

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabina-parish.org •
www.facebook.com/stsabina-parish • 816-331-4713

Office Hours: The parish office is currently open by appointment only.
Horarios de la Oficina: En este momento la oficina parroquial está abierta solo con cita previa.



We continue to celebrate limited Masses in person and stream them online. If you plan to attend a Mass in person, be sure to check out our guidelines for attending Mass safely by clicking on the St. Sabina at Home section on our parish website.

Continuamos celebrando Misas limitadas en persona y transmitiéndolas en línea. Si planea asistir a una Misa en persona, asegúrese de consultar nuestras pautas para asistir a la Misa de manera segura haciendo clic en la sección Sta. Sabina en Casa del sitio web de nuestra parroquia.

Mass Times

In Person (You must sign up ahead of time to attend. Please call the office by the Thursday before to sign up):

Saturdays at 4pm (English)
Sundays at 8am (English)
Sundays at 12:30pm (Spanish)

Online (via Facebook and parish website):

Saturdays at 6pm (English)
Sundays at 10:30am (English)
Sundays at 3pm (Spanish)

Horarios de Misa

En persona (debe inscribirse con anticipación para asistir. Favor de llamar a la oficina antes del jueves anterior para inscribirse):

Sábados a las 4pm (inglés)
Domingos a las 8am (inglés)
Domingos a las 12:30pm (español)

En línea (a través de Facebook y el sitio web de la parroquia):

Sábados a las 6pm (inglés)
Domingos a las 10:30am (inglés)
Domingos a las 3pm (español)

Parish Staff/Info—Personal de la Parroquia/Información

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
Deacon Mike Gates		mikeg@stsabinaparish.org
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Susan Ratigan , Liturgist/Liturgista	816-979-3158 X58	susan@stsabinaparish.org
Kirstie Roberts , Dir. of Religious Ed. & Youth Ministry/Dir. de Educación Religiosa y Ministro de Jóvenes	816-979-3155 X55	kirstie@stsabinaparish.org
Marta Roper , Pastoral Care Coordinator/Coordinadora Pastoral	816-979-3154 X54	marta@stsabinaparish.org
Jeff Shields , Finance Coordinator/Coordinador de Finanzas	816-979-3152 X52	jeffshields@stsabinaparish.org
Tracy Wheeler , Maintenance/Mantenimiento		tracy@stsabinaparish.org
Berenice Zayas , Family Life & Hispanic Ministry/Vida de la Familia Parroquial y Ministerio Hispano	816-979-3150 X50	berenice@stsabinaparish.org
Kathleen Chastain , Diocesan Victim Advocate	816-392-0011	chastain@diocesekcsj.org
Joe Crayon , Diocesan Ombudsman	816-812-2500	crayon@ombudsmankcsj.org
Wellness Center/Centro de Bienestar		
Wendy Mora Cedillo	816-979-3090	
Jeannine Midgett	816-979-3093	



Mass Intentions for the Week Peticiones de la Semana

Intentions for August 11-14, 2020

Tues. 11am Open
Wed. 8am Open
Thurs. 8am Open
Fri. 8am Open

Saturday, August 15, 2020

4:00pm †Rita Miller

Sunday, August 16, 2020

8:00am †Darrell Littler
Intentions of Our Parish Family
12:30pm Spanish †Sofia Cortez
†Efrén Jaimes

We also remember the special intentions requested in our virtual prayer book on Facebook and our family and friends on the sick list.

Recordamos tambien, las intenciones especiales en nuestro libro virtual de peticiones por Facebook, y nuestros amigos y familiares de nuestra lista de enfermos.

From Death to New Life De la Muerte a la Nueva Vida

†Alice Hetherington, sister of Bob Coomer

†Pastor Giron, esposo de Elvira Melendez

†Norberto Arellano



Parish Information—Información Parroquial

Prayer Requests/Peticiones de Oración

Christina Albarez	Ted Henry	Melba Mercier
Nancy Ballenger	Rhonda Henke	Karen Muelbach
Margaret Bannerman	Alex Henningsen	Laura Oresteen
Juanita Becerra	Bob Henningsen	Thelma Putnam
Dennis Berg	Ann Heinzler	Diane Quinn
John Bidondo	Estela Huerta	Abigail Resendiz
Mary Pat Biondo	Jennifer Huffman	Larry Rhodes
Maxine Bremer	Richard Huffman	Anna Ryan
Veronica Burks	Lisa Jonas	Lou Scaccia
Joyce Callahan	Gary Jones	Ron Schock
Jackie Chiappetta	Kenneth Jones	Mary Schwartz
John Cikan	John Jongenelen	Peter Shea
Harrison Cummings	Michael Kempster	Jaxton Shipley
Mark DeLuca	John Key	Shellie Smoot
Mark Deterding	Jack King	Don Standley
Paula Dull	Dorothy Knoll	Rachael Smith
Denise English	Don Kueck	Marie Stinger
Terry Eppert	Susan Lager	Lois Stogsdill
Joe Evans	Arlene Lally	Rita Stout
Larry Foster	Ellen Lilek	Jean Tate
Jean Frank	Emmy Long	Joel Taylor
Tonya Frezza	Alyson Lopez	Priscilla Tristani
Miquel Angel Salinas Gonzalez	Angelika Mackey	Amanda Votava
Ginny Hainey	Ray Malisos	Dorothea West
Jackie Hamilton	Bienvenido Martinez	Mary Westfall
Rita Ann Hand	Kristy McClain	Sarah Wheeler
Bonnie Haskins	Leslie McDowell	Marie Wilburn
Cherie Hatfield	Leonard Meiron	Carmitia Yust
Martha Healy		

happy birthday

Adolfo Albor	London Hendrix	Justin Rewald
Abelardo Arreola	Barron Henke	Angel Rocha
Carlos Arroyo	Denisse Hinojos	Maria Rocha
Grayson Bader	Hatsuki Hongo	Sergio Rocha
Nick Biondo	Joseph Huerta	Enrique Rodriguez
Bill Birkner	Alan Hughes	Paulette Samson
Brenda Chavez	Alisa Hurtado	Nicholas Sargent
Sharon Davis	Stephanie Ibarra	Lou Scaccia
Carlos Dominguez	Jeremy Jones	Ava Schinze
Genoveva Driscoll	Devin Keith	Jose Serrano
Brandon Embry	Audrey Kelch	Lori Stewart
Dan Emerick	Aaron King	Jeremy Stinger
Lorann Eppert	Henry Koontz	Doug Thurman
Paola Fabian	Patti Ledford	Scott Thurston
Korayma Flores	Charlotte Mackall	Tytan Thurston
Noemi Gallardo	Saith Mancilla	William Tobias
Wesley Gill	Jose Martinez	Michelle Vargo
Isaac Gonzalez	Ricardo Martinez	Yeshua Vazquez
Aaron Gonzalez	Blanca Menjivar	Dana Vazquez
Karen Grantham	Eduardo Menjivar	Jeanette Vergara
Morena Guardado	Charlene Morgan	Lillian Webber
Jose Guardado	Marin Neri	Stephanie Wilson
Endric Guerrero	Claire Overhaug	Roland Woods
	Julian Rascon	

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Joe Crayon, at 816.812.2500 or crayon@ombudsmankcsj.org, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate, Kathleen Chastain, at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsj catholic.org/the-office-of-child-and-youth-protection/>

Happy Anniversary

Bob and Sally Coshun	58 Years!	8/11/1962
Ron and Joanie Hoffman	55 Years!	8/14/1965
Jim and Sonja Bornheimer	50 Years!	8/15/1970
Marvin and Karen Henrich	48 Years!	8/12/1972
Dave and Ann Morris	45 Years!	8/16/1975
Jerry and Lily Pointer	45 Years!	8/16/1975
George and LuAnn Nelson	36 Years!	8/11/1984
Scott and Mary Theobald	33 Years!	8/15/1987
Jack and Veronica Burks	26 Years!	8/13/1994
Dennis and Kay Glaser	25 Years!	8/12/1995
Isidoro Dominguez and Gladys Mendez	21 Years!	8/14/1999
Michael and Shelly Orozco	21 Years!	8/14/1999
John and Cecelia Berryman	20 Years!	8/12/2000
Claudio and Justina Cruz	16 Years!	8/11/2004
Marcial and Flor Trejo	16 Years!	8/14/2004
Fred and Danielle Yonker	14 Years!	8/12/2006
Esteban Hernandez and Norma Meza	11 Years!	8/15/2009
Josh and Mary Srader	7 Years!	8/10/2013

Green Team Tip of the Week

Save money and water by following these 5 tips <https://greenabilitymagazine.com/blog/2020/07/try-5-ways-reduce-water-use/>.



This Week's Do You Know Video:

When we gather as a Eucharistic community, we believe and affirm that Christ is fully present in our midst. Our pre-Vatican II awareness



of that presence was centered on the tabernacle and the Bread and Wine. Vatican II affirmed that focus as well as greatly broadened and enhanced our awareness of Christ's presence in our Eucharistic celebrations. Sacrosanctum Concilium, the Constitution on the Liturgy #7, states that whenever we gather for Eucharist, Christ is present in the species, the Bread and Wine, as well as in the Assembly or the community gathered, in the Word proclaimed from Scripture and in the ministers who enhance our celebration. Christ is fully present in each of these modes and we are now called to reflect on how we reverence Christ's presence, not just in the species, but also in the people gathered, in the word proclaimed and in the ministers. Make time to view this week's DYK video and learn more about how we can reverence Christ present in these four modes during our Eucharistic Celebrations.

Virtual Bible Study

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering weekly study sessions via Zoom that provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. To register, email Biagio at biagio@stsabinaparis.org.

Worldwide Marriage Encounter

The future seems uncertain... But God has a plan for you and your marriage; a plan that is so much more than you could ever imagine. You are invited to attend an upcoming Worldwide Marriage Encounter Weekend (September 18-20) and discover all the beauty and joy that God desires for you as a couple. For more information, or to apply for a weekend, visit www.wme4youandme.org, or call/email Tony & Barb Zimmerman at 816-741-4066, tonybarbz@prodigy.net. Check out this link for a video invitation - <https://youtu.be/3k6mfS27afg>.

Blue Ridge Corridor Study

In June, a communication was made available to you regarding the Blue Ridge Corridor study which has been underway since January of 2020. The most recent meeting was held on July 21, 2020. A new communication, which will convey the most recent developments in the study, was emailed out on Monday and is available on the parish website.

En Nuestro Video ¿Sabes...? de Esta Semana:

Cuando nos reunimos como comunidad eucarística, creemos y afirmamos que Cristo está plenamente presente entre



nosotros. Nuestra conciencia, previa al Vaticano II, de esa presencia se centró en el tabernáculo y el Pan y el Vino. El Vaticano II afirmó que el enfoque, además de ampliar y mejorar mucho nuestra conciencia de la presencia de Cristo en nuestras celebraciones eucarísticas. Sacrosanctum Concilium, la Constitución sobre la Liturgia #7, establece que cada vez que nos reunimos para la Eucaristía, Cristo está presente en la especie, el Pan y el Vino, así como en la Asamblea o la comunidad reunida, en la Palabra proclamada de las Escrituras y en los ministros que mejoran nuestra celebración. Cristo está completamente presente en cada uno de estos modos y ahora estamos llamados a reflexionar sobre cómo reverenciamos la presencia de Cristo no solo en la especie sino también en las personas reunidas, en la palabra proclamada y en los ministros. Tómese un momento para ver el video ¿Sabes? de esta semana y aprender más acerca de cómo podemos reverenciar a Cristo presente en estos cuatro modos durante nuestras celebraciones eucarísticas.

Platicas Pre-Bautismales - 12 de Septiembre

Normalmente cada segundo Sábado del mes de las 10 am a la 1 pm. (Sólo para niños de 0-6 años.) Salón doble del área de la escuela. Para niños mayores de 7 años requerirán una formación especial. **No se ofrece cuidado de niños.**

PRÓXIMOS BAUTISMOS: llamar a Kris al 816-979-3151. Favor de llenar su aplicación para asistir a las platicas con anterioridad.

Felicidades Por Su Bautismo

Eddison Benjamin Marquez Lopez, el hijo de José Márquez y Ana López

Salud Mental en Tiempos de COVID-19

La oficina de Ministerio Hispano del nuestra diócesis ha producido una serie de cuatro videos, en colaboración con expertos de Mattie Rhodes, sobre la salud mental durante esta pandemia. La serie se puede encontrar tanto en Facebook como en la pagina web del Ministerio Hispano, que se encuentran en los siguientes enlaces:

<https://www.facebook.com/hispanokcsj>
<https://www.hispanokcsj.org/serie-sobre-salud-mental.html>

Pastoral Care

Domestic Violence The *Catholic Church teaches* that violence against another person in any form fails to treat that person as someone worthy of love. Instead, it treats the person as an object to be used. When violence occurs within a sacramental marriage, the abused spouse may question, "How do these violent acts relate to my promise to take my spouse for better or for worse?" The person being assaulted needs to know that acting to end the abuse does not violate the marriage promises. While violence can be directed towards men, it tends to harm women and children more. The **National Domestic Violence Hotline** provides crisis intervention and referrals to local service providers. Call **800-799-SAFE (7233)** or **800-787-3224 (TTY)**. For more information, go to www.thehotline.org. Hotline Advocates are available to chat online, Monday to Friday, 9AM-7PM CST.

Send Some Sunshine! Would you like to brighten someone's day? Could you send someone a card or message of encouragement? Do you need something to do with your children's art work? Our area nursing homes and assisted living facilities have been closed to visitors since March. It's hard on families, but harder on the residents to be cut off from their loved ones and the volunteers that brighten their days. If you would be interested in spreading some sunshine by mailing a card, writing a note of encouragement or sending the kids' or grandkids' artwork, then please contact me. A stamp and a small bit of time would help bring sunshine to another wonderful person's life! If you would like to participate, please contact Marta Roper in the parish office at 816-979-3154 or marta@stsabinaparish.org.



Cuidado Pastoral

Violencia Doméstica La *Iglesia Católica enseña* que la violencia contra otra persona en cualquier forma no trata a esa persona como alguien digno de amor. En cambio, trata a la persona como un objeto para ser utilizado. Cuando se produce violencia dentro de un matrimonio sacramental, el cónyuge maltratado puede preguntarse: "¿Cómo se relacionan estos actos violentos con mi promesa de llevar a mi cónyuge para bien o para mal?" La persona agredida necesita saber que actuar para poner fin al abuso, no viola las promesas matrimoniales. Si bien la violencia puede dirigirse hacia los hombres, tiende a dañar más a las mujeres y los niños. La **Línea Directa Nacional de Violencia Doméstica** brinda intervención en casos de crisis y referencias a proveedores de servicios locales. Llame al 1-800-799-7233. Para más información, visite www.espanol.thehotline.org. Los defensores de la línea directa están disponibles para chatear en línea, de lunes a viernes, de 9am a 7pm CST.

¡Mande un Rayito de Sol!

¿Le gustaría alegrar el día de alguien? ¿Podría enviar a alguien una tarjeta o un mensaje de aliento? ¿Necesita algo que hacer con la obra de arte de sus hijos? Las residencias de ancianos y las instalaciones de vivienda asistida de nuestra área han estado cerradas a los visitantes durante casi 3 meses. Es difícil para las familias, pero más difícil para los residentes separarse de sus seres queridos y los voluntarios que alegran sus días. Si le interesa difundir un poco de sol enviando una tarjeta, escribiendo una nota de aliento o enviando los dibujos de sus hijos o nietos, comuníquese con la oficina parroquial. ¡Una estampilla y un poco de tiempo ayudarían a traer un rayito de sol a la vida de otra persona maravillosa!



Do You Know—How to get better sleep?

1. Stick to a sleep schedule

Set aside no more than eight hours for sleep. The recommended amount of sleep for a healthy adult is at least seven hours. Go to bed and get up at the same time every day.

2. Pay attention to what you eat and drink

Don't go to bed hungry or stuffed. In particular, avoid heavy or large meals within a couple of hours of bedtime. Your discomfort might keep you up. Nicotine, caffeine and alcohol deserve caution, too. Even though alcohol might make you feel sleepy, it can disrupt sleep later in the night.

3. Create a restful environment

Create a room that's ideal for sleeping. Often, this means cool, dark and quiet. Exposure to light might make it more challenging to fall asleep. Avoid prolonged

use of light-emitting screens just before bedtime.

4. Limit daytime naps and Include physical activity in your daily routine

Long daytime naps can interfere with nighttime sleep. If you choose to nap, limit yourself to up to 30 minutes and avoid doing so late in the day. Regular physical activity can promote better sleep. Spending time outside every day might be helpful, too.

5. Manage worries Try to resolve your worries or concerns before bedtime. Jot down what's on your mind and then set it aside for tomorrow. Stress management might help, along with prayer and meditation, which can ease anxiety.

Know when to contact your doctor.



Reflection on the Readings

The readings this Sunday challenge us to be open to the diverse, surprising and multiple ways in which the divine presence is manifest among us. This challenge is best summarized in the prayer refrain from responsorial Psalm 85: "Lord, let us see your kindness and grant us your salvation." **The psalm affirms that the presence of God is made manifest whenever "kindness and truth meet" in our encounter with others, and whenever "justice and peace kiss" in the routine actions of our daily lives.**

In living lives that reflect such attitudes, we make God's presence active and alive. We pray that our lives be open to "see" God's loving presence among us, as we ask God to be our true source of salvation. **This manner of seeing requires that we put on "faith glasses," enabling us to perceive the power and presence of God acting on our behalf.**

In our first reading, Elijah, fleeing Queen Jezebel, travels to God's mountain, Mt. Horeb or Sinai, to experience God's presence, safety and salvation. **Like Moses before him, Elijah expected to experience the Lord's presence in the mighty phenomena of nature, namely wind, earthquake and fire.** But none of these usual patterns of God's manifestation seem to be the means God chooses.

Rather, Elijah waits with patience and attentiveness to experience how God would choose to be present. Finally, Elijah hears a "tiny whispering sound" and realizes that today, God's presence would be manifested in this most unusual manner. **With the eyes of faith, Elijah experiences God's presence, kindness and salvation in a manner he least expected.**

Paul struggles in his letter to the Romans as to why some of his fellow Jews have been unable to accept Jesus as the Christ, or messiah. The Jews have consistently been open to the multiple manifestations of God. In so doing they are so dear to God that "theirs the adoption, the glory, the covenants, the giving of the law, the worship and the promises." Paul agonizes as to why some of them cannot see Jesus as the richest and best manifestation of God among us. **Christ has been the most transformative event to have happened to Paul and he wants his people to share in that abundance and richness.** So he struggles in his desire for them to be opened to Jesus now as they have been opened to the "benefits" and gifts of God in the past.

Matthew's gospel speaks of Jesus going off to pray and connect with God on a mountain. Meanwhile his disciples are in a boat, being tossed about by the wind. Soon they see someone coming towards them walking on the water. Terrified, they think it is a ghost. Jesus calms their fears: "Take courage, it is I; do not be afraid." **When life overwhelms, as is happening during this pandemic we face, Jesus' directive is to "Take courage, it is I." God, in the person of Jesus, walks with us, helping us to control the chaos and disorder that daily surrounds us.** In Greek, "it is I" literally says "I AM," the standard name for God in the Old Testament, as revealed to Moses on Mt. Sinai. This divine affirmation is further strengthened as Matthew shows Jesus having the same power and control over the waters of chaos that is so characteristic of God in the Old Testament.

Peter asks Jesus to command him to come to Jesus by also walking on the water. Jesus invites Peter to come. Peter attempts to but is soon frightened by the wind and water and begins to sink, calling upon Jesus to save him. **Jesus responds with one of the most consoling and affirming non-verbal gestures ever: "Immediately Jesus stretched out his hand and caught Peter..."** Then comes Jesus' challenge that every disciple needs to take to heart: "O you of little faith, why did you doubt?" **We are often tempted to doubt when surrounded with danger and overwhelming odds. Jesus challenges us to have faith and to trust that he will stretch out his hand and sustain us.**

Being attuned to God demands that we put on "faith glasses." **Faith helps us to see God's presence in the most unexpected places, even in the midst of a pandemic.** Faith gives us the strength to believe, even when life seem so difficult and overwhelming that, like Peter, we feel like we are going to sink. Calling out to Jesus for help gets the immediate response of Jesus reaching out to save us. **How do your "faith glasses" help you to see God present in your daily life?**

Biagio Mazza
Pastoral Associate

Readings



Sunday, August 9

1st Reading: 1 Kings 19:9a, 11-13a

Psalm: Psalm 85:9, 10, 11-12, 13-14 (8)

2nd Reading: Romans 9:1-5

Gospel: Matthew 14:22-33

Sunday, August 16

1st Reading: Isaiah 56:1, 6-7

Psalm: Psalm 67:2-3, 5, 6, 8 (4)

2nd Reading: Romans 11:13-15, 29-32

Gospel: Matthew 15:21-28



Reflexión Sobre las Lecturas

Las lecturas de este domingo nos desafían a estar abiertos a las diversas, sorprendentes y múltiples formas en la cual la presencia divina se manifiesta entre nosotros. Este desafío resume mejor el refrán de oración del Salmo responsorial 84: "Muéstranos, Señor, tu misericordia y danos tu salvación". **El salmo afirma que la presencia de Dios se manifiesta siempre que "la misericordia y la fidelidad se encuentran" en nuestro encuentro con los demás, y siempre que "la justicia y la paz se besan" en las acciones de rutinas de nuestras vidas cotidianas.**

En vivir vidas que reflejan tales actitudes, hacemos la presencia de Dios activa y viva. Oramos que nuestras vidas estén abiertas para ver la presencia amorosa de Dios entre nosotros, mientras le pedimos a Dios que sea nuestra verdadera fuente de salvación. **Esta manera de ver requiere que pongamos "anteojos de fe", lo que nos permite percibir el poder y la presencia de Dios actuando en nuestro nombre.**

En nuestra primera lectura, Elías, huyendo de la reina Jezabel, viaja al monte de Dios, El Horeb o Sinai, para experimentar la presencia, seguridad y salvación de Dios. **Como Moisés antes que él, Elías esperaba experimentar la presencia del Señor en los poderosos fenómenos de la naturaleza, es decir, el viento, el terremoto y el fuego.** Pero ninguno de estos patrones habituales de la manifestación de Dios parece ser el medio que Dios elige.

Por el contrario, Elías espera con paciencia y atención para experimentar cómo Dios escogería estar presente. Finalmente, Elías escucha un "murmullo de una brisa suave" y se da cuenta de que hoy, la presencia se manifestaría de una manera tan inusual. **Con los ojos de fe, Elías experimenta la presencia, la bondad y la salvación de Dios de la manera que menos esperaba.**

Pablo lucha en su carta a los romanos en cuanto a porqué algunos de sus compañeros judíos han sido incapaces de aceptar a Jesús como el Cristo, o mesías. Los judíos han estado siempre abiertos a las múltiples manifestaciones de Dios. Al estar abiertos son tan queridos por Dios que les "pertenecen la adopción filial, la gloria, la alianza, la ley, el culto y las promesas". Pablo agoniza por que algunos de ellos no pueden ver a Jesús como la mejor y mas rica manifestación de Dios entre nosotros. **Cristo ha sido el evento más transformativo que le ha pasado a Pablo y quiere que su pueblo comparta en esa abundancia y riqueza.** Así que lucha en su deseo de que se abran a Jesús ahora como se han abierto a los "beneficios" y los dones de Dios en el pasado.

El evangelio de Mateo habla de Jesús, que se va a orar y conectar con Dios en una montaña. Mientras tanto, sus discípulos están en una barca, siendo arrojados por el viento. Pronto ven a alguien que viene hacia ellos caminando sobre el agua. Aterrorizados, piensan que es un fantasma. Jesús calma sus temores: "Tranquilícense y no teman. Soy yo". **Cuando la vida es abrumadora como sucede durante esta pandemia que enfrentamos, la directriz de Jesús es "no teman. Soy yo".** Dios, en la persona de Jesús, camina con nosotros, ayudándonos a controlar el caos y el desorden que nos rodea a diario. En griego, "soy yo" literalmente dice "YO SOY", el nombre estándar de Dios en el Antiguo Testamento, como se reveló a Moisés en el Monte Sinaí. Esta afirmación divina se fortalece aún más cuando Mateo muestra que Jesús tiene el mismo poder y control sobre las aguas del caos que es tan característico de Dios en el Antiguo Testamento.

Pedro le pide a Jesús que le ordene que venga a Jesús también caminando sobre el agua. Jesús invita a Pedro a venir. Pedro intenta pero pronto es asustado por el viento y el agua y comienza a hundirse, invocando a Jesús para salvarlo. **Jesús responde con uno de los gestos no verbales más consoladores y afirmativos: "Inmediatamente Jesús le tendió la mano y lo sostuvo..."** Después viene el desafío de Jesús que cada discípulo debe tomar en serio: "Hombre de poca fe, ¿por qué dudaste?" **Muchas veces estamos tentados a dudar cuando estamos rodeados de peligro y probabilidades abrumadoras. Jesús nos reta a tener fe y confiar en que él extenderá su mano y nos sostendrá.**

Estar en sintonía con Dios exige que nos pongamos "anteojos de fe". **La fe nos ayuda a ver la presencia de Dios en los lugares más inesperados, incluso en medio de una pandemia.** La fe nos da la fuerza para creer, incluso cuando la vida parece tan difícil y abrumadora que, como Pedro, sentimos que nos vamos a hundir. Clamando a Jesús para recibir ayuda obtiene la respuesta inmediata de Jesús extendiéndose para salvarnos. **¿Cómo le ayudan sus "anteojos de fe" a ver a Dios presente en su vida diaria?**

Biagio Mazza, Asociado Pastoral

Lecturas



Lecturas del Domingo, 9 de Agosto

Primera Lectura: 1 Reyes 19:9a, 11-13a
Salmo: Salmo 84:9ab y 10, 11-12, 13-14
Segunda Lectura: Romanos 9:1-5
Evangelio: Mateo 14:22-33

Lecturas del Domingo, 16 de Agosto

Primera Lectura: Isaías 56:1, 6-7
Salmo: Salmo 66:2-3, 5, 6 y 8
Segunda Lectura: Romanos 11:13-15, 29-32
Evangelio: Mateo 15:21-28



Stewardship

"Peter said to him in reply, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, 'Lord, save me!' Immediately Jesus stretched out his hand and caught Peter, and said to him, 'O you of little faith, why did you doubt?'"

Matthew 14: 28-31

When we take our eyes off God, we fail to see that all we have is a gift from Him. We lose trust in the Lord and we do not make our lives a grateful response to Him. Peter makes this mistake in our Gospel passage from Matthew. But what if Peter had not taken his eyes off Christ? What a grand adventure he could have experienced walking on the sea with Jesus! When we take our eyes off Christ, the many blessings He has given us, and the loving way He treats us, we sink, too. When we embrace the stewardship way of life — letting go of a tight hold over our money, time and talents — our lives become a grand adventure, rooted firmly and gratefully in the God who always cares for us. — See more at www.catholicsteward.com/blog/.

Corresponsabilidad

"Entonces le dijo Pedro: 'Señor, si eres tú, mándame ir a ti caminando sobre el agua'. Jesús le contestó; 'Ven'. Pedro bajó de la barca y comenzó a caminar sobre el agua hacia Jesús; pero al sentir la fuerza del viento, le entró miedo, comenzó a hundirse y gritó: '¡Sálvame, Señor!' Inmediatamente Jesús le tendió la mano, lo sostuvo y le dijo: 'Hombre de poca fe, ¿por qué dudaste?'"

Mateo 14:28-31

Cuando quitamos los ojos de Dios, no vemos que todo lo que tenemos es un regalo de Él. Perdemos la confianza en el Señor y no hacemos de nuestras vidas una respuesta agradecida a él. Pedro comete este error en nuestro pasaje evangélico de Mateo. Pero, ¿y si Pedro no hubiera quitado los ojos de Cristo? ¡Qué gran aventura podría haber experimentado caminar sobre el mar con Jesús! Cuando quitamos los ojos de Cristo, las muchas bendiciones que nos ha dado, y la forma amorosa en que nos trata, también nos hundimos. Cuando adoptamos la forma de vida de corresponsabilidad, dejando de lado nuestro dinero, tiempo y talentos, nuestras vidas se convierten en una gran aventura, arraigadas firmemente y agradecidas en el Dios que siempre se preocupa por nosotros. — Vea mas en www.catholicsteward.com/blog/.

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Contributions for the Week of July 26

Envelopes/Sobres:	\$9,181.00
Plate/Canasta:	\$ 169.50
Maintenance-Upkeep:	\$ 446.37

¿Se ha encontrado comprando en línea mucho más últimamente? ¿Sabía que es probable que sus compras en Amazon sean elegibles para que nos devuelvan un porcentaje de ellas? El último trimestre, recibimos donaciones basadas en **más de \$7,100** de sus compras y más de \$19,600 de sus compras, ¡acumulativamente! ¡Recuerda esto mientras hace sus compras en Amazon! Para apoyarnos de esta manera, asegúrese de hacer sus compras en Amazon a través de smile.amazon.com y seleccione "St. Sabina Catholic Church, Belton" como su organización benéfica preferida.

Donaciones por Internet

Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: visite nuestro sitio web de la parroquia en www.stsabinaparish.org, haga clic en el botón "Online Giving" en la parte superior derecha. Se abrirá una ventana nueva que lo llevará a otro sitio seguro.

Stewardship

Estate Planning

Preparing an estate plan is good Christian stewardship, saying thanks to God, expressing your love for family, and showing charity toward others. Please contact Kris at kris@stsabinaparish.org to learn more.

Special Indulgences

The gift of special indulgences is granted to the faithful suffering from COVID-19 disease, commonly known as Coronavirus, as well as to health care workers, family members and all those who in any capacity, including through prayer, care for them.

- Trusting in Christ, a plenary indulgence is "granted to the faithful suffering from Coronavirus, who are subject to quarantine by order of the health authority in hospitals or in their own homes if, with a spirit detached from any sin, they unite spiritually through the media to the celebration of Holy Mass, the recitation of the Holy Rosary, to the pious practice of the Way of the Cross or other forms of devotion, or if at least they will recite the Creed, the Lord's Prayer and a pious invocation to the Blessed Virgin Mary, offering this trial in a spirit of faith in God and charity towards their brothers and sisters, with the will to fulfil the usual conditions (sacramental confession, Eucharistic communion and prayer according to the Holy Father's intentions), as soon as possible."
- Health care workers, family members and all those who, following the example of the Good Samaritan, exposing themselves to the risk of contagion, care for the sick of Coronavirus according to the words of the divine Redeemer: 'Greater love has no one than this: to lay down one's life for one's friends' (Jn 15:13), will obtain the same gift of the plenary indulgence under the same conditions.
- An indulgence is "the expression of the Church's full confidence of being heard by the Father when - in view of Christ's merits and, by his gift, those of Our Lady and the saints - she asks him to mitigate or cancel the painful aspect of punishment by fostering its medicinal aspect through other channels of grace" (John Paul II, General Audience, September 29, 1999).
- A plenary indulgence removes all the temporal punishment due to sin (CCC, 1471).



Corresponsabilidad

Planificación Patrimonial

Preparar un plan patrimonial es una buena administración cristiana, decir gracias a Dios, expresar su amor por la familia y mostrar caridad hacia los demás. Póngase en contacto con Kris en kris@stsabinaparish.org para obtener más información.



Indulgencias especiales

El regalo de indulgencias especiales se otorga a los fieles que padecen la enfermedad COVID-19, comúnmente conocida como Coronavirus, así como a los trabajadores de la salud, los miembros de la familia y todos aquellos que, en cualquier capacidad, incluso a través de la oración, los cuidan.

- Confiando en Cristo, se otorga una indulgencia plenaria a los fieles que padecen de Coronavirus, que están sujetos a cuarentena por orden de la autoridad de salud en hospitales o en sus propios hogares si, con un espíritu separado de cualquier pecado, se unen espiritualmente a través de los medios para la celebración de la Santa Misa, la recitación del Santo Rosario, la práctica piadosa del Viacrucis u otras formas de devoción, o si al menos recitarán el Credo, la Oración del Señor y una invocación piadosa a la Bendita Virgen María, ofreciendo esta prueba en un espíritu de fe en Dios y caridad hacia sus hermanos y hermanas, con la voluntad de cumplir las condiciones habituales (confesión sacramental, comunión eucarística y oración según las intenciones del Santo Padre), lo antes posible."
- Los trabajadores de la salud, los miembros de la familia y todos aquellos que, siguiendo el ejemplo del Buen Samaritano, exponiéndose al riesgo de contagio, cuidan a los enfermos de Coronavirus de acuerdo con las palabras del divino Redentor: 'Nadie tiene mayor amor que esto: dar la vida por los amigos (Jn 15:13), obtendrá el mismo don de la Indulgencia Plenaria en las mismas condiciones".
- Una indulgencia es "la expresión de la plena confianza de la Iglesia de ser escuchada por el Padre cuando, en vista de los méritos de Cristo y, por su don, los de Nuestra Señora y los santos, ella le pide que mitigue o cancele el aspecto doloroso del castigo fomentando su aspecto medicinal a través de otros canales de gracia "(Juan Pablo II, Audiencia general, 29 de septiembre de 1999).
- Una indulgencia plenaria elimina todo el castigo temporal debido al pecado (CIC, 1471).

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