



*St. Sabina
Catholic
Church
Belton, MO*



*September 6, 2015
Twenty-third Sunday in Ordinary Time*



Pictured above are Cub Scouts Jeremiah, Joseph, Blair and Blaine, who received the Light of Christ religious emblems on Sunday, August 30th.

700 Trevis Avenue, Belton, MO 64012 Phone: 816-331-4713
www.stsabinaaparish.org www.facebook.com/stsabinaaparish

Fax: 816-322-6196 Office Hours: 9:00am - 5:00pm, Monday-Thursday and 9:00am - 1:00pm, Friday

Our Parish Staff

Fr. Jeff Stephan, Pastor	816-979-3157	X57	frjeff@stsabinaparish.org
Fr. Curt Vogel, Associate Pastor	816-979-3156	X56	frvogel@stsabinaparish.org
Deacon Dwayne Katzer			dwayne@stsabinaparish.org
Deacon Mike Gates			mikeg@stsabinaparish.org
Bridget Hernandez, Stewardship and Social Justice	816-979-3159	X59	bridget@stsabinaparish.org
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Kirstie Roberts, Dir. of Religious Ed. and Youth Ministry	816-979-3155	X55	kirstie@stsabinaparish.org
Marta Roper, Pastoral Care Coordinator	816-979-3154	X54	marta@stsabinaparish.org
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Tracy Wheeler, Maintenance			tracy@stsabinaparish.org
Bonnie Kane, Diocesan Victim Advocate	816-392-0011		kane@diocesekcsj.org
Jenifer Valenti, Diocesan Ombudsman	816-812-2500		jeniferValenti@att.net

Weekend Mass Schedule

Saturday: 4:00pm (Confessions at 3:00pm - 3:30pm)
 Sunday: 8:00am and 10:30am in English, 12:30pm in Spanish

Wellness Center 816-979-3090

Jeannine Midgett 816-979-3093
 Patricia Moreno 816-979-3092

MASS SCHEDULE

INTENTIONS FOR SEPTEMBER 7-11, 2015

Mon. 8am †John Grimm
 Tues. 6pm †John Ryan
 Wed. 8am †Teresa Link
 10am †Leonissa Fenske (Rehabilitation Center of Raymore)
 Intentions of the Edmund Fenske Family
 Thurs. 8am Intentions of the Judy Backues Family
 Friday 8am †Don Fenske
 Intentions of the Becky Fenske Family

SATURDAY, SEPTEMBER 12, 2015

4:00pm Intentions of the Parish Family
 †Edwin & Doris Oberste

SUNDAY, SEPTEMBER 13, 2015

8:00am †Cardinal William Wakefield Baum
 10:30am †Jim & Vera Hamburg
 12:30pm Spanish †Maria Quiñones



NURSING HOME MASS SCHEDULE

Sept 9 10:00am Rehabilitation of Raymore
 Sept 16 10:00am Foxwood Springs
 Sept 23 11:00am Carnegie Village
 Sept 30 8:00am St. Sabina

PARISH NEWS

PLASTIC BOTTLES FOR UPLIFT

It has been increasingly difficult to collect, clean and deliver plastic bottles to Uplift Organization, so our parish will no longer be collecting bottles for the homeless. We thank all those that have donated plastic bottles over the past several years.

OFFICE CLOSED - LABOR DAY

Our Parish Office will be closed on Monday, September 7th in observance of Labor Day.



BLOOD DRIVE - SEPTEMBER 13

Our next blood drive will be held on Sunday, September 13 from 8am-1pm in the gym. Book your appointment today at savealifenow.org, enter sponsor code saintsabina. For additional information, please contact Michael Dailey at 816-853-8386 or mgdai-ley123@yahoo.com.

PARISH CALENDAR

Sunday, September 6 - Domingo, 6 de Septiembre

11:00am Ensayo del Coro Hispano

Monday, September 7 - Lunes, 7 de Septiembre

Labor Day - Parish Office Closed

8:00am Mass

5:30pm Marian Prayer Group

Tuesday, September 8 - Martes, 8 de Septiembre

1:30pm Wellness Center "Getting Back to Better" Class

4:30pm Confessions

6:00pm Mass

7:00pm Knights of Columbus Ladies Auxiliary

7:00pm Taller de Oracion y Vida

Wednesday, September 9 - Miércoles, 9 de Septiembre

8:00am Mass

9:00am Legion of Mary

10:00am Mass at Rehabilitation Center of Raymore

6:30pm PSR Teacher Meeting

7:00pm Advocacy Team

7:00pm Cantor Practice

7:00pm Adult Faith Formation Facilitator Training

Thursday, September 10 - Jueves, 10 de Septiembre

8:00am Mass

9:30am Quilters

6:00pm Junta de CINE

7:00pm RCIA/RICA

7:00pm Baptism Prep (English)

8:00pm Choir Practice (8am Choir)

Friday, September 11 - Viernes, 11 de Septiembre

8:00am Mass

7:00pm Wedding Rehearsal: Lopez/Hernandez

Saturday, September 12 - Sábado, 12 de Septiembre

8:00am Foundations for Living Stones

10:00am Platicas Pre-Bautismales

1:00pm Wedding of Hugo Lopez and Valeria Hernandez

3:00pm Confessions

4:00pm Mass

Sunday, September 13 - Domingo, 13 de Septiembre

8:00am Community Blood Drive

11:00am Ensayo del Coro Hispano

2:00pm Peer Ministers Meeting

STEWARDSHIP

"He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, 'Ephphatha!' - that is, 'Be opened!' - And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly."

Mark 7: 33-35

In a homily given in the fall of 2012, Pope Benedict XVI stated: "At the heart of today's Gospel there is a small but very important word, a word that in its deepest meaning sums up the whole message and the whole work of Christ. It is the Aramaic Ephphatha." The Holy Father went on to point out that many are inwardly deaf to the world around them and remain mute at a time when the world is in need of spiritual guidance. The Pope's meditation on that Gospel and that one important word also included a reminder that the Lord speaks to each of us in a language of love, and calls us to be baptized disciples. - See more at www.catholicsteward.com/blog/.

STEWARDSHIP OF TREASURE - AUG 30

Envelopes/Sobres:	\$8,228.23
Plate/Canasta:	\$ 853.05
Maintenance-Upkeep:	\$ 351.50
St. Regis Collection:	\$ 514.00

STEWARDSHIP OF TIME AND TALENT:

LOOKING FOR A WAY TO SHARE YOUR TIME OR TALENTS?

St. Sabina volunteers go to Lord of Love Lutheran church, in Belton, every third Wednesday of the month to help with their weekly community meal. This is a free meal that all are welcome to, an opportunity to help those right here in our community. The next meal we will be helping with will be on Wednesday, September 16. There are opportunities to help both in the afternoon and in the evening. You can also help by providing a dessert (bought or baked) for the meal. If you would like to help, you can sign up using the link on our parish website: www.stsabinaparish.org, click on "Volunteer Opportunities" and look for "Community Meals" in the "Social Justice" section.

CHRISTMAS IN OCTOBER - OCT 10

This year the Christmas in October workday will be held on Saturday, October 10th. If you are interested in participating, please contact either John Ryan at ryan-cows@aol.com or Pete Muenks at pmuenks@gmail.com or sign up in the gathering space. It is very helpful for John and Pete to know in advance how many helpers we will have so they can determine how many houses our parish volunteers will be able to help with.



PASTORAL CARE

FROM DEATH TO NEW LIFE

DE LA MUERTE A LA NUEVA VIDA

† **David Gordy Vogel**, uncle of Fr. Curt Vogel

† **John Henry**, nephew of Marguerite Cummings, Ann Cummings, and Quin Henry,

† **Anna Bargaen**, mother of Walter Bargaen

† **Elaine Catanzaro**, friend of Mary Sellmeyer

† **Frances Andregg**, mother of Jean Bales, Teresa Nick, Roberta Toyne, Mary Kingsley, Carol Hill, Mike Andregg, Margaret Davis, Joseph Andregg & Susan Beutler

† **Jennie Baylor**, daughter-in-law of Emma & Bill Beaver

† **James Groom**, brother of Lucille O'Connor

† **Josiah Hernandez**, son of Alfredo & Ashley Hernandez

† **Bill Westbrook**, brother of Richard Westbrook

PRAYER REQUESTS PETICIONES DE ORACIÓN

Kelly Anthony	Paul DeMar	Helen Muenks
Marilyn Avalos	Frances DiGeorge	Jerry Nowak
Sheryll Bentley	Sheila Donner	Gary Palmer
Allie Biondo	Mary Lou Enos	Thelma Palmer
Joe Birkenbach	Richard Estes	Leanna Peachey
Maxine Bremer	Dick Garnier	Chuck Ramsey
Gretchen Butler	Laverne Harlow	Larry Schmidt
Charles Bybee, Jr.	Cherie Hatfield	Joe Stanley
Art Camara	Bart Henke	Noah Stanley
Pamela Castor	Ella Hemmen	Bob Westfall
Georgene Caoile	Mary Ellen Hermann	Mary Westfall
Marvin Cohen	Richard Hoedl	Sarah Wilburn
Joseph Coots	Kelly Jordon	Carmitia Yust
Tyler Corlew	Ray Kemna	Berenice Zayas
Mary Curtis	Don Kueck	Pablo Zayas
Cathy Davis	Gloria McLaughlin	
Margo Dellaguardia	Priscilla Moran	

DID YOU KNOW? You can find our *prayer requests list* at St. Sabina Church Updates. To set up your account go to <https://stsabinaparish.churchupdates.org/> and click "register as a new member" below the log in button. By setting up your account, you will receive weekly emails informing you if we add someone to the prayer list, you will receive notice that someone has been added and you can log in and let them know that you're praying for them!

HAVING A DIFFICULT TIME WITH THE LOSS OF A LOVED ONE?

We are currently taking registrations for a six week Adult Grief Recovery Group. This group will begin on Tuesday, Sept. 22, 2015 and meets for six consecutive weeks. The goal of this group is not to help you "move on" or "get over it", it is to help you blend a painful loss into the narrative of your life. All faith traditions are welcome. Advanced registration required. To register or for more information contact Marta Roper in the parish office at 816-979-3154 or by email at marta@stsabinaparish.org or co-facilitator Mary Ann Long at 816-348-7930 or malinbelton@yahoo.com.

Registration deadline Monday September 14.

PARISH HAPPENINGS

LIVING STONES: Foundations for Living Stones A Faith Formation Program for interested Adults

"Come to him, a living stone...chosen and precious in the sight of God, and, like living stones, let yourself be built into a spiritual house..." (1 Peter 2:4-5)

St. Sabina is offering an adult faith formation program titled, Foundations for Living Stones. The program explores in greater depth and knowledge the basics of our faith. All the sessions focus on the ministry that we are called to in and through our baptism. Communication skills, group development, leadership skills, bible study, church history, prayer and sacraments are some of the many areas explored and examined in depth. Adult methods of learning and reflection are employed throughout.

The sessions are scheduled on Tuesday evenings, from 7-9:30 PM, beginning in late August and ending in late May. This is a 9-month commitment to deepen one's skills and knowledge so as to become a more effective and engaging minister. We hope to work collaboratively with our neighboring parishes, inviting them to be part of this mutual learning process. For more information, please call or e-mail either: **Biagio Mazza** 816-979-3153 biagio@stsabinaparish.org or **Kris Larkey** 816-979-3151; kris@stsabinaparish.org

2016 DELEGATION TO EL SALVADOR

Our parish will be taking its second delegation to El Salvador to learn more about the scholarship program there and to have the opportunity to meet and visit with our scholarship students and their families. We will travel to Cinquera and also to El Mozote. El Mozote was the site of one of many massacres that occurred in El Salvador during their Civil War. As of now we are planning to travel to El Salvador on January 5 and staying approximately 8 days. If you are interested or would like more information, please contact Kris at 816-979-3151 or by email at kris@stsabinaparish.org.

PARISH PICNIC - SEPTEMBER 27

Come and join us on Sunday, September 27th at 1:30pm for our annual parish picnic. **Please bring a pot luck dish to share.** The day will include:

- Pot Luck Dinner
- Hamburgers and Hot Dogs
- Cake Walk
- Games
- Yogurt Bar
- Face Painting
- Piñata
- Door prizes donated by our parish ministries
 1. Our Adult Faith Formation Team is donating an English Bible and a Spanish Bible
 2. The Boys Scouts are donating a roll of large yellow trash bags
 3. Our Social Justice Team is donating Fair Trade Coffee.
 4. Our Youth Ministry is donating a copy of the book Youcat.



TUESDAY NIGHT CONFESSIONS We now offer confessions every Tuesday from 4:30-5:30pm. Confessions are also offered every Saturday from 3-3:30pm.

MUSIC MINISTRY - IT'S TIME TO JOIN!



Music is something that really has an effect on the way we feel. You know what I mean, you have been somewhere and heard that certain song

that really seemed to lift your spirits, bring you comfort or make an event more joyful. When we pray with song at Mass it deepens our experience of prayer in the same way. **That's why we need you.** You are invited to share that feeling with our parish by joining one of our music groups. And here is the great thing - you don't have to be an expert.

That is usually the first thing I hear when I speak with someone about joining a parish choir, "Well I don't have a professional voice." Most of us don't. That's not what we need. Of course we will never turn down an interested person who has a great deal of musical experience. But frankly, those folks aren't pounding down the doors. **What we need is you.** You love God. You enjoy coming to Mass because it touches you, feeds you. You have a sense of how music affects your feelings. The rest of it - the music stuff - we can teach you as we go.

We are seeking singers and those with instrumental experience of all ages. Hey you high school band & choir members out there, I'm talking to you, too! It would be great to have one of you playing flute, clarinet, violin, cello or trumpet on occasion at Mass! You may choose to become involved at any Mass. Practice for the 4:00 and 10:30 Masses is on Wednesdays at 7:00 in the music room of church. The first practice of the season is Wednesday, September 9. The 8:00 Mass choir practices every other Thursday evening. Even if you can't be there every week, come when you can.

Most choir members come to think of choir as a sort of small Christian Community, an extended family if you will, because we share so much together over the years. So how about it? Why not come and try it out? I guarantee you will feel like you gain more than you invest. **For more information please contact Susan Ratigan in the parish office, 979-3158 or susan@stsabinaparish.org**



Watch the bulletin as we update this list.

ADULT FAITH FORMATION

REFLECTION ON THE TWENTY-THIRD SUNDAY IN ORDINARY TIME , YEAR B

On this Twenty-third Sunday in Ordinary Time the readings invite us to see the “work” of God that constantly goes on among us. In healing the deaf man with the speech impediment, Jesus highlights God’s relation to all humanity. Just like the deaf man, we are all challenged to “ephphatha,” to be open to God’s work so powerfully evident among us.

One might say that there is little evidence of God’s marvelous work in a time of economic downfall, loss of jobs, violence, war, injustice, greed, global warming and many other social ills that befall us. Yet, this is the challenge of today’s readings, namely to go deeper and see things in a more hopeful, trusting manner.

Mark’s gospel and the other readings challenge us to see beyond appearances and to examine the events of life from the perspective of God rather than from our limited viewpoint. In doing so, then we too can sing joyfully the refrain of responsorial Psalm 146, “Praise the Lord, my soul!”

Isaiah, in the first reading, addresses those “whose hearts are frightened.” Today we experience many people whose hearts are frightened because of actual job loss, the threat of losing a job, or the inability to find a new job. The economic downturn has created all sorts of impediments for people in their ability to provide for themselves and their families. To these people Isaiah boldly proclaims that God has not forgotten them, and that God “comes with vindication and divine recompense to save you.”

If we trust in God and continue to deepen our relationship, we will see with new eyes, and experience life in new ways that will ultimately be life-giving and fulfilling. Our blindness will be removed, our hearing will be more attuned, we will speak with clarity, and the deserts of our lives will bloom again. Such rich images take away fright and promote trust in an ever faithful God who is always ready to help.

Responsorial Psalm 146 reprises the image of God who “keeps faith forever” and who “raises up those who were bowed down” while “securing justice for the oppressed” and “setting the captives free.” With hopeful hearts and grateful trust in our loving God, we shout out in response, “Praise the Lord, my soul!”

The reading from the letter of James challenges us not to judge by appearances but to see things more deeply, looking into the heart. God does not judge by externals like power and wealth, something that we easily succumb to in our dealings. Rather God loves all. Those who have nothing often find it easier to trust in a loving, caring God. Thus God often uses the poor to show all of us how to rely on God with complete confidence.

The family of the deaf man in the gospel reaches out to Jesus with trust and confidence. Jesus heals the man’s deafness along with his speech impediment. The man can hear clearly and speak plainly. The external cure is a sign of the internal attitude that Jesus desires of the man and the whole crowd. Jesus is asking all who have experienced the miracle to understand that God is faithful and does care for all.

This week, no matter what your job or economic situation is, challenge yourself to trust in a loving and caring God who is always concerned about us, no matter what our position in life. May this new school year and this new year of ministry to God’s people, be one of hearing more deeply and speaking more plainly about God’s mighty works made manifest and active in our daily lives.

Biagio Mazza,
Pastoral Associate



SCC

READINGS FOR SUNDAY, SEPTEMBER 6, 2015

1st Reading: Isaiah 35:4-7a

Psalm: Psalm 146:6-7, 8-9, 9-10

2nd Reading: James 2:1-5

Gospel: Mark 7:31-37

READINGS FOR SUNDAY, SEPTEMBER 13, 2015

1st Reading: Isaiah 50:5-9a

Psalm: Psalm 116:1-2, 3-4, 5-6, 8-9

2nd Reading: James 2:14-18

Gospel: Mark 8:27-35



BIBLE STUDY

BIBLE STUDY AND SUNDAY READINGS

Catholics are mostly exposed to the Bible through the Sunday Lectionary Readings. In order to help us all enter into the Bible through the Sunday readings, we are offering study sessions that will provide an opportunity to read, to study background to the readings, and to reflect on how to apply the readings to our lives. **We will gather on September 13th and 27th at 10:30am.** All are welcome. Bring a Bible and a friend. To register for these sessions, please call Biagio at 816-979-3153.

YOUTH MINISTRY

NATIONAL CATHOLIC YOUTH CONFERENCE!

Our parish will be taking a group of High School youth to Indianapolis over the weekend of November 19th through the 21st. NCYC is full of amazing speakers, liturgical experiences, music groups and interactive areas for youth to meet other young Catholics from around the United States. If your child is in 9th grade or older and would like to attend this once in a lifetime conference for Catholic Youth, please contact Kirstie Roberts in the Youth Office. More information is available at: <http://ncyc.nfcym.org/program/>.

HARVESTERS!

This local food bank provides food to needy families around the KC area. Volunteers are needed to help sort food donations and pack weekend food bags for kids to help fight hunger in our community. We will be taking a group of 5 people on the third Thursday of each month. If you would like to volunteer, call or email Kirstie Roberts in the Youth Office to sign up. This ministry is open to all ages!

UPLIFT ORG. needs volunteers! If you would like to bring meals to the homeless on the 4th or 5th Monday of any month, please contact Kirstie Roberts to sign up! This ministry is open to all parishioners age 14 and older. Volunteers must report to the Uplift Warehouse by 5pm and will be finished around 9:30pm.

UPLIFT COOKS! Anyone who would like to help prepare a meal for the homeless is welcome to join our team on the 4th Monday of each month at 10am in the gym. It's recommended that you bring a good cutting knife and vegetable peeler. Our next cooking day will be September 28th.



PICTURES



SCHOOL OF RELIGION

PARISH SCHOOL OF RELIGION (PSR) REGISTRATIONS HAVE BEGUN!

Forms are now available in the back of church and in the Youth Office. If you have a child preparing for sacraments this year, please be sure to take a sacramental prep registration form as well as the PSR form. If you have any questions, please contact Kirstie Roberts in the Youth Office.

PSR begins Sunday, September 20th!

PSR TEACHERS!

All teachers are asked to please attend an evening of renewal, supper and mini-workshop to prepare for the upcoming school year on Wednesday, September 9th at 6:30pm. Registrations for teachers for the upcoming school year are available in the back of church. Please return them to the Youth Office no later than September 2nd.

FORM FOR COMMUNICATION WITH MINORS

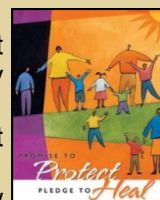
Parents and guardians must now sign a form giving permission for St. Sabina staff, specifically the Youth Director, Kirstie Roberts to respond to text messages, emails and phone calls from the youth of the parish. These forms are available in the back of the church with the PSR registrations and in the Youth Office.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM).

CHILD SAFETY

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

- 1) Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
- 2) Contact your local law enforcement agency or call 911, and
- 3) After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.



The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate Bonnie Kane at 816.392.0011 or kane@diocesekcsj.org for more information.

SOCIAL JUSTICE

PARENTS LOOKING FOR A SUPPORT GROUP

In response to our needs survey, the Love Thy Neighbor team is hosting an informal gathering for the parents of our parish to determine specific areas of support our families may need, such as, tutoring, parents night out, behavior issues, single parent issues, etc. If as a parent you've ever needed information, advice or just another parent to talk to, please plan on attending. This will be your chance to tell us what you need. We will meet in the Parish Hall on Sunday, September 27, during PSR (9-10:00). A light breakfast of fruit, pastries, coffee and juice will be served. To help us plan for food and babysitting, sign up slips are in the gathering space.

MISSOURI CATHOLIC CONFERENCE ANNUAL ASSEMBLY

Fifty years ago the Second Vatican Council came to a close, ushering in an exciting era in which the Church would boldly engage the modern world on issues of concern to people throughout the globe. Fifty years later, what are the issues that call for the courageous witness of Catholic citizens? The 2015 Annual Assembly of the Missouri Catholic Conference (MCC) will take up that question when Catholics from all corners of Missouri gather on Saturday, October 3 in Missouri's majestic State Capitol. You are invited to this free event. The Assembly will feature 15 engaging workshops covering topics including pro-life, education, Pope Francis' encyclical *Laudato Si'*, race relations, poverty concerns, hospice care and much more. Please pre-register for the event by going to MOCatholic.org or calling 1-800-456-1679. See you on October 3!

POPE FRANCIS IS COMING TO ADDRESS THE U.S. CONGRESS IN SEPTEMBER

The **Nuns on the Bus** are bringing his message to Kansas City. YOU are invited to a Town Hall meeting to discuss his message on economic justice and "Our Common Home," the earth. **Friday, September 11, 2015, 6:30 - 8 pm** at the Community Christian Church, 4601 Main, KC 64112. Plenty of free parking in adjacent garage.

PROJECT RACHEL You are invited to "**An Evening for Project Rachel**" on Saturday evening, September 19, 2015 after the 5pm Mass at St. John Lalande Parish in Blue Springs. Listen to a man and a woman bravely share their stories of abortion, God's forgiveness, and healing. We will talk about our ministry as well as ways that the faithful can become involved. Pope Francis has declared a Holy Year of Mercy...come, see what our Church is doing. For more information, contact Teresa at 816-756-1850 or email thoepfner@diocesekcsj.org.

HEALING THE PAIN OF ABORTION One weekend at a time. Rachel's Vineyard Retreat is open to women and men. The retreat is a beautiful opportunity to experience healing. Retreat begins Friday evening, Oct 23 thru Sunday afternoon, Oct 25, 2015. Call 816-679-4973 or email rvkcmo@gmail.com for confidential information and to start the healing, or visit www.rachelsvineyard.org for more information.

AREA INFORMATION

K OF C ANNUAL GOLF TOURNAMENT -SEP 19

Come play golf and join the fun at the Knights of Columbus' 14th Annual Paul Vargo Golf Tournament at Eagle's Landing Golf Course in Belton on September 19, 2015. It's only \$75, which includes green fees, cart, lunch, BBQ buffet dinner, golf prizes and contests. If you don't play golf, be a sponsor (\$25 cart or \$100 hole). All proceeds will benefit Missouri Special Olympics, St. Sabina Youth Group and Lord of Love Community Meals. Questions? Call Bob Coshun at 816-304-0570.

HEALING SERVICES

Our Diocese of Kansas City-St Joseph is reaching out to everyone who has been impacted by any sexual abuse by offering Healing Services. Services will be held:

- Sep 9 at St. Elizabeth Parish in Kansas City at 7pm
- Oct 15 at Sacred Heart, Warrensburg at 7pm
- Nov 11 at Nativity of Mary, Independence at 7pm
- June 26 at the Cathedral of the Immaculate Conception in Kansas City at 2pm.

CUB SCOUTS The Cub Scouts are looking for new members! If you have a son in first through fifth grade and would like more information, please contact Rodney Stoverink, rstoverink@gmail.com, Mike McDowell, mike.mcdowell@prodigy.net, or Corey Pointer, coreypointer@att.net.



WALKING WITH CHRIST – AN IGNATIAN PRAYER EXPERIENCE

You are invited to join an engaging six-week guided Ignatian prayer experience designed for you and a small group. It is modeled on the tried and true method of spiritual renewal known as the Spiritual Exercises of St. Ignatius, founder of the Society of Jesus, better known as the Jesuits.

Two facilitators from the Ignatian Spirituality Center will direct you during these sessions, helping you focus on your prayer life. Learn several ways of praying so that daily prayer is more possible. Be inspired once a week by the experience of others who are seeking to walk with Christ more closely as you are. You may learn some new methods of prayer or get reacquainted with some old ones.

Walking with Christ will be offered at St. Sabina on Wednesday evenings from 7:30-9:00 p.m., beginning Oct. 7 and ending Nov. 18, 2015. Cost for book and facilitator is \$40 and scholarships are available. Register by calling the Parish office and by sending a check for \$40 made out to St. Sabina. Registration is due by Sept 30. For further information or questions, contact Biagio or Kris at 816-331-4713.

PARISH HAPPENINGS

HAPPY BIRTHDAY! ¡FELIZ CUMPLEAÑOS!

Mark Adams, Robert Alvarez, Dave Avila, Prudencio Ayala, Vera Barrera, Alexander Biondo, Dayana Cabrera, Teresa Caesar, Emma Canton, Belem Cardenas Camacho, Alex Carrillo, Anthony Cervantes, Javier Chavez, Mary Coleman, Chris Coley, Vincent Como, Jonathan Coots, Reina Coreas, Toni Corral, Richard Fields, Katie Fletcher, Julio Garcia, Todd Goffoy, Malcolm Goswell, Marco Guillermo, Heather Hadley, Beth Hansel, Pedro Hernandez, Sandy Hiesberger, Renee Hogard-Robbins, Yeiny Iruegas, Marilyn Keating, Celine Keeson, Alonso Lopez, Ivonne Lucho, German Mancia, Luis Martin, Elisabeth Martinez, Reece McClish, Chris McDaniel, Haylee McDaniel, Sarah Meakins, Carla Mena, Louis Mendiola, Don Miller, Nancy Minnis, Mauricio Morales, Damaris Moreira, Sonja Morgan, Linda Mueller, John Murphy, Maria Najera, Maria Negrete, Andrzej Oczko, Gustavo Olivas, James Oliver, Owen Olson, Sonia Oquendo, Wendy Ortiz, Marisol Osorio, Jaime Pimentel, Lucy Pinon, Gunnar Poland, Angel Reyes, Michael Richardson, Cyndi Rickard, Quinten Ripley, Christopher Rivas, Carol Ann Ryan, Jared Samson, Natividad SanJuan, Dalton Schoenberger, Patte Schreihof, Emily Sigman, Kristie Silkwood, Susan Sirocka, Donna Stanley, Reilly Stewart, Damian Vargas, August Weber



HAPPY ANNIVERSARY! ¡FELIZ ANIVERSARIO!

Mike & Karen Grantham	2 Years!	09/07/2013
Boyd & Emily Simms	5 Years!	09/07/2010
Mark & Michelle Emry	8 Years!	09/08/2007
Josh & Elizebeth Giaccone	11 Years!	09/09/2004
Dale & Nancy Amfahr	13 Years!	07/07/2002
Corey & Kim Pointer	14 Years!	09/08/2001
Adolfo & Moraima Martinez	15 Years!	09/10/2000
Javier & Maria Fiallos	16 Years!	09/10/1999
Mike & Leslie McDowell	16 Years!	09/11/1999
Dave & Diane Keith	18 Years!	09/06/1997
Victor & Irma Vieyra	21 Years!	09/09/1994
Carlos & Ana Contreras	24 Years!	09/07/1991
Ron & Kristie Seibert	28 Years!	09/12/1987
Pat & Jill Heinerikson	31 Years!	09/08/1984
John & Mary Cikan	45 Years!	09/07/1970
Larry & Beckee Hart	51 Years!	09/12/1964
Don & Margaret Bannerman	56 Years!	09/12/1959



PRAYER

PRAYER FOR THE ELECTION OF A BISHOP

O God, eternal shepherd, who govern your flock with unflinching care, grant in your boundless fatherly love a pastor for your Church who will please you by his holiness and to us show watchful care. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen

WELLNESS CENTER

MILK YOUR BONES

The calcium in milk doesn't just strengthen your bones. It may also help slow the progression of knee osteoarthritis (OA). In a 2014 study in *Arthritis Care & Research*, scientists looked at the distance between the bones in the knee. When this distance narrows, it signals degeneration. What they discovered is that in all the participants, this distance narrowed with age but in the milk drinkers, the progression was significantly slower. The more milk consumed, the stronger the effect. Other calcium-rich dairy products such as yogurt had no impact on OA and cheese actually made the OA worse possibly because of the high saturated-fat content.

Drinking milk isn't for everyone, but those who enjoy it may be getting some insurance for keeping their knees healthy and pain free.

The Wellness Center is here to support your health and wellness, body, mind and spirit! Drop in to see how we might be able to support you on your journey to wellbeing.

WELLNESS CENTER CLASS SCHEDULE

Monday: Yoga Basics 1:00 - 2:00 pm
Gentle Yoga 2:00 - 3:00 pm
Yoga 6:00 - 7:00 pm

Tuesday: Strength & Stretch 1:00 - 2:00 pm
CDSMP Class 2:15 - 4:00 pm
Gentle Stretch & Strength 2:00 - 3:00pm

Wednesday: Yoga Basics 1:00 - 2:00 pm
Gentle Yoga 2:00 - 3:00 pm
Restorative Yoga 6:00 - 7:00 pm

Thursday: Stretch & Strength 1:00 - 2:00 pm
Gentle Stretch & Strength 2:00 - 3:00pm
Strength & Stretch 6:00 - 7:00 pm

Friday: Yoga Basics 1:00 - 2:00 pm
Gentle Yoga 2:00 - 3:00 pm
Boxing Beats 5:00 - 6:00 pm

Saturday: Open Workout 8:30 - 10:00 am
Refit Cardio Class 10:00 - 11:00 am





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CORRESPONSABILIDAD

TIEMPO Y TALENTO:

¿ESTÁ BUSCANDO UNA MANERA DE COMPARTIR SU TIEMPO O TALENTOS?

Voluntarios de Sta. Sabina van a la Iglesia Luterana Lord of Love, en Belton, cada tercer Miércoles del mes para ayudar con su comida semanal para la comunidad. Esta es una comida gratis donde todos son bienvenidos, una oportunidad para ayudar a aquellos aquí en nuestra comunidad. La próxima comida en la que estaremos ayudando será el Miércoles 16 de Septiembre. Hay oportunidades para ayudar en la tarde y en la noche. También puede ayudar a proporcionar un postre (comprado o hecho en casa) para la comida. Si usted desea ayudar, puede registrarse usando el enlace en nuestra página web de la parroquia: www.stsabinaparish.org, haga clic en "Volunteer Opportunities" y busca "Community Meals" en la sección de "Social Justice."

ORACION

ORACION POR LA ELECCION DE UN OBISPO

O Dios, pastor eterno, que gobiernas de tu rebaño con cuidado infalible; concede en tu amor paternal sin límites a un pastor para tu Iglesia, un pastor quien te agrade por su santidad y para mostrarnos atención vigilante. Por nuestro Señor Jesucristo, tu Hijo, quien vive y reina contigo en la unidad del Espíritu Santo, un solo Dios, por los siglos de los siglos.

Amen.



LECTURAS

LECTURAS DEL DOMINGO, 6 DE SEPTIEMBRE

Primera Lectura: Isaías 35:4-7a

Salmo: Salmo 145:7, 8-9a, 9bc-10

Segunda Lectura: Santiago 2:1-5

Evangelio: Marcos 7:31-37

LECTURAS DEL DOMINGO, 13 DE SEPTIEMBRE

Primera Lectura: Isaías 50:5-9

Salmo: Salmo 114:1-2, 3-4, 5-6, 8-9

Segunda Lectura: Santiago 2:14-18

Evangelio: Marcos 8:27-35

INFORMACION

2016 DELEGACION A EL SALVADOR

Nuestra parroquia llevara a su segunda delegación a El Salvador para aprender mas sobre el programa de becas allí y para tener la oportunidad de conocer a nuestro estudiantes becados y a sus familias. Viajaremos a Cinquera y a El Mozote. El pueblo de Mozote fue uno de los muchos donde ocurrieron masacres durante la Guerra Civil en El Salvador. Por ahora, planeamos viajar a El Salvador el 5 de Enero y quedarnos aproximadamente 8 días.

Si usted esta interesado o quiere mas información, por favor comuníquese con Kris al 816-979-3151 o por correo electrónico, kris@stsabinaparish.org.

NAVIDAD EN OCTUBRE - 10 DE OCT

Este año, nuestro día de trabajo para Navidad en Octubre será el Sábado, 10 de Octubre. Si esta interesado en participar, por favor comuníquese con John Ryan a su correo ryancows@aol.com o con Pete Muenks a su correo pmuenks@gmail.com o también puede enlistarse en el espacio de reunión de la parte de atrás de la iglesia. Es muy útil para John y Pete saber con anticipación cuantos ayudantes tendremos para determinar cuantas casas podremos ayudar este año.

DONACION DE SANGRE - 13 DE SEPTIEMBRE

Nuestra próxima donación de sangre será el Domingo, 13 de Septiembre de las 8am - 1pm en el gimnasio. Reserve su cita hoy en la pagina web savealifenow.org, ponga el código de patrocinador saintsabina. Para mas información por favor contacte a Michael Dailey al 816-853-8386 o a su correo electrónico mgdailey123@yahoo.com.

SERVICIOS DE SANIDAD

Nuestra diócesis de Kansas City-St. Joseph esta haciendo un llamado a todos aquellos quienes han sido afectados por cualquier tipo de abuso sexual, ofreciendo servicios de sanidad. Los servicios se llevaran a cabo:

- 9 de Septiembre en la Parroquia St. Elizabeth en Kansas City a las 7pm.
- 15 de Octubre en el Sagrado Corazón, Warrensburg, MO a las 7pm.
- 11 de Noviembre en la Natividad de María, en Independence, MO a las 7pm.
- 26 de Junio en la Catedral de la Inmaculada Concepción en Kansas City a las 2pm.

CONFESIONES LOS MARTES

Ofrecemos confesiones los Martes por la tarde de las 4:30-5:30pm.



INFORMACION

CLASES DE RICA

RICA, El Rito de Iniciación Cristiana de Adultos, comienza en Septiembre. RICA es el proceso de formación para adultos que quieren ser Católicos y para adultos que han sido bautizados en la fe Católica, pero necesitan los sacramentos de Primera Comunión y/o Confirmación. Este año vamos a tener platicas los jueves de 7-9pm. Si esta interesado, comuníquese con Kris en la oficina, o llámele a Gerardo Arenivas al 816-719-7563 o a Raúl Félix al 816-309-1919.

PLATICAS PRE-BAUTISMALES – 12 DE SEPTIEMBRE

Normalmente cada Segundo Sábado del mes de las 10 am a 1 pm (Sólo para Niños de 0-6 años) Salón de juntas. Sótano de la Parroquia. Para niños mayores de 7 años requerirán una formación especial.

PRÓXIMOS BAUTISMOS: Llamar Kris al 816-979-3151. Favor de llenar su aplicación antes de asistir a las platicas. **No se ofrece cuidado de niños.**

FIESTA HISPANA

La Parroquia Nuestra Señora de la Presentación será anfitrión de una Fiesta Hispana el 19 de Septiembre de 6-9pm en el gimnasio de su parroquia localizada en 130 NW Murray Rd. Lee's Summit, MO 64081. Tendrán Comida, Música y Danzas. El ticket de comida cuesta \$2 y ticket de bebidas \$1. El menú incluye: Tacos, enchiladas, burritos, arroz con pollo, pupusas, tamales y mas.

PICNIC PARROQUIAL - 27 DE SEPTIEMBRE



Ven y únete a nosotros el Domingo, 27 de Septiembre a la 1:30pm para nuestro picnic anual en la parroquia. Por favor traiga un platillo de comida para compartir. **El día incluirá:** Cena de platillos compartidos, hamburguesas y hot dogs, Caminata de Pastel,

Juegos, Pintura de cara, Piñata y premios.

ATADO A SU CASA DEBIDO A ENFERMEDAD O VEJEZ?

Si usted o un miembro de su familia esta atado a su casa debido a enfermedad crónica o vejez y le gustaría recibir la Sagrada Comunión por favor póngase en contacto con María Palomares al 816-838-1138 o con Kris Larkey en la oficina parroquial al 816-979-3151 o kris@stsabinaparish.org.

HOSPITALIZADO

Si usted esta hospitalizado y le desea hacernos saber, por favor llame o que un miembro de su familia se comuniquen con nosotros. Llámeme a María Palomares al 816-838-1138 o con Kris Larkey en la oficina parroquial al 816-979-3151 o por correo electrónico: kris@stsabinaparish.org. Debido a las leyes de privacidad, los hospitales no pueden contactarnos al menos que usted se los pida.

RETIRO ESPIRITUAL - 2, 3, & 4 DE OCTUBRE

Vive la experiencia de un encuentro personal con Jesús, Octubre 2, 3, y 4 a la Parroquia de Santa Sabina.

Viernes a Partir de las 7:00pm-9:00pm

Sábado y Domingo, 8:30am-6:00pm

¿Serás tu uno de los 70 afortunados que vivirán este Retiro Espiritual? Con solo un pago de \$10 cubre tu inscripción y alimentos.

¿Te preocupa el cuidado de tu(s) niño(s)? Solo cuesta \$5 por el cuidado de los 3 días. Alimentos incluidos.

¿Tienes alguna inquietud o duda? Comunícate con nosotros al 816-979-3151.

¿Le vas a abrir las puertas de tu corazón?

**Jesus toca a tu puerta,
Responde a Su llamado.**



La Parroquia Católica de Santa Sabina Belton, MO



6 de Septiembre del 2015
Vigésimo tercero Domingo del Tiempo Ordinario



En esta foto aparece Rene Nuñez; el es uno de nuestros lectores en la Misa de las 12:30pm. Gracias a todos nuestros feligreses quienes participan.

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Horarios: 9:00am - 5:00pm, Lunes - Jueves y 9:00am - 1:00pm, Viernes

Personal de la Parroquia

Rev. Jeff Stephan, Pastor	816-979-3157	X57	frjeff@stsabinaparish.org
Padre Curt Vogel, Pastor Adjunto	816-979-3156	X56	frvogel@stsabinaparish.org
Diácono Dwayne Katzer			dwayne@stsabinaparish.org
Diácono Mike Gates			mikeg@stsabinaparish.org
Bridget Hernandez, Corresponsabilidad y Justicia Social	816-979-3159	X59	bridget@stsabinaparish.org
Kris Larkey, Asociada Pastoral	816-979-3151	X51	kris@stsabinaparish.org
Biagio Mazza, Asociado Pastoral	816-979-3153	X53	biagio@stsabinaparish.org
Zuiri Pacheco, Recepcionista y Escuela de Religión	816-979-3150	X50	zuiri@stsabinaparish.org
Susan Ratigan, Liturgista	816-979-3158	X58	susan@stsabinaparish.org
Kirstie Roberts, Dir. de Religión y Pastoral Juvenil	816-979-3155	X55	kirstie@stsabinaparish.org
Marta Roper, Coordinadora Pastoral	816-979-3154	X54	marta@stsabinaparish.org
Jeff Shields, Coordinador de Finanzas	816-979-3152	X52	jeffshields@stsabinaparish.org
Tracy Wheeler, Mantenimiento			tracy@stsabinaparish.org
Bonnie Kane, Diocesan Victim Advocate	816-392-0011		kane@diocesekcsj.org
Jenifer Valenti, Diocesan Ombudsman	816-812-2500		jeniferValenti@att.net

Horario de las Misas del fin de semana

Sábado: 4:00pm (Confesiones de las 3:00pm - 3:30pm)

Domingo: 8:00am, 10:30am en Ingles, 12:30pm Misa en Español

Centro de Salud - 816-979-3090

Jeannine Midgett 816-979-3093

Patricia Moreno 816-979-3092