

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabina-parish.org •
www.facebook.com/stsabina-parish • 816-331-4713

Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday
Horarios de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



Thank you to the Cass County Health Department and our parish volunteers who have made three successful COVID vaccine clinics possible! Our next clinic will be Sunday, August 8, 1-3pm. Pictured are parishioner volunteers: Yennifer Escobar, Stefany Mena, Johana Rosas, Denise Ashby-Cohen, Lisa Janner, Jan Stella, Yakelin, Marily, Louise McNelly and Anna Ewbank.

¡Gracias al Departamento de Salud del Condado de Cass y a nuestros voluntarios parroquiales que han hecho posible tres clínicas exitosas de vacunación contra COVID! La próxima clínica será el domingo 8 de agosto, 1-3pm. En las fotos aparecen feligreses voluntarios: Yennifer Escobar, Stefany Mena, Johana Rosas, Denise Ashby-Cohen, Lisa Janner, Jan Stella, Yakelin, Marily, Louise McNelly y Anna Ewbank.

Mass Times

In Person: Saturdays at 4pm (English)
Sundays at 8am and 10:30am (English)
Sundays at 12:30pm (Spanish)

Online: Saturdays at 4pm (Facebook-live)
Posted to website immediately after
Sundays at 8am (Facebook-live)
Posted to website immediately after
Sundays at 12:30pm (Spanish-Facebook-live)
Posted to website immediately after

Horarios de Misa

En persona: Sábados a las 4pm (inglés)
Domingos a las 8am y 10:30am (inglés)
Domingos a las 12:30pm (español)

En línea: Sábados a las 4pm (inglés-Facebook-en vivo)
Publicado en nuestro sitio web inmediatamente después
Domingos a las 8am (inglés-Facebook-en vivo)
Publicado en nuestro sitio web inmediatamente después
Domingos a las 12:30pm (español-Facebook-en vivo)
Publicado en nuestro sitio web inmediatamente después

Sixteenth Sunday in Ordinary Time—16° Domingo del Tiempo Ordinario

July 18, 2021

Parish Staff/Info—Personal de la Parroquia/Información

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
Deacon Mike Gates		mikeg@stsabinaparish.org
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Marta Roper , Pastoral Care Coordinator/Coordinadora Pastoral	816-979-3154 X54	marta@stsabinaparish.org
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Tracy Wheeler , Maintenance/Mantenimiento		tracy@stsabinaparish.org
Berenice Zayas , Family Life & Hispanic Ministry/Vida de la Familia Parroquial y Ministerio Hispano	816-979-3150 X50	berenice@stsabinaparish.org
Diocesan Victim Advocate	816-392-0011	victimadvocate@diocesekcsj.org
Joe Crayon , Diocesan Ombudsman	816-812-2500	crayon@ombudsmankcsj.org
Wellness Center/Centro de Bienestar		
Wendy Mora Cedillo	816-979-3090	
Jeannine Midgett	816-979-3093	



Mass Intentions for the Week Peticiones de la Semana

Intentions for July 20-23, 2021

Tues.	11am	†Agustina Martinez Mejia
Wed.	8am	Intentions of the Jesús Gonzalez Family
Thur.	8am	Open
Fri.	8am	Open

Saturday, July 24, 2021

4:00pm	†Lola Barrios
	†John Cikan
	†Larry Long

Sunday, July 25, 2021

8:00am	†Nancy Ruffini
	Intentions of Our Parish Family
10:30am	Open
12:30pm Spanish	†Juana Calderon
	†Pastor Giron
	†Marco Antonio Huerta

From Death to New Life De la Muerte a la Nueva Vida

†**Nancy Ruffini**, mother of Andy, Alec, Jamie Ruffini and Kirstie Roberts

†**Gilberto Gutierrez**, esposo de Eva Hernandez de Gutierrez, padre de Crystal, Gabriella y Gilberto Gutierrez

†**Bobby Brown**, mother of Joyce Greenstreet, Bob, Jane and Jim Brown, grandmother of Hannah Coovert, Abbi and Zach Brown

†**Anna Reinhardt**, mother of Angelika Mackey

†**John Walters**, father of Julie Lunn, Tom, Gary, Tim and Matthew Walters

†**Ron Schock**, father of Kim Uhrich and Todd Schock

†**Pablo Ortiz**, primo de Juan Lopez



Parish Information—Información Parroquial

Sunday, July 18 - Domingo, 18 de Julio

11:00am Ensayo del Coro Hispano

Monday, July 19 - Lunes, 19 de Julio

7:00pm Boy Scouts

Tuesday, July 20 - Martes, 20 de Julio

No Scheduled Events

Wednesday, July 21 - Miércoles, 21 de Julio

9:00am Legion of Mary

6:30pm Weekly Rosary

7:00pm Knights Officers Meeting

Thursday, July 22 - Jueves, 22 de Julio

9:30am Piecemakers Quilt Group

Friday, July 23 - Viernes, 23 de Julio

5:00pm Ensayo de Quince Años: Isabel Arreola

Saturday, July 24 - Sábado, 24 de Julio

1:00pm Quince Años: Isabel Arreola

Sunday, July 25 - Domingo, 25 de Julio

10:30am Bible Study

11:00am Ensayo del Coro Hispano

happy birthday

Juan Aguilar
 Jasmine Aguilar
 Jacqueline Arreola
 Alex Barberis
 Dick Bell
 Peter Brake
 Daniel Cano
 Daniel Carlock
 Lupita Cervantes
 Sofia Cervantes
 Ricardo Chavez
 Andrea Chavez
 Michael Chrissie
 Tahnee Clark
 Aggie Cooper
 Joshua Coots
 Hannah Coovert
 Amanda Crosby
 James Effertz
 Arlette Enriquez
 Bruno Escalante
 Ana Estrada
 Reid Freivogel
 Fernando Galindo
 Alexander Garcia
 Dawn Gebauer
 Emery Grantham
 Vanesa Guardado
 Deivid Guerrero
 Gerardo Gutierrez
 Tim Hanover
 Rose-Mari Heinerikson
 Rufino Hernandez
 Mayra Hernandez
 Yolanda Hernandez
 Javier Hinojos
 Rosemary Huffman
 Theresa Humke

Debra Huntsman
 Joslyn Islas Fernandez
 Grecia Jaime
 Angel Jaimes
 Edgar Keesoon
 Anna King
 Leilani Madera
 Julia Maldonado
 Sheldon McClish
 Olivia McClish
 Justin McNeil
 Ronald Myers
 Alexander Negrete
 Jezabel Noriega
 Lisa Ostrom
 Samuel Perez
 Kevin Pocasangre
 Andy Puleo
 Sherman Ragsdale
 Dulce Ramirez
 Aaron Ramirez
 Daniel Ramirez
 Alberto Rivera
 Rudy Roberts
 Ivan Rodelo
 Yesenia Rodriguez
 Isaac Salazar
 Mae Scali
 Cassandra Scott
 Scott Sigman
 Jill Sultz
 Mike Tierney
 Joselyn Trejo
 Sergio Valenzuela
 Cynthia Varela
 Gonzalo Villalobos
 Melonie White

Happy Anniversary

Dick and Bev Bell	63 Years!	7/19/1958
Chris and Patricia Kallas	54 Years!	7/22/1967
Terry and Mikie Wartell	50 Years!	7/23/1971
John and Angelika Mackey	37 Years!	7/20/1984
John and Andrea Tapia	30 Years!	7/20/1991
Jose Escalante and Maricarmen Ibarra	22 Years!	7/24/1999
Sixto and Cynthia Varela	19 Years!	7/19/2002
Patrick and Gloria Madden	17 Years!	7/24/2004
Grant and Alberta Priewe	13 Years!	7/19/2008
Gil and Bridget Hernandez	12 Years!	7/19/2009
Isham and Amy Nelson	11 Years!	7/24/2010
Tyler and Gabrielle DeMay	7 Years!	7/19/2014
Ruben and Norma Campos	6 Years!	7/22/2015



This Week's Do You Know Video:

As we continue our series on Islam, we briefly examine Islam's Five Pillars and their intimate connection to both



Judaism and Christianity. For Catholics, number 3 of the Vatican II document *Nostra Aetate*, the Declaration on the Relation of the Church to Non-Christian Religions, clearly articulates Christianity's link with Islam, focused especially on the Five Pillars. Muslim belief and practice is rooted in the Five Pillars of creed, prayer, fasting, almsgiving and pilgrimage. The creed affirms belief in one God and Muhammad as his messenger. Muslims pray five times a day to remind themselves continually of God's presence in all of life's daily activities. Strict fasting takes place during the month of Ramadan, when nothing is to touch one's lips from sunrise to sunset. Almsgiving is central to Islam, acknowledging that God is the owner of what we have been given and we have a duty to share with others who are in need. The fifth pillar is focused on pilgrimage to Mecca, a desire and willingness to travel to Mecca to connect more intimately with God, with Islamic spiritual tradition and with fellow believers from around the world. Knowing, understanding and respecting one another's beliefs and practices will lead to dialogue and working together to promote peace and true justice. Make time to view this week's DYK video, and reflect on the intimate connection between Judaism, Christianity and Islam.

En Nuestro Video ¿Sabes...? de Esta Semana:

A medida que continuamos nuestra serie sobre el Islam, examinamos brevemente los Cinco Pilares del Islam y su conexión



íntima tanto con el judaísmo como con el cristianismo. Para los católicos, el número 3 del documento *Nostra Aetate* del Vaticano II, la Declaración sobre la relación de la Iglesia con las religiones no cristianas, articula claramente el vínculo del cristianismo con el Islam, centrado especialmente en los Cinco Pilares. La creencia y práctica musulmana tiene sus raíces en los cinco pilares del credo, la oración, el ayuno, la limosna y la peregrinación. El credo afirma la creencia en un solo Dios y Mahoma como su mensajero. Los musulmanes rezan cinco veces al día para recordar continuamente la presencia de Dios en todas las actividades diarias de la vida. El ayuno estricto tiene lugar durante el mes de Ramadán, cuando nada debe tocar los labios desde el amanecer hasta el atardecer. La limosna es fundamental para el Islam, reconociendo que Dios es el dueño de lo que se nos ha dado y tenemos el deber de compartir con otros que lo necesitan. El quinto pilar se centra en la peregrinación a La Meca, el deseo y la voluntad de viajar a La Meca para conectarse más íntimamente con Dios, con la tradición espiritual islámica y con otros creyentes de todo el mundo. Conocer, comprender y respetar las creencias y prácticas de los demás conducirá al diálogo y al trabajo conjunto para promover la paz y la verdadera justicia. Tómese un momento para ver el video ¿Sabes? de esta semana y reflexione sobre la conexión íntima entre el judaísmo, el cristianismo y el Islam.



Platicas Pre-Bautismales - 14 de Agosto

Normalmente cada segundo Sábado del mes de las 10 am a las 11am. (Sólo para niños de 0-6 años.) Salón Parroquial. Para niños mayores de 7 años requerirán una formación especial. **No se ofrece cuidado de niños.**

PRÓXIMOS BAUTISMOS: llamar a Kris al 816-979-3151. Favor de llenar su aplicación para asistir a las platicas con anterioridad.

Green Team Tip of the Week

Learn what food labels such as *Natural*, *Organic* and *Cage-free* really mean as well as how food choices impact all God's creatures at <https://foodprint.org/>.

Consejo de la Semana del Equipo de Ecología

Aprenda qué significan realmente las etiquetas de alimentos como *Natural*, *Orgánico* y *Sin jaulas*, así como las formas en que las elecciones de alimentos afectan a todas las criaturas de Dios en <https://foodprint.org/> (inglés).

Information—Información

Covid-19 Vaccine Info

Vaccines are now available for individuals ages 12 and older.

The parish is hosting another vaccine clinic for first and second doses on Sunday, August 8, 1-3pm in the gym.

Walgreens has begun to have vaccines available at certain locations. Visit <https://www.walgreens.com/> to find out more information.

Walgreens and CVS offer same day appointments. Call your local Walgreens or CVS to find out the most convenient place that they are available for you.

Hy-Vee: To see if appointments are available, go to <https://www.hy-vee.com/my-pharmacy/covid-vaccine-consent>.

Cosentino's Price Choppers are offering vaccines at some of their stores. To check availability, please visit: <https://www.cosentinos.com/covid-vaccine>.

Text your ZIP code to 438829 - or text "VACUNA" for Spanish - and you'll find your local options for the Covid-19 vaccines.

Información sobre la vacuna Covid-19

Las vacunas ahora están disponibles para personas mayores de 12 años.

La parroquia está organizando otra clínica de vacunas para la primera y segunda dosis el domingo 8 de agosto, de 1 a 3 pm en el gimnasio.

Walgreens ha comenzado a tener vacunas disponibles en ciertos lugares. Visite <https://www.walgreens.com/> para obtener más información.

Walgreens y CVS ofrecen citas el mismo día. Llame a su Walgreens o CVS local para averiguar cuál es el lugar más conveniente para usted.

Hy-Vee: para ver si hay citas disponibles, vaya a <https://www.hy-vee.com/my-pharmacy/covid-vaccine-consent>.

Price Choppers de Cosentino ofrece vacunas en algunas de sus tiendas. Para verificar la disponibilidad, visite: <https://www.cosentinos.com/covid-vaccine>.

Envíe un mensaje de texto con "VACUNA" al 438829 y encontrará sus opciones locales para las vacunas contra el Covid-19.



Wellness Center



Did You Know- Eating too much sugar can be bad for your health. It has been linked to an increased risk of many diseases, including obesity and heart disease. Many people try to minimize their sugar intake, but it's easy to underestimate how much you're actually consuming because many foods contain hidden sugars, including some foods that you wouldn't even consider to be sweet. Here are 5 foods and drinks that contain more sugar than you think.



- 1. Lowfat yogurt** - Not all yogurt is created equal. Like many other low fat products, low fat yogurts have sugar added to them to enhance flavor. It's best to choose full fat, natural, or Greek yogurt. Avoid yogurt that has been sweetened with sugar.
- 2. Barbecue sauce and Ketchup** - BBQ sauce and Ketchup, are some of the most popular condiments worldwide but they are often loaded with sugar. One tablespoon of Ketchup or BBQ sauce may contain up to 2 teaspoons of sugar. If you're liberal with your servings, this makes it easy to consume a lot of sugar without meaning to.
- 3. Fruit juice** - Like whole fruit, fruit juice contains some vitamins and minerals. It usually takes a lot of fruit to produce a single glass of fruit juice, so you get much more sugar in a glass of juice than you would get by eating whole fruit.
- 4. Sports drinks** - Sports drinks can often be mistaken as a healthy choice for those who exercise. However, sports drinks are designed to hydrate and fuel trained athletes during prolonged, intense periods of exercise. For this reason, they contain high amounts of added sugars that can be quickly absorbed and used for energy. Unless you're a marathon runner or elite athlete, you should probably just stick to water while exercising. It's by far the best choice for most of us.
- 5. Protein bars** - Protein bars are a popular snack. Foods that contain protein have been linked to increased feelings of fullness, which can aid weight loss. This has led people to believe that protein bars are a healthy snack. While there are some healthier protein bars on the market, many contain around 20 grams of added sugar. When choosing a protein bar, read the label and avoid those that are high in sugar.

The bottom line consuming small amounts of sugar now and then is perfectly healthy; watch out for the hidden sugars whenever possible. Added sugars aren't a necessary part of your diet. Although small amounts are fine, they can cause serious harm if eaten in large amounts on a regular basis.



Area Information

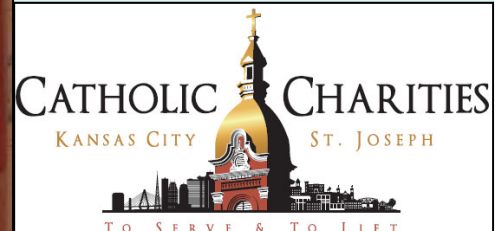
Información Local

Catholic Charities Services

Catholic Charities KCSJ recently opened its first Food Pantry, "Lift Up—Kansas City" at our temporary site in St. Catherine of Siena Parish. The Pantry is available to anyone in our diocese and includes an online shopping portal for clients to choose groceries. Our plan is to have mobile outreach deliver food and emergency services across the diocese. We continue to seek capital support in the form of a building, shelving, box trucks, vans & forklifts and also search for a permanent home to serve the southern portion of our diocese and a location in our northern counties. If you have knowledge of or access to any of these items, please let us know. For more information, contact Jessica Gant at 816-882-4781 or jgant@ccharities.com. To volunteer, contact Linda Hopkins at 816-659-8205 or lhopkins@ccharities.com.

Servicios de Catholic Charities

Catholic Charities KCSJ (Caridades Católicas) abrió recientemente su primera despensa de alimentos, "Lift Up — Kansas City" en nuestro sitio temporal en la parroquia de St. Catherine of Siena. The Pantry está disponible para cualquier persona en nuestra diócesis e incluye un portal de compras en línea para que los clientes elijan alimentos. Nuestro plan es que el alcance móvil brinde alimentos y servicios de emergencia en toda la diócesis. Continuamos buscando apoyo de capital en forma de edificio, estanterías, camionetas y montacargas y también buscamos un hogar permanente para servir a la parte sur de nuestra diócesis y una ubicación en nuestros condados del norte. Si tiene conocimiento o acceso a alguno de estos elementos, háganoslo saber. Para obtener más información, comuníquese con Jessica Gant al 816-882-4781 o jgant@ccharities.com. Para ser voluntario, comuníquese con Linda Hopkins al 816-659-8205 o lhopkins@ccharities.com.



Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Joe Crayon, at 816.812.2500 or crayon@ombudsmankcsj.org, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact the Victim Advocate at 816.392.0011 or victimadvocate@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsj catholic.org/the-office-of-child-and-youth-protection/>.

Pastoral Care

Cuidado Pastoral

Nursing Home Mass Schedule

July 28 No Mass or Service
 We have resumed monthly Mass at Carnegie Village; parishioners are welcome; please wear a mask and check in at the front desk for temperature check.

Horario de Misas en Hogares de Ancianos

28 de Julio No habrá Misa ni servicio
 Hemos reanudado la misa mensual en Carnegie Village; los feligreses son bienvenidos; por favor use cubre boca y regístrese en la recepción para checar su temperatura.

Grief Recovery Group — Save the Date

Tuesdays beginning Sept. 21 through Oct. 26!
CONSCIOUSLY REMEMBERING those who have died is the key that opens our hearts, that allows us to love them in a new way. Please contact Marta Roper at marta@stsabinaparish.org or 816-979-3154 for more information or to register.

Are you looking for a ministry to join? Something that serves the greater community of Belton, Raymore and Peculiar? Eucharistic Ministers to the Sick & Homebound are Needed

St. Sabina Parish has one hospital, five long-term care and assisted living facilities and homebound parishioners that we serve. Many hands are needed. This is a vital ministry that keeps our parishioners and Catholics in area care centers connected with the Church and the Sacraments. Training will be provided. If you are considering how to serve your community, if you have an extra two hours per week and would like to serve the aged, ill and those confined to home, please contact Marta Roper at 816-979-3154 or marta@stsabinaparish.org.

Lista de Peticiones de Oración para el Boletín

Los feligreses que están enfermos, o que tienen un ser querido que está enfermo, pueden solicitar que se recuerde a la persona en la lista de Peticiones de Oración publicada en nuestro boletín. Los nombres permanecerán en la lista durante dos meses, pero se pueden volver a agregar a la lista. Recuerde que la persona debe dar permiso antes de que se pueda publicar el nombre. Para agregar o eliminar un nombre de la lista, comuníquese con Marta Roper, en la oficina parroquial 816-979-3154 o marta@stsabinaparish.org.

Números de Recursos de Salud Mental

**Línea Nacional de
 Prevención del Suicidio**
 1-800-273-TALK (8255)
 Disponible 24/7

**Línea Directa de Crisis de
 Salud Mental ACI**
 1-888-279-8188 Disponible
 24/7, multilingüe



Prayer Requests/Peticiones de Oración

Jim Agnew
 Peg Agnew
 Randy Andrews
 Chris Armstrong
 Dick Armstrong
 Steve Ayers
 Joe Barron
 Zachary Baylor
 Bill Beaver
 Emma Beaver
 Dennis Berg
 Marion Biondo
 Mary Pat Biondo
 Betty Bremenkamp
 Maxine Bremer
 Veronica Burks
 Joyce Callahan
 Patty Carr
 Racheal Casaday Smith
 Raul Cedillo
 Steve Circo
 Mary Ann Crooks
 Harold Dawes

Mark DeLuca
 Marcia DiGeorge
 Randy Dyck
 Terry Eppert
 Maria Esperanza Castillo
 Clayton Evans
 Melissa Evans
 Pat Falcon
 Sharon Felsing
 Lili Flores
 Maria Luisa Flores
 John Frezza
 Gary Gallup
 Bettianne Gardiner
 Joyce Giacone
 Karen Grantham
 Cherie Hatfield
 Bob Henderson
 Darlene Henderson
 Rhonda Henke
 Bob Henningsen
 Marilyn Henningsen
 Jeff Hemmen

Ernestine Iseman
 Sue Huwar
 Ruth Davila Johnston
 Kenneth Jones
 John Jongenelen
 Jack King
 Todd Kudron
 Susan Lager
 Mary Lewis
 Ellen Lilek
 Ellen Lovelace
 Alex Martinez
 Axel Martinez
 Pam May
 Bill McDaniel
 Emanuel Juarez Meza
 Kathy Moore
 Joan Muench
 Carmen Munguia
 Jerry Nowak
 Joan Nowak
 Jack Obermeier
 JoAnn Obermeier

Ricardo Pinon
 Gary Prendergast
 Rita Pruitt
 Abigail Ragsdale
 Chuck Ramsey
 Larry Rhodes
 Amy Ritchie
 Dennis Ritchie
 Agustin Rivera
 Alfonso Rivera
 Rene Angel Rosa Zelaya
 Michelle Rose
 Anna Ryan
 Zoila Angelica Salguero
 Arturo Solis
 Lori Stangl
 Stephen Stinger
 Dani Stinger
 Lois Stogsdill
 Rita Stout
 Jean Tate
 Joel Taylor
 Ronda VanDyne

William VanDyne
 Deb Wagner
 Denise Vargo Wallace
 Mary Westfall
 Mary Wickstrum
 Millie Wolfe
 John Wooldridge
 Karen Wooldridge



Reflection on the Readings

The sixteenth Sunday in Ordinary Time, Year B, sets the context for the next five Sundays. In today's gospel, Jesus and his disciples set time aside for rest. In doing so, they become aware of the large crowd following them. Jesus looks upon them with pity, for they are like sheep without a shepherd. **Reaching out to them, he desires to address their needs, modeling himself on God, the Good Shepherd, whose qualities are extolled in Responsorial Psalm 23.**



This desire to care for, teach, and feed God's people sets the stage for the exploration of John's "Bread of Life" discourse. From the Seventeenth to the Twenty-first Sunday in Ordinary Time Year B, the semi-continuous reading of Mark is interrupted with the proclamation of John chapter 6, the "Bread of Life" discourse. Since the discourse did not appear in any of the three year lectionary cycles, the lectionary committee inserted it here so that we could hear and reflect on it for five successive Sundays. **More will be commented on in the following weeks.**

Today's readings focus on being good shepherds modeled on Jesus, who takes his cue from the image of God articulated in Psalm 23. Here God is imaged as the one who provides, guides and walks with us no matter the dangers. **The good shepherd knows the sheep and they can trust and depend on the shepherd no matter what comes.** Such covenant relationship leads to peace and to a desire to dwell with the shepherd always. Today, we too can joyfully sing the refrain from Responsorial Psalm 23, "The Lord is my shepherd; there is nothing I shall want."

The first reading from Jeremiah excoriates the shepherds of Israel, usually the leaders, especially kings and priests, for failing in their responsibility to care for the people. **Jeremiah predicts that someday, the Lord will raise up a descendant of David who will "govern wisely, he shall do what is right and just in the land," so much so that they will name him, "The Lord our Justice."** Christians believe Jesus to be this very descendant of David whose ministry is to "do what is just and right in the land."

The second reading from the letter to the Ephesians specifies how Jesus, David's "righteous shoot," acted with love, concern and justice towards all. Through his willingness to give of himself totally for others, Jesus unites us to God and to one another, establishing peace, breaking down boundaries, enacting forgiveness and reconciliation, and drawing us near to the Father in the Spirit. **As disciples, we too are called to be David's "righteous shoot," modeling ourselves on Jesus, ministering to others as a good shepherd should.**

Last week's gospel had Mark's Jesus commission his disciples to preach, teach and heal in his name. **Today's gospel has them return, reporting to Jesus their ministerial success. Jesus counsels them to take time to regroup from their ministry to a "deserted place" for renewal and re-commitment.** Yet, Jesus and the disciples' ministry has caught the attention of the crowd who would not allow them quiet and peace. Jesus, moved by the people's desire to experience good shepherding, begins "to teach them many things." **This was not merely an intellectual exercise but a practical one in which the criteria of a good shepherd which the other three reading delineate, was made manifest for all to see.**

In Baptism we commit ourselves to continue the mission and ministry of Jesus by building up God's kingdom wherever we are planted. We model ourselves on Jesus the good shepherd who walked that same path, trusting in God's wisdom and guidance, "doing what is right and just in the land." **This week, reflect on how you live out your call to be a "good shepherd" to all you encounter. How do you go about "doing what is right and just in the land?"**

Biagio Mazza
Pastoral Associate

Readings



Sunday, July 18

1st Reading: Jeremiah 23:1-6

Psalm: Psalm 23:1-3, 3-4, 5, 6 (1)

2nd Reading: Ephesians 2:13-18

Gospel: Mark 6:30-34

Sunday, July 25

1st Reading: 2 Kings 4:42-44

Psalm: Psalm 145:10-11, 15-16, 17-18 (16)

2nd Reading: Ephesians 4:1-6

Gospel: John 6:1-15

Reflexión Sobre las Lecturas

El decimosexto Domingo del Tiempo Ordinario, Año B, establece el contexto para los próximos cinco domingos. En el evangelio de hoy, Jesús y sus discípulos apartan un tiempo para descansar. Al hacerlo, se dan cuenta de la gran multitud que los sigue. Jesús los mira con compasión, porque son como ovejas sin pastor. **Al acercarse a ellos, desea abordar sus necesidades, inspirándose en Dios, el Buen Pastor, cuyas cualidades se exaltan en el Salmo responsorial 22.**

Este deseo de cuidar, enseñar y alimentar al pueblo de Dios prepara el escenario para la exploración del discurso de Juan sobre el "Pan de Vida". Desde el Decimoséptimo hasta el Vigésimo Primero Domingo del Tiempo Ordinario Año B, la lectura semicontinua de Marcos se interrumpe con la proclamación de Juan capítulo 6, el discurso del "Pan de Vida". Como el discurso no apareció en ninguno de los ciclos lectivos de tres años, el comité del leccionario lo insertó aquí para que pudiéramos escucharlo y reflexionar sobre él durante cinco domingos sucesivos. **Se comentará más en las próximas semanas.**

Las lecturas de hoy se centran en ser buenos pastores inspirados en Jesús, quien toma su ejemplo de la imagen de Dios articulado en el Salmo 22. Aquí se representa a Dios como el que proporciona, guía y camina con nosotros sin importar los peligros. **El buen pastor conoce a las ovejas y pueden confiar y depender del pastor sin importar lo que pase.**

Tal relación de pacto conduce a la paz y al deseo de vivir siempre con el pastor. Hoy, nosotros también podemos cantar alegremente el estribillo del Salmo responsorial 22, "El Señor es mi pastor, nada me falta".



La primera lectura de Jeremías critica a los pastores de Israel, generalmente los líderes, especialmente reyes y sacerdotes, por fallar en su responsabilidad de cuidar al pueblo. **Jeremías predice que algún día, el Señor resucitará un descendiente de David que "será un rey justo y prudente y hará que en la tierra se observen la ley y la justicia", tanto que lo nombrarán, "El Señor es nuestra justicia".** Cristianos cree que Jesús es este mismo descendiente de David, cuyo ministerio es hacer lo que es justo en la tierra.

La segunda lectura de la carta a los Efesios especifica cómo Jesús, el renuevo justo, actuó con amor, preocupación y justicia hacia todos. A través de su disposición a entregarse totalmente a los demás, Jesús nos une a Dios y a los demás, estableciendo la paz, derribando fronteras, promulgando el perdón y la reconciliación, y acercándonos al Padre en el Espíritu. **Como discípulos, también nosotros somos llamados a ser el renuevo justo de David, modelando a Jesús, ministrando a otros como debería hacerlo un buen pastor.**

La semana pasada, el Evangelio hizo que el Jesús de Marcos comisionara a sus discípulos para que predicaran, enseñaran y sanaran en su nombre. **El evangelio de hoy los hace regresar, reportando a Jesús su éxito ministerial. Jesús les aconseja tomarse un tiempo para recuperarse de su ministerio a un "lugar solitario" para renovarse y volver a comprometerse.** Sin embargo, el ministerio de Jesús y los discípulos ha llamado la atención de la multitud que no les permitiría silencio y paz. Jesús, movido por el deseo del pueblo de experimentar un buen pastoreo, comienza a "enseñarles muchas cosas". **Esto no fue simplemente un ejercicio intelectual sino práctico, en el cual se puso de manifiesto el criterio de un buen pastor que las otras tres lecturas delinearán, se hizo manifiesto para que todos lo vieran.**

En el Bautismo nos comprometemos a continuar la misión y el ministerio de Jesús construyendo el reino de Dios donde sea que estemos plantados. Nos modelamos en Jesús, el buen pastor que caminó por ese mismo camino, confiando en la sabiduría y guía de Dios, haciendo lo correcto y justo en la tierra. **Esta semana, reflexione sobre cómo cumple su llamado a ser un "buen pastor" a todos los que encuentre. ¿Cómo se puede hacer lo correcto y justo en la tierra?**

Biagio Mazza
Asociado Pastoral

Lecturas



Lecturas del Domingo, 18 de Julio

Primera Lectura: Jeremías 23:1-6
Salmo: Salmo 22:1-3a, 3b-4, 5, 6
Segunda Lectura: Efesios 2:13-18
Evangelio: Marcos 6:30-34

Lecturas del Domingo, 25 de Julio

Primera Lectura: 2 Reyes 4:42-44
Salmo: Salmo 144:10-11, 15-16, 17-18
Segunda Lectura: Efesios 4:1-6
Evangelio: Juan 6:1-15

Stewardship

“I myself will gather the remnant of my flock from all the lands to which I have driven them and bring them back to their meadow; there they shall increase and multiply.

I will appoint shepherds for them who will shepherd them so that they need no longer fear and tremble; and none shall be missing, says the LORD.”

Jeremiah 23:3-4

This reading portrays God's infinite care and concern for our lives. We can see that God is the one who loved us first. Oftentimes, we are like the people who are blind to His goodness and enticed by sin — something we think will make us happy but does not. God is the one who constantly pursues us and gives us opportunities to say "yes" to Him. He wants to win us back, and ultimately, He will make us happy. We must ask ourselves, who or what is blinding us or leading us away from our ultimate happiness? Stop for a moment and name that thing — money, status, a person, career, laziness, addiction, self-image, health, etc. — that could be leading you away from a full and happy relationship with God. As Christian disciples, deep down we really know that our true happiness is God. So, what are we waiting for? Take the leap of faith and allow yourself to radically love God in return.

— See more at www.catholicsteward.com/blog/.

Corresponsabilidad

“Yo mismo reuniré al resto de mis ovejas de todos los países a donde las había expulsado y las volveré a traer a sus pastos, para que ahí crezcan y se multipliquen. Les pondré pastores que las apacienten. Ya no temerán ni se espantarán y ninguna se perderá.”

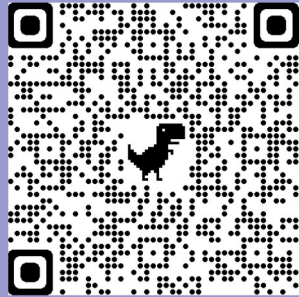
Jeremías 23:3-4

Esta lectura retrata el cuidado y la preocupación infinitos de Dios por nuestras vidas. Podemos ver que Dios es quien nos amó primero. A menudo, somos como las personas ciegas a su bondad y atraídas por el pecado, algo que creemos que nos hará felices, pero no lo hace. Dios es el que nos persigue constantemente y nos da oportunidades para decirle "sí". Quiere recuperarnos y, en última instancia, nos hará felices. Debemos preguntarnos, ¿quién o qué nos está cegando o alejándonos de nuestra felicidad suprema? Deténgase por un momento y nombre esa cosa - dinero, estatus, una persona, carrera, pereza, adicción, autoimagen, salud, etc. - que podría alejarlo de una relación plena y feliz con Dios. Como discípulos cristianos, en el fondo sabemos realmente que nuestra verdadera felicidad es Dios. ¿Entonces que estamos esperando? Dé el salto de fe y permítase amar radicalmente a Dios a cambio.

— Vea mas en www.catholicsteward.com/blog/.

Online Giving

St. Sabina offers an online giving option for parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: scan the QR Code or go to our parish website at www.stsabinaparish.org and click the "Online Giving" button in the top right section. This will open a new window through our secure third party website.



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Did you know that your Amazon purchases are likely eligible to provide a donation to our parish? Last quarter, we received donations based off of **over \$26,300** of your purchases and over \$110,400 of your purchases, cumulatively! To support us in this way, be sure to do your Amazon shopping through smile.amazon.com and select "St. Sabina Catholic Church, Belton" as your charity of choice. Thank you to the 100 shoppers that have chosen us as their charity!

Contributions for the Week of July 4

Envelopes/Sobres:	\$26,394.32
Plate/Canasta:	\$ 639.00
Maintenance-Upkeep:	\$ 1,959.50

Donaciones por Internet

Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: escanee el código QR o visite nuestro sitio web de la parroquia en www.stsabinaparish.org, haga clic en el botón "Online Giving" en la parte superior derecha. Se abrirá una ventana nueva que lo llevará a otro sitio seguro.



¡Apoya a Nuestra Parroquia al Comprar por Internet!

¿Sabía que es probable que sus compras en Amazon sean elegibles para proveer una donación para nuestra parroquia? El último trimestre, recibimos donaciones basadas en **más de \$26,300** de sus compras y más de \$110,400 de sus compras, ¡acumulativamente! Para apoyarnos de esta manera, asegúrese de hacer sus compras en Amazon a través de smile.amazon.com y seleccione "St. Sabina Catholic Church, Belton" como su organización benéfica preferida. ¡Gracias a los 100 compradores que nos han elegido como organización benéfica!



Stewardship

Consider Making a Bequest to St. Sabina

There are no small gifts in the eyes of our Lord. A bequest of any size is an ultimate expression of stewardship and demonstrates your appreciation for the gifts you have received. To leave your parish a bequest, make sure your intentions are understood by providing as much identifying information as possible. State the Legal Name, Tax ID Number (if known), Address, City, ST Zip. Contact Kris at kris@stsabinaparish.org for more information.



Corresponsabilidad

Considere Hacer un Legado a Santa Sabina

No hay pequeños regalos a los ojos de nuestro Señor. Un legado de cualquier tamaño es la máxima expresión de corresponsabilidad y demuestra su aprecio por los obsequios que ha recibido. Para dejar un legado a su parroquia, asegúrese de que se comprendan sus intenciones proporcionando tanta información de identificación como sea posible. Indique el nombre legal, número de identificación fiscal (si lo conoce), dirección, ciudad, código postal y estado. Póngase en contacto con Kris en kris@stsabinaparish.org para obtener más información.

Llamados A Servir



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María Palomares al 816-838-1138

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Mass Streaming Changes

Beginning the weekend of July 31/August 1, we will no longer stream the 4:00pm Mass. We will continue to stream the 8:00am English and 12:30pm Spanish Sunday Masses via Facebook Live and post them to our YouTube channel and website immediately following Mass. A huge thank you to Corey Pointer and Frank Hansel who shared much of their time and talent to improve our Mass streamings and make them happen every week. Their efforts helped and continue to help keep our homebound family connected.

Rite of Christian Initiation of Adults (RCIA)

If you or anyone you know would be interested in being part of the Rite of Christian Initiation of Adults, please share the information with them.

Why Be Catholic?

The Catholic Church has consistently believed that God has a universal will and desire to save all people. Our God is the God of all people. God has initiated this love relationship with all creation and desires to bring all to fullness through total union with God for all eternity. Each one is called to union with God through the faith path and tradition that they feel God is leading them.

If this is so, then why be Catholic? One is Catholic, not because it is the only way to God, but because one feels attracted to the things that the Catholic tradition offers. One feels at home more in the Catholic tradition than in other faith traditions. The following list is meant to highlight some of those aspects of the Catholic tradition that have attracted others to it.

Catholics are not the only ones that value these qualities. Nor have we been consistent in following through on them. But, no matter the history, we seem to have held onto these values rather consistently.

See if these are values and attractions for you.

1. We affirm a belief in the goodness of all creation.
2. We have a universal sense of openness to all people and all cultures.
3. We affirm that we are all called to holiness.
4. We are committed to continual growth as persons.
5. We are challenged to change the world and society into the reign of God.
6. We are called to live in community.
7. We have historical roots and identity.
8. We respect reason, human knowledge and human exploration.

If you or anyone you know would be attracted to these values, please contact Biagio at biagio@stsabinaparish.org or 816-979-3153.

Cambios de Transmisiones de Misas

A partir del fin de semana del 31 de julio/1 de agosto, ya no transmitiremos la Misa de las 4:00pm. Continuaremos transmitiendo las Misas dominicales de las 8:00am en inglés y las 12:30pm en español a través de Facebook Live y las publicaremos en nuestro canal de YouTube y sitio web inmediatamente después de la Misa. Un gran agradecimiento a Corey Pointer y Frank Hansel, quienes compartieron gran parte de su tiempo y talento para mejorar nuestras transmisiones y hacerlas realidad cada semana. Sus esfuerzos ayudaron a mantener y continúan ayudando a mantener conectada a nuestra familia confinada en casa.

Felicidades Por Su Bautismo

Julian Jahir Figueroa Espinal, el hijo de Jonathan Figueroa y Reynalee Espinal

Jezebel Estela Noriega Tarién, la hija de Gerardo Noriega y Erika Guerrero Tarién

Felicidades Por Su Boda

Felicidades a **Ruperto Soriano y Jissel Reyes** que celebraron su boda el 17 de Julio.

¡Comunicaciones via WhatsApp!

¡Nuestra parroquia ya tiene WhatsApp! Si desea recibir actualizaciones en español de la parroquia a través de WhatsApp, envíe el mensaje de WhatsApp "Español" al 816-331-4713. Para recibir actualizaciones en inglés, envíe el mensaje de WhatsApp "English".



Pictured are those who attended the Spanish baptism prep session on July 10.

En esta foto aparecen los que asistieron a la platica pre-bautismal el 10 de julio.

Baptisms—Bautizos



Pictured above: Jefferson Emmanuel and Anthony Gael, children of Miguel and Ingrid, baptized on June 27. Congratulations!

En la foto arriba aparecen Jefferson Emmanuel y Anthony Gael, hijos de Miguel e Ingrid, bautizados el 27 de junio. ¡Felicidades!

Pictured below: Liliana Diana, daughter of Mathew and Mary, baptized on June 20. Congratulations!

En la foto abajo aparece Liliana Diana, hija de Mathew y Mary, bautizada el 20 de junio. ¡Felicidades!



Pictured below: Emanuel, son of Humberto and Yudidia, baptized on June 27. Congratulations!

En la foto abajo aparece Emanuel, hijo de Humberto y Yudidia, bautizado el 27 de junio. ¡Felicidades!



Pictured above: Penny Rae, daughter of Brett and Courtney, baptized on July 10. Congratulations!

En la foto arriba aparece Penny Rae, hija de Brett y Courtney, bautizada el 10 de julio. ¡Felicidades!



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