

50 Days of Prayer and Kindness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>April</i>				1	2	3
4 <i>Easter Sunday</i> Volunteer for the parish flower gardens, community garden or grounds keeping	5 Hold the door open for someone.	6 Do a chore for someone without them knowing.	7 Pray that the joy of the Resurrection may fill you and your family.	8 Return someone's cart at the store.	9 Pray for the children in our parish, may they grow in their knowledge and love of Jesus.	10 Let someone go ahead of you in line.
11 Pray for our pastor, that he will have wisdom as he leads and serves our parish.	12 Ask your parents or grandparents about their childhood.	13 Compliment a friend.	14 Talk to someone who is different (age, race, nationality, religion etc.) from you	15 Wash someone's car.	16 Pray for unity in our country.	17 Write a thank you note to your mail carrier.
18 Read Romans 12:9-21 Pray as to how you may grow in these virtues	19 Check on an elderly neighbor	20 Walk dogs at an animal shelter	21 Turn off the water while brushing your teeth or shaving.	22 Earth Day - Pick up litter.	23 Read a portion of <i>Laudato Si'</i> . How can you help care for the earth?	24 Feed the birds
25 Read Matthew 22:34-40. Pray about how you can become a more loving person.	26 Consider having Fish Fridays and Meatless Mondays year round	27 Donate socks to a homeless shelter.	28 Pray the rosary as a family.	29 Call a friend you haven't seen in a while.	30 Read John 13:34. Pray that we may grow in our love for one another	

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>May</i>						1 Read Matthew 25:31-46. How can you help someone in need?
2 Donate groceries to a local food pantry	3 Write chalk messages on the sidewalk	4 Mow a neighbor's yard	5 Pray for the parish staff	6 Take treats to a fire department or police station	7 Spend one hour praying in church	8 Donate clothes that you don't wear anymore
9 - <i>Mother's Day</i> Give flowers to your mom/wife. Tell her that you love her.	10 Make a thank you sign for sanitation workers	11 Tell a manager about the good service you received	12 Pray for students who are graduating	13 <i>Ascension of the Lord</i> Read Acts of the Apostles 1:4-11	14 Buy a coffee for a stranger	15 Set the table for dinner without being asked
16 Read 1 Corinthians 12:8-10. Pray for the gifts of the Holy Spirit	17 Delete old emails, then empty your trash and spam folder to prevent building new buildings for cloud storage servers	18 Tell someone why he/she is special to you	19 Read Colossians 3:12-17. Pray to grow in these virtues	20 Write a note for someone's lunch	21 Pray for the elderly in our parish	22 Donate coloring books and crayons to the children's hospital
23 Read Acts of the Apostles 2:1-4. Pray for the Holy Spirit to fill you	24	25	26	27	28	29
30	31					