

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabina-parish.org •
www.facebook.com/stsabina-parish • 816-331-4713



Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday

Parishioners Sandy Katzer and Calvin went to Anapra, MX last week to help with VBS and to celebrate the graduations of the students sponsored through the Manos Amigas program. More pictures on page 7.



Pupusa Sale - August 5

Our Romero Committee will have a pupusa sale on Sunday, August 5th. A pupusa is a thick stuffed tortilla which is grilled. Each pupusa is \$2 and we will have 4 varieties available:

- beans and cheese
- beans, cheese and pork
- cheese
- cheese and zucchini

You can purchase pupusas after Masses. Or if you'd like to avoid the wait, stop at our table on your way to Mass to place your order. All proceeds will be used for our annual Romero Celebration.

Mass Times

Saturday: 4:00pm in English

Sunday: 8:00am and 10:30am in English,
12:30pm in Spanish

Confessions: Saturdays
3:00-3:30pm

**Visit our website for Holy Day and
special Mass times.**

Eighteenth Sunday in Ordinary Time

August 5, 2018

Parish Staff/Mass Intentions

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
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Wellness Center/Centro de Bienestar		
Wendy Mora Cedillo	816-979-3090	
Jeannine Midgett	816-979-3093	
Patricia Moreno	816-979-3092	



Mass Intentions for the Week

Intentions for August 6—10, 2018

Mon.	8am	Communion Service
Tues.	6pm	†Fr. Ambrose Gregory Karels
Wed.	10am	†Arlene Guss (Redwood of Raymore)
Thurs.	8am	†Felix Suwito †Theo Suwito
Fri.	8am	†Jack and †Nancy Henning

Saturday, August 11, 2018

4:00pm Intentions of our Parish Family

Sunday, August 12, 2018

8:00am	†Jackie Parker †Jack and †Nancy Henning
10:30am	†Justin Chrane
12:30pm Spanish	†Apolinar Luna

From Death to New Life De la Muerte a la Nueva Vida

†**Bart Henke**, son-in-law of Stella Niemeier

†**Rose Wall**, wife of Jim Wall and mother of Danielle Haus and Dawn Stafford

†**Barbara Setter**, aunt of Mike Larkey

†**Arthur Samson**, father of Ken Samson



Calendar/Parish Happenings

Sunday, August 5 - Domingo, 5 de Agosto

Altar Society Sale

Pupusa Sale

9:00am Children's Book Club

9:15am Summer Choir Practice

11:00am Ensayo del Coro Hispano

12:30pm Boda—Varela/Vera

Monday, August 6 - Lunes, 6 de Agosto

5:30pm Iconic Israel Information Meeting

7:00pm Boy Scouts

Tuesday, August 7 - Martes, 7 de Agosto

No Scheduled Events

Wednesday, August 8 - Miércoles, 8 de Agosto

9:00am Legion of Mary

10:00am Mass at Redwood of Raymore

12:00pm Over 55 Trivia and Potluck

6:30pm Cantor Rehearsal

7:00pm Bilingual Choir Practice/Ensayo del Coro Bilingüe

7:00pm Love Thy Neighbor Meeting

Thursday, August 9 - Jueves, 9 de Agosto

9:30am Quilters

Friday, 10 de Agosto - Viernes, 10 de Agosto

9:00am Altar Society Church Cleaning

5:00pm Ensayo de Quince Años—Jennifer Torres

Saturday, August 11 - Sábado, 11 de Agosto

10:00am Platicas Pre-bautismales

1:00pm Quince Años—Jennifer Torres

3:00pm Confessions

Sunday, August 12 - Domingo, 12 de Agosto

9:00am Children's Book Club

9:15am Summer Choir Practice

11:00am Ensayo del Coro Hispano

2:00pm Clase para Nuevos Ujieres

Green Team Tip of the Week

Let your home become a Certified Wildlife Habitat through the National Wildlife Federation <https://www.nwf.org/Home/Garden-for-Wildlife/Certify>.

Over 55 Potluck and Trivia - August 8th

Come and join our Over 55 group for a potluck lunch and trivia on Wednesday, August 8th at noon in the parish hall. Sarah Noble, our new coordinator for our Over 55 group, will be here and is excited to meet all of you! Please bring a potluck dish of your choice to share. We thank Estelle Lewis for all of her work with our Over 55 group over the past several years!



OVER 55
Trivia and Potluck
Wednesday,
August 8
NOON

Call the parish
office to RSVP!

Baptism Congratulations

Anastasia Athena Skaggs, daughter of Mathew and Mary Skaggs!

Knights Golf Tournament - September 15

Come play golf and join the fun at the Knights of Columbus 17th Annual Paul Vargo Golf Tournament at Eagles' Landing Golf Course in Belton on Saturday, September 15th! It's only \$75, which includes green fees, cart, lunch, BBQ buffet dinner, golf prizes and contests. If you don't play golf, be a sponsor (\$25 cart or \$100 hole). All proceeds will benefit the Missouri Special Olympics, our St. Sabina Youth Ministry, and Veterans Community Project (Tiny Homes).

Last year the funds raised were donated to the Missouri Special Olympics, our St. Sabina Youth Ministry, and St. Michael's Veterans Center. Please mail your check, payable to Knights of Columbus, for golf or sponsorship, to Bob Coshun, 310 Monroe Ave., Belton, MO 64012. For questions, please contact Bob Coshun at 816-304-0570. **Thanks in advance for your support!**



Information

Meeting for Iconic Israel Trip - August 6

On Monday, August 6th at 5:30pm in the parish hall there will be an information meeting for anyone interested. The highlights of this trip include visiting Tel Aviv, Jaffa, Caesarea, Tiberias, Nazareth, Galilee Boat Museum, the Sea of Galilee, Jericho, Qumran, the Dead Sea, Masada, Bethlehem, the Church of the Nativity, the Mount of Olives, Mt. Zion, and the Western Wall. Our group will be in Jerusalem on Ash Wednesday! For more information, there are brochures in the office and the gathering space, or go on-line at <https://gateway.gocollette.com/link/896998>, or talk with Fr. Jeff or Kris.

Pictured below, parishioners and members of other area parishes gathered with Bishop Johnston at our parish on July 25, for one of several listening sessions, which the bishop and diocesan visioning team are using to provide direction for our diocese over the next few years.



This Week's Do You Know Video:

As we continue our series on the basic principles of the Second Vatican Council, this week's DYK video lists the ten basic principles that run through all the sixteen documents promulgated at the council. The sixteen documents consist of 4 Constitutions, dealing with doctrinal and pastoral issues, along with the call to holiness of all the baptized, 9 Decrees addressing various practical church issues and 3 Declarations dealing with the church and broader public issues. The Jesuit scholar, Avery Dulles, examined all the documents and in 1985 wrote a significant article delineating the ten key principles that are foundational to all the documents. This week's DYK video briefly introduces each of these basic principles showing how foundational they are to understanding the vision of church that came out of the Second Vatican Council, the official teaching of the church to this very day. In future videos, each of these principles will be further explored and elaborated. Make time to view this week's DYK video and become familiar with the basic principles that are foundational to what it means to be a Vatican II church.



Information



ATTENTION MARRIED COUPLES

Athletes and musicians practice hours to become the best. Professionals work hard and take refresher courses to become successful. How many hours have you devoted to making your marriage the best it can be? Attend a Worldwide Marriage Encounter Weekend and give your relationship the attention it deserves.

The next Weekends in Kansas City are
August 24-26 and September 14-16.

For more information or to apply, please visit our website:

www.wmme4youandme.org

or call Tony & Barb Zimmerman, 816-741-4066
or email tonybarbz@prodigy.net

Worldwide Marriage Encounter Mission statement:

The mission of Worldwide Marriage Encounter is to proclaim the value of Marriage and Holy Orders in the Church and in the world.

Natural Family Planning Classes

During back-to-school season, consider learning Natural Family Planning. This is one class that could change your life. You'll earn an A+ in your marriage by learning God's awesome design for procreation.

A series of classes in the Sympto-Thermal Method (STM) of NFP begins at St. Mark Parish, 3736 S. Lee's Summit Rd., Independence, MO, on Sat., August 18, at 10am. Reasonable course fee; financial assistance available. No medical costs associated with this method! STM makes use of all of the observable signs of fertility, and can be used with great success either to postpone or achieve pregnancy.

To learn more visit www.live-the-love.org. You may also call Mary Kathleen or Tom Morgan at (816) 795-9790. Online pre-registration for the classes is required.

GLTB Catholics: A 25 year existing group called HOPE of gay and lesbian Catholics that meets regularly on the third Sunday of the month, welcomes new members. Its mission is: Providing a safe, supportive and affirming environment for integrating sexuality and spirituality. Regular activities, along with monthly conversation, are: a yearly retreat, providing meals for persons in hospice and AIDS centers, worshipping together in local parishes, hosting speakers and interacting with other local groups. Parents and guests are always welcome. For info contact:

Dean at 913-748-7433 or

Sr. Donna Ryan RSM at 816-304-7913

happy birthday

Camila Aguilar	Maria Guzman	Charlene Morgan
Andy Albor	Joyce Hammack	Marin Neri
Adolfo Albor	Kathlyn Henke	Nicolas Pettit
Hilda Alvarado	Mary Hense	Zach Poland
Moises Angel	Vanessa Hernandez	Giacomo Randazzo
Carlos Arroyo	Dallas Hille	Jose Reyes
Nayeli Ayala	Alan Hughes	Ana Rivas
Grayson Bader	Elle Hurtado	Angel Rocha
Basiliza Basurto	Joseph Jackson	Maria Rocha
Andrea Becker	Lisa January	Celia Rodriguez
William Birkner	Jeremy Jones	Paulette Samson
Jack Bondon	Audrey Kelch	Yuliana Sanchez
Susan Budnik	Nelson Lara	Reinaldo SanJuan
Alma Cano	Patricia Ledford	Lou Scaccia
Brenda Chavez	Keaton Lee	Donna Sedlock
Erica Chevalier	Lorenzo Lozano-Leya	Bill Sellmeyer
Genesis Cruz	Allison Lozano-Leya	Braxton Skipton
James Curtis	Jordan Lyles	Brianna Stoddard
Rodolfo Dominguez-Gomez	Jonathan Lynn	Doug Thurman
Genoveva Driscoll	Janis Macias	Scott Thurston
Dan Emerick	Diana Mancilla	Sofia Tinoco
Tania Escovedo	Saith Mancilla	William Tobias
Carlos Garcia	Noel Martinez	Sixto Varela
Jesús Gaspar	Jose Martinez	Michelle Vargo
Jacqueline Gonzalez	Jennifer McDaniel	Jassiny Vazquez
Isaac Gonzalez	Kendra McLain	Roland Woods
Aaron Gonzalez	Sabrina Mendez	Elizabeth Woolfolk
Karen Grantham	Maria Mora	Jackie Yoksh
Rogelio Guajardo		

Happy Anniversary

Bob and Sally Coshun	56 Years!	8/11/1962
Jim and Sandy Flynn	54 Years!	8/8/1964
Marvin and Karen Henrich	46 Years!	8/12/1972
Biagio and Dorothy Mazza	42 Years!	8/7/1976
Kurt and Mary Shatford	27 Years!	8/9/1991
Dennis and Kay Glaser	23 Years!	8/12/1995
Robert and Lynn Roseburrough	21 Years!	8/7/1997
Drummond and Jennifer Mackinnon	19 Years!	8/7/1999
Joel and Olga Ortega	19 Years!	8/10/1999
John and Cecelia Berryman	18 Years!	8/12/2000
Scott and Heather Thurston	14 Years!	8/7/2004
Claudio and Justina Cruz	14 Years!	8/11/2004
Lonnie and Kelly Anthony	13 Years!	8/6/2005
Fred and Danielle Yonker	12 Years!	8/12/2006
Toby and Jody Crookshanks	10 Years!	8/8/2008
Brian and Barbara Hall	10 Years!	8/9/2008
Josh and Mary Srader	5 Years!	8/10/2013



Pastoral Care

Nursing Home Mass Schedule

Aug 8	10:00am	Redwood of Raymore
Aug 15	10:00am	Foxwood Springs
Aug 22	11:00am	Carnegie Village

St. Joseph Medical Center, Living Our Catholic Culture

The diocese of Kansas City-St. Joseph, under the leadership of Bishop James Johnston, Jr., is the Catholic sponsor of St. Joseph Medical Center. The Catholic Tradition Agreement, an agreement between Prime Healthcare and the diocese, has achieved numerous things. In 2017 over 6 million dollars in charity care and over 21 million in uninsured discounts were provided. A Catholic chapel is on site where Mass is celebrated daily and the Eucharist reserved for prayer and adoration. Board Certified chaplains, appointed by the Bishop, provide high quality spiritual care that embraces the total person: body, mind and spirit.

“Coping with Life Alone” Peer-To-Peer Grief Support

Coping with Life Alone is a “Beginning Experience” grief support program that meets each week for 7 weeks. The program helps those who have lost a love relationship due to death, divorce or separation, move through the experience of grief and loss into a future with renewed hope. Upcoming dates and location: Sundays, September 9 through Oct 21, at St. Patrick Church, lower level. 1357 NE 42nd Terrace, Kansas City, MO 64116. Sessions will be from 2-4pm.

Prayer Requests/Peticiones de Oración

Jim Agnew	Al Gebauer	Gary Prendergast
Dick Armstrong	Karen Grantham	Rita Pruitt
Steven Armstrong	Ginny Hainey	Earl Puls
Marilyn Avalos	Laverne Harlow	Dee Raya
Barry Ballenger	Cherie Hatfield	Larry Rhodes
Pauline Bellm	Beth Heide	Anna Ryan
Beverly Bell	Baby Hendrix	Laurie Sigman
John Bidondo	Chelsea Hendrix	Emily Sigman
Betty Bremenkamp	John Hirt	Lois Simpson
Maxine Bremer	Terri Jackson	Jerry Stella
Ramon Caratachea	Don Kueck	Charles Stinger II
Alfredo Carrasco	Beverly Little	Marie Stinger
Anna Clark	Ellen Lovelace	Ursula Suwito
Jim Clark	Lynn Morgan	Jean Tate
Debra Lynn Cline	Janet Moorman	Angel Thomas
Joseph Coots	Harry Muench	Bruce Thompson
Paul DeMar	Joan Muench	Priscilla Tristani
Nolan Dickerson	Bella Nouryeh	Jim Wall
Paula Dull	Jane Nouryeh	Donna West
Emily Emke-Hayes	Irena Oczko	Mary Westfall
Terry Eppert	Ezequil Olarte	Marie Wilburn
Joan Feedback	Thelma Palmer	Carmitia Yust
Dick Garnier	George Panebianco	Pablo Zayas

Save the Date

St. Sabina Adult Grief Recovery Group will begin Tuesday, Oct. 16, 2018 and continue for six consecutive Tuesdays. Sessions will be from 10-11:30am.

Wellness Center

Thanks to everyone that participated in our Wellness Center Survey. We gained insight on what is important to you and how we can improve our services and offerings.

The focus and goal of the Wellness Center at St. Sabina is to improve the health of the population through health screenings and health coaching to prevent future health problems



Wellness Center Class Schedule

Monday:	Intermediate Yoga 1-2pm Gentle Yoga 2-3pm Yoga 6-7pm
Tuesday:	Stretch & Strength 1-2pm Gentle Stretch & Strength 2-3pm Circuit Training 6-7pm
Wednesday:	Intermediate Yoga 1-2pm Gentle Yoga 2-3pm Restorative Yoga 6-7pm
Thursday:	Stretch & Strength 1-2pm Gentle Stretch & Strength 2-3pm Yoga 6-7pm
Friday:	Intermediate Yoga 1-2pm Gentle Yoga 2-3pm ReFit® 6-7pm

and treatments. Preventive health care is important because it helps you avoid serious health issues at an early stage. This healthy step allows you and your doctor to work as a unit to manage your overall health, and help you accomplish your wellness goals in minimum time.

Preventive healthcare provides these benefits:

1. Helps to cut down your overall medical cost
2. Makes you feel more energetic and just being able to enjoy your regular activities
3. Helps to quit habits like smoking or other tobacco products
4. Encourages healthy habits like a balanced diet, exercise, prayer and meditation
5. Prevent drug abuse and excessive alcohol use
6. Provide mental and emotional wellbeing

Ultimately, we can say that preventive care improves the quality of your life for a healthy future.



Stewardship

“...that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.”

Ephesians 4: 22-24

We must pray that we respond and be good stewards of our time, talent, and treasure so that we can do the work God wants us to do. In the Second Reading, Paul reminds us that we need to undergo a conversion — in effect, put on a new self. Our entire lives need to be devoted to change, so that we renew ourselves from the inside and live a stewardship way of life according to God's ways. Charles Spurgeon, an English minister in the 1800s once wrote, “Conversion is a turning onto the right road. The next thing to do is to walk on it.” That is our trial. Once we experience conversion, we must follow through by doing what the Lord wishes us to do. — See more at www.catholicsteward.com/blog/

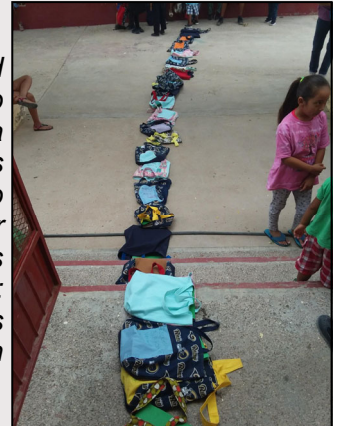
Contributions for July 29

Envelopes/Sobres:	\$8,582.50
Plate/Canasta:	\$ 682.21
Maintenance-Upkeep:	\$ 359.37
Missionary Cooperation:	\$4,301.96

Online Giving

St. Sabina offers an online giving option for parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: go to our parish website at www.stsabinaparish.org, click the “Online Giving” button in the top right section and fill out the online contribution form.

Thanks to all who donated supplies, money and time to make VBS in Anapra, MX a success, including members of our quilters group who made all of the tote bags for the kids to carry their goodies home in! Pictured below: Sandy Katzer helps with crafts at VBS and Calvin visits with Estela Huerta and her family.



Chiefs Raffle Fundraiser

Our El Salvador Scholarship Fund sponsors 11 students living in impoverished communities in El Salvador. Students in the scholarship program invest their time in their communities, carrying out various service projects. Support these students today by purchasing your raffle tickets for the Thursday, August 9 game against the Texans and the Thursday, August 30 game against the Packers. Raffle tickets are \$10 each. See the display in the gathering space to learn more about the students we sponsor through this fund.

Community Garden Thanks

The Community Garden would like to thank Zane Lady, his parents, Dennis Squires and Boy Scout Troop 32 for building 5 raised beds for Zane's Eagle Scout project. We look forward to growing more food to feed the hungry in our area. To volunteer for the Community Garden contact David Pierce 816-392-1110 or Michelle Rose 919-624-4407.



Youth Ministry

Youth News

High School Summer Softball!

We will be joining a few other Catholic churches from our area for some fun in the dirt! This is for FUN! Sometimes the bases are car floor mats. All high school youth (including all those new Freshmen!) are welcome to play ball! Remaining game will be on August 5th at 2pm. We will leave St. Sabina at 1:30pm and drive to Presentation parish in Lee's Summit. Permission slips are available on the website, in the gathering space and in the Youth Office.

Peer Ministry Training!

All Confirmed youth who would like to share their gifts during the upcoming school year in Youth Group and on the Search Retreat are required to attend a training session to prepare them for their new role in leadership. Our training day will be August 25th from 8:30am to 1pm at St. Mark Catholic Church. There is no charge for this training. More information is coming. Please save the date!!

PSR News

PSR Registration Forms are Now Available! Parish School of Religion begins on Sunday, September 16! Registration forms are now available in the parish office, the gathering space and on the parish website.

Parents Lounge

Parents Lounge meetings will start up again on September 16 and the Parents Lounge would like to welcome you and hope you can join us on Sundays at 9am, during the PSR hour in the education wing. It is a great opportunity to meet other parents and families of the parish. This ministry is just a few years old, but is slowly growing with new members, and we look forward to seeing where God leads us as a group this year.

Parents Lounge at St. Sabina is where we just gather together and talk. In past years we have had planned topics for discussion on occasion, but typically it is just informal discussion on anything from parenting subjects, kids' school events, vacation destinations, family events, local activities, etc. There is no long term commitment. Parents Lounge is a come as you want type meeting. Different events we have been involved in are: Trunk or Treat, Stuff the Turkey, family oriented Stations of the Cross during Lent, and summer activities such as bowling. Don't have any kids in PSR yet?? That's okay! Younger children are welcome to come. We have some toys and coloring books for the children to play together. Feel free to contact Anita Frey with questions. 816-804-3127 or afreyhome@sbcglobal.net.

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

1. **Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and**
2. **Contact your local law enforcement agency or call 911, and**
3. **After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.**

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate, Kathleen Chastain, at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsj catholic.org/the-office-of-child-and-youth-protection/>



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Reflection on the Readings

This Sunday we continue our reflection on the Bread of Life discourse from John 6. These five Sundays, the 17th to the 21st Sundays in Ordinary Time, Year B, provide a rich opportunity to reflect on what it means to be Eucharistic people. Vatican II calls the Eucharist “the source and summit of Christian life...” (Lumen Gentium #11). These Sundays allow us to savor and unpack this tremendous mystery for ourselves.

This Sunday’s selection from John 6 has Jesus proclaim, “I am the bread of life; whoever comes to me will never hunger and whoever believes in me will never thirst.” How are we to understand what Jesus is telling his followers? How does this affirmation challenge us in our identity, mission and ministry as disciples of Christ?

In our daily lives, bread symbolizes the nourishment that we all need to live as human beings. Lack of bread leads to an impoverished human condition. Such nourishment sustains us physically. But as human beings, we are more than just physical entities. Our need for nourishment goes beyond the merely physical. We hunger for acceptance, recognition, support, security, dignity, community, human relationship, love, etc. Bread which nourishes physically can also be the means to begin addressing all our other human hungers.

Therefore, we are constantly challenged by Jesus’ words and actions, to take what we have been generously given by God and to share that with others who do not have as much. In taking up this challenge, we show that we are serious about our discipleship in carrying out Jesus’ mission and ministry no matter where we are planted. When we welcome in and feed migrants knocking at our doors, we are

nourishing them physically. Even more importantly, we are nourishing them as human beings, with the dignity and respect due to all members of God’s family.

This is what God has done with us in Jesus. Totally and freely, God has shared life, intimacy and relationship with us in the gift of the bread of life that is Jesus. We are called to remember God’s care and concern in giving us everything for our physical nourishment. In response, we are asked to do that for one another, most especially for the poor, the displaced, the dispossessed and the stranger.

Responsorial Psalm 78 calls us to remember and proclaim that “the Lord gave them bread from heaven.” The first reading from Exodus recounts God’s care and concern in meeting the physical needs of the people on their desert journey, despite their complaints and grumbling. John’s gospel challenges us to understand that physical nourishment (Jesus feeding the multitude) is a doorway into deeper relationship with God and with one another. In this manner, all our hungers are fulfilled and no one will ever go hungry or thirsty again.

God, in the person of Jesus, models for us what it means to be a source of life and nourishment to all. Jesus manifests and lives out for us God’s genuine desire for

all life. Jesus was willing to give of himself freely so that others could live and continue to give of themselves in freedom and love to others. Jesus, God fully human, came to show us how this could be done, while at the same time challenging us to do the same for one another.

In order for us to carry out that challenge, we have to be fully nourished for the task. Jesus is that nourishment, that bread of life which strengthens us for the mission of nourishing ourselves and others. This is what it means to be a Eucharistic community. In Eucharistic sharing, we are nourished with Jesus, the bread of life, who fulfills all our human longings and hungers. At the same time, we are challenged to take the bread of life to all whom we meet, thus working toward building God’s reign, the summit of all that we are called to be.

This week, take time to bake, bless and share bread with others. In doing so, think of the meaning and significance that such actions have for building up the kingdom of God. Reflect on how Jesus, our “bread of life,” nourishes us and how we can nourish others in such a manner that none will ever be hungry or thirsty again. How will you welcome and nourish the migrant knocking at our doors?

Biagio Mazza
Pastoral Associate

Readings



Bible Study

Sunday, August 5

1st Reading: Exodus 16:2-4, 12-15

Psalm: Psalm 78:3-4, 23-24, 25, 54 (24b)

2nd Reading: Ephesians 4:17, 20-24

Gospel: John 6:24-35

Sunday, August 12

1st Reading: 1 Kings 19:4-8

Psalm: Psalm 34:2-3, 4-5, 6-7, 8-9 (9a)

2nd Reading: Ephesians 4:30-5:2

Gospel: John 6:41-51

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we offer study sessions that provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. Our next Bible Study date is August 26 at 10:30am in the conference room. All are welcome; bring a Bible. To register, call Biagio at 816-979-3153.



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Reflexión Sobre las Lecturas

Este domingo continuamos nuestra reflexión sobre el discurso del Pan de Vida de Juan 6. Estos cinco domingos, del 17º al 21º domingos del tiempo ordinario, ciclo B, brindan una gran oportunidad para reflexionar sobre lo que significa ser personas eucarísticas. El Vaticano II llama a la Eucaristía "fuente y cumbre de la vida cristiana..." (Lumen Gentium #11). Estos domingos nos permiten saborear y descifrar este tremendo misterio por nosotros mismos.

En la selección de este domingo de Juan 6, Jesús proclama: "Yo soy el pan de la vida. El que viene a mí no tendrá hambre y el que cree en mí nunca tendrá sed". ¿Cómo debemos entender lo que Jesús les dice a sus seguidores? ¿Cómo nos desafía esta afirmación en nuestra identidad, misión y ministerio como discípulos de Cristo?

En nuestra vida cotidiana, el pan simboliza la nutrición que todos necesitamos para vivir como seres humanos. La falta de pan conduce a una condición humana empobrecida. Tal nutrición nos sostiene físicamente. Pero como seres humanos, somos más que simples entidades físicas. Nuestra necesidad de alimento va más allá de solo lo físico. **Tenemos hambre de la aceptación, el reconocimiento, el apoyo, la seguridad, la dignidad, la comunidad, la relación humana, el amor, etc.** El pan que nutre físicamente también puede ser el medio para comenzar a abordar todas las otras hambres humanas.

Por lo tanto, somos desafiados constantemente por las palabras y acciones de Jesús, a tomar lo que Dios nos ha dado generosamente y compartirlo con los que no tienen tanto. Al asumir este desafío, demostramos que nos tomamos en serio nuestro discipulado al llevar a cabo la misión y el ministerio de Jesús, sin importar

dónde estemos plantados. Cuando acogimos y alimentamos a inmigrantes que llaman a nuestras puertas, los estamos nutriendo físicamente. Aún más importante, los estamos nutriendo como seres humanos, con la dignidad y el respeto debido a todos los miembros de la familia de Dios.

Esto es lo que Dios ha hecho con nosotros en Jesús. **Totalmente y libremente, Dios ha compartido la vida, la intimidad y la relación con nosotros en el don del pan de vida que es Jesús.** Estamos llamados a recordar el cuidado y la preocupación de Dios al darnos todo para nuestro alimento físico. **En respuesta, se nos pide que lo hagamos el uno para el otro, especialmente para los pobres, los desplazados, los desposeídos y los desconocidos.**

El Salmo responsorial 77 nos llama a recordar y proclamar que "El Señor les dio un trigo celeste". La primera lectura del Éxodo relata el cuidado y la preocupación de Dios por satisfacer las necesidades físicas de las personas en su viaje por el desierto, a pesar de sus quejas. **El evangelio de Juan nos desafía a comprender que la nutrición física (Jesús alimentando a la multitud) es una puerta a una relación más profunda con Dios y con los demás.** De esta manera, todas nuestras hambres se satisfacen y nadie volverá a pasar hambre o sed.

Dios, en la persona de Jesús, nos modela lo que significa ser una fuente de vida y alimento para todos. Jesús manifiesta y vive para nosotros el deseo genuino de Dios por toda la vida. Jesús estaba dispuesto a darse a sí mismo libremente para que otros pudieran vivir y continuar dando de sí mismos en libertad y amor a los demás. **Jesús, Dios plenamente humano,**

vino a mostrarnos cómo se podía hacer esto, mientras que al mismo tiempo nos retaba a hacer lo mismo el uno por el otro.

Para que podamos llevar a cabo ese desafío, tenemos que estar completamente nutridos para la tarea. **Jesús es ese alimento, ese pan de vida que nos fortalece para la misión de nutrirnos a nosotros mismos y a los demás. Esto es lo que significa ser una comunidad eucarística.** En el intercambio eucarístico, nos alimentamos con Jesús, el pan de vida, que satisface todos nuestros anhelos y hambres humanos. **Al mismo tiempo, tenemos el desafío de llevar el pan de la vida a todos los que nos encontramos, trabajando así para construir el reino de Dios, la cumbre de todo lo que estamos llamados a ser.**

Esta semana, tómese el tiempo para hornear, bendecir y compartir el pan con los demás. Al hacerlo, piense en el significado y la importancia que tales acciones tienen para construir el reino de Dios. **Reflexione sobre cómo Jesús, nuestro "pan de vida", nos nutre y cómo podemos alimentar a los demás de tal manera que nadie vuelva a tener hambre o sed.** ¿Cómo acogerá y alimentará al migrante llamando a nuestras puertas?

Biagio Mazza
Asociado Pastoral

Lecturas



Lecturas del Domingo, 5 de Agosto

Primera Lectura: Éxodo 16:2-4, 12-15
Salmo: Salmo 77:3 y 4bc, 23-24, 25 y 54
Segunda Lectura: Efesios 4:17, 20-24
Evangelio: Juan 6:24-35

Lecturas del Domingo, 12 de Agosto

Primera Lectura: 1 Reyes 19:4-8
Salmo: Salmo 33:2-3, 4-5, 6-7, 8-9
Segunda Lectura: Efesios 4:30-5:2
Evangelio: Juan 6:41-51

Ministerio Juvenil

Noticias Juveniles

¡Softball de verano de la High School! ¡Nos uniremos a otras iglesias católicas de nuestra área para divertirnos en el lodo! ¡Esto es por diversión! Algunas veces las bases son tapetes para el piso del auto. Todos los jóvenes de la high school (¡incluidos todos los nuevos estudiantes de primer año!) son bienvenidos a jugar. Estoy esperando un horario cualquier día y lo publicaré en el sitio web tan pronto como esté disponible. El ultimo partido será el 5 de agosto a las 2 p.m. Saldremos de Sta. Sabina a la 1:30 pm e iremos a la parroquia de la Presentación en Lee's Summit. Hojas de permiso están disponibles en el sitio web, en el espacio de reunión y en la Oficina de Jóvenes.

¡Entrenamiento de Ministros Jóvenes! Todos los jóvenes confirmados que deseen compartir sus dones durante el próximo año escolar en el Grupo de jóvenes y en el Retiro de SEARCH deben asistir a una sesión de capacitación para prepararlos para su nuevo rol en el liderazgo. Nuestro día de capacitación será el 25 de agosto de 8:30 a.m. a 1 p.m. en la Iglesia Católica St. Mark. No hay ningún costo por este entrenamiento. Más información próximamente. Por favor, aparte la fecha!!

Noticias de la Escuela de Religión

¡Hojas de Inscripción para la Escuela de Religión Ya Están Disponibles!

Clases de la Escuela de Religión comenzarán de nuevo el domingo, 16 de septiembre. Hojas de inscripción ya están disponibles en la oficina parroquial, el espacio de reunión y nuestro sitio web.

¡Aun Necesitamos Maestros de Catecismo!

Todavía nos hace falta 2-3 voluntarios para ser maestros en nuestra escuela de religión. Si se siente llamado a ayudar con la formación de fe de los niños y jóvenes de nuestra parroquia, llame a Kirstie Roberts al 816-979-3155.

**ESCUELA
DE RELIGIÓN**

Platicas Pre-Bautismales - 11 de Agosto

Normalmente cada segundo Sábado del mes de las 10 am a la 1 pm. (Sólo para niños de 0-6 años.) Salón doble del área de la escuela. Para niños mayores de 7 años requerirán una formación especial.

PRÓXIMOS BAUTISMOS: llamar a Kris al 816-979-3151. Favor de llenar su aplicación para asistir a las platicas con anterioridad. **No se ofrece cuidado de niños.**

Seguridad Infantil

La Diócesis de Kansas City-St. Joseph esta comprometida a luchar contra el abuso sexual en la Iglesia. Si usted es victima de abuso sexual, ó si usted observa o sospecha de abuso sexual, por favor:

- 1) Llame a línea directa de Abuso Infantil en Missouri al 1.800.392.3738 (si la victima tiene menos de 18 años de edad).
- 2) Póngase en contacto con su departamento de policía local o llame al 911.
- 3) Después de informarle a las autoridades de la orden civil y de leyes, reporte el abuso sexual del menor o del adulto vulnerable al Defensor del Pueblo Diocesano, Jenifer Valenti, al 816.812.2500 o a su correo electrónico, jennifervalenti@att.net, si el abuso implica a un sacerdote, diacono, empleado o voluntario de la Diócesis de Kansas City-St. Joseph.

La Diócesis tiene un sincero compromiso con los recursos del cuidado y la curación para las victimas de abuso sexual y a sus familias. Por favor póngase en contacto con la Defensora de Victimas, Kathleen Chastain al 816.392.0011 o chastain@diocesekcsj.org para mas información.

Todas las personas que son voluntarios con los jóvenes ó niños de nuestra parroquia deben atender a un taller llamado Protegiendo a los Niños de Dios, también necesitaran someterse a una verificación de antecedentes y deberán firmar la póliza sobre Éticas e Integridad en el Ministerio (EIM). Más información en <https://kcsicatholic.org/the-office-of-child-and-youth-protection/>



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Donaciones de Valores y Fondos Mutuos

¿Valen algunas de sus acciones o fondos mutuos más que cuando los compró? Esto le proporciona un método sabio de dar a la parroquia de Sta. Sabina.

Donar acciones apreciadas o acciones de fondos mutuos es un método estratégico de la planificación de regalos. En la mayoría de los casos, el donante recibe una deducción detallada en el monto total del valor justo de mercado (FMV) de las acciones donadas a la fecha de la donación. Este valor es deducible hasta un 30% del ingreso bruto ajustado del donante y puede ser transferido por hasta cinco años después del año de la donación. Consulte a su asesor financiero o jurídico.

Donaciones por Internet

Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes.



Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: visite nuestro sitio web de la parroquia en www.stsabina-parish.org, haga clic en el botón "Online Giving" en la parte superior derecha y llene el formulario de contribución en línea.

Venta de Pupusas - 5 de Agosto

Nuestro Comité Romero tendrá una venta de pupusas el domingo, 5 de agosto. Una pupusa es una tortilla gruesa rellena que se asa a la parrilla. Cada pupusa cuesta \$2 y tendremos 4 variedades disponibles:

- frijoles y queso
- frijoles, queso y puerco
- Queso
- queso y calabacín

Puede comprar pupusas después de las Misas. O si desea evitar la espera, pase a nuestra mesa en camino a la Misa para hacer su pedido. Todos los ingresos se utilizarán para nuestra celebración anual de Romero.



Felicidades Por Su Boda

Felicidades a **Sixto Varela y Cynthia Vera**, que celebrarán su boda el 5 de Agosto.

Gracias a todos los que participaron en nuestra Encuesta del Centro de Bienestar. Obtuvimos información sobre lo que es importante para ustedes y sobre cómo podemos mejorar nuestros servicios.

El enfoque y el objetivo del Centro de Bienestar en Sta. Sabina es mejorar la salud de la población a través de exámenes de salud y entrenamiento de salud para prevenir futuros problemas de salud y tratamientos. La atención médica preventiva es importante porque le ayuda a evitar problemas de salud graves en su etapa inicial. Este paso saludable le permite a usted y a su médico trabajar juntos para administrar su salud general y ayudarlo a alcanzar sus objetivos de bienestar en un tiempo mínimo.

La atención médica preventiva brinda estos beneficios:

1. Ayuda a reducir el costo médico general
2. Le hace sentir más enérgico y poder disfrutar de sus actividades habituales
3. Ayuda a dejar hábitos como fumar u otros productos de tabaco
4. Fomenta hábitos saludables como una dieta balanceada, ejercicio, oración y meditación
5. Prevenir el abuso de drogas y el consumo excesivo de alcohol
6. Proporcionar bienestar mental y emocional

En última instancia, podemos decir que la atención preventiva mejora la calidad de su vida para un futuro saludable.



Horario de Clases del Centro de Bienestar

Lunes:	Yoga Intermedio 1-2pm Yoga Suave 2-3pm Yoga 6-7pm
Martes:	Estiramiento y Fuerza 1-2pm Estiramiento Suave 2-3pm Entrenamiento de Circuito 6-7pm
Miércoles:	Yoga Intermedio 1-2pm Yoga Suave 2-3pm Yoga Restaurativa 6-7pm
Jueves:	Estiramiento y Fuerza 1-2pm Estiramiento Suave 2-3pm Yoga 6-7pm
Viernes:	Yoga Intermedio 1-2pm Yoga Suave 2-3pm ReFit® 6-7pm

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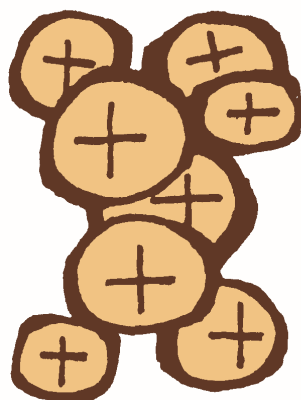


Horarios de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



¡Felicidades a Nefthaly, quien celebró sus quince años el sábado, 28 de julio!

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Horarios de Misa

Sábado: 4:00pm en Inglés

Domingo: 8:00am y 10:30am en Inglés,
12:30pm en Español

Confesiones: Sábados, 3:00-3:30pm

**Visite nuestra página web para el
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Decimoctavo Domingo del Tiempo Ordinario

5 de Agosto del 2018