more information, please call or e-mail either Kris or Biagio at:

Biagio Mazza 816-979-3153 biagio@stsabinaparish.org
Kris Larkey 816-979-3151; kris@stsabinaparish.org

CPR SUNDAY - JUNE 7

Hands-Only CPR can be as effective as CPR with breaths. Join us Sunday, June 7th from 11:00am to 1:00pm in the Gym and learn how to save a life in 60 seconds.



LADIES AUXILIARY OFFICERS

Congratulations to our new officers. President-Nancy Meiron, Vice President-Carol Lacy, Secretary-Jan Stella, Treasurer-Donna Dailey, Sergeant at Arms-Margaret Bannerman. Trustees-Rita Birkenbach, Sally Coshun, Cecilia Berryman

PRAYER FOR THE ELECTION OF A BISHOP

O God, eternal shepherd, who govern your flock with unfailing care, grant in your boundless fatherly love a pastor for your Church who will please you by his holiness and to us show watchful care. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen

DACA RENEWALS

Deferred Action for Childhood Arrivals (DACA) must be renewed every two years. If you have DACA status, please be aware that the renewal process takes about 6 months. Please refer to the following timeline to ensure that you renew your DACA on time:

1. Check the expiration date on your work permit
 2. Gather proof of presence in the United States since applying for DACA
 3. Save money for the filing fee and for an attorney
- Processing a DACA renewal takes approximately 5 months. To ensure timely renewal, 6 months prior to your DACA expiration you should begin the renewal process.

Congratulations to Camden, who was baptized on Sunday, May 24th.



ADULT FAITH FORMATION

HOLY TRINITY SUNDAY, YEAR B

With the feast of Pentecost the fifty days of the Easter Season come to a close and the Season of Ordinary Time becomes operative once again till the first Sunday of Advent. Holy Trinity Sunday is part of Ordinary Time and helps focus attention on the fullness of revelation that has occurred through the Easter mysteries. The fullness of our God, Father, Son and Spirit, has been made known to us through Jesus. The rest of the liturgical year is devoted to deepening our relationship and love commitment with our God. The refrain from Responsorial Psalm 33 "Blessed the people the Lord has chosen to be his own," calls us to realize the depth of this love relationship with our God.

The Trinity brings us in touch with mystery. Mystery can be understood as something we will never be able to explain. So why bother? Or it can be looked upon as something that is "infinitely explainable." What exactly would that mean? This statement takes seriously the fact that we are living, thinking people who want our values and beliefs to mean something. If this is so, then we must say something, however inadequate, about things that we will never be able to totally or exhaustively comprehend. Mysteries should never stop us from attempting to make sense of those realities and how they impact our lives.

Do our readings help us get a handle on the mystery that we celebrate this Sunday? Yes and no. That is always the reality when talking about mysteries. The doctrine of the Trinity is more implicit than explicit in the Scriptures. While the references to Father, Son and Spirit are there, it took centuries for the Christian community to articulate the meaning, understanding and belief that we attribute to the Trinity today, namely three persons in one God. We continually affirm the oneness of God expressed in the three-ness of persons. But what does all this mean?

The first reading from Deuteronomy has Moses remind the people of their special relationship with God which God initiated by drawing close to humanity in

love and intimacy. Such freely given intimacy and love demand a response from all. Will the people freely respond or will they choose not to? That is the challenge God's love presents to all humanity.

The second reading from Romans speaks of God's love manifested through the Spirit, drawing us close to God expressed in terms of loving familial relationship. We become sons and daughters of God, enabling us to call upon God as our loving father, who cares for us in good times and in bad. Paul affirms that through God's Spirit we become "joint heirs with Christ," so wonderfully does God love us. All of Christ's inheritance is freely ours, for we are all brothers and sisters in Christ.

Matthew's gospel speaks of the final commissioning of Jesus' followers to evangelize in the name of the Father, Son, and Spirit. The Trinity, here in seed form, will eventually blossom into the fullness and equality of God-with-us. The communal nature of God is something we live out and proclaim with conviction to all we come across. That communal nature calls us forth to love all humanity as we love the members of our family.

What meaning and significance does the One-God in three persons have for your life as a follower of Jesus who has been baptized in the Spirit? How does the communal nature of the Trinity help you to understand the communal nature of our relationship with all humanity? This week, make time to build community wherever you are.

Biagio Mazza
Pastoral Associate



SCC

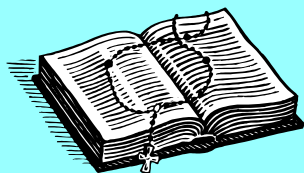
READINGS FOR SUNDAY, MAY 31, 2015

1st Reading: Deuteronomy 4:32-34, 39-40

Psalm: Psalm 33:4-5, 6, 9, 18-19, 20, 22 (126)

2nd Reading: Romans 8:14-17

Gospel: Matthew 28:16-20



BIBLE STUDY

BIBLE STUDY AND SUNDAY READINGS

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering study sessions that will provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. **We will gather on June 28th, July 26th and August 23rd at 10:30am.** All are welcome. Bring a Bible and a friend. To register for these sessions, please call Biagio at 816-979-3153.

YOUTH MINISTRY

NATIONAL CATHOLIC YOUTH CONFERENCE!

Our parish will be taking a group of High School youth to Indianapolis over the weekend of November 19th through the 21st. NCYC is full of amazing speakers, liturgical experiences, music groups and interactive areas for youth to meet other young Catholics from around the United States. If your child will be in 9th grade or older next school year and would like to attend this once in a lifetime conference for Catholic Youth, please contact Kirstie Roberts by June 1st. More information is available at: <http://ncyc.nfcym.org/program/>

FUNDRAISER FOR NCYC! Our first big fundraiser is scheduled for June 5th through the 7th. If you are planning to attend NCYC and would like a huge portion of your fees to be eliminated, sign up to help at the Garage Sale! In the past we have raised enough funds to pay for 10 youth to attend the conference! Contact Kirstie to sign up for at least 3 shifts. If you have a scheduling conflict, you may send a willing volunteer in your place.

UPLIFT ORG. needs volunteers! If you would like to bring meals to the homeless on the 4th or 5th Monday of any month, please contact Kirstie Roberts to sign up! This ministry is open to all parishioners age 14 and older. Volunteers must report to the Uplift Warehouse by 5pm and will be finished around 9:30pm.

UPLIFT COOKS! Anyone who would like to help prepare a meal for the homeless is welcome to join our team on the 4th Monday of each month at 10am in the gym. It's recommended that you bring a good cutting knife and vegetable peeler.

HARVESTERS! This local food bank provides food to needy families around the KC area. Volunteers are needed to help sort food donations and pack weekend food bags for kids to help fight hunger in our community. We will be taking a group of 5 people on the third Thursday of each month beginning in June. If you would like to volunteer, call or email Kirstie Roberts in the Youth Office to sign up. This ministry is open to all ages!

SUMMER SOFTBALL Junior High and High School Youth are welcome to join us in a few friendly games of softball with area churches. Our games will be on June 14th, July 26th and August 2nd from 2-4pm at Presentation church ball field in Lee's Summit. If you need a ride, please meet at St. Sabina at 1:15pm. Permission slips are on the website and in the youth office.

CONFIRMATION CONGRATULATIONS

Matthew Anderson, Joshua Coots, Kylie Giacone, Jacob Gudenkauf, Sergio Guevara, Jr., Emmanuel Hernandez, Rosio Hernandez, Lucia Hinojos, Rafael Hinojos, Jr., Sophia Hirt, Jesse Jakobe, Anna King, Kelsey Lehman, Jacob Little, Spencer Lueckenotto, Molly Moore, Maribel Munoz, Victor Ortiz, Joseph Palomares, Jesus Pantoja, Valerie Pina, Selena Ramos, Sergio Rocha, Madison Thurman, Luis Torres

SCHOOL OF RELIGION

VACATION BIBLE SCHOOL - JULY 12-16

This year's Vacation Bible School will be July 12th through the 16th, 5:30pm - 8:30pm daily. Volunteer and children registrations are available on our website and some will be available in the back of church. This year's



theme is "Conquering Challenges with God's Mighty Power". Classes will be for children in Kindergarten and up, and Jr. High students can sign up to be helpers. If you have any questions please call Kirstie at 816-979-3155.

FORM FOR COMMUNICATION WITH MINORS

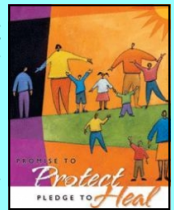
Parents and guardians must now sign a form giving permission for St. Sabina staff, specifically the Youth Director, Kirstie Roberts to respond to text messages, emails and phone calls from the youth of the parish. These forms are available in the back of the church with the PSR registrations and in the Youth Office.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM).

CHILD SAFETY

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

- 1) Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
- 2) Contact your local law enforcement agency or call 911, and
- 3) After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.



The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Bonnie Kane at 816.392.0011 or kane@diocesekcsj.org for more information.

AREA INFORMATION

GIRLS VOLLEYBALL CAMPS

Girls' volleyball camps for Grades 4-8 will be held at Notre Dame de Sion High School June 8-11. Registration forms at www.ndsion.edu or contact Coach Lampen: RLampen@ndsion.edu.



NATURAL FAMILY PLANNING

Couples struggling with infertility can easily learn a modern, scientific method of Natural Family Planning to significantly increase their chance of starting their families naturally. Whether hoping to achieve or postpone pregnancy, NFP can help. A course in the Sympto-Thermal Method begins Sat., June 13, at 10am at St. Mark Parish, 3736 Lee's Summit Rd., Independence, MO. Reasonable course fee covers all three sessions. Call Mary Kathleen or Tom Morgan at (816) 795-9790 or the Couple to Couple League of Kansas City at (913) 894-3558 for more info. **Online pre-registration for these classes required at: www.ccli.org.**

ST. BERNADETTE ANNUAL RUMMAGE SALE

June 9-10-11, 9am-7pm, Bauer Hall, 9018 E. 51st Terrace, KCMO. Mega-Sale includes furniture, appliances, housewares, jewelry, clothing, décor, books, linens, collectibles, much misc. - clean, organized, and reasonably priced. Hosted by the CCW. Contact parish office for further info (816) 356-3700.

SOCIAL JUSTICE

NEED HELP WITH YOUR HOME?

As a result of our "Love Thy Neighbor" project, we are beginning a program to meet some of the needs identified in our parish community through the survey on needs. This program is called St. Sabina Helping Hands. We are currently accepting applications for those who need help with minor home repairs and yard maintenance such as: some painting, gutter work, minor plumbing, etc. Applications and more information are available in the gathering space. If you need help with your home, please look over the information provided in the gathering space, as this is not a complete list of what we can do.

BE A MENTOR. CHANGE A LIFE.

For former offenders, some of the toughest times they face occur after their sentence is served.

Thousands of men and women are released from Missouri prisons each year without jobs, homes or a support system. Without help, many will end up back behind bars. When you volunteer as a mentor with Catholic Charities' TurnAround program, you provide vital support that helps clients stay positive and productive. When they succeed, lives and communities are transformed.

Catholic Charities is looking for caring individuals willing to make a one-year commitment. You choose the schedule. Training and orientation are provided. For more information please call 816-659-8234 or you can email hjones@ccharities.com

FINANCIAL EDUCATION PROGRAMS

Holy Rosary Credit Union is offering financial education classes at their main branch, 533 Campbell St, KCMO. To register, please call 816-221-2734. All classes are free.

- Power over Debt, June 6, 10:30-Noon, in English
- Credit 101, June 20, 10:30-Noon, in English

COMPANION CAMP 2015 will be held June 19-21 at Conception Seminary College; it is a weekend summer camp for boys entering the 6th, 7th and 8th grades. Participate and compete in a variety of fun activities like fishing, dodgeball, basketball, soccer, water balloon toss, and many other games! Learn more about your Catholic faith, and meet other kids your age. *Young men in high school are also invited to help out as part of our Camp Staff.* For more information, please contact your pastor, Fr. Macario or Fr. Paul at (660) 944-2886 / E-mail: vocations@conception.edu / www.conception.edu/vocations/companion-camp

CATHOLIC CHARITIES IS HIRING

Outstanding career opportunities available at Catholic Charities of Kansas City-St. Joseph:

Grants Manager: seeking an experienced grant writer who can research, organize and coordinate development of all grant and contract proposals, as well as manage budgets for corporate, foundation and government grants and contracts.

Education and Support Program Manager: seeking a licensed MSW with experience in adoptions to supervise staff and maintain clinical oversight of services, including pregnancy counseling, case management, adoption planning and youth.

To apply for these openings or inquire about other employment opportunities, please go to our website www.catholiccharities.org/contact-us/careers/.

PARISH HAPPENING

RED DRESS LUNCHEON – JUNE 4

American Heart Association in partnership with First Hand Foundation's Healthe Communities Program will be hosting Vestido Rojo de Todo Corazon; celebrating Latinas with All Our Heart. A free luncheon filled with heart healthy education, tips, and fun activities will take place Thursday, June 4th from 11:00am to 1:00pm at St. Sabina.

Please RSVP before Friday, May 30th by calling our Wellness Center at 816-979-3090.



PARISH HAPPENINGS

HAPPY BIRTHDAY! ¡FELIZ CUMPLEAÑOS!

Melissa Anderson, Katy Arrenas, Luis Basurto, Isaiah Bays, Olive Belter, Joe Biondo, Audrey Busam, Crystal Camarena, Patty Carr, Emily Carrell, Nelson Cartagena, Cecilie Damian, Kristi Darby, Geovanni Estrella, Sharon Faust, Carolyn Foster, Caleb Fuselier, Edgar Gallardo, Jeaulte Garcia, Lilia Garcia, Maria Garcia, Rosa Garcia, Stacy Gomez, Erik Gonzalez, Rodney Goulding, Marilynn Grieb, Dailyn Guillen, Susan Gute, Trevor Hammack, Joselyn Hernandez, Natalie Hernandez, Valeria Hinojos, Denise Hoggard-Robbins, Bev Jakobe, Jake Larkey, Doug Lehman, Ellie Lenz, Eduardo Lopez, Jennifer Luciano, Kaylie Marin, Tanya Martinez, G.T. McDonald, Matthew McGuire, Tony Medrano, Pam Miller, Alex Mueller, Katie Newton, Katie Norton, Alberto Ortega, Brandon Ortiz, Minnie Ortiz, Zuri Pacheco, Angela Ramos, Alfonso Randazzo, Deisy Reyes, Johnathan Rickard, Roxana Romero, Diane Rooney, Ryan Rosebrough, Maribel Ruiz, Maritza Ruiz, Diviana Segura, Sarah Shattford, Kathy Spencer, Vicki Strobe, Olga Torres, Jaime Urbina, Kennedy Varner, Jennifer Villalobos, Thomas Wolfe, Grace Yonker

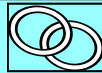
HAPPY ANNIVERSARY! ¡FELIZ ANIVERSARIO!

Marin Arellano & Anallely Garrido	1 Year!	05/31/2014
Jim & Casey Muzic	5 Years!	06/04/2010
Kelly & Jennifer Parker	6 Years!	06/06/2009
Rene & Rebeca Nunez	8 Years!	06/02/2007
Rodrigo Rojo & Nancy Vences	12 Years!	05/31/2003
Doug & Mirtha Galant	13 Years!	05/31/2002
Joe & Donna Cummings	20 Years!	06/01/1985
Kirk & Michelle Davis	21 Years!	06/05/1994
Charles & Sharon Lautner	22 Years!	06/04/1993
Walter & Ann Klassen	28 Years!	06/03/1987
Kevin & Cathy Duncan	35 Years!	05/31/1980
Dennis & Gail Schmidt	37 Years!	06/03/1978
Kevin & Marcy Washam	38 Years!	06/04/1977
Bob & Kathryn Guezaraga	43 Years!	06/06/1972
Dave & Kathy Kratofil	45 Years!	06/06/1970
John & Gloria Walters	58 Years!	06/01/1957
Merle & Jeannette Woolworth	58 Years!	06/01/1957
Bob & Ann Cummings	61 Years!	06/05/1954

CONGRATULATIONS

WEDDING CONGRATULATIONS

Congratulations to Andrew Schwaebler and Shannon Ford who were married on May 22nd!



BAPTISM CONGRATULATIONS

Breckin Lee Embry, son of Brandon and Meagan Embry
Aaron Eduardo Meza, son of Jose Luis and Irma Meza
Brantley Michael Bossler, son of Brandon Bossler and Madison Smith
Camden Joseph Goulding, son of Rodney and Karli Goulding
Camila Verence Aguilar, daughter of Laura Aguilar

WELLNESS CENTER

HEALTH STRESS MANAGEMENT

Emotional eating is one of the biggest contributors to weight gain. Turning to food as a coping mechanism when we are bored, stressed, angry, lonely, sad, happy or even to be social is as common as it is ineffective. Food doesn't fill the void.

From a biological perspective, there is a cascade of "feel good hormones" (endorphins) when eating certain foods (namely carbohydrates), but not without a cycle of emotions to follow. Guilt, frustration and anger can all result from a negative coping pattern of eating.

Instead, there are other positive coping techniques that BOTH improve health and relieve stress. Finding techniques that work for you might take some time and experimentation, but you can get there. Again, it's understanding how our bodies work, and cooperating with our body. Stress is a perceived BIOLOGICAL response-our coping HABITS are learned.

When will you make a commitment to live your best life? How about NOW?

Check out the new class schedule. We have added more beginning classes and brought back a class on **Saturday called ReFit Cardio**.

WELLNESS SCREENINGS are offered the 1st and 3rd Saturdays of the month from 8:30am-11:30am. We are available on June 6th and 20th.

Don't forget that we provide one-on-one wellness coaching to help you meet your health goals! We can support you with your weight loss program!

WELLNESS CENTER CLASS SCHEDULE

Monday: Yoga 1:00 - 2:00 pm
 Yoga Basics 2:00 - 3:00 pm
 Diabetes Empowerment Class 2:15 - 4:00pm
 Yoga 6:00 - 7:00 pm

Tuesday: Strength & Stretch 1:00 - 2:00 pm
 Gentle Stretch & Strength 2:00 - 3:00pm

Wednesday: Yoga 1:00 - 2:00 pm
 Yoga Basics 2:00 - 3:00 pm
 Restorative Yoga 6:00 - 7:00 pm

Thursday: Stretch & Strength 1:00 - 2:00 pm
 Gentle Stretch & Strength 2:00 - 3:00pm
 Strength & Stretch 6:00 - 7:00 pm

Friday: Yoga 1:00 - 2:00 pm
 Gentle Yoga 2:00 - 3:00 pm
 Boxing Beats 5:00 - 6:00 pm

Saturday: Open Workout 8:30 - 10:00 am
 Health Screenings 8:30 - 10:00 am
 Refit Cardio Class 10:00 - 11:00 am





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ESCUELA DE RELIGIÓN

ESCUELA BIBLICA DE VACACIONES

Nuestra escuela bíblica de vacaciones se llevara acabo del 12 de Julio al 16 de Julio, de 5:30 - 8:30pm todos los días. El tema de este año será "Conquistando Retos con el Gran Poder de Dios".

Estas clases son para niños de Kinder para arriba, los jóvenes de Junior High pueden inscribirse para ser ayudantes. Las aplicaciones de ayudantes y registro de niños están en nuestra pagina web o también hay formularios en la parte de atrás de la iglesia, en el espacio de reunión. Si tiene alguna pregunta por favor comuníquese con Zuiri al 816-979-3150.

CONFERENCIA NACIONAL DE LA JUVENTUD CATOLICA (NCYC)

Nuestra parroquia estará llevando un grupo de jóvenes de High School a Indianápolis el fin de semana de Noviembre 19 - 21. NCYC está llena de oradores excelentes, experiencias litúrgicas, grupos de música y áreas interactivas donde los jóvenes pueden conocer a otros jóvenes Católicos de alrededor de los Estados Unidos. Si su hijo/a va a estar en el 9 grado o más el próximo año escolar y quisiera atender a esta conferencia para Jóvenes Católicos, por favor contacte a Kirstie Roberts en la Oficina del Ministerio Juvenil antes del 1 de Junio. Hay más información disponible en: <http://ncyc.nfcym.org/program/>.

RECAUDACION DE FONDOS PARA NCYC

Nuestro primer evento para recaudar fondos para el viaje de NCYC en Septiembre será del 5 - 7 de Junio. Si estas planeando acompañarnos a NCYC y quieres que una gran parte de tus gastos sean eliminadas, inscríbete para ayudar en la venta de garaje. Por favor contacta a Kirstie para inscribirte por lo menos en 3 turnos. Si hay algún conflicto con tu Schedule puedes enviar a un voluntario dispuesto para remplazarte.

EDUCACION FINANCIERA

PROGAMAS DE EDUCACION FINANCIERA

Credit Union de Holy Rosary está ofreciendo clases de educación financiera en su locación principal, 533 Campbell St, KCMO. Para registrarse por favor llame al 816-221-2734. Todas las clases son gratis.

- Pasos Básicos para Manejar su Dinero, 13 de Junio, 10:30am – 12:00pm, Español
- Clase de Compra de Casa, 18 de Julio, 9am - 3pm, Español



CORRESPONSABILIDAD

TIEMPO Y TALENTO

MANOS PARA AYUDAR DE STA. SABINA

Como resultado de nuestro proyecto "Ama al Próximo," estamos empezando un programa para satisfacer algunas de las necesidades identificadas en nuestra comunidad parroquial a través de la encuesta sobre necesidades. Este programa se llama Manos para Ayudar de Santa Sabina y actualmente estamos buscando voluntarios para ayudar con esto. El sábado, 20 de junio, voluntarios ayudarán a otros feligreses con reparaciones menores y mantenimiento del jardín, tales como: pintar (espacios pequeños), el trabajo del canal, plomería menor, etc. Si le gusta ayudar con la Navidad en octubre, este es otro ministerio para usted! Hojas para inscribirse como voluntario y más información están disponibles en el espacio de reunión.

TESORO: GRACIAS POR SUS DONACIONES

Gracias a todos los que están donando suministros a la escuela bíblica en Anapra, México este año. Cada año, alrededor de 200 niños de todas las edades asisten a la escuela bíblica en Anapra y sus donaciones hacen una gran diferencia en lo tanto que podemos hacer con los niños en la escuela bíblica... ¡Gracias!

Otro agradecimiento a todos los que han donado artículos para la venta de garaje de nuestros jóvenes este fin de semana que viene. Sus donaciones ayudarán a nuestros jóvenes de la high school a recaudar fondos para su viaje a la Conferencia Nacional de la Juventud Católica en Indianápolis a finales de este año.

JUSTICIA SOCIAL

NECESITA AYUDA CON SU HOGAR?

Como resultado de nuestro proyecto "Ama al Próximo," estamos empezando un programa para satisfacer algunas de las necesidades identificadas en nuestra comunidad parroquial a través de la encuesta sobre necesidades. Este programa se llama Manos para Ayudar de Santa Sabina y actualmente estamos aceptando solicitudes para los que necesitan reparaciones menores y mantenimiento del jardín, tales como: pintar (espacios pequeños), el trabajo del canal, plomería menor, etc. Hay solicitudes y más información disponibles en el espacio de reunión. Si necesita ayuda con su hogar, por favor lea la información en el espacio de reunión, porque esta no es una lista completa de lo que se puede hacer.



ORACION

ORACION POR LA ELECCION DE UN OBISPO

O Dios, pastor eterno, que gobiernas de tu rebaño con cuidado infalible; concede en tu amor paternal sin limites a un pastor para tu Iglesia, un pastor quien te agrade por su santidad y para mostrarnos atención vigilante. Por nuestro Señor Jesucristo, tu Hijo, quien vive y reina contigo en la unidad del Espíritu Santo, un solo Dios, por los siglos de los siglos.

Amen.

INFORMACION

PLATICAS PRE-BAUTISMALES - 13 DE JUNIO

Normalmente cada Segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial.

PRÓXIMOS BAPTISMOS: Llamar Kris al 816-979-3151. Favor de llenar su aplicación antes de asistir a las platicas. **No se ofrece cuidado de niños.**

VENTA DE GARAGE - 5-7 DE JUNIO



Ya es hora de limpiar sus armarios, garajes y sótanos para donar a nuestra venta. Por favor traiga sus donaciones a la oficina de la Parroquia. Nuestra venta de garaje será del 5-7 de Junio. Si tiene alguna pregunta por favor llame a Zuiri al 816-979-3150.

LECTURAS

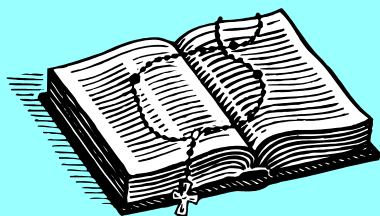
LECTURAS DEL DOMINGO, 31 DE MAYO

Primera Lectura: Deuteronomio 4:32-34, 39-40

Salmo: Salmo 33:4-5, 6, 9, 18-19, 20, 22 (126)

Segunda Lectura: Romanos 8:14-17

Evangelio: Mateo 28:16-20



EVENTOS

VESTIDO ROJO DE TODO CORAZON - 4 DE JUNIO

La Asociación Americana del Corazón en colaboración con First Hand Foundation's Healthe Communities estarán patrocinando el evento Vestido Rojo de Todo Corazón; celebrando a las Latinas de todo corazón. Todo es totalmente gratis; una feria llena de consejos saludables, talleres educativos, actividades divertidas y comida. Reserve su espacio hoy! Aconséjale a las mujeres en tu vida que reconozcan los riesgos de las enfermedades del corazón...la causa numero 1 de muerte entre las mujeres latinas.

Confirme su asistencia antes del 30 de Mayo, llamando a nuestro Centro de Salud al 816-979-3090.



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¡Reserve su espacio **HOY!**

Aconséjale a las mujeres en tu vida que reconozca los riesgos de las enfermedades del corazón... la causa número 1 de muerte entre las mujeres latinas.

*Confirme su asistencia treinta, 30 de mayo
St Sabina 816 979-3090*





La Parroquia Católica de Santa Sabina Belton, MO



*31 de Mayo del 2015
La Santísima Trinidad*



**Felicidades a Camila, quien fue bautizada el
Domingo, 24 de Mayo.**

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www.facebook.com/stsabinaparish

Fax: 816-322-6196

Horarios: 9:00am - 5:00pm, Lunes - Jueves y 9:00am - 1:00pm, Viernes

Personal de la Parroquia

Rev. Jeff Stephan, Pastor	816-979-3157	X57	frjeff@stsabinaparish.org
Diácono Dwayne Katzer			dwayne@stsabinaparish.org
Diácono Mike Gates			mikeg@stsabinaparish.org
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Biagio Mazza, Asociado Pastoral	816-979-3153	X53	biagio@stsabinaparish.org
Susan Ratigan, Liturgista	816-979-3158	X58	susan@stsabinaparish.org
Kirstie Roberts, Dir. de Religión y Pastoral Juvenil	816-979-3155	X55	kirstie@stsabinaparish.org
Marta Roper, Coordinadora Pastoral	816-979-3154	X54	marta@stsabinaparish.org
Jeff Shields, Contador	816-979-3152	X52	jeffshields@stsabinaparish.org
Tracy Wheeler, Mantenimiento			tracy@stsabinaparish.org
Bonnie Kane, Diocesan Victim Advocate	816-392-0011		kane@diocesekcsj.org
Jenifer Valenti, Diocesan Ombudsman	816-812-2500		jeniferValenti@att.net

Horario de las Misas del fin de semana

Sábado: 4:00pm (Confesiones de las 3:00pm - 3:30pm)

Domingo: 8:00am, 10:30am en Ingles, 12:30pm Misa en Español

Centro de Salud - 816-979-3090

Jeannine Midgett 816-979-3093

Patricia Moreno 816-979-3092