

Saint Sabina Catholic Church

700 Trevis Ave. Belton, MO • www.stsabinaaparish.org •
www.facebook.com/stsabinaaparish • 816-331-4713

Office Hours: The parish office is currently closed through April 24
Horarios de la Oficina: En este momento la oficina parroquial está cerrada



Alana, Lillie, Raelee, and Maezie created their own stained glass window at home... beautiful!

Alana, Lillie, Raelee y Maezie crearon su propio vitral en casa... ¡hermoso!

Mass Times

Sunday Mass will be streamed on Facebook Live at 9:30am in English and 12:30pm in Spanish. A link of the recorded Mass will be emailed out after Mass on Sundays.

Horarios de Misa

La Misa dominical se transmitirá en Facebook Live a las 9:30am en inglés y a las 12:30pm en español. Un enlace de la Misa grabada se enviará por correo electrónico después de la Misa los domingos.

Easter Sunday—Domingo de Pascua

April 12, 2020

Parish Staff/Info-Personal de la Parroquia/Información

Fr. Jeff Stephan , Pastor	816-979-3157 X57	frjeff@stsabinaparish.org
Deacon Mike Gates		mikeg@stsabinaparish.org
Bridget Hernandez , Communications/Comunicaciones	816-979-3159 X59	bridget@stsabinaparish.org
Kris Larkey , Business Manager/Gerente de Operaciones	816-979-3151 X51	kris@stsabinaparish.org
Biagio Mazza , Pastoral Associate/Asociado Pastoral	816-979-3153 X53	biagio@stsabinaparish.org
Susan Ratigan , Liturgist/Liturgista	816-979-3158 X58	susan@stsabinaparish.org
Kirstie Roberts , Dir. of Religious Ed. & Youth Ministry/Dir. de Educación Religiosa y Ministro de Jóvenes	816-979-3155 X55	kirstie@stsabinaparish.org
Marta Roper , Pastoral Care Coordinator/Coordinadora Pastoral	816-979-3154 X54	marta@stsabinaparish.org
Jeff Shields , Finance Coordinator/Coordinador de Finanzas	816-979-3152 X52	jeffshields@stsabinaparish.org
Tracy Wheeler , Maintenance/Mantenimiento		tracy@stsabinaparish.org
Berenice Zayas , Family Life & Hispanic Ministry/Vida de la Familia Parroquial y Ministerio Hispano	816-979-3150 X50	berenice@stsabinaparish.org
Kathleen Chastain , Diocesan Victim Advocate	816-392-0011	chastain@diocesekcsj.org
Joe Crayon , Diocesan Ombudsman	816-812-2500	crayon@ombudsmankcsj.org
Wellness Center/Centro de Bienestar		
Wendy Mora Cedillo	816-979-3090	
Jeannine Midgett	816-979-3093	
Patricia Moreno	816-979-3092	



Mass Intentions for the Week Peticiones de la Semana

Sunday, April 12, 2020

9:30am †Darrell Littler
 †Millie Billesbach
 12:30pm Spanish †Pablo José Zayas

Sunday, April 19, 2020

9:30am Intentions of Our Parish Family
 12:30pm Spanish †Alicia Martha Hernandez
 †Pablo José Zayas

We also remember the special intentions requested in our virtual prayer book on Facebook and our family and friends on the sick list.

Recordmos tambien, las intenciones especiales en nuestro libro virtual de peticiones por Facebook, y nuestros amigos y familiares de nuestra lista de enfermos.

From Death to New Life De la Muerte a la Nueva Vida

†Steve Birkner, brother of Bill Birkner
 †Karen Murry Ransom, sister of Cheri Effertz
 †Janet Moorman, mother of Doug Moorman
 †Julian Huerta Hernandez, padre de Jorge Huerta
 †Teresa Rangel Velez, madre de Jorge Huerta
 †Marge Campbell, Beautiful Savior



Parish Information-Información Parroquial

Prayer Requests/Peticiones de Oración

Christina Albarez	Ginny Hainey	Leonard Meiron
Gary Ast	Rita Ann Hand	Melba Mercier
Paula Ast	Cherie Hatfield	George Panebianco
Margaret Bannerman	Martha Healy	Thelma Putnam
Juanita Becerra	Ted Henry	Diane Quinn
Dennis Berg	Rhonda Henke	Larry Rhodes
John Bidondo	Alex Henningsen	Anna Ryan
Mary Pat Biondo	Bob Henningsen	Ron Schock
Maxine Bremer	Jennifer Huffman	Peter Shea
Veronica Burks	Richard Huffman	Jaxton Shipley
Joyce Callahan	Darlene Jennings	Shellie Smoot
Patty Carr	John Jongenelen	Don Standley
Jackie Chiappetta	Michael Kempster	Rachael Casady Smith
John Cikan	Jack King	Marie Stinger
Harrison Cummings	Mary Kottenbrock	Lois Stogsdill
Harold Dawes	Don Kueck	Rita Stout
Mark DeLuca	Arlene Lally	Jean Tate
Mark Deterding	Ellen Lilek	Joell Taylor
Paula Dull	Emmy Long	Priscilla Tristani
Terry Eppert	Alyson Lopez	Amanda Votava
Joe Evans	Angelika Mackey	Dorothea West
Jean Frank	Ray Malisos	Mary Westfall
Bettianne Gardiner	Laurie Marmon	Sarah Wheeler
Butch Geer	Bienvenido Martinez	Marie Wilburn
Marissa Goldsmith	Kristy McClain	Carmitia Yust

happy birthday

Bernie Abrams	Margarita Juarez
Berry Alexander	Patty Krezek
Gerardo Arenivas	Tony Leo
Naomi Benavides	Gen Leo
Norma Campos	Emely Lopez
Georgene Caoile	Cyndi Lueckenotto
Ryan Clark	Meleni Mauro
Charles Collier	Gladys Medina
Joseph Coots	Jesus Menjivar
Susan Coovert	Jasmin Montes
Genesis Corral	Kurtis Moore
Joaquin Cortez Mendoza	Gerardo Noriega
Donna Cummings	Reyna Ortiz
Barbara Davis	Gary Park
Margaret Dellaguardia	Rodrigo Perez-Carrera
Marcia DiGeorge	Timothy Perkins
Terry Eppert	Auriel Placencia
Judith Escalante	Dana Ranes
Nineth Figueroa	Calistro Reyes
Nieves Garcia	Delaney Roberts
Susan Gelatko	William Roberts
Daniel Gomez	Allison Rodriguez
Patricia Gorman	Amy Roe
Nora Gray	Jenna Scali
Daniela Guardado	Matthew Scott
Shelia Hampton	Mary Srader
Celia Hernandez	Thomas Stout
Jennifer Hernandez Beltran	Kelly White
Kris Jaimes	Eric Woodfine
Harper Jergensen	Briana Yanez

Child Safety

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you *observe or suspect* sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected **sexual abuse of a minor or vulnerable adult** to the Diocesan Ombudsman, Joe Crayon, at 816.812.2500 or crayon@ombudsmankcsj.org, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Victim Advocate, Kathleen Chastain, at 816.392.0011 or chastain@diocesekcsj.org for more information.

All volunteers with youth and children must attend one Protecting God's Children workshop, submit to a background check and sign the policy on Ethics and Integrity in Ministry, (EIM). More info at <https://kcsj catholic.org/the-office-of-child-and-youth-protection/>

Happy Anniversary

Bob and Linda Hoye	49 Years!	4/17/1971
Stephen and Joanne Mackay	38 Years!	4/17/1982
Pablo and Martha Cedillo	35 Years!	4/13/1985
Victor and Ana Mata Franco	26 Years!	4/16/1994
Norman and Brenda Stoddard	23 Years!	4/18/1997
Michael and Ann Vargas	20 Years!	4/15/2000
Prudencio and Yesenia Ayala	14 Years!	4/15/2006
José Cortez and Adilene Mendoza	11 Years!	4/13/2009
Kevin and Amanda Gray	11 Years!	4/18/2009

Green Team Tip of the Week

Participate in the online celebration of Earth Day's 50th Anniversary April 18-26. See schedule and register at <http://climategkc.org/ef20/>



Giving Blood During This Crisis

In light of the recent mandate for our public to shelter-in-place, Community Blood Center (CBC) has made the difficult decision to cancel all blood drives through the end of April, which includes the blood drive that was to be held at St. Sabina on April 14th. This is a loss of over 8,000 blood products due to COVID-19 concerns.

IMPORTANT: CBC will not be accepting donors that walk-in. If you would like to make an appointment at a donor center, please contact Lisa Nelson directly at 816-216-4771 or email lnelson@cbckc.org.

The nearest donor centers are located at:

- Kansas City Donor Center: 4040 Main St., Kansas City, MO
- Overland Park Donor Center: 10568 Metcalf Ave., Overland Park
- Olathe Donor Center: 16465 W. 119th St., Olathe

Donor center hours have been expanded to

- Monday – Thursday, 7am-7pm
- Friday – Sunday, 7am-4pm.

If you donate at a center, please provide your Group Code: MA at registration, and the donation will be counted towards Saint Sabina Catholic Church.

CBC staff members are trained in universal precautions to help prevent the risk of spreading infections. Additionally, we are taking extra precautions to disinfect tablets and donor beds in between each use and to space out chairs and beds whenever possible to avoid unnecessary contact. Your continued support is greatly appreciated. If you have more questions about COVID-19 and donations, visit the CBC website at www.savealifenow.org/coronavirus for more details.

This Week's Do You Know Video:

With the official end of the Lenten season on the evening of Holy Thursday, we begin the Triduum, a single three-day liturgy commemorating the Last Supper along with the passion, death and resurrection of Jesus. The Triduum liturgy begins with the celebration of the Lord's Supper on Holy Thursday evening and ends with the celebration of the Lord's resurrection at the Easter Vigil, extending into Easter Sunday evening. During these three days, we do ritual actions that are unique to the Triduum. On Holy Thursday we commemorate the Eucharist along with our baptismal call to service of each other through the washing of the feet. On Good Friday, we commemorate the Lord's passion and death, by refraining from Mass, proclaiming the passion narrative, praying for all God's people, reverencing the wood of the cross and receiving communion. Holy Saturday becomes a reflective time recalling Jesus in the tomb, culminating in the celebration of Jesus' Resurrection with the ritual celebration of the Easter Vigil on Holy Saturday night. New fire, new Christ Candle, a scripture recounting of the history of salvation, baptisms, confirmations and Eucharist, and a final Alleluia to celebrate the fact that we are Easter people -- are all key elements of the Easter Vigil. Make time to view this week's DYK video and let it help you enter more fully into the celebration of our annual Triduum.

Donando Sangre Durante Esta Crisis

A la luz del reciente mandato de nuestro público de quedarse en casa, Community Blood Center (CBC) ha tomado la difícil decisión de cancelar todos los eventos de donación de sangre hasta fines de abril, lo que incluye el que se iba a realizar en Sta. Sabina el 14 de abril. Esta es una pérdida de más de 8,000 productos sanguíneos debido a preocupaciones de COVID-19.

IMPORTANTE: CBC no aceptará donantes sin cita previa. Si desea hacer una cita en un centro de donantes, comuníquese con Lisa Nelson directamente al 816-216-4771 o envíe un correo electrónico a lnelson@cbckc.org.

Los centros de donantes más cercanos se encuentran en:

- Centro de Donantes de Kansas City: 4040 Main St., Kansas City, MO
- Centro de Donantes de Overland Park: 10568 Metcalf Ave., Overland Park
- Centro de Donantes de Olathe: 16465 W. 119th St., Olathe

El horario del centro de donantes se ha ampliado a

Lunes a jueves de 7 a.m. a 7 p.m.

Viernes a domingo de 7 a.m. a 4 p.m.

Si realiza una donación en un centro, proporcione su Código de Grupo: MA en el momento de la inscripción, y la donación se contará para Sta. Sabina.

Los miembros del personal de CBC están capacitados en precauciones universales para ayudar a prevenir el riesgo de propagación de infecciones. Además, estamos tomando precauciones adicionales para desinfectar tabletas y camas de donantes entre cada uso y espaciar sillas y camas siempre que sea posible para evitar el contacto innecesario. Su apoyo constante es muy apreciado. Si tiene más preguntas sobre COVID-19 y donaciones, visite el sitio web de CBC en www.savealifenow.org/coronavirus para obtener más detalles.

En Nuestro Video ¿Sabes...? de Esta Semana:

Con el final oficial de la temporada de Cuaresma en la tarde del Jueves Santo, comenzamos el Triduo, una liturgia de tres días que conmemora la Última Cena junto con la pasión, muerte y resurrección de Jesús. La liturgia del Triduo comienza con la celebración de la Cena del Señor el jueves por la noche y termina con la celebración de la resurrección del Señor en la Vigilia Pascual, que se extiende hasta el domingo de Pascua por la noche. Durante estos tres días, hacemos acciones rituales que son exclusivas del Triduo. El Jueves Santo conmemoramos la Eucaristía junto con nuestro llamado bautismal al servicio mutuo a través del lavado de los pies. El Viernes Santo, conmemoramos la pasión y muerte del Señor, absteniéndonos de la Misa, proclamando la narrativa de la pasión, orando por todo el pueblo de Dios, reverenciando la madera de la cruz y recibiendo la comunión. El Sábado Santo se convierte en un momento reflexivo para recordar a Jesús en la tumba, culminando con la celebración de la Resurrección de Jesús con la celebración ritual de la Vigilia Pascual en la noche del Sábado Santo. El nuevo fuego, la nueva Vela de Cristo, un recuento de las Escrituras sobre la historia de la salvación, los bautismos, las confirmaciones y la Eucaristía, y un Aleluya final para celebrar el hecho de que somos personas de Pascua, son todos elementos clave de la Vigilia Pascual. Tómese un momento para ver el video ¿Sabes? de esta semana y permita que lo ayude a participar más plenamente en la celebración de nuestro Triduo anual.

Pastoral Care

Mental Health; Signs of Depression

If you are experiencing these symptoms for more than two weeks, please call your healthcare provider.

Sad, empty, or anxious. It will continue over time without getting better or going away.

Helpless, worthless, or guilty. You may feel bad about yourself or your life.

Hopeless. You may be pessimistic or believe that nothing good will ever happen. You may even think about suicide.

Irritable. You may get restless or more cranky.

Less interest in activities. Hobbies or games you usually enjoy may not appeal to you.

Less energetic. You may feel extremely tired or think more slowly. Daily tasks seem too hard to manage.

Trouble concentrating. It could be tough to focus. Simple things like reading a newspaper or watching TV may be hard. It might seem overwhelming to make a decision, whether it's big or small.

Changes in the way you sleep. You may wake up too early or have trouble falling asleep. The opposite can also happen. You may sleep much longer than usual.

Changes in appetite. You may overeat or not feel hungry.

National Suicide Prevention Lifeline

1-800-273-TALK (8255) Available 24/7

COVID 19 has sent us to our homes and out of our normal routine. Call a friend or someone you have lost touch with. Talk about your feelings and what you're going through. If you would like someone to call and to listen, please call Marta at 816-979-3154. Please don't suffer in silence.

Cuidado Pastoral

Salud Mental; Señales de Depresión

Si experimenta estos síntomas durante más de dos semanas, llame a su proveedor de atención médica.

Triste, vacío o ansioso. Continuará con el tiempo sin mejorar ni desaparecer.

Indefenso, inútil o culpable. Puede sentirse mal consigo mismo o con su vida.

Sin esperanza. Puede ser pesimista o creer que nunca sucederá nada bueno. Incluso puede pensar en el suicidio.

Irritable. Puede ponerse inquieto o más irritable.

Menos interés en las actividades. Puede que no le interesan los pasatiempos o juegos que generalmente disfruta.

Menos enérgico. Puede sentirse extremadamente cansado o pensar más lentamente. Las tareas cotidianas parecen demasiado difíciles de manejar.

Dificultad para concentrarse. Podría ser difícil concentrarse. Las cosas simples, como leer un periódico o mirar televisión pueden ser difíciles. Puede parecer abrumador tomar una decisión, ya sea grande o pequeña.

Cambios de dormir. Puede levantarse demasiado temprano o tener problemas para conciliar el sueño. Lo contrario también puede suceder. Puede dormir mucho más de lo normal.

Cambios del apetito. Puede comer en exceso o no tener hambre.

Línea Nacional para la Prevención del Suicidio

1-800-273-TALK (8255) Disponible 24/7

COVID 19 nos ha enviado a nuestros hogares y fuera de nuestra rutina normal. Llame a un amigo o a alguien con quien haya perdido el contacto. Hable sobre sus sentimientos y lo que está pasando. Si necesita a alguien con quien hablar, o que le escuche, llame a la oficina parroquial 816-331-4713. Por favor no sufra en silencio.

Wellness Center

Did You Know- There are lots of options for creating a home gym. Use these tips to set up your at-home exercise routine and workout space.

1.Choose a location. Designate and declutter a spot in your home for your workouts. Don't automatically pick your basement or garage. If it's not an appealing space, you won't want to spend a lot of time there.

2.Locate the necessities. Look around your house for these items and get your workout started.

- Water Bottles, Detergent Bottles –Stock up on laundry detergent and use these for your five-pound lifts, since the average 72-ounce bottle weighs about five pounds. The best part of this dumbbell replacement, comfortable handles! Once you've used up your detergent, simply refill with water and presto: perfect weights.
- Towels – Build, tone and strengthen your shoulders with a towel. To do this: Bring arms over your head and pull each end of the towel and pull from for resistance. You can also use your towel to stretch

and give you a little more resistance and stretch.

- Robe Ties or Nylons – Use these as resistance bands. The robe ties will give more resistance.
- Chair – Great for toning triceps with tricep dips and inclined push ups.
- Stairs – Are great for running up and down and strengthening calf muscles with toe lifts.
- Wall – Holding squats (pretending like you are sitting in a chair and standing with back against wall) to tone upper legs.
- PVC Pipe or broom handle – For balancing exercises and to make a more challenging lunge workout! For a more advanced workout, fill the PVC pipe with sand or water for added weight and advanced balancing exercises as the weight of the sand/water sloshing around give greater challenge.

There are dozens of items in your home that will help you achieve the challenging workout you've been missing. And the most important element with any workout is to remember to **breathe!**



Reflection on the Readings

As the coronavirus pandemic sweeps our nation and the world, we, as Christians, now enter the Easter Season of joy, resurrection and new life. The reality that surrounds us may not lead us to see joy and new life in the midst of so much suffering and death. **Yet, we are Easter people who believe that God can and does bring new life and meaning out of life's most dire circumstances, including the suffering and death of the coronavirus pandemic.**

Psalm 118, the thematic psalm for the entire Easter Season, beautifully affirms the reality of Easter in its refrain, "This is the day the Lord has made; let us rejoice and be glad in it." Easter is The Day of the entire liturgical year. The liturgical year leads up to Easter and flows from Easter. This is the day in which "the right hand of the Lord has struck with power," and the day on which "the stone which the builders rejected has become the cornerstone." **Do we as Christians truly believe in God's power operative on our behalf?**

Easter is so significant for Christians that we celebrate for fifty days. The introduction to the Roman Missal states that: "The fifty days from Easter Sunday to Pentecost are celebrated as one feast day, sometimes called 'the great Sunday.'" **In the fifth century, St. John Chrysostom called upon all Christians to celebrate Easter with great joy and enthusiasm:**

Come you all: Enter into the joy of our Lord. You the first and you the last, receive alike your reward; you rich and you poor, dance together; you sober and you weaklings, celebrate the day; you who have kept the fast and you who have not, rejoice today. The table is richly loaded: enjoy its royal banquet. The calf is a fatted one: let no one go away hungry. **All of you enjoy the banquet of faith; all of you receive the riches of his goodness.**

The readings for Easter Sunday remain the same every year. During these fifty days, the first reading, usually taken from the Old Testament, is now replaced by selections from the Acts of the Apostles. This shift helps us focus on the reaction of the early communities of believers to the resurrected Christ, along with their enthusiasm and passion for mission in response to the gift of the Spirit. **We are called to generate that same enthusiasm and passion in our day and circumstances of life.**

The first reading from Acts narrates a portion of Peter's sermons to the early communities of believers which speaks of the Easter events, and what those events mean for all humanity. These early communities responded with enthusiasm and joy

to the commission that Jesus gave them through the power of the Spirit to testify and witness to Jesus as the long awaited messiah, and as "judge of the living and the dead." **Peter shares the great joy they have experienced in Jesus with all people when he affirms that "everyone who believes in him will receive forgiveness of sin through his name."** "Let us rejoice and be glad."

The letter to the Colossians stresses that in the Risen Christ we are called to a new mindset, a new worldview and a new way of acting. By committing ourselves to the risen Christ, we die to our old selves and seek only what is above, the mind and heart of Christ. **Persisting in our union with Christ, we too will rise in glory, and be ever united with God in Christ.** While we may not feel like it, we are nevertheless called to "rejoice and be glad."

The Resurrection account from John's gospel has Peter and "the other disciple whom Jesus loved," rushing out to the tomb to see for themselves Mary Magdalene's empty tomb report. Upon arriving, both look in but only "the disciple whom Jesus loved" sees, understands and believes. John emphasizes that belief in the Risen Lord is not just a matter of head knowledge but deeply involves the heart. **Only a deep love relationship with the Lord ultimately leads to belief and acceptance of realities beyond human understanding.**

We are "resurrection people" and today is "our day." **Do we really believe in the full reality of the resurrection, that God can bring new life and meaning out of this deadly pandemic we are currently experiencing? Only a deep love relationship with God can make it happen.** Today, find time to deepen your love relationship with the Lord. A blessed and happy Easter to all.

Biagio Mazza
Pastoral Associate

Readings



Sunday, April 12

1st Reading: Acts 10:34a, 37-43

Psalm: Psalm 118:1-2, 16-17, 22-23 (24)

2nd Reading: 1 Corinthians 5:6b-8

Gospel: John 20:1-9

Sunday, April 19

1st Reading: Acts 2:42-47

Psalm: Psalm 118:2-4, 13-15, 22-24 (1)

2nd Reading: 1 Peter 1:3-9

Gospel: John 20:19-31

Reflexión Sobre las Lecturas

Mientras la pandemia del coronavirus pase por nuestra nación y todo el mundo, nosotros, como cristianos, ahora entramos en la temporada de Pascua de alegría, resurrección y nueva vida. La realidad que nos rodea puede no llevarnos a ver alegría y nueva vida en medio de tanto sufrimiento y muerte. Sin embargo, somos personas de Pascua que creemos que Dios puede, y si trae nueva vida y significado a las circunstancias más graves de la vida, incluido el sufrimiento y la muerte de la pandemia del coronavirus.

El Salmo 117, el salmo temático de toda la temporada de Pascua, afirma maravillosamente la realidad de la Pascua en su estribillo: "Éste es el día en que actuó el Señor: sea nuestra alegría y nuestro gozo". La Pascua es *el Día* de todo el año litúrgico. El año litúrgico conduce a la Pascua y fluye de la Pascua. Éste es el día en que "la diestra del Señor es poderosa", y el día en que "la piedra que desecharon los arquitectos, es ahora la piedra angular". **¿Nosotros como cristianos realmente creemos en el poder operativo de Dios a nuestro nombre?**

La Pascua es tan significativa para los cristianos que celebramos durante cincuenta días. La introducción al Misal Romano afirma que: "Los cincuenta días desde el Domingo de Pascua hasta el Pentecostés se celebran como un día festivo, a veces llamado "el Gran Domingo". **En el siglo V, San Juan Crisóstomo llamó a todos los cristianos a celebrar la Pascua con gran alegría y entusiasmo:**

Vengan todos: entren en el gozo de nuestro Señor. Tú, el primero y tú el último, reciban igualmente sus recompensas; Ricos y pobres, bailen juntos; Sobrios y débiles, celebren el día; Los que mantuvieron el ayuno y los que no, regocijen hoy. La mesa es ricamente cargada: disfruten de su banquete real. El becerro es un becerro gordo: no dejen que nadie se vaya con hambre. **Todos ustedes disfruten del banquete de la fe; Todos ustedes reciban las riquezas de su bondad.**

Las lecturas para el Domingo de Pascua son las mismas cada año. Durante estos cincuenta días, la primera lectura, usualmente tomada del Antiguo Testamento, ahora es reemplazada por selecciones de los Hechos de los Apóstoles. Este cambio nos ayuda a enfocarnos en la reacción de las primeras comunidades de creyentes al Cristo resucitado, junto con su entusiasmo y pasión por la misión en respuesta al don del Espíritu. **Estamos llamados a generar ese mismo entusiasmo y pasión en nuestros días y circunstancias de la vida.**

La primera lectura de los Hechos narra una parte de los sermones de Pedro a las primeras comunidades de creyentes que habla de los acontecimientos de Pascua, y lo que esos acontecimientos significan

para toda la humanidad. Estas comunidades primitivas respondieron con entusiasmo y alegría a la comisión que Jesús les dio a través del poder del Espíritu para testificar y testimoniar a Jesús como el mesías esperado y como "juez de vivos y muertos". **Pedro comparte la gran alegría que experimentaron en Jesús con toda la gente cuando afirma "que cuantos creen en él reciben, por su medio, el perdón de los pecados".** Que "sea nuestra alegría y nuestro gozo".

La carta a los Colosenses enfatiza que en Cristo resucitado estamos llamados a una nueva mentalidad, una nueva cosmovisión y una nueva forma de actuar. Al comprometernos con el Cristo resucitado, morimos a nosotros mismos y buscamos solamente lo que está arriba, la mente y el corazón de Cristo. **Persistiendo en nuestra unión con Cristo, también nosotros resucitaremos en gloria, y estaremos siempre unidos con Dios en Cristo.** Si bien es posible que no tengamos ganas, estamos llamados a regocijarnos y alegrarnos.

El relato de la Resurrección del Evangelio de Juan tiene a Pedro y al "otro discípulo a quien Jesús amaba", corriendo hacia el sepulcro para ver por sí mismo el informe de la tumba vacía de María Magdalena. Al llegar, ambos miran pero sólo "el discípulo a quien Jesús amaba" ve, entiende y cree. Juan enfatiza que la creencia en el Señor Resucitado no es sólo una cuestión de conocimiento de la cabeza sino que profundamente involucra el corazón. **Sólo una profunda relación de amor con el Señor conduce finalmente a la creencia y a la aceptación de realidades más allá de la comprensión humana.**

Somos "gente de la resurrección" y hoy es "nuestro día". **¿Realmente creemos en la plena realidad de la resurrección, que Dios puede traer nueva vida y significado a la muerte? Sólo una profunda relación de amor con Dios puede hacer que suceda.** Hoy, encuentre tiempo para profundizar su relación amorosa con el Señor. Una bendita y feliz Pascua a todos.

Biagio Mazza, Asociado Pastoral

Lecturas



Lecturas del Domingo, 12 de Abril

Primera Lectura: Hechos 10:34a, 37-43

Salmo: Salmo 117:1-2, 16-17, 22-23

Segunda Lectura: Colosenses 3:1-4

Evangelio: Juan 20:1-9

Lecturas del Domingo, 19 de Abril

Primera Lectura: Hechos 2:42-47

Salmo: Salmo 117:2-4, 13-15, 22-24

Segunda Lectura: 1 Pedro 1:3-9

Evangelio: Juan 20:19-31



Stewardship

"He commissioned us to preach to the people and testify that he is the one appointed by God as judge of the living and the dead. To him all the prophets bear witness, that everyone who believes in him will receive forgiveness of sins through his name."

Acts 10: 42-43

How do we ordinary people preach and testify to all that God has done? By the way we live our ordinary lives — through the intentional use of our time, talents, and treasure for the kingdom of God. Putting God and others ahead of ourselves in every aspect of our lives is the most eloquent preaching we can do. Boldly and joyfully embracing a stewardship way of life is our most powerful testimony. As Christian stewards, we are the modern-day witnesses of an incredible miracle prompted by unfathomable love — the death and Resurrection of our Savior for us. Let us rejoice and be glad, and let's make sure our lives are a testimony to this amazing grace! — See more at www.catholicsteward.com/blog/.

Corresponsabilidad

"Él nos mandó a predicar al pueblo y dar testimonio de que Dios lo ha constituido juez de vivos y muertos. El testimonio de los profetas es unánime: que cuantos creen en él reciben, por su medio, el perdón de los pecados."

Hechos 10:42-43

¿Cómo predicamos y damos testimonio nosotros, la gente común, de todo lo que Dios ha hecho? Por como vivimos nuestras vidas ordinarias, a través del uso intencional de nuestro tiempo, talentos y tesoros para el reino de Dios. Poner a Dios y a los demás por delante de nosotros en todos los aspectos de nuestras vidas es la predicación más elocuente que podemos hacer. Nuestro testimonio más poderoso es abrazar valiente y alegremente una forma de vida de corresponsabilidad. Como cristianos corresponsables, somos testigos modernos de un increíble milagro provocado por un amor insondable: la muerte y resurrección de nuestro Salvador por nosotros. ¡Alegrémonos, y aseguremos de que nuestras vidas sean un testimonio de esta increíble gracia! - Vea más en www.catholicsteward.com/blog/.

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St. Sabina offers an online giving option for parishioners and visitors. This is an easy, safe and secure way to make contributions online. To set up a one-time or recurring contribution: go to our parish website at www.stsabinaparish.org, click the "Online Giving" button in the top right section and fill out the online contribution form.



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Sta. Sabina ofrece una opción de donar en línea para los feligreses y visitantes. Esta es una manera fácil, y segura de contribuir por internet. Para establecer una contribución única ó recurrente: visite nuestro sitio web de la parroquia en www.stsabinaparish.org, haga clic en el botón "Online Giving" en la parte superior derecha y llene el formulario de contribución en línea.

Donations for Easter Decorations in Memory of our Loved Ones

Donaciones para Decoraciones de Pascua en Memoria de Nuestros Seres Queridos

Donations for Easter decorations have been given in memory of the following: Sandi Anderson, Elaine Catanzaro, Robert Rose Sr., Greta Sellmeyer, John Sellmeyer, Candelaria Mancilla, Esperanza Moran, Ventura Romero, Marcelino Nepomuceno, Cristina Muro, Ruby M. Shafer, Theo Suwito, Felix Suwito, Ralph and Ruth Richardson, Bob Meiron, George Pierce, Barbara Pierce, Phil Moore, Rita H. Miller, Joseph F. Falco Sr., Herman and Hilda Kemna, Marjorie Witulski, Paul E. Hughes, Relma Buckholz, Charles and Wilma Mackey, Karen Taylor, Casey Pointer, Gene and Agnes McEwen, Juan and Lupe Gonzalez, Marty and Joe Glatz, Ron and Mary Pat Ahlfelt, Cissy McEwen, Francis Storm, Albert Storm, Mr. and Mrs. Charles Mercier Sr., Mr. and Mrs. Sherman Calice Sr., Walter Zmuda, Don Moorman, Jennifer Moorman, Jackie Parker, Elmer Parker, Jeanette Kronenberger, Carl Parrott, Luzmila Melville, Peter Miranda, Harry Duncan, Harold and Peg Hanson, Bob Rose, John and Alberta Smith, Grover and Margerite Oestreicher, and the souls in Purgatory.

Contributions for the Week of March 29

Envelopes/Sobres:	\$6,414.00
Maintenance-Upkeep:	\$ 600.00
Catholic Relief Service (for March):	\$ 532.00

Special Indulgences

The gift of special indulgences is granted to the faithful suffering from COVID-19 disease, commonly known as Coronavirus, as well as to health care workers, family members and all those who in any capacity, including through prayer, care for them.

- Trusting in Christ, a plenary indulgence is "granted to the faithful suffering from Coronavirus, who are subject to quarantine by order of the health authority in hospitals or in their own homes if, with a spirit detached from any sin, they unite spiritually through the media to the celebration of Holy Mass, the recitation of the Holy Rosary, to the pious practice of the Way of the Cross or other forms of devotion, or if at least they will recite the Creed, the Lord's Prayer and a pious invocation to the Blessed Virgin Mary, offering this trial in a spirit of faith in God and charity towards their brothers and sisters, with the will to fulfil the usual conditions (sacramental confession, Eucharistic communion and prayer according to the Holy Father's intentions), as soon as possible."
- "Health care workers, family members and all those who, following the example of the Good Samaritan, exposing themselves to the risk of contagion, care for the sick of Coronavirus according to the words of the divine Redeemer: 'Greater love has no one than this: to lay down one's life for one's friends' (Jn 15:13), will obtain the same gift of the Plenary Indulgence under the same conditions."
- An indulgence is "the expression of the Church's full confidence of being heard by the Father when - in view of Christ's merits and, by his gift, those of Our Lady and the saints - she asks him to mitigate or cancel the painful aspect of punishment by fostering its medicinal aspect through other channels of grace" (John Paul II, General Audience, September 29, 1999).
- A plenary indulgence removes all the temporal punishment due to sin (CCC, 1471).

Update Membership Information

Preparations for the 2020 Guidebook & Directory are underway and it is time for us to update our database with any changes, additions, or deletions that may have occurred in your family over the past year. Have you changed your phone number? Have you moved? Are you preparing to move soon? Are all of your children still at home and are they all included in your membership record? Do you want your record published? If you have not already informed the parish office about changes to your record, please let us know so that the information in the Guide Book & Directory is correct by calling 816-331-4713 by April 30th.

Indulgencias especiales

El regalo de indulgencias especiales se otorga a los fieles que padecen la enfermedad COVID-19, comúnmente conocida como Coronavirus, así como a los trabajadores de la salud, los miembros de la familia y todos aquellos que, en cualquier capacidad, incluso a través de la oración, los cuidan.

- Confiando en Cristo, se otorga una indulgencia plenaria a los fieles que padecen de Coronavirus, que están sujetos a cuarentena por orden de la autoridad de salud en hospitales o en sus propios hogares si, con un espíritu separado de cualquier pecado, se unen espiritualmente a través de los medios para la celebración de la Santa Misa, la recitación del Santo Rosario, la práctica piadosa del Viacrucis u otras formas de devoción, o si al menos recitarán el Credo, la Oración del Señor y una invocación piadosa a la Bendita Virgen María, ofreciendo esta prueba en un espíritu de fe en Dios y caridad hacia sus hermanos y hermanas, con la voluntad de cumplir las condiciones habituales (confesión sacramental, comunión eucarística y oración según las intenciones del Santo Padre), lo antes posible."
- "Los trabajadores de la salud, los miembros de la familia y todos aquellos que, siguiendo el ejemplo del Buen Samaritano, exponiéndose al riesgo de contagio, cuidan a los enfermos de Coronavirus de acuerdo con las palabras del divino Redentor: 'Nadie tiene mayor amor que esto: dar la vida por los amigos (Jn 15:13), obtendrá el mismo don de la Indulgencia Plenaria en las mismas condiciones'."
- Una indulgencia es "la expresión de la plena confianza de la Iglesia de ser escuchada por el Padre cuando, en vista de los méritos de Cristo y, por su don, los de Nuestra Señora y los santos, ella le pide que mitigue o cancele el aspecto doloroso del castigo fomentando su aspecto medicinal a través de otros canales de gracia" (Juan Pablo II, Audiencia general, 29 de septiembre de 1999).
- Una indulgencia plenaria elimina todo el castigo temporal debido al pecado (CIC, 1471).

Actualizar Información de Membresía

Los preparativos para la Guía y Directorio 2020 están en marcha y es hora de que actualicemos nuestra base de datos con los cambios, adiciones o eliminaciones que puedan haber ocurrido en su familia durante el año pasado. ¿Ha cambiado su número de teléfono? ¿Se ha mudado? ¿Se está preparando para mudarse pronto? ¿Están todos sus hijos todavía en casa y están todos incluidos en su registro de membresía? ¿Quiere que se publique su registro? Si aún no ha informado a la oficina parroquial sobre los cambios en su registro, infórmenos para que la información en la Guía y el Directorio sea correcta, llamando al 816-331-4713 antes del 30 de abril.

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