

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabinaparish.org •
www.facebook.com/stsabinaparish • 816-331-4713

Office Hours: 9:00am-5:00pm, Monday - Thursday and 9:00am-1:00pm, Friday

Horarios de la Oficina: 9:00am-5:00pm, Lunes - Jueves y 9:00am-1:00pm, Viernes



On July 25, the Bible study group began meeting in person again. If you are interested in joining the group, email Biagio at biagio@stsabinaparish.org

El 25 de julio, el grupo de estudio bíblico comenzó a reunirse en persona nuevamente. Si está interesado en unirse al grupo (inglés), envíe un correo electrónico a Biagio a biagio@stsabinaparish.org

Mass Times

In Person: Saturdays at 4pm (English)
Sundays at 8am and 10:30am (English)
Sundays at 12:30pm (Spanish)

Online: Sundays at 8am (Facebook-live)
Posted to website immediately after
Sundays at 12:30pm (Spanish-Facebook-live)
Posted to website immediately after

Horarios de Misa

En persona: Sábados a las 4pm (inglés)
Domingos a las 8am y 10:30am (inglés)
Domingos a las 12:30pm (español)

En línea: Domingos a las 8am (inglés-Facebook-en vivo)
Publicado en nuestro sitio web inmediatamente después
Domingos a las 12:30pm (español-Facebook-en vivo)
Publicado en nuestro sitio web inmediatamente después

Parish Staff/Info—Personal de la Parroquia/Información

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
Deacon Mike Gates		mikeg@stsabinaparish.org
Bridget Hernandez , Communications/Comunicaciones	816-979-3159 X59	bridget@stsabinaparish.org
Kris Larkey , Business Manager/Gerente de Operaciones	816-979-3151 X51	kris@stsabinaparish.org
Biagio Mazza , Pastoral Associate/Asociado Pastoral	816-979-3153 X53	biagio@stsabinaparish.org
Susan Ratigan , Liturgist/Liturgista	816-979-3158 X58	susan@stsabinaparish.org
Kirstie Roberts , Dir. of Religious Ed. & Youth Ministry/Dir. de Educación Religiosa y Ministro de Jóvenes	816-979-3155 X55	kirstie@stsabinaparish.org
Marta Roper , Pastoral Care Coordinator/Coordinadora Pastoral	816-979-3154 X54	marta@stsabinaparish.org
Jeff Shields , Finance Coordinator/Coordinador de Finanzas	816-979-3152 X52	jeffshields@stsabinaparish.org
Tracy Wheeler , Maintenance/Mantenimiento		tracy@stsabinaparish.org
Berenice Zayas , Family Life & Hispanic Ministry/Vida de la Familia Parroquial y Ministerio Hispano	816-979-3150 X50	berenice@stsabinaparish.org
Diocesan Victim Advocate	816-392-0011	victimadvocate@diocesekcsj.org
Joe Crayon , Diocesan Ombudsman	816-812-2500	crayon@ombudsmankcsj.org
Wellness Center/Centro de Bienestar		
Wendy Mora Cedillo	816-979-3090	
Jeannine Midgett	816-979-3093	



Mass Intentions for the Week Peticiones de la Semana

Intentions for August 10-13, 2021

Tues.	11am	†Henry L. Hiesberger Jr.
Wed.	8am	Open
Thur.	8am	†Ron Schock
Fri.	8am	Open

Saturday, August 14, 2021

4:00pm †Juanita Stockton
Intentions of Our Parish Family

Sunday, August 15, 2021

8:00am	†Denise English
10:30am	†Jim Burns
12:30pm Spanish	†José Sanjuan Ramirez †Rosalinda Rodriguez †Emilio Placencia Lopez

From Death to New Life De la Muerte a la Nueva Vida

†**Pablo Ortiz**, primo de Juan Lopez
 †**Alfred Crocker**, uncle of Kirstie Roberts
 †**Fred Setter**, uncle of Mike Larkey
 †**Camila White**, mother of Tim White
 †**Joe Madrigal**, father of Mike Madrigal
 †**Pablo Rosales**, padre de Zoila Marina Rosales,
 abuelo de Theresa Maderos
 †**Shirley Crocker**, aunt of Kirstie Roberts



Parish Information—Información Parroquial

Sunday, August 8 - Domingo, 8 de Agosto

11:00am Ensayo del Coro Hispano

1:00pm COVID Vaccine Clinic
Clínica de Vacunación contra el COVID

Monday, August 9 - Lunes, 9 de Agosto

7:00pm Boy Scouts

Tuesday, August 10 - Martes, 10 de Agosto

7:00pm Ladies Auxiliary Meeting

Wednesday, August 11 - Miércoles, 11 de Agosto

9:00am Legion of Mary

6:30pm Parish Rosary

7:00pm Cantor Rehearsal

Thursday, August 12 - Jueves, 12 de Agosto

9:30am Piecemakers Quilt Group

7:00pm Rosario Parroquial

Friday, August 13 - Viernes, 13 de Agosto

9:00am Altar Society Church Cleaning

Saturday, August 14 - Sábado, 14 de Agosto

10:00am Platicas Pre-bautismales

3:00pm Confessions

Sunday, August 15 - Domingo, 15 de Agosto

11:00am Ensayo del Coro Hispano

happy birthday

Adolfo Albor
Abelardo Arreola
Carlos Arroyo
Fred Ashbaugh
Nayeli Ayala
Grayson Bader
Bill Birkner
Gabriel Brownell
Nazanin Caratachea Zaragoza
Yenis Chavez
Brenda Chavez
Sharon Davis
Carlos Dominguez
Genoveva Driscoll
Brandon Embry
Dan Emerick
Lorann Eppert
Korayma Flores
Wesley Gill
Jacqueline Gonzalez
Isaac Gonzalez
Aaron Gonzalez
Karen Grantham
Morena Guardado
Jose Guardado
Endric Guerrero
London Hendrix
Barron Henke
Denisse Hinojos
Hatsuki Hongo
Joseph Huerta
Alan Hughes
Alisa Hurtado
Devin Keith
Audrey Kelch

Aaron King
Henry Koontz
Patti Ledford
Charlotte Mackall
Saith Mancilla
Jose Martinez
Elvia Martinez
Ricardo Martinez
Blanca Menjivar
Charlene Morgan
Marin Neri
Giovanni Palacios
Justin Rewald
Angel Rocha
Maria Rocha
Sergio Rocha
Enrique Rodriguez
Paulette Samson
Reinaldo SanJuan
Louis Scaccia
Bill Sellmeyer
Jose Serrano
Loretta Stewart
Brianna Stoddard
Doug Thurman
Scott Thurston
William Tobias
Michelle Vargo
Jassiny Vazquez
Yeshua Vazquez
Dana Vazquez
Jeanette Vergara
Lillian Webber
Roland Woods

Happy Anniversary

Bob and Sally Coshun	59 Years!	8/11/1962
Ron and Joanie Hoffman	56 Years!	8/14/1965
Jim and Sonja Bornheimer	51 Years!	8/15/1970
George and LuAnn Nelson	37 Years!	8/11/1984
Scott and Mary Theobald	34 Years!	8/15/1987
Kurt and Mary Shatford	30 Years!	8/9/1991
Jack and Veronica Burks	27 Years!	8/13/1994
Dennis and Kay Glaser	26 Years!	8/12/1995
Isidoro Dominguez and Gladys Mendez	22 Years!	8/14/1999
Michael and Shelly Orozco	22 Years!	8/14/1999
John and Cecelia Berryman	21 Years!	8/12/2000
Jose Martinez and Moraima Rodriguez	21 Years!	8/14/2000
Claudio and Justina Cruz	17 Years!	8/11/2004
Marcial and Florencia Trejo	17 Years!	8/14/2004
Fred and Danielle Yonker	15 Years!	8/12/2006
Esteban Hernandez and Norma Meza	12 Years!	8/15/2009
Josh and Mary Srader	8 Years!	8/10/2013



Faith Formation

This Week's Do You Know Video:

Continuing our series on the need to understand and respect Islam and Muslims so as to engage in effective and productive dialogue, today we highlight several misunderstandings of Islam in an attempt to arrive at a correct understanding. Correct understanding involves delving into concepts like Islam and Jihad as Muslims understand them and not jumping off misunderstandings that prevail in today's world. Islam literally is rooted in the word Salam, translated as peace, conveying a sense of wholeness and balance, resulting in having one's relationships and priorities in the right order as dictated by God in the Qur'an. Islam is a religion of peace, not violence. Violence, if ever needed, is restrictive, reactive and never proactive, and can only be initiated by the consensus of a duly elected Muslim state. Jihad is not a holy war as many misunderstand but rather the personal and communal struggle required to align our personal desires and wills with God's will and directives. Some Muslims distort the meaning of Jihad for their own political and economic agendas. Muslims overall reject such distortions of Islam, as any Christian would reject distortions of the Christian message for personal and economic gain. Suicide, especially suicide bombing, is also condemned by the Qur'an. Our need is to focus on the correct or true teachings of Islam and reject or discard misunderstandings. Make time to view this week's DYK video so as to arrive at a deeper and more informed understanding of key concepts in Islam.



16th Birthday Congratulations

Congratulations to **Cassandra Scott**, daughter of George and Liliana Scott, who celebrated her 16th birthday on August 7th!

Like Us On Facebook

We have been updating the St. Sabina Facebook page to make it even more informative. We are now including weekly videos, upcoming local and parish events, as well as regular posts. Make sure you keep up on all the information and news about St. Sabina by "Liking" our page. Find us at www.Facebook.com/StSabinaParish.

Green Team Tip of the Week

Some local stores will accept both #2 HDPE and #4 LDPE clean plastic film such as grocery bags, toilet paper, paper towel and bottled water wrap, bread bags, and air pillow packaging. See complete lists and directions at local stores.

Formación de Fe

En Nuestro Video ¿Sabes...? de Esta Semana:

Continuando con nuestra serie sobre la necesidad de comprender y respetar el Islam y los musulmanes para establecer un diálogo efectivo y productivo, hoy destacamos varios malentendidos del Islam en un intento por llegar a una comprensión correcta. La comprensión correcta implica profundizar en conceptos como el Islam y la Yihad tal como los entienden los musulmanes y no saltar de los malentendidos que prevalecen en el mundo actual. El Islam tiene sus raíces literalmente en la palabra Salam, traducida como paz, y transmite una sensación de plenitud y equilibrio, lo que resulta en tener las relaciones y las prioridades de uno en el orden correcto según lo dicta Dios en el Corán. El Islam es una religión de paz, no de violencia. La violencia, si alguna vez se necesita, es restrictiva, reactiva y nunca proactiva, y solo puede iniciarse mediante el consenso de un estado musulmán debidamente elegido. La Yihad no es una guerra santa como muchos malinterpretan, sino más bien la lucha personal y comunitaria necesaria para alinear nuestros deseos y voluntades personales con la voluntad y las directivas de Dios. Algunos musulmanes distorsionan el significado de Yihad para sus propias agendas políticas y económicas. Los musulmanes en general rechazan tales distorsiones del Islam, como cualquier cristiano rechazaría las distorsiones del mensaje cristiano para beneficio personal y económico. El Corán también condena el suicidio, especialmente los atentados suicidas con bomba. Necesitamos centrarnos en las enseñanzas correctas o verdaderas del Islam y rechazar o descartar los malentendidos. Tómese un momento para ver el video ¿Sabes? de esta semana para llegar a una comprensión más profunda e informada de los conceptos claves del Islam.

Pláticas Pre-Bautismales - 14 de Agosto

Normalmente cada segundo Sábado del mes de las 10 am a las 11am. (Sólo para niños de 0-6 años.) Salón Parroquial. Para niños mayores de 7 años requerirán una formación especial. **No se ofrece cuidado de niños.**

PRÓXIMOS BAUTISMOS: llamar a Kris al 816-979-3151. Favor de llenar su aplicación para asistir a las pláticas con anterioridad.

Consejo de la Semana del Equipo de Ecología

Algunas tiendas locales aceptan plásticos limpios de HDPE #2 y LDPE #4, como bolsas de supermercado, envoltura de papel higiénico, servilletas y de agua embotellada, bolsas de pan y empaques de almohadillas de aire. Vea listas completas e instrucciones en las tiendas locales.

Information—Información

Covid-19 Vaccine Info

Vaccines are now available for individuals ages 12 and older.

The parish is hosting another vaccine clinic for first and second doses on Sunday, August 8, 1-3pm in the gym.

Walgreens has begun to have vaccines available at certain locations. Visit <https://www.walgreens.com/> to find out more information.

Walgreens and CVS offer same day appointments. Call your local Walgreens or CVS to find out the most convenient place that they are available for you.

Hy-Vee: To see if appointments are available, go to <https://www.hy-vee.com/my-pharmacy/covid-vaccine-consent>.

Cosentino's Price Choppers are offering vaccines at some of their stores. To check availability, please visit: <https://www.cosentinos.com/covid-vaccine>.

Text your ZIP code to 438829 - or text "VACUNA" for Spanish - and you'll find your local options for the Covid-19 vaccines.

Información sobre la vacuna Covid-19

Las vacunas ahora están disponibles para personas mayores de 12 años.

La parroquia está organizando otra clínica de vacunas para la primera y segunda dosis el domingo 8 de agosto, de 1 a 3 pm en el gimnasio.

Walgreens ha comenzado a tener vacunas disponibles en ciertos lugares. Visite <https://www.walgreens.com/> para obtener más información.

Walgreens y CVS ofrecen citas el mismo día. Llame a su Walgreens o CVS local para averiguar cuál es el lugar más conveniente para usted.

Hy-Vee: para ver si hay citas disponibles, vaya a <https://www.hy-vee.com/my-pharmacy/covid-vaccine-consent>.

Price Choppers de Cosentino ofrece vacunas en algunas de sus tiendas. Para verificar la disponibilidad, visite: <https://www.cosentinos.com/covid-vaccine>.

Envíe un mensaje de texto con "VACUNA" al 438829 y encontrará sus opciones locales para las vacunas contra el Covid-19.

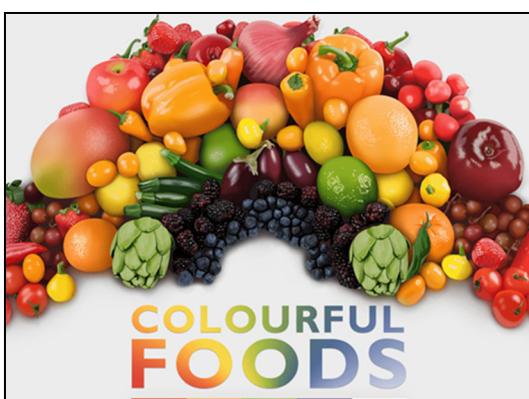


Wellness Center



Did You Know—Eating the rainbow is a fundamental healthy eating tip. (And no, not artificially colored foods like Skittles or M&Ms!)

Our bodies benefit from variety. For optimal health, we need a rainbow of nutrients and colors. In fact, the variety of vitamins, minerals, antioxidants, and phytochemicals in fruits and vegetables have enormous healing powers. And many of them bring their own distinctive colors.



- **Orange** and **yellow** fruits and vegetables improve immune function, reduce the risk of heart disease, promote eye health.
- **Red** fruits and vegetables help fight cancer, reduce the risk of diabetes and heart disease, improve skin quality.
- **Green** fruits and vegetables boost the immune system, help detoxify the body, restore energy and vitality.
- **Blue** and **purple** fruits and vegetables fight cancer and unwanted inflammation.
- **White** is a color, too, and there's so much more to the world of white foods than white bread, pasta, or white sugar. Foods like cauliflower, mushrooms, onions, celery, and even bananas, fall into the white category and they have more nutritional value than a slice of Wonder Bread. Potatoes deserve a second look as well. They are heavy on the starch and carbohydrates, sure, but a medium potato

contains more potassium and dietary fiber than a medium banana, as well as magnesium and protein.

By eating an array of **colorful** fruits and vegetables, you can provide your body with everything it needs!



Peer Ministers! All High School and College Age Youth who have been confirmed are invited to join our Peer Ministry team! This past year has shown how important our ministry is when we needed multiple leaders on multiple platforms during our meetings. Some members of this team will also lead our Search retreat for the Confirmation class. We will have two meetings before the program year begins for training and planning. They will be on August 29th and September 12th from 1:30 to 4:30pm in the Education Wing. Please contact Kirstie Roberts in the Youth Office to join this amazing group of young people!

Parish School of Religion registration forms are now available in the back of church, in the Youth Office and on the Parish website. Please take your time and fill them out completely. Kindergarten through 6th grade and High School Youth begin on Sunday, September 19th, Junior High (grades 7&8) begins on Wednesday, September 22nd. A complete calendar for the year is available on the website as well as in the Youth Office.

PSR Teachers Meeting! We will have a Taco Bar and meeting on September 8th at 6:30pm in the Parish Hall. Your classrooms will be available for set up and decorating at that time as well. If any of you wish to come into your classrooms at another time, please check with Berenice for availability. You will receive an email with more details about our meeting.



¡Ministros Jóvenes! ¡Todos los jóvenes de la high school y universitarios que hayan sido confirmados están invitados a unirse a nuestro equipo de Ministerio de Compañeros! El año pasado ha demostrado que tan importante es nuestro ministerio cuando necesitábamos múltiples líderes en múltiples plataformas durante nuestras reuniones. Algunos miembros de este equipo también dirigirán nuestro retiro Search para la clase de Confirmación. Tendremos dos reuniones antes de que comience el año del programa para capacitación y planificación. Serán el 29 de agosto y el 12 de septiembre de 1:30 a 4:30 pm en el área de educación. ¡Comuníquese con Kirstie Roberts en la Oficina de la Juventud para unirse a este increíble grupo de jóvenes!

Los Formularios de Inscripción de la Escuela de Religión ya están disponibles en el espacio de reunión, en la Oficina de la Juventud y en el sitio web de la parroquia. Tómese su tiempo y llénelos por completo. Los grados de kinder al sexto grado y los jóvenes de la high school comienzan el domingo 19 de septiembre, los grados 7 y 8 comienzan el miércoles 22 de septiembre. Un calendario completo para el año está disponible en el sitio web, así como en la Oficina de la Juventud.

¡Reunión de Catequistas! Tendremos un taco bar y una reunión el 8 de septiembre a las 6:30pm en el Salón Parroquial. Sus salones también estarán disponibles para arreglar y decorar en ese momento. Si alguno de ustedes desea entrar a su salón en otro momento, consulte con Berenice para conocer la disponibilidad. Recibirá un correo electrónico con más detalles sobre nuestra reunión.

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Diocesan Ombudsman, Joe Crayon, at 816.812.2500 or crayon@ombudsmankcsj.org, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact the Victim Advocate at 816.392.0011 or victimadvocate@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsjcatholic.org/the-office-of-child-and-youth-protection/>.

Pastoral Care

Self-Help Grief Group at St. Sabina

Who Should Attend? Anyone who has experienced the loss of a loved one. The loss does not need to be recent, friends and family are welcome.

What is a Self-Help Group? A self-help group consists of a facilitator and a group of people with shared experiences. Someone in the group knows something another needs to know, someone may have a piece of wisdom someone else needs to hear. A mutual-help group is like a potluck-everyone brings something, and no one goes away hungry. It is a place for Mekom hanekhama—the Hebrew for “a safe place to grieve,” a safe place to put words to your grief.

Where? This group will meet at St. Sabina Parish in our conference room.

When? Tuesday mornings, Sept. 21 to Oct. 26, 2021, from 10:00-11:30 am. There are six sessions each designed around a particular focus.

Why? Everyone needs a safe place to share their story. The group encourages grieving people to honestly express their feelings, encourages grievers to pay attention to their grief and helps grieving individuals recognize and process their feelings.

How To Register? Contact Marta Roper at 816-979-3154 or marta@stsabinaparish.org. All calls are confidential. Space is limited to 8 participants per group. Registration deadline is September 14, 2021.

The Crisis of Suicide: Join Kelly & Bob Specht, founders of **Carl's Cause** on Tue., Aug. 31 at 7pm at St. Ann Catholic Church, Prairie Village, KS. Plan for an evening of hope and healing. The Specht will share the story of their son's battle with mental illness and suicide. There will be a teen breakout session offered. Professional counselors will offer resources and give concrete ways to foster mental wellness. Recommended for teens and up. For more info visit www.carlescause.org or www.archkck.org/family/care-support/catholic-counselors/.

Jim Agnew
Peg Agnew
Randy Andrews
Chris Armstrong
Dick Armstrong
Steve Ayers
Joe Barron
Zachary Baylor
Bill Beaver
Emma Beaver
Dennis Berg
Marion Biondo
Mary Pat Biondo
Betty Bremenkamp
Maxine Bremer
Veronica Burks
Joyce Callahan
Patty Carr
Racheal Casaday Smith
Shirley Chevalier
Steve Circo

Mary Coleman
Harold Dawes
Mark DeLuca
Marcia DiGeorge
Randy Dyck
Terry Eppert
Clayton Evans
Melissa Evans
Pat Falcon
Sharon Felsing
Larry Foster
Maria Luisa Flores
John Frezza
Gary Gallup
Bettianne Gardiner
Joyce Giaccone
Karen Grantham
Cherie Hatfield
Mike Hiesberger
Shelley Hiesberger
Bob Henderson

Rhonda Henke
Bob Henningsen
Marilyn Henningsen
Ernestine Iseman
Sue Huwar
Ruth Davila Johnston
Kenneth Jones
John Jongenelen
Jack King
Todd Kudron
Susan Lager
Mary Lewis
Ellen Lilek
Ellen Lovelace
Alex Martinez
Axel Martinez
Pam May
Bill McDaniel
Emanuel Juarez Meza
Kathy Moore
Joan Muench

Cuidado Pastoral

Horario de Misas en Hogares de Ancianos

25 de Agosto 11:00am Misa en Carnegie Village
Hemos reanudado la misa mensual en Carnegie Village; los feligreses son bienvenidos; por favor use cubre boca y regístrese en la recepción para checar su temperatura.

Lista de Peticiones de Oración para el Boletín

Los feligreses que están enfermos, o que tienen un ser querido que está enfermo, pueden solicitar que se recuerde a la persona en la lista de Peticiones de Oración publicada en nuestro boletín. Los nombres permanecerán en la lista durante dos meses, pero se pueden volver a agregar a la lista. Recuerde que la persona debe dar permiso antes de que se pueda publicar el nombre. Para agregar o eliminar un nombre de la lista, comuníquese con Marta Roper, en la oficina parroquial 816-979-3154 o marta@stsabinaparish.org.

Números de Recursos de Salud Mental

Línea Nacional de Prevención del Suicidio

1-800-273-TALK (8255) Disponible 24/7

Línea Directa de Crisis de Salud Mental ACI

1-888-279-8188 Disponible 24/7, multilingüe



Prayer Requests/Peticiones de Oración

Carmen Munguia	Amy Ritchie	Rita Stout
Jerry Nowak	Dennis Ritchie	Jean Tate
Joan Nowak	Agustin Rivera	Joel Taylor
Jack Obermeier	Alfonso Rivera	Fr. Chuck Tobin
JoAnn Obermeier	Gerrie Roberts	Ronda VanDyne
Miguel Angel Ortega	Rene Angel Rosa Zelaya	William VanDyne
Maria Orozco	Michelle Rose	Deb Wagner
Ricardo Pinon	Anna Ryan	Denise Vargo Wallace
Gary Prendergast	Zoila Angelica Salguero	Mary Westfall
Rita Pruitt	Arturo Solis	Mary Wickstrum
Abigail Ragsdale	Lori Stangl	Millie Wolfe
Sherman Ragsdale	Stephen Stinger	John Wooldridge
Chuck Ramsey	Dani Stinger	Karen Wooldridge
Larry Rhodes	Lois Stogsdill	

Nursing Home Mass Schedule

August 25 11:00am Mass at Carnegie Village
We have resumed monthly Mass at Carnegie Village; parishioners are welcome; please wear a mask and check in at the front desk for temperature check.



Reflection on the Readings

This Sunday we continue our proclamation of John 6, the Bread of Life discourse. John's gospel is often challenging to read and understand. Chapter 6 is no exception. Yet, while challenging to listen to and comprehend, the message that John's Jesus proclaims is pretty straightforward.

Jesus affirms that he is the "living bread come down from heaven. Whoever eats this bread will live forever." Jesus' identity is made known and we are told how to gain eternal life. Why the murmuring among some of his followers? The last line of today's gospel reading, which is reiterated at the beginning of next Sunday's gospel, clearly states that "the bread that I will give is my flesh for the life of the world."

Therefore, to eat of the living bread come down from heaven demands a willingness to give of that bread for the sake of others, so that the world might have life. This is the clear challenge of partaking in the "living bread come down from heaven." Just as Jesus, our living bread, was willing to give his entire self "for the life of the world," so too, anyone who freely and willingly partakes in that bread must be willing to give of their self for the life of the world.

Placing trust and confidence in God no matter the obstacles can often lead to rejection and suffering. This was true for Jesus as it is for his disciples. Like Elijah in the first reading, whenever we find it difficult to work through rejection and suffering, we tend to give up and lose our way. We complain to God and no longer trust in God's nourishing care and love. This is what the murmuring is about. For some, suffering for the sake of others is too high a price to pay for eternal life. But eternal life is not just for those who partake in God's life, but is intended for all humanity. Just as Jesus gives totally of himself so that we might have eternal life, we must be willing to give totally of ourselves so that all may have a share in God's eternal life.

We manifest this by reaching out with love, care, and compassion to the poor, the powerless, the afflicted, the brokenhearted, the stranger, and the immigrant. We offer to others Jesus, the living bread, whenever we challenge systems and structures that oppress and dehumanize. We share Jesus' eternal life with others whenever we fight for justice, right relationship and the dignity and worth of all human beings. We clearly model Jesus' love and self-gift whenever we open our borders, our doors, and our arms to all those fleeing oppression and seeking a better life for themselves and their children.

Jesus, by referring to himself as "the living bread come down from heaven," uses bread as a symbol to express how to connect with him and God more deeply. Bread is a rich symbol of sharing life with others in the context of eating and nourishing one another. Bread is a sacramental, a sign of life. When shared with others, it becomes a living sign of our willingness to give of ourselves for others, so that they may be nourished and fed.

The word "companions" literally means "with bread," those who bond themselves to each other in and through the sharing of bread. Sharing bread says that we are there for you in your need, in your struggles and in your joys. Sharing with others enables us to sing and proclaim together with passion and commitment the refrain of responsorial Psalm 34 "Taste and see the goodness of the Lord."

Whenever we do Eucharist together, we proclaim our desire to carry on Jesus' mission of willingly giving himself for others. Sharing Eucharist, the living bread come down from heaven, with others makes us partakers with Jesus in building up the Body of Christ and in proclaiming our solidarity with all humanity.

This week, share bread with someone you do not know or one who needs to know that you care. Use the sharing of bread as an opportunity to connect, bond and become companions on life's journey. As you share, tell stories of how you have been fed by others and the difference it has made in your life. Ask God to deepen your desire to give of yourself to others, as Jesus has given of himself to us. May you recognize Jesus more deeply in the breaking of the bread.

Biagio Mazza
Pastoral Associate

Readings



Sunday, August 8

1st Reading: 1 Kings 19:4-8

Psalm: Psalm 34:2-3, 4-5, 6-7, 8-9 (9a)

2nd Reading: Ephesians 4:30—5:2

Gospel: John 6:41-51

Sunday, August 15

1st Reading: Revelation 11:19a; 12:1-6a, 10ab

Psalm: Psalm 45:10, 11, 12, 16 (10bc)

2nd Reading: 1 Corinthians 15:20-27

Gospel: Luke 1:39-56

Reflexión Sobre las Lecturas

Este domingo continuamos nuestra proclamación de Juan 6, el discurso del Pan de Vida. El evangelio de Juan muchas veces es desafiante de leer y entender. El Capítulo 6 no es una excepción. Sin embargo, aunque desafía escuchar y comprender, el mensaje que proclama el Jesús de Juan es bastante directo.

Jesús afirma que Él es el "pan vivo que ha bajado del cielo; el que coma de este pan vivirá para siempre". La identidad de Jesús se da a conocer y se nos dice cómo obtener la vida eterna. **¿Por qué el murmullo entre algunos de sus seguidores?** La última línea de la lectura evangélica de hoy, que se reitera al comienzo del evangelio del próximo domingo, establece claramente que "el pan que les voy a dar es mi carne para que el mundo tenga vida".

Por lo tanto, comer del pan vivo que baja del cielo exige la disposición a dar de ese pan por el bien de los demás, para que el mundo tenga vida. Este es el desafío claro de participar en el "pan vivo bajado del cielo". Así como Jesús, nuestro pan vivo, estaba dispuesto a entregarse por completo "para la vida del mundo", también cualquiera que voluntariamente participa en ese pan debe estar dispuesto a entregarse por la vida del mundo.

Poner confianza en Dios sin importar los obstáculos muchas veces puede resultar en el rechazo y sufrimiento. Esto fue cierto para Jesús como lo es para sus discípulos. Al igual que Elías en la primera lectura, cada vez que nos resulta difícil superar el rechazo y el sufrimiento, tendemos a renunciar y perder el rumbo. Nos quejamos con Dios y ya no confiamos en el cuidado y amor nutritivos de Dios. De esto se trata el murmullo. **Para algunos, el sufrimiento por el bien de los demás es un precio demasiado alto para pagar la vida eterna.** Pero la vida eterna no es solo para aquellos que participan en la vida de Dios, sino que está destinada a toda la humanidad. **Así como Jesús da totalmente de sí mismo para que podamos tener vida eterna, debemos estar dispuestos a dar totalmente de nosotros mismos para que todos tengan una participación en la vida eterna de Dios.**

Manifestamos esto al extendernos con amor, cuidado y compasión hacia los pobres, los desamparados, los afligidos, los desconsolados, los extranjeros y los inmigrantes. Ofrecemos a los demás a Jesús, el pan vivo, cada vez que desafiamos sistemas y estructuras que oprimen y deshumanizan. Compartimos la vida eterna de Jesús con los demás cada vez que luchamos por la justicia, la relación correcta y la dignidad y el valor de todos los seres humanos. Claramente modelamos el amor y el don de Jesús cada vez que abrimos nuestras fronteras, nuestras puertas y nuestros brazos a todos los que huyen la opresión y buscan una vida mejor para

ellos mismos y para sus hijos.

Jesús, al referirse a sí mismo como "el pan vivo bajado del cielo", usa el pan como símbolo para expresar cómo conectarse con él y con Dios más profundamente. El pan es un rico símbolo de compartir la vida con los demás en el contexto de comer y nutrirse unos a otros. El pan es un sacramental, un signo de vida. Cuando se comparte con otros, se convierte en un signo vivo de nuestra voluntad de darnos a los demás, para que puedan nutrirse y alimentarse.

La palabra "compañeros" significa literalmente "con pan", aquellos que se unen el uno al otro en el intercambio de pan. El compartir pan dice que estamos allí para ayudarlo en su necesidad, en sus luchas y en sus alegrías. Compartir con otros nos permite cantar y proclamar juntos con pasión y compromiso el estribillo del Salmo responsorial 33 "Gusten y vean qué bueno es el Señor".

Cada vez que hacemos Eucaristía juntos, proclamamos nuestro deseo de continuar la misión de Jesús de entregarse voluntariamente a los demás. Compartir la Eucaristía, el pan vivo bajado del cielo, con otros nos hace partícipes con Jesús en la edificación del Cuerpo de Cristo y en la proclamación de nuestra solidaridad con toda la humanidad.

Esta semana, comparta pan con alguien que no conoce o con alguien que necesita saber que le importa. Use el compartir del pan como una oportunidad para conectarse, vincularse y convertirse en compañeros en el camino de la vida. **Al compartir, cuente historias de cómo ha sido alimentado por otros y la diferencia que han hecho en su vida.** Pídale a Dios que profundice su deseo de entregarse a los demás, tal como Jesús se entregó a nosotros. **Que reconozca a Jesús más profundamente al compartir pan.**

Biagio Mazza
Asociado Pastoral

Lecturas



Lecturas del Domingo, 8 de Agosto

Primera Lectura: 1 Reyes 19:4-8
Salmo: Salmo 33:2-3, 4-5, 6-7, 8-9
Segunda Lectura: Efesios 4:30—5:2
Evangelio: Juan 6:41-51

Lecturas del Domingo, 15 de Agosto

Primera Lectura: Apocalipsis 11:19a; 12:1-6a, 10ab
Salmo: Salmo 44:10bc, 11, 12ab, 16
Segunda Lectura: 1 Corintios 15:20-27
Evangelio: Lucas 1:39-56



Stewardship

"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

John 6:51

Mistakenly we often take the Eucharist for granted. Maybe we come to Mass to "check the box" instead of actively partaking in this intimate exchange or we receive Jesus in the Eucharist and then forget about Him the second we leave the church after Mass. To receive all that God wants to give us in the Eucharist, we must do our part in being receptive to His grace and living out active discipleship in our day-to-day lives. Let us approach the Lord acknowledging His Divine Presence and be open to all the graces He desires to pour out on us. Then we must go forth, being attentive to the moments that the Holy Spirit is calling us to act as He acts — in total love and sacrifice.

— See more at www.catholicsteward.com/blog/

Online Giving

St. Sabina offers an online giving option for parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: scan the QR Code or go to our parish website at www.stsabinaparish.org and click the "Online Giving" button in the top right section. This will open a new window through our secure third party website.



Support Our Parish When You Shop Online!

Did you know that your Amazon purchases are likely eligible to provide a donation to our parish? Last quarter, we received donations based off of **over \$26,300** of your purchases and over \$110,400 of your purchases, cumulatively! To support us in this way, be sure to do your Amazon shopping through smile.amazon.com and select "St. Sabina Catholic Church, Belton" as your charity of choice. Thank you to the 104 shoppers that have chosen us as their charity!

Contributions for the Week of July 25

Envelopes/Sobres:	\$11,614.00
Plate/Canasta:	\$ 621.12
Maintenance-Upkeep:	\$ 617.50



Corresponsabilidad

"Yo soy el pan vivo que ha bajado del cielo; el que coma de este pan vivirá para siempre. Y el pan que yo les voy a dar es mi carne para que el mundo tenga vida".

Juan 6:51

Por error, a menudo damos por sentada la Eucaristía. Tal vez venimos a la Misa para "marcar la casilla" en lugar de participar activamente en este intercambio íntimo o recibimos a Jesús en la Eucaristía y luego nos olvidamos de Él en el momento en que dejamos la iglesia después de la Misa. Para recibir todo lo que Dios quiere darnos en la Eucaristía, debemos hacer nuestra parte para ser receptivos a Su gracia y vivir un discipulado activo en nuestra vida diaria. Acerquémonos al Señor reconociendo Su Divina Presencia y estemos abiertos a todas las gracias que Él desea derramar sobre nosotros. Luego debemos seguir adelante, estando atentos a los momentos en los que el Espíritu Santo nos llama a actuar como Él actúa: en total amor y sacrificio.

— Vea mas en www.catholicsteward.com/blog/.

Donaciones por Internet

Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: escanee el código QR o visite nuestro sitio web de la parroquia en www.stsabinaparish.org, haga clic en el botón "Online Giving" en la parte superior derecha. Se abrirá una ventana nueva que lo llevará a otro sitio seguro.

Apoya a Nuestra Parroquia al Comprar por Internet!

¿Sabía que es probable que sus compras en Amazon sean elegibles para proveer una donación para nuestra parroquia? El último trimestre, recibimos donaciones basadas en **más de \$26,300** de sus compras y más de \$110,400 de sus compras, ¡acumulativamente! Para apoyarnos de esta manera, asegúrese de hacer sus compras en Amazon a través de smile.amazon.com y seleccione "St. Sabina Catholic Church, Belton" como su organización benéfica preferida. ¡Gracias a los 104 compradores que nos han elegido como organización benéfica!

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Stewardship



Consider Making a Bequest to St. Sabina

There are no small gifts in the eyes of our Lord. A bequest of any size is an ultimate expression of stewardship and demonstrates your appreciation for the gifts you have received. To leave your parish, a school, ministry a bequest, make sure your intentions are understood by providing as much identifying information as possible. State the Legal Name, Tax ID Number (if known), Address, City, ST Zip. Contact Kris at kris@stsabinaparish.org for more information.

Uplift Cooking Team! We are currently seeking a few more cooks able to commit 2-3 hours on the 4th Monday of each month beginning at 9am in the gym. You do not need to be a chef! There are jobs for all ability levels. Volunteers are asked to please contact Kirstie Roberts in the Youth Office to sign up. We return to the kitchen on August 23rd! Updates on menu, suggested supplies for volunteers to bring from home and other reminders are shared via our Facebook group, Uplift Cooks.

Missionary Plan of Cooperation - Aug 7-8

In collaboration with our Diocesan Mission Office, parishes are asked to participate in the Missionary Plan of Cooperation, helping missionary societies solicit funds for their mission efforts. This year St. Sabina was to host Fr. Kiran Kanapala, from the Andhra Pradesh Social Service Forum (APSSF) an official Social Development organization of the Telugu Catholic Bishops' Council (TCBC). However, due to the pandemic, we will show a video in place of Fr. Kiran's visit. The aim of the TCBC is to function as a federation of all the 15 Diocesan Social Service Societies in the region operating and promoting socio-economic development of people irrespective of case, creed and religion in the state of Telangana and Andhra Pradesh, South India. APSSF was established in the year 2008 reaching out to the poor and the marginalized especially to work towards reducing abject poverty prevalent in India.

Corresponsabilidad

Consideré Hacer un Legado a Santa Sabina

No hay pequeños regalos a los ojos de nuestro Señor. Un legado de cualquier tamaño es la máxima expresión de corresponsabilidad y demuestra su aprecio por los obsequios que ha recibido. Para dejar a su parroquia un legado, asegúrese de que se comprendan sus intenciones proporcionando tanta información de identificación como sea posible. Indique el nombre legal, número de identificación fiscal (si lo conoce), dirección, ciudad, estado, código postal. Póngase en contacto con Kris en kris@stsabinaparish.org para obtener más información.

Equipo de Cocina para Uplift! Actualmente estamos buscando algunos cocineros, capaces de dedicar 2-3 horas el cuarto lunes de cada mes a partir de las 9am en el gimnasio. ¡No necesita ser chef! Hay trabajos para todos los niveles. Se pide a los voluntarios que se comuniquen con Kirstie Roberts en la Oficina de la Juventud para inscribirse. ¡Regresamos a la cocina el 23 de agosto! Las actualizaciones en el menú, los suministros sugeridos para que los voluntarios traigan de casa y otros recordatorios se comparten a través de nuestro grupo de Facebook, Uplift Cooks.

Plan Misionero de Cooperación - 7-8 de Agosto

En colaboración con nuestra Oficina de Misión Diocesana, se les pide a las parroquias que participen en el Plan Misionero de Cooperación, ayudando a las sociedades misioneras a solicitar fondos para sus esfuerzos misioneros. Este año, íbamos a dar la bienvenida al P. Kiran Kanapala, del Foro de Servicio Social de Andhra Pradesh (APSSF), una organización oficial de Desarrollo Social del Consejo de Obispos Católicos Telugu (TCBC). Sin embargo, debido a la pandemia, mostraremos un video en lugar de la visita del P. Kiran. El objetivo del TCBC es funcionar como una federación de las 15 Sociedades Diocesanas de Servicio Social en la región que operan y promueven el desarrollo socioeconómico de las personas independientemente del caso, credo y religión en el estado de Telangana y Andhra Pradesh, en el sur de la India. APSSF se estableció en el año 2008 para llegar a los pobres y marginados, especialmente para trabajar hacia la reducción de la pobreza extrema que prevalece en la India.



Information

Rite of Christian Initiation of Adults (RCIA)

Why Be Catholic?

The Catholic Church has consistently believed that God has a universal will and desire to save all people. Our God is the God of all people. God has initiated this love relationship with all creation and desires to bring all to fullness through total union with God for all eternity. Each one is called to union with God through the faith path and tradition that they feel God is leading them.

If this is so, then why be Catholic? One is Catholic, not because it is the only way to God, but because one feels attracted to the things that the Catholic tradition offers. One feels at home more in the Catholic tradition than in other faith traditions. The following list is meant to highlight some of those aspects of the Catholic tradition that have attracted others to it.

Catholics are not the only ones that value these qualities. Nor have we been consistent in following through on them. But, no matter the history, we seem to have held onto these values rather consistently.

See if these are values and attractions for you.

1. We affirm a belief in the goodness of all creation.
2. We have a universal sense of openness to all people and all cultures.
3. We affirm that we are all called to holiness.
4. We are committed to continual growth as persons.
5. We are challenged to change the world and society into the reign of God.
6. We are called to live in community.
7. We have historical roots and identity.
8. We respect reason, human knowledge and human exploration.

If you or anyone you know would be attracted to these values, please contact Biagio at biagio@stsabinaparish.org or 816-979-3153.

Life Line Screening - September 17

Life Line Screening, the nation's leading provider of preventive health screenings, will offer affordable, non-invasive and painless health screenings at St. Sabina on Friday, September 17 in the gym. A package of five screenings to identify risk for stroke, heart disease and other chronic conditions will be offered:

- Carotid artery ultrasound to identify plaque buildup in the carotid arteries, a major risk factor for stroke
- Abdominal aortic aneurysm ultrasound to identify presence of an enlargement in the largest blood vessel in the body
- An EKG to identify the presence of atrial fibrillation, which increases the risk for stroke
- Ultrasound of the lower legs to look for plaque buildup known as peripheral artery disease
- Ultrasound of the shin bone to identify risk for osteoporosis

These 5 vital screenings are offered for only \$149 and take 60-90 minutes to complete. If you register today, you will receive a \$10 discount. Register by calling toll free 1-888-653-6441 or text the word "circle" to 797979.

Información

Rito de Iniciación Cristiana para Adultos (RICA)

Si usted o alguien que conoce estaría interesado en ser parte del RICA, por favor comparta la información con ellos. Hay formularios en el espacio de reunión, junto con un calendario completo para el programa de este año.

¿Por Qué Ser Católico?

La Iglesia Católica ha creído constantemente que Dios tiene la voluntad y el deseo universal de salvar a todas las personas. Nuestro Dios es el Dios de todas las personas. Dios ha iniciado esta relación de amor con toda la creación y desea llevar todo a la plenitud a través de la unión total con Dios por toda la eternidad. Cada uno está llamado a unirse con Dios a través del camino de la fe y la tradición que sienten que Dios los está guiando.

Si es así, ¿por qué ser católico? Uno es católico, no porque sea el único camino a Dios, sino porque se siente atraído por las cosas que ofrece la tradición católica. Uno se siente como en casa más en la tradición católica que en otras tradiciones religiosas. La siguiente lista está destinada a resaltar algunos de los aspectos de la tradición católica que han atraído a otros a ella.

Los católicos no son los únicos que valoran estas cualidades. Tampoco hemos sido consistentes en seguirlos. Pero, sin importar la historia, parece que nos hemos aferrado a estos valores de manera bastante consistente.

Vea si estos son valores y atracciones para usted.

1. Afirmamos la creencia en la bondad de toda la creación.
2. Tenemos un sentido universal de apertura a todas las personas y todas las culturas.
3. Afirmamos que todos estamos llamados a la santidad.
4. Estamos comprometidos con el crecimiento continuo como personas.
5. Tenemos el desafío de convertir el mundo y la sociedad en el reino de Dios.
6. Estamos llamados a vivir en comunidad.
7. Tenemos raíces e identidad históricas.
8. Respetamos la razón, el conocimiento humano y la exploración humana.

Si usted o alguien que conoce se sentiría atraído por estos valores, por favor comuníquese con Raúl a 816-309-1919.

Felicidades Por Su Quinceañera

Joyful congratulations to Theresa Maderos, the daughter of Joel Montes and Marina Rosales, who celebrated her Quinceañera on August 7th!



Focus on Parish Ministry

Ministry Within Community

Last week we looked at Lay Ministry—the call to every baptized person to build up the Body of Christ. We, the laity, answer this call within the context of our daily lives in our marriages and families, in our places of work or school and in our social lives and daily interactions with others.

The document Lumen Gentium says the lay faithful are “called by God to contribute to the sanctification of the world from within, like leaven, in the spirit of the Gospel. In this way they may make Christ known to others, especially by the testimony of a life resplendent in faith, hope and charity.”

How do we do this? It is different for each of us according to our situation in life. But each of us are gifted with unique charisms by God. We can discern, through prayer, reflection and guidance of the Holy Spirit what our special gifts are. Often those are simple parts of our every day life, like making a meal for someone who has been ill, offering a smile and opening a door for a stranger, helping a neighbor mow their yard, or babysitting a neighbor’s child. You do things like this every day without thinking of it being a way to make Christ present in the world, but that is exactly what you are doing.

Our parish community is a source of support for us as we carry out our mission. We gather together to pray at Mass. We hear the word of God and have the opportunity to reflect on what God is saying to us. We are nourished by the Body and Blood of Christ. Our parish community has become a parish family because we have made connections with one another as we gather each week.

These bonds with fellow parishioners also strengthen us for our mission. We find friends and can support each other as we walk similar paths in life. Maybe you felt support when a fellow parishioner asked about a family member who has been ill and offered their prayers. Perhaps you made friends with other families when you attended the Parents Lounge while your children were at PSR. Maybe the drive through Fish Fries last Lent helped you put a Friday meal on the table after a long week of work. Many parishioners enjoy being with each other in parish groups like our quilters or a Small Christian Community.

Last week, you reflected on the talents, interests, and skills you possess. This week, reflect on the way our parish family strengthens you for the mission of building up the Body of Christ in your everyday encounters.

Información Parroquial

Le Invitamos

Que a partir del jueves 12 de agosto y luego cada jueves del mes, nos unamos en oración rezando El Santo Rosario en la iglesia de 7:00-8:00 pm.

Trae tus necesidades y dejémoslas en la presencia de **Nuestra Madre Santísima** para que ella interceda por nosotros.



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